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363a

Annual Return

Company Number 2757588

Company Name in full Helping Hands Care Limited



* F 3 6 3 A C 5 0 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

21 10 98

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

21 10 99

Registered Office (See note 3)

Show here the address at the date of this return.

Any change of registered office must be notified on form 287.

Post town

County / Region

Postcode

Bridge House

Outwood Lane

Horsforth

Leeds

LS18 4UP

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

8514

If the code number cannot be determined, give a brief description of principal activity.



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When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Register of Debenture holders

(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 1-5)

(Please photocopy this area to provide details of joint secretaries).

Name * Style / Title

Forename(s)

Surname

* Voluntary details. Previous forename(s)

Previous surname(s)

Address

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town
County / Region
Country

Details of a new company secretary must be notified on form 288a

* Honours etc

Arthur David

Walford

94 London Road

Stanmore

Middlesex

England

Postcode

HA7 4NS

Directors (See notes 1-5)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year	
	* Honours etc				Date of birth	13	02	56
	Forename(s)	Julian Peter						
	Surname	Davies						
	Previous forename(s)							
	Previous surname(s)							
Address	Timberlea							
	South Newton							
	Post town	Salisbury						
	County / Region	Wiltshire	Postcode	SP2 0QW				
	Country	England	ationality	British				
	Business occupation	Head of Treasury and Tax						
	Other directorships	(See continuation sheet).						

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year	
		* Honours etc				Date of birth	10	08	61
		Forename(s)	Mark						
		Surname	Ellerby						
		Previous forename(s)							
		Previous surname(s)							
	Address	Burton Grange							
		Burton Leonard							
		Post town	Harrogate						
		County / Region	North Yorkshire	Postcode	HG3 3SU				
		Country	England	Nationality	British				
	Business occupation	Group Financial Controller							
	Other directorships	(See continuation sheet).							

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Issued share capital (See notes 9)

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share)
Ordinary Shares	2	£2.000
Totals	2	£2.000

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper

in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☐

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☐
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

A. W. Ford

Date

26/11/98

† Please delete as appropriate.

† a director/secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to Companies House.

This return includes

7

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

J P Sanders
Legal Department
BUPA
BUPA House
15-19 Bloomsbury Way
London WC1A 2BA
Tel No 0171 656 2302

Directors (Continued)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc				Date of birth	21	04
						60	
Forename(s)	Fergus Alexander						
Surname	Kee						
Previous forename(s)							
Previous surname(s)							
Address	The Old Cottage						
Post town	Howe Green						
County / Region	Hertford	Postcode	SG13 8LH				
Country	England	ationality	Irish				
Business occupation	U.K. Finance Director						
Other directorships	(See continuation sheet).						

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc				Date of birth	08	05
							50	
	Forename(s)	Graham						
	Surname	Smith						
	Previous forename(s)							
	Previous surname(s)							
	Address	Briarfield						
		Moor Lane						
	Post town	Bunley In Wharfedale						
	County / Region	West Yorkshire	Postcode	LS29 7AF				
	Country		Nationality	British				
	Business occupation	Director						
	Other directorships	(See continuation sheet).						

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Company Number 2757588**Company Name in full** Helping Hands Care Limited**Current directorships for Julian Peter Davies**

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

Blackrock Clinic Limited (Republic of Ireland)

Blackrock Group Services Limited (Republic of Ireland)

Blackrock Hospital Limited (Republic of Ireland)

BUPA Construction Services Limited

BUPA Europe Limited

BUPA Financial Securities Limited

BUPA Mobile Screening Limited

Cardiff Medical Services Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

CHG Homes Plc

CHP Limited

Community Hospital Partnership Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Court Cavendish Care Homes Ltd

