

THE CENTRE FOR
COMPLEMENTARY CARE,ESKDALE —

2751864

ACCOUNTS
FOR THE YEAR ENDED
31 MARCH 2010

Sanger & Co Accountants

MONDAY



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THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

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THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

COMPANY INFORMATION

Trustees

The Revd John Bannister
Mrs P R Gordon-Duff-Pennington
Ms R Polkinghorne
Dr T Sowton
Ms C Staechmann
Dr Peter Tiplady
Mr R B Woodall (died June 2009)

Secretary

Miss M K Briggs

Method of appointment of or election of Trustees

By agreement of existing Trustees at a properly constituted Trustee Meeting

Reporting Accountant

R H Jackson
Chartered Accountant
1 Wroth tyes Cottage
Upper Hartfield
East Sussex TN7 4DY

Bankers

National Westminster Bank plc
Market Place
Egremont
Cumbria
CA 18 1RT

Registered Name

The Centre for Complimentary Care, Eskdale

Registered Office

The Chase
Muncaster
Ravenglass
Cumbria
CA 18 1RD

Registered Company Number

2757864

Governing Document

Memorandum and Articles of Association dated 13th October 1992

Registered Charity Number

1015007

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE
The Report of the Trustees for the year ended 31st March 2010

Centre Staff.

Full time posts: Centre Director Gretchen Stevens
Centre Manager Morra Briggs

Part time posts Volunteer Organiser
Cleaner
Gardener
Four complementary therapists offering healing by gentle touch,
Psychotherapy, massage, homoeopathy, and physiotherapy

Volunteers carry out all other work,

Summary of the years' activities – in the period under review

- ❖ The Centre satisfactorily completed its sixth year at Muncaster Chase and celebrated 20 years of service at Knott End and Muncaster Chase in August
- ❖ The Centre continued to gather healing outcomes data for possible further research projects
- ❖ The trustees accepted the Annual Accounts, showing a return to nominal surplus of **£4,610** with sufficient reserves to make good any unforeseen shortfall
- ❖ The Centre continued to offer healing treatment to all who came in need, referred or self-referred, five days a week at Muncaster Chase and one day per week in hospitals, hospices, residential homes or the homes of clients too ill to travel. The Sheila Robinson Memorial Fund and donations from charitable trusts and companies helped to make up the difference between donations received for healing treatment and the actual costs of providing the service
- ❖ The Centre provided presentations, talks, information and project support for conferences and study groups, in Cumbria and nationally. The Centre Director lectured at the annual conference of the Christian Meditation Community at Stirling University and spoke to the Ravenglass Mothers' Union. She was among the nominees at the Cumbrian Woman of the Year lunch, attended the High Sheriff's lunch for Princess Alexandra at Muncaster Castle and a Buckingham Palace garden party at the invitation of the Queen
- ❖ The Centre sponsored or participated in local fundraising events. Muncaster Castle Pelt a Pennington for April Fool's Day, Muncaster Castle Five Day Festival of Fools, Muncaster Chase Open Day and the Centre Christmas Fair
- ❖ Increasing numbers of volunteers continued to help indoors and out at the Centre, planning and supporting communal and fundraising activities. The Muncaster Healing Garden project developed with expansion of flower, fruit, and vegetable planting and the erection of a second greenhouse
- ❖ Shepley apprentices made a wrought iron archway over the wheelchair path, gates for the back courtyard and the tool shed, stairs in courtyard and bird feeders

- ❖ The annual newsletter reached over three thousand friends and supporters of the Centre, by post or e-mail, with additional reports available during the year on our website, Friends' newsletter and Facebook. The Centre contributes a monthly page to the local Parish News, which serves five parishes in the local benefice.
- ❖ Our regularly updated website, www.cccare.org received an average of 2,250 hits per month. The Centre Manager also offers a blog, From the Centre Managers Desk, detailing the ups and down of a small charity in a remote area. Visitors from across the country and abroad have come to see the Centre and to seek help.
- ❖ We received press coverage on BBC Radio Cumbria, the Whitehaven News and Energize, the newspaper for Sellafield Ltd.

Review of the Business – The Charity operates as a company limited by guarantee and does not have a share capital. A summary of the Income and Expenditure for the year is given on page 5 of the accounts. The Trustees are content with the current state of affairs.

Fixed Assets– There was no change in the company's fixed assets during the year. Details of fixed assets are shown in Note 1 to these Accounts.

