

**THE CENTRE FOR
COMPLEMENTARY CARE,ESKDALE**

**ACCOUNTS
FOR THE YEAR ENDED
31 MARCH 2011**

Sanger & Co Accountants

MONDAY



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14/11/2011
COMPANIES HOUSE

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

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THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

COMPANY INFORMATION

Trustees

The Reverend John Bannister
Mrs Catherine Courtney (appointed 14th January 2011)
Mrs Phyllida Gordon-Duff-Pennington
Ms Rachael Polkinghorne
Dr Timothy Sowton
Mrs Claudia Staechmann
Dr Peter Tiplady

Secretary

Miss Moira Briggs

Method of appointment of or election of Trustees

By agreement of existing Trustees at a properly constituted Trustee Meeting.

Reporting Accountant

R H Jackson
Chartered Accountant
1 Wroth Tyes Cottage
Upper Hartfield
East Sussex TN7 4DY

Bankers

National Westminster Bank plc
Market Place
Egremont
Cumbria
CA18 1RT

Registered name

The Centre for Complementary Care, Eskdale

Registered Office

The Chase
Muncaster
Ravenglass
Cumbria
CA18 1RD

Registered Company Number

2757864

Governing Document

Memorandum and Articles of Association dated 13th October 1992

Registered Charity Number

1015007

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2011

Centre Staff.

Full time posts: Centre Director – Gretchen Stevens
Centre Manager – Moira Briggs
Volunteer Organizer – Andrea Takacs

Part time posts Maintenance Person
Gardener
Cleaner
Four complementary therapists offering healing by gentle touch, psychotherapy, massage and physiotherapy

Volunteers carry out all other work

Summary of the year's activities - In the period under review

- ❖ The Centre satisfactorily completed its seventh year at Muncaster Chase
- ❖ The Centre continued to gather healing outcomes data for possible further research projects
- ❖ The Trustees accepted the Annual Accounts for the year ended 31st March 2011 These accounts show a surplus for the year of £7,100 and bring our accumulated reserves to £87,118, large enough to make good any unforeseen shortfall
- ❖ The Centre continued to offer healing treatment to all who came in need, referred or self referred, five days a week at Muncaster Chase and one day per week in hospitals, hospices, residential homes or the homes of clients too ill to travel The Sheila Robinson Memorial Fund and donations from charitable trusts and companies helped to make up the difference between donations received for healing treatment and the actual costs of providing the service
- ❖ The Centre provided presentations, talks, information and project support for individuals, conferences and study groups, in Cumbria and nationally The Centre Director lectured at the Christian Meditation Community Conference at Ilkley and spoke to Lay Readers from the Diocese of Lancaster and Germany She attended the High Sheriff's inauguration at Carlisle Court and a Buckingham Palace Garden Party at the invitation of the Queen
- ❖ The Centre sponsored or participated in local fundraising events Muncaster Castle Pelt a Pennington, Muncaster Castle Five Day Festival of Fools, Egremont Woodwind Band Concert, the Centre Christmas Fair, and Ladies' Tea Party at the home of a Nuclear Management Partners Director
- ❖ Increasing numbers of volunteers continued to help indoors and out at the Centre, planning and supporting communal and fundraising activities The Muncaster Healing

Garden project developed with expansion of flower, fruit and vegetable planting, the erection of a third greenhouse and the planting of a mixed hedge of 105 trees by 'The Woodland Trust' Planning began for beekeeping and volunteers undertook a programme of skill sharing and learning Crafts such as cross stitch, knitting, rug making and weaving are employed to make items for sale in aid of the Centre

- ❖ The bi-annual newsletter reached over three thousand friends and supporters of the Centre, by post or e-mail, with additional reports available during the year on our website, Friends' newsletter and Facebook The Centre contributes a monthly page to the local Parish News, which serves five parishes in the local benefice
- ❖ Our regularly updated website, www.cccare.org, received an average 13,500 hits per month The Centre Manager also offers a blog, From the Centre Manager's Desk, detailing the ups and downs of a small charity in a remote rural area Visitors from across the country and abroad have come to see the Centre and to seek help
- ❖ We received press coverage on BBC Radio Cumbria, the Whitehaven News and The Lancet

Review of the Business – The Charity operates as a company limited by guarantee and does not have a share capital A summary of the Income and Expenditure for the year is given on page 5 of the accounts The Trustees are content with the current state of affairs

Fixed Assets – During the year the charity purchased £893 of new assets of which £630 related to the acquisition of a new telephone system Details of fixed assets are shown in Note 1 to these Accounts

Signed on behalf of the Board of Trustees



Dr Peter Tiplady – Chairman



Date

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE
REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF
THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

Independent examiner's to the Trustees of the Centre for Complementary Care

I report on the accounts of the company for the year ended 30 March 2011, which are set out on pages 5 to 7