Court Cavendish Group plc

Company Number 2757588

Company Name in full Helping Hands Care Limited

Court Cavendish Limited
 Court Cavendish Properties Limited
 First Care Ltd
 Gable House Retirement Homes Limited
 Gable Retirement Homes Ltd
 Gainsborough Homes Limited
 Greenacre Group plc
 Greenacre Residential Retirement Homes Ltd
 Greenacre UK Limited
 Independent Healthcare Limited
 Keemoor Limited
 Medication Management Services Limited
 Mercia Health Benefits Services Limited
 Mercia Investment Advisers Limited
 Nomad (UK) Ltd
 Pharmaceutical Care Services Limited
 Pharmaceutical Care Systems Limited
 Pharmplan Limited
 Southampton Homebrews Ltd
 Surgichem Ltd
 Takare Developments Ltd
 Takare Homes Ltd
 Takare Special Projects Limited
 TC Group Ltd
 Tyro Ltd

Current directorships for Mark Ellerby

Company Number 2757588

Company Name in full Helping Hands Care Limited

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Court Cavendish Care Homes Ltd

Court Cavendish Group plc

Court Cavendish Limited

Court Cavendish Properties Limited

First Care Ltd

Gable House Retirement Homes Limited

Gable Retirement Homes Ltd

Gainsborough Homes Limited

Greenacre Group plc

Greenacre Residential Retirement Homes Ltd

Greenacre UK Limited

Medication Management Services Limited

Nomad (UK) Ltd

Pharmaceutical Care Services Limited

Company Number 2757588

Company Name in full Helping Hands Care Limited

Pharmaceutical Care Systems Limited

Pharmplan Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

TC Group Ltd

Tyro Ltd

Past directorships for Mark Ellerby

BUPA Construction Services Limited (27-Mar-1998)

BUPA Europe Limited (27-Mar-1998)

BUPA Financial Securities Limited (27-Mar-1998)

BUPA Mobile Screening Limited (27-Mar-1998)

Cardiff Medical Services Limited (27-Mar-1998)

Primrose Care Limited (27-Mar-1998)

Current directorships for Fergus Alexander Kee

Blackrock Clinic Limited (Republic of Ireland)

Blackrock Group Services Limited (Republic of Ireland)

Blackrock Hospital Limited (Republic of Ireland)

BUPA Construction Services Limited

BUPA Mobile Screening Limited

Cardiff Medical Services Limited

Care First Group plc

CHP Limited

Community Hospital Partnership Limited

Company Number 2757588**Company Name in full** Helping Hands Care Limited

Independent Healthcare Limited

Mercia Health Benefits Services Limited

Mercia Investment Advisers Limited

Partnership in Health Limited

Past directorships for Fergus Alexander Kee

BUPA Construction Services Limited (23-Sep-1994)

BUPA Europe Limited (23-Sep-1994)

BUPA Financial Securities Limited (23-Sep-1994)

Primrose Care Limited (03-Dec-1997)

The BUPA Foundation (23-Sep-1997)

Current directorships for Graham Smith

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

Bramhope Properties Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Court Cavendish Care Homes Ltd

Company Number 2757588

Company Name in full Helping Hands Care Limited

Court Cavendish Group plc

Court Cavendish Limited

Court Cavendish Properties Limited

First Care Ltd

Fulford Grange Medical Centre Limited

Gable House Retirement Homes Limited

Gable Retirement Homes Ltd

Gainsborough Homes Limited

Greenacre Group plc

Greenacre Residential Retirement Homes Ltd

Greenacre UK Limited

Medication Management Services Limited

Nomad (UK) Ltd

Pharmaceutical Care Services Limited

Pharmaceutical Care Systems Limited

Pharmplan Limited

Piper Higginson Homecare Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

TC Group Ltd

Tyro Ltd

**List of past and present members
Schedule to form 363a and 363b**

Company Number 2757588

Company Name in full Helping Hands Care Limited

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred
since
the date of the last return (or in the case of
the
first return, since the incorporation of the
company) by

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
Goldsborough Limited				
Bridge House, Outwood Lane, Horsforth, Leeds, LS18 4UP, England				
Ordinary Shares	1			
		1	09-Feb-1998	
The British United Provident Association Limited				
BUPA House, 15-19 Bloomsbury Way, London, WC1A 2BA, England				
Ordinary Shares	1			