



Please complete in typescript,  
or in bold black capitals

# 288a

## Appointment of director or secretary

Company Number 2758955

Company Name in full HOLLAND & BARRETT RETAIL LIMITED



\* F288AD40 \*

Date of appointment Day 01 Month 07 Year 96

†Date of Birth Day Month Year

### Appointment form

Appointment as director

as secretary

X

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME \*Style / Title

MR

\*Honours etc

Forename(s)

ANDREW

Surname

NASH

Previous Forename(s)

Previous Surname(s)

Usual residential address

LYCH GATES, ANGEL STREET

Post town

REDDITCH

Postcode

B97 5TA

County / Region

WORCESTERSHIRE

Country

ENGLAND

†Nationality

†Business occupation

†Other directorships (additional space overleaf)

I consent to act as \*\* director / secretary of the above named company

Consent signature

Date

03/07/96

\* Voluntary details.  
† Directors only.

A director, secretary etc must sign the form below.

Signed

Date

03/07/96

\*\* Please delete as appropriate.

(\*\* a-director / secretary / administrator / administrative-receiver / receiver-manager / receiver)...

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

JOHN SADLER, BLACKWOOD ROAD, DOSTHILL, TAMWORTH, B77 1JB

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ

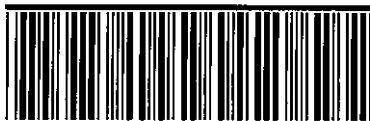
DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



A38 \*ACJLKN30\* 384  
COMPANIES HOUSE 09/07/96