Respective responsibilities of the trustees and the examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- (1) examine the accounts (under section 43(3) of the 1993 Act,
- (2) follow the procedures laid down in the General Directions given by the Charity Commissioners,
- (3) state whether particular matters have come to our attention

Basis of the Independent Examiner's Report

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - * to keep accounting records in accordance with section 386 of the Companies Act 2006 and
 - * to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charitieshave not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached


R.H. Jackson - Chartered Accountant

Date

26 September 2011

**1 Wroth tyes Cottage
Upper Hartfield
East Sussex TN 7 4DY**

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2011**

	Year to 31 March 2011		Year to 31 March 2010	
	£	£	£	£
INCOME				
Healing		22,703		17,520
Donations and Covenants		79,097		76,970
Open Door/Sheila Robinson Fund		912		1,325
Goods Sold		686		1,687
Fundraising		1,646		10,187
Sundry Income		300		255
		<u>£ 105,344</u>		<u>£ 107,944</u>
CHARITABLE ACTIVITY DIRECT EXPENDITURE				
Consulting Fees	37,452		37,439	
Purchases	86		721	
Motor Expenses	<u>1,803</u>		<u>1,919</u>	
		39,341		40,079
GROSS PROFIT		<u>£ 66,003</u>		<u>£ 67,865</u>
OTHER INCOME				
Gift Aid		9606		5033
Interest received		442		615
		<u>£ 76,051</u>		<u>£ 73,513</u>
LESS: EXPENSES				
Wages & Salaries	36,450		32,522	
Rent & Rates	9,298		8,890	
Light & Heat	4,099		3,293	
Printing, Postage and Stationery	3,697		4,496	
Telephone and Fax	1,096		857	
Computer costs	562		1,914	
Subscriptions	240		95	
Catering, Cleaning, & Sundry expenses	1,922		2,895	
Insurance	1,671		1,591	
Equipment Maintenance	399		625	
Gardening	5,659		5,672	
Advertising	243		404	
Fund Raising	432		1,790	
Accountancy and Bookkeeping fees	1,282		1,735	
Bank Charges	21		0	
Depreciation - motor vehicles	445		593	
Depreciation - equipment	1,435		1,531	
Profit/Loss on disposal of fixed assets	<u>-</u>		<u>-</u>	
		68,951		68,903
SURPLUS/(DEFICIT) FOR THE YEAR		<u><u>£ 7,100</u></u>		<u><u>£ 4,610</u></u>

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**BALANCE SHEET
As at 31 March 2011**

	Note	2011		2010	
		£	£	£	£
FIXED ASSETS					
Tangible fixed assets	1		9,467		10,454
CURRENT ASSETS					
Bank Balance		12,606		8,043	
Deposit Account		71,532		67,090	
Cash in hand		296		193	
Debtor - Giftaid		3,713		4,202	
Other debtors and Prepayments		963		968	
		<u>89,110</u>		<u>80,496</u>	
LESS: CREDITORS DUE WITHIN ONE YEAR					
Trade creditors		1,280		1,997	
PAYE and NIC		8,648		7,485	
Creditors - accruals		1,531		1,450	
		<u>11,459</u>		<u>10,932</u>	
NET CURRENT ASSETS			77,651		69,564
NET ASSETS		£	<u><u>87,118</u></u>	£	<u><u>80,018</u></u>
REPRESENTED BY					
Centre for Complementary Care Capital Account	2	£	<u><u>87,118</u></u>	£	<u><u>80,018</u></u>

Audit Exemption Statement

For the year ended 31st March 2011, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Directors responsibilities

- * the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- * the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- * these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved

P. Tiplady
Dr Peter Tiplady, Chairman
Centre for Complementary Care, Eskdale

Date

4th Nov 2011

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**NOTES TO THE ACCOUNTS
for the year ended 31 March 2011**

1. TANGIBLE FIXED ASSETS

	Motor Vehicles	Furniture fittings and equipment	Total
Cost	£	£	£
At 1st April 2010	7,500	29,052	36,552
Disposals	-	(150)	(150)
Additions	-	893	893
At 31st March 2011	<u>7,500</u>	<u>29,795</u>	<u>37,295</u>
Depreciation			
At 1st April 2010	5,720	20,378	26,098
Disposals	-	(150)	(150)
Charge for year	445	1,435	1,880
At 31st March 2011	<u>6,165</u>	<u>21,663</u>	<u>27,828</u>
Net Book Value			
At 31st March 2010	<u>1,780</u>	<u>8,674</u>	<u>10,454</u>
At 31st March 2011	<u>1,335</u>	<u>8,132</u>	<u>9,467</u>

2. CAPITAL ACCOUNT

	2011	2010
	Total	Total
	£	£
At 1st April 2010	80,018	75,408
Surplus	7,100	4,610
At 31st March 2011	<u>87,118</u>	<u>80,018</u>