

2757864

**THE CENTRE FOR
COMPLEMENTARY CARE, ESKDALE**

**ACCOUNTS
FOR THE YEAR ENDED
31 MARCH 2007**

TUESDAY



AZDJ9W6G

A35

08/01/2008

185

COMPANIES HOUSE

THE CENTRE FOR COMPLEMENTARY CARE

COMPANY INFORMATION

Trustees

The Reverend Doctor Peter Tiplady (Chair)
The Reverend John Bannister (Vice Chair)
Phyllida Gordon-Duff-Pennington
Richard Barnes Woodall
Helen Elizabeth Rushton
Dr Timothy Sowton
Rachael Polkinghorne
Claudia Brown

Secretary

Miss M K Briggs

Method of appointment or election of Trustees

By agreement of existing Trustees at a properly constituted Trustee Meeting

Reporting Accountants

S C Banister and Company
Chartered Accountants
40 Great James Street
London
WC1N 3HB

Bankers

National Westminster Bank plc
Market Place
Egremont
Cumbria
CA22 2WY

Registered Name

The Centre for Complementary Care, Eskdale

Registered Office

The Chase
Muncaster
Ravenglass
Cumbria
CA18 1RD

Registered Number

2757864

Governing Document

Memorandum and Articles of Association dated 13th October 1992

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

CONTENTS

	Page
Proprietor's certificate	1
Accountants' report	2
Income and Expenditure account	3
Balance sheet	4
Notes to the accounts	5

Trustees Report.

Centre staff Centre Director Gretchen Stevens, Centre Manager Moira Briggs Part time posts volunteer organiser, cleaner and gardener Five complementary practitioners offer therapeutic treatment and volunteers carry out all additional work

In the period under review

- ❖ The Centre satisfactorily completed its third year at Muncaster Chase
- ❖ The Centre continued to gather healing outcomes data while seeking funding to undertake controlled randomised trials as a further research project
- ❖ The Trustees accepted the Annual Accounts, which again showed a modest surplus Additional funding is sought in order to maintain this position
- ❖ The Centre continued to offer healing treatment to all who came in need, referred or self-referred, five days a week at Muncaster Chase and one day per week in hospitals, hospices, residential homes or the homes of clients too ill to travel The Sheila Robinson Memorial Fund and donations from charitable trusts and companies helped to make up the difference between donations received for healing treatment and the actual costs of providing the service
- ❖ The Centre provided presentations, talks, information and project support for conferences and study groups, in Cumbria and nationally The Centre Director spoke at St James, Whitehaven, Healing Service and led a three-day meditation retreat on Holy Island A Cooking for Health weekend was hosted by the Centre
- ❖ The Centre sponsored or participated in local fundraising events Egremont Car Boot Sale, Sponsored Pet and Owner Walk, Muncaster Chase Open Day, Opera in the Chase Garden, Five Day Muncaster Medieval Fair St Nicholas Church Day and the Centre Christmas Fete
- ❖ Volunteers continued to help indoors and out at the Centre, planning and supporting communal and fundraising activities They designed, planted and maintained a therapeutic garden that offers refreshment and pleasure to clients and their families The project won a Community Champion award
- ❖ Biannual newsletters reached over three thousand friends and supporters of the Centre The centre contributes a monthly page to the local Parish News, which serves five parishes in the local benefice EBay sales raised funds to help provide healing treatments
- ❖ Our regularly updated website, www.cccare.org, received an average 1,000 hits per month Visitors from across the country and abroad have come to see the Centre and to seek help there

Review of the Business

The Charity operates as a company limited by guarantee and does not have a share capital. A summary of the income and expenditure for the year is given on page 3 of the accounts. The Trustees consider the state of affairs to be satisfactory.

Fixed Assets – Acquisitions and disposals of fixed assets during the year are shown in note 1.

Reporting Accountants – S G Banister have been appointed as reporting accountants for a further year.

Signed on behalf of the Board of Trustees



Dr Peter Tiplady – Chair

Date

18 Dec 2007.

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

REPORT TO THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

Independent examiners' report to the trustees of The Centre for Complimentary Care

Report of the independent examiners to the trustees of The Centre for Complementary Care in respect of an examination carried out under section 43 of the Charities Act 1993 and in accordance with the directions given by the Charity Commissioners under subsection 7(b) of that section

We have examined the accounts of The Centre for Complementary Care for the year ended 31st March 2007 which comprises the Income and Expenditure account, the balance sheet and the related notes

Respective responsibilities of trustees and independent examiners

As described in the statement of the trustees' responsibilities the charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993) and that an independent examination is needed

It is our responsibility to

- (1) examine the accounts (under section 43(3) of the Act),
- (2) follow the procedures laid down in the General Directions given by the Charity Commissioners
- (3) state whether particular matters have come to our attention