Signed on behalf of the Board of Trustees



Dr Peter Tiplady – Chairman

16/12/10

Date

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE
REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF
THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

Independent examiners to the Trustees of the Centre for Complementary Care

in respect of an examination carried out under section 43 of the Charities Act 1993 and in accordance with directions given by the Charity Commissioners under subsection 7(b) of that section

We have examined the accounts of the Centre for the Complementary Care for the year ended 31st March 2010 which comprises the Income and Expenditure account, the Balance Sheet and the related notes

Respective responsibilities of the trustees and the independent examiners

As described in the statement of the trustees' responsibilities the charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993) and that an independent examination is needed

It is our responsibility to

- (1) examine the accounts (under section 43(3) of the Act,
- (2) follow the procedures laid down in the General Directions given by the Charity Commissioners,
- (3) state whether particular matters have come to our attention

Basis of the Independent Examiners' statement

Our examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the accounts

Independent examiners' statement

In connection with our examination, no matter has come to our attention

- (1) which gives us reasonable cause to believe that in any material respect the requirements
 - (i) to keep accounting records in accordance with section 41 of the 1993 Act and
 - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



R H Jackson - Chartered Accountant

Date *11 November 2010*

**1 Wroth tyes Cottage
Upper Hartfield
East Sussex TN 7 4DY**

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2010**

	Year to 31 March 2010		Year to 31 March 2009	
	£	£	£	£
INCOME				
Healing		17,520		18,182
Donations and Covenants		76,970		101,702
Open Door/Sheila Robinson Fund		1,325		1,988
Goods Sold		1,687		889
Fundraising		10,187		2,250
Sundry Income		255		60
		<u>107,944</u>		<u>125,071</u>
CHARITABLE ACTIVITY DIRECT EXPENDITURE				
Consulting Fees	37,439		30,382	
Purchases	721		621	
Motor Expenses	<u>1,919</u>		<u>1,420</u>	
		40,079		32,423
GROSS PROFIT		<u>67,865</u>		<u>92,648</u>
OTHER INCOME				
Gift Aid		5033		19,015
Interest received		615		1,036
		<u>73,513</u>		<u>112,699</u>
LESS EXPENSES				
Wages & Salaries	32,522		31,780	
Rent & Rates	8,890		8,819	
Light & Heat	3,293		4,387	
Printing, Postage and Stationery	4,496		2,368	
Telephone and Fax	857		773	
Computer costs	1,914		1,671	
Subscriptions	95		159	
Catering, Cleaning, & Sundry expenses	2,895		1,624	
Insurance	1,591		915	
Equipment Maintenance	625		0	
Gardening	5,672		6,146	
Advertising	404		354	
Fund Raising	1,790		2,848	
Accountancy and Bookkeeping fees	1,735		980	
Bank Charges	0		43	
Depreciation - motor vehicles	593		791	
Depreciation - equipment	1,531		926	
Loss on disposal of motor vehicle	<u>-</u>		<u>-</u>	
		68,903		64,584
SURPLUS/(DEFICIT) FOR THE YEAR		<u><u>4,610</u></u>		<u><u>48,115</u></u>

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

BALANCE SHEET
As at 31 March 2010

	Note	2010		2009	
		£	£	£	£
FIXED ASSETS					
Tangible fixed assets	1		<u>10,454</u>		<u>7,622</u>
CURRENT ASSETS					
Bank Balance		8,043		4,555	
Deposit Account		67,090		51,475	
Cash in hand		193		126	
Debtor - Giftaid		4,202		16,490	
Other debtors and Prepayments		<u>968</u>		<u>924</u>	
		<u>80,496</u>		<u>73,570</u>	
LESS CREDITORS DUE WITHIN ONE YEAR					
Trade creditors		1,997		-	
PAYE and NIC		7,485		1,736	
Creditors - accruals		<u>1,450</u>		<u>4,048</u>	
		<u>10,932</u>		<u>5,784</u>	
NET CURRENT ASSETS			69,564		67,786
NET ASSETS			80,018		75,408
REPRESENTED BY					
Centre for Complementary Care Capital Account	2		80,018		<u>75,408</u>

These accounts have been delivered in accordance with provisions applicable to companies subject to the small companies regime For the the year ending 31st March 2010 the company was entitled to exemption from audit under section 477(2) of the Companies Act 2006

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts

Approved

Date

P. Tiplady
16/12/10

Peter Tiplady
Chairman

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**NOTES TO THE ACCOUNTS
for the year ended 31 March 2010**

1. TANGIBLE FIXED ASSETS

	Motor Vehicles	Furniture fittings and equipment	Total
Cost	£	£	£
At 1st April 2009	7,500	24,096	31,596
Additions		4,956	4,956
At 31st March 2010	<u>7,500</u>	<u>29,052</u>	<u>36,552</u>
Depreciation			
At 1st April 2009	5,127	18,847	23,974
Charge for year	593	1,531	2,124
At 31st March 2010	<u>5,720</u>	<u>20,378</u>	<u>26,098</u>
Net Book Value			
At 31st March 2009	<u>2,373</u>	<u>5,249</u>	<u>7,622</u>
At 31st March 2010	<u>1,780</u>	<u>8,674</u>	<u>10,454</u>

2. CAPITAL ACCOUNT

	2010	2009
	Total	Total
	£	£
At 1st April 2009	75,408	27,293
Surplus	4,610	48,115
	<u>80,018</u>	<u>75,408</u>