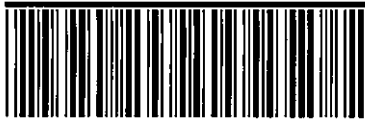




COMPANIES HOUSE

THE REGISTRAR OF COMPANIES  
COMPANIES HOUSE  
CROWN WAY  
CARDIFF  
CF4 3UZ



A16 \*AST111B3\* 129  
COMPANIES HOUSE 20/11/97

363s

## Annual Return

of company number 02757588

D

company name  
HELPING HANDS CARE LIMITED

company type  
PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 04/10/97  
If this information requires amendment use the spaces opposite.

### Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
21	10	97

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

### Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

### Registered Office (See note 3)

This is the address registered by Companies House.

BRIDGE HOUSE  
OUTWOOD LANE  
HORSFORTH LEEDS  
WEST YORKSHIRE LS18 4UP

### Principal business activities (See note 4)

Trade classification is  
8514 OTHER HUMAN HEALTH ACTIVITIES

If the code cannot be determined from the notes, give a brief description of principal activity.

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## Register of members *(See note 5)*

The register is kept at

REGISTERED OFFICE

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

## Register of debenture holders *(See note 6)*

Any register of debenture holders (or duplicate) is kept at

## Company Secretary *(See note 7)*

Particulars of a new secretary **must** be notified on form 288.

DAVID RICHARD  
MORRIS  
ADEL MANOR COTTAGE  
LONG CAUSEWAY  
LEEDS  
WEST YORKSHIRE LS16 8EX

Day	Month	Year

 Date of any change.

If this person has ceased to be secretary, please state when.

Day	Month	Year

 Date of resignation.

## Directors *(See note 7)*

Particulars of a new director **must** be notified on form 288.

IAN  
FOZARD  
THE OLD BREWHOUSE  
8A WATERSIDE  
KNARESBOROUGH  
N YORKS HG5 9AZ

Day	Month	Year

 Date of any change.

Date of Birth:— 23/03/53

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day	Month	Year

 Date of resignation.

Show any relevant current and previous directorships.

SEE CONTINUATION SHEET

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**Directors - continued**

Particulars.

GRAHAM  
SMITH  
BRIARFIELD MOOR LANE  
BURLEY IN WHARFEDALE  
ILKLEY  
WEST YORKSHIRE LS29 7AF

Date of Birth:- 08/05/50

Nat:BRITISH

Occ:DIRECTOR

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

If the information shown needs amendment,  
give details below and the date of any change.

Day	Month	Year

Date of any change.

.....

.....

.....

.....

.....

.....

Day	Month	Year

Date of resignation.

SEE CONTINUATION SHEET

.....

.....

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

.....

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.....

.....

.....

Day	Month	Year

Date of resignation.

.....

.....

.....

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

.....

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Day	Month	Year

Date of resignation.

.....

.....

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02757588

**Issued Share Capital** (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
<u>ORDINARY</u>	<u>2</u>	<u>£2.00</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
<b>Totals</b>	<u>2</u>	<u>£2.00</u>

**List of past and present members**

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the  
appropriate box.

There were no changes in the period



on paper

not on  
paper

The last full members list was at 21/10/96

A list of changes is enclosed

☐☐

A full list of members is enclosed

☐☐**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.*

☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.*

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

Daniel Jones

Secretary/Director\*

\*(delete as appropriate)

Date

2 11 97I enclose the fee of **£15.**

Cheques should be made payable  
to **Companies House.**

This return includes \_\_\_\_\_ continuation sheets.  
(enter number)

**Please ensure that you have completed  
all sections on this page.**

To whom should Companies House direct any  
enquiries about the information shown in this  
return?----->

J.P. SANDERS, LEGAL DEPARTMENTBUPA, BUPA HOUSE15-17, BLOOMSBURY WAY, LONDONPostcode WC1A 2BATelephone (0171) 656-2302 Ext \_\_\_\_\_

Company Number 2757588

Company Name in full Helping Hands Care Limited

Current directorships for Ian Fozard

Anzac Nursing Service Limited

Anzlond Employment Business Ltd.

Anzlond Nursing Services & Co. Ltd.

Barbara Anne Keene Limited

Caldaire Independent Hospital Ltd.

Community Care (Cleveland) Limited

Crown Nursing Agency Limited

FGPH Limited

Fulford Grange Medical Centre Limited

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough East Surrey Limited

Goldsborough Estates Limited

Goldsborough Healthcare PLC

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Goldsborough Retirement Property Services Limited

Heronacre Limited

Mariamark Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Company Number 2757588

Company Name in full Helping Hands Care Limited

Palladius Limited  
 Professional Healthcare Services Limited  
 Professional Locum Services Limited  
 Professional Management Services Limited  
 Regency (Macclesfield) Limited  
 Roselite Limited  
 Select Care Homes (Marketing) Limited  
 Select Care Homes Limited  
 Selectoption Limited  
 Silstock Limited  
 The Regency Hospital Limited  
 The Yale Hospital Limited  
 Thorncrest Limited  
 Timer Estates Limited  
 Trendclose Limited  
 Tunbridge Wells Independent Hospital Limited  
 Vellum Medical Management Services Limited

Current directorships for Graham Smith

Barbara Anne Keene Limited  
 Caldaire Independent Hospital Ltd.  
 Community Care (Cleveland) Limited  
 Crown Nursing Agency Limited  
 FGPH Limited  
 Flexible Care Services Limited  
 Goldsborough Community Care Services Limited  
 Goldsborough Developments Limited

Company Number 2757588

Company Name in full Helping Hands Care Limited

Goldsborough East Surrey Limited  
Goldsborough Estates Limited  
Goldsborough Healthcare PLC  
Goldsborough Homecare & Nursing Services Limited  
Goldsborough Limited  
Goldsborough Property Ltd  
Goldsborough Property Services Ltd  
Goldsborough Retirement Property Services Limited  
Mariamark Limited  
Montpellier Health Care Limited  
Morriscrest Limited  
Oakcrest Nursing Home (Harrogate) Limited  
Oakcrest Nursing Home (Huddersfield) Ltd  
Oakcrest Nursing Home Ilkley Limited  
Professional Healthcare Services Limited  
Professional Locum Services Limited  
Professional Management Services Limited  
Regency (Macclesfield) Limited  
Roselite Limited  
Select Care Homes (Marketing) Limited  
Select Care Homes Limited  
Selectoption Limited  
Silstock Limited  
The Helping Hands (UK) Limited  
The Regency Hospital Limited  
The Yale Hospital Limited  
Thorncrest Limited

Form 363a continuation sheet

Company Number 2757588

Company Name in full Helping Hands Care Limited

Timer Estates Limited

Tunbridge Wells Independent Hospital Limited