

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **2757588**

Company Name in full **Helping Hands Care Limited**



*** F 2 8 8 A C 5 0 ***

Date of appointment
 Day Month Year
04 02 99

†Date of Birth
 Day Month Year
01 09 45

Appointment as director ☒

as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Appointment form

Notes on completion appear on reverse.

NAME *Style / Title

*Honours etc

Forename(s)

Arthur David

Surname

Walford

Previous Forename(s)

Previous Surname

Usual residential address

94 London Road

Post town

Stanmore

Postcode

HA7 4NS

County / Region

Middlesex

Country

England

† Nationality

British

†Business occupation

Solicitor

† Other directorships (additional space overleaf)

(See continuation sheet).

* Voluntary details.
† Directors only.

Consent Signature

Arthur David Walford

Date **17/2/99**

A director, secretary etc must sign the form below.

** Please delete as appropriate

Signed

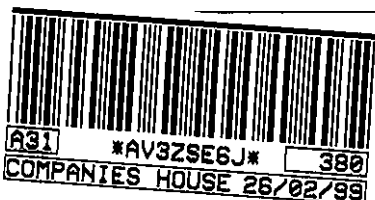
W/min.

Date **19/2/99**

(**a director / secretary / administrator / administrative receiver / receiver-manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query

Mr J P Sanders
BUPA
BUPA House
15-19 Bloomsbury Way
London, WC1A 2BA
Tel: 0171 656 2302



de

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
 for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
 for companies registered in Scotland **DX 235 Edinburgh**

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† Directors only.

† Other directorships

Current Directorships for Arthur David Walford**Alphen Ltd****Architectural Project Design Limited****Bell Healthcare Limited****Blackrock Clinic Limited (Republic of Ireland)****Blackrock Hospital Limited (Republic of Ireland)****BUPA Care Homes Limited****BUPA Construction Services Limited****BUPA Europe Limited****BUPA Financial Securities Limited****BUPA Holdings (Jersey) Limited****BUPA Mobile Screening Limited****Capital Childcare Limited****Cardiff Medical Services Limited****Care First At Home Ltd****Care First Bedfordshire Ltd****Care First Care Homes Ltd****Care First Employment Services Ltd****Care First Group plc****Care First Health Care Ltd****Care First Partnerships Ltd****Cavendish Hyde Limited****CHG Homes Plc****CHP Limited****Community Hospital Partnership Limited****Company Kids Limited****Court Cavendish (Beckton) Ltd****NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

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Court Cavendish Capital Limited
Court Cavendish Group plc
Court Cavendish Limited
Court Cavendish Properties Limited
First Care Ltd
Gable House Retirement Homes Limited
Gable Retirement Homes Ltd
Gainsborough Homes Limited
Greenacre Group plc
Greenacre Residential Retirement Homes Ltd
Greenacre UK Limited
Independent Healthcare Limited
Medication Management Services Limited
Mercia Health Benefits Services Limited
Mercia Investment Advisers Limited
Nomad (UK) Ltd
Pharmaceutical Care Services Limited
Pharmaceutical Care Systems Limited
Pharmplan Limited
Primrose Care Ltd
Southampton Homebrews Ltd
Surgichem Ltd
Takare Developments Ltd
Takare Homes Ltd
Takare Special Projects Limited
Tyro Ltd

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Past Directorships for Arthur David Walford**BUPA Construction Services Limited (24-Aug-1995)****NOTES**

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