Basis of Independent examiners' statement

Our examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanation from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the accounts

Independent examiners' statement

In connection with our examination, no matter has come to our attention

- (1) which gives us reasonable cause to believe that in any material respect the requirements
 - (i) to keep accounting records in accordance with section 41 of the 1993 Act and
 - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met, or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

S G Banister

SG Banister

40 Great James Street
London, WC1N 3HB

Date

12/10/2007

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

INCOME AND EXPENDITURE ACCOUNT
For the year ended 31 March 2007

	Year to 31 March 2007		Year to 31 March 2006	
	£	£	£	£
INCOME				
Healing		19,395		23,247
Donations and Covenants		66,429		50,470
Sheila Robinson Fund		3,507		1,818
Goods Sold		1,610		1,664
Fundraising		2,147		3,064
Sundry Income		50		927
		<u>93,138</u>		<u>81,190</u>
CHARITABLE ACTIVITY DIRECT EXPENDITURE				
Consulting Fees	35,204		36,753	
Purchases	2,560		740	
Motor expenses	955		1,314	
		<u>38,719</u>		<u>38,807</u>
GROSS PROFIT		<u>54,419</u>		<u>42,383</u>
OTHER INCOME				
Gift Aid		7,630		22,359
Interest received		977		745
		<u>63,026</u>		<u>65,487</u>
LESS: EXPENSES				
Wages & Salaries	34,477		32,853	
Rent & Rates	7,812		7,978	
Light & heat	2,994		2,526	
Printing, Postage and Stationery	4,181		6,759	
Telephone and Fax	803		402	
Computer costs	730		1,432	
Subscriptions	10		-	
Catering, Cleaning & Sundry expenses	2,432		1,231	
Insurance	2,018		1,467	
Equipment Maintenance	1,358		922	
Gardening	1,603		559	
Advertising	34		264	
Fund Raising	113		35	
Accountancy and Bookeeping fees	1,468		1,468	
Bank charges	70		42	
Depreciation - motor vehicles	1,561		2,082	
Depreciation - equipment	1,042		1,226	
		<u>62,706</u>		<u>61,246</u>
SURPLUS FOR THE YEAR		<u><u>£320</u></u>		<u><u>£4,241</u></u>

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

BALANCE SHEET As at 31 March 2007

	Note	2007		2006	
		£	£	£	£
FIXED ASSETS					
Tangible fixed assets	1		<u>11,190</u>		<u>13,194</u>
CURRENT ASSETS					
Bank balance		8,139		4,922	
Deposit account		20,887		20,560	
Cash in hand		100		1,324	
		<u>29,126</u>		<u>26,806</u>	
LESS: CREDITORS DUE WITHIN ONE YEAR					
Trade creditors		3,100		3,400	
PAYE and NIC		2,149		653	
Creditors - accruals		1,468		1,468	
		<u>6,717</u>		<u>5,521</u>	
NET CURRENT ASSETS			22,409		21,285
NET ASSETS			<u>33,599</u>		<u>34,479</u>
REPRESENTED BY					
Proprietor's Capital Account	2		<u>33,599</u>		<u>34,479</u>

For the year ended 31st March 2007, the company was entitled to exemption under section 249A(1) of the Companies Act 1985

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 249B(2).

The directors acknowledge their responsibility for

- (i) Ensuring the company keeps accounting records which comply with section 221, and
- (ii) Preparing accounts which give a true and fair view of the state of affairs of the company as at the end of its financial year, and of its profit and loss for the financial year in accordance with section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as applicable to the company

The accounts are prepared in accordance with the special provisions of part VII of the Companies Act 1985 relating to small companies.

P Tiplady

Dr Peter Tiplady, Chairman
Centre for Complementary Care, Eskdale.

THE CENTRE FOR COMPLEMENTARY CARE, ESKDALE

**NOTES TO THE ACCOUNTS
For the year ended 31 March 2007**

1. TANGIBLE FIXED ASSETS	Motor Vehicles £	Furniture fittings and equipment £	Total £
Cost			
At 1 April 2006	13,700	22,851	36,551
Additions	-	599	599
At 31 March 2007	<u>13,700</u>	<u>23,450</u>	<u>37,150</u>
Depreciation			
At 1 April 2006	7,454	15,903	23,357
Charge for the year	1,561	1,042	2,603
	<u>9,015</u>	<u>16,945</u>	<u>25,960</u>
Net book value			
At 31 March 2007	<u>4,685</u>	<u>6,505</u>	<u>11,190</u>
At 31 March 2006	<u>6,246</u>	<u>6,948</u>	<u>13,194</u>

2. PROPRIETOR'S CAPITAL ACCOUNT	2007 Total £	2006 Total £
At 1 April 2006	34,479	30,238
Surplus	320	4,241
	<u>34,799</u>	<u>34,479</u>