



Please complete in typescript,
or in bold black capitals

288b

Resignation of director or secretary

Company Number

2758955

Company Name in full

HOLLAND & BARRETT RETAIL LIMITED



* F288BD40 *

Resignation form

Date of resignation

Day	Month	Year
01	07	96

Resignation as director

<input type="checkbox"/>	as secretary	<input checked="" type="checkbox"/>
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Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.

Please insert details as previously notified to Companies House.

NAME

*Style / Title

MR

*Honours etc

FCIS

Forename(s)

JOHN MICHAEL

Surname

SADLER

†Date of Birth

Day	Month	Year

If cessation is other than resignation, please state reason

A serving director, secretary etc must sign the form below.

* Voluntary details.
† Directors only.

Signed

Date

5.7.96

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

ANDREW NASH, BLACKWOOD ROAD, DOSTHILL, TAMWORTH, B77 1JB

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



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COMPANIES HOUSE 09/07/96