



Please complete in typescript,
or in bold black capitals.

CHFP055

Annual Return

363a

Company Number **2757588**

Company Name in full **Helping Hands Care Limited**

Date of this return (See note 1)

The information in this return is made up to

Day		Month		Year			
2	1	1	0	1	9	9	9

Date of next return (See note 2)

If you wish to make your next return
to a date earlier than the anniversary
of this return please show the date here.
Companies House will then send a form
at the appropriate time.

Day		Month		Year			
2	1	1	0	2	0	0	0

Registered Office (See note 3)

Show here the address at the date of
this return.

Any change of
registered office
must be notified
on form 287.

Post town
County / Region
Postcode

Bridge House

Outwood Lane

Horsforth

Leeds

LS18 4UP

Principal business activities

(See note 4)

Show trade classification code number(s)
for the principal activity or activities.

If the
give



A13
COMPANIES HOUSE
COMPANIES HOUSE
COMPANIES HOUSE

0522
21/01/00
0195
08/01/00
08/01/00

8514

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

BUPA House

15-19, Bloomsbury Way

London

Postcode WC1A 2BA

Register of Debenture holders

(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 8)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Details of a new company secretary must be notified on form 288a

* Honours etc

Arthur David

Walford

94 London Road

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town
County / Region
Country

Stanmore

Middlesex

England

Postcode HA7 4NS

Directors (See notes 8)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title				Day		Month		Year	
	* Honours etc				Date of birth		1	3	0	2
	Forename(s)		Julian Peter				1	9	5	6
	Surname		Davies							
	Previous forename(s)									
	Previous surname(s)									
Address			Timberlea							
			South Newton							
	Post town		Salisbury							
	County / Region		Wiltshire		Postcode		SP2 0QW			
	Country		England		Nationality		British			
Business occupation			Director - Corporate Finance							
Other directorships			(See continuation sheet).							

* Voluntary details.

Name	* Style / Title				Day		Month		Year	
	* Honours etc				Date of birth		1	0	0	8
	Forename(s)		Mark				1	9	6	1
	Surname		Ellerby							
	Previous forename(s)									
	Previous surname(s)									
Address			Burton Grange							
			Burton Leonard							
	Post town		Harrogate							
	County / Region		North Yorkshire		Postcode		HG3 3SU			
	Country		England		Nationality		British			
Business occupation			Managing Director							
Other directorships			(See continuation sheet).							

Issued share capital (See note 9)

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share)
Ordinary Shares	2	£2.00
Totals	2	£2.00

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper

in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☒

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☒
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

awayed

Date

23/12/99

† Please delete as appropriate.

† a ~~director~~ /secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to Companies House.

This return includes

11

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

J P Sanders Esq
Legal Department, BUPA
BUPA House
15-19 Bloomsbury Way
London, WC1A 2BA
Tel : 0171 656 2302

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title			Day	Month	Year
	* Honours etc			Date of birth	0	8
					0	5
					1	9
					5	0
Forename(s)	Graham					
Surname	Smith					
Previous forename(s)						
Previous surname(s)						
Address	Briarfield					
	Moor Lane					
Post town	Burley In Wharfedale					
County / Region	West Yorkshire			Postcode	LS29 7AF	
Country				Nationality	British	
Business occupation	MD - BUPA Care Services					
Other directorships	(See continuation sheet).					

* Voluntary details.

Name	* Style / Title	Mr		Day	Month	Year
	* Honours etc			Date of birth	1	7
					0	2
					1	9
					6	0
Forename(s)	Neil Robert					
Surname	Taylor					
Previous forename(s)						
Previous surname(s)						
Address	Highfield					
	Church Street					
Post town	Goldsborough					
County / Region	Knaresborough			Postcode	HG5 8NR	
Country	England			Nationality	British	
Business occupation	Finance Director					
Other directorships	(See continuation sheet).					

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title			
		Day	Month	Year
* Honours etc		Date of birth	0 1	0 9 1 9 4 5
Forename(s)	Arthur David			
Surname	Walford			
Previous forename(s)				
Previous surname(s)				
Address	94 London Road			
Post town	Stanmore			
County / Region	Middlesex	Postcode	HA7 4NS	
Country	England	Nationality	British	
Business occupation	Solicitor			
Other directorships	(See continuation sheet).			

* Voluntary details.

Name	* Style / Title			
		Day	Month	Year
* Honours etc		Date of birth		
Forename(s)				
Surname				
Previous forename(s)				
Previous surname(s)				
Address				
Post town				
County / Region		Postcode		
Country		Nationality		
Business occupation				
Other directorships				

Company Number 2757588

Company Name in full Helping Hands Care Limited

Current directorships for Julian Peter Davies

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

Blackrock Clinic Limited (Republic of Ireland)

Blackrock Group Services Limited (Republic of Ireland)

Blackrock Hospital Limited (Republic of Ireland)

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Construction Services Limited

BUPA Finance No.1 Limited

BUPA Finance No.2 Limited

BUPA Holdings (Jersey) Limited

BUPA Mobile Screening Limited

BUPA Properties (1994) Limited

Capital Childcare Limited

Cardiff Medical Services Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Company Number 2757588

Company Name in full Helping Hands Care Limited

Court Cavendish Group Limited
 Court Cavendish Limited
 Court Cavendish Properties Limited
 Dolphyn Court Properties Limited
 First Care Ltd
 Gable House Retirement Homes Limited
 Gable Retirement Homes Ltd
 Gainsborough Homes Limited
 Greenacre Group Limited
 Greenacre Residential Retirement Homes Ltd
 Greenacre UK Limited
 Independent Healthcare Limited
 Keemoor Limited
 Marander Limited
 Medication Management Services Limited
 Mercia Health Benefits Services Limited
 Mercia Investment Advisers Limited
 Nomad (UK) Ltd
 Pharmaceutical Care Services Limited
 Pharmaceutical Care Systems Limited
 Pharmplan Limited
 Southampton Homebrews Ltd
 Surgichem Ltd
 Takare Developments Ltd
 Takare Homes Ltd
 Takare Special Projects Limited
 Tyro Ltd

Company Number 2757588

Company Name in full Helping Hands Care Limited

Current directorships for Mark Ellerby

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

Capital Childcare Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Court Cavendish Group Limited

Court Cavendish Limited

Court Cavendish Properties Limited

First Care Ltd

Fulford Grange Medical Centre Limited

Gable House Retirement Homes Limited

Gable Retirement Homes Ltd

Gainsborough Homes Limited

Greenacre Group Limited

Greenacre Residential Retirement Homes Ltd

Company Number 2757588

Company Name in full Helping Hands Care Limited

Greenacre UK Limited

Medication Management Services Limited

Nomad (UK) Ltd

Pharmaceutical Care Services Limited

Pharmaceutical Care Systems Limited

Pharmplan Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

Tyro Ltd

Past directorships for Mark Ellerby

BUPA Construction Services Limited (27-Mar-1998)

BUPA Mobile Screening Limited (27-Mar-1998)

BUPA Properties (1994) Limited (27-Mar-1998)

Cardiff Medical Services Limited (27-Mar-1998)

Dolphyn Court Properties Limited (27-Mar-1998)

Marander Limited (27-Mar-1998)

Current directorships for Graham Smith

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

Bramhope Properties Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

Company Number 2757588**Company Name in full** Helping Hands Care Limited

Capital Childcare Limited
Care First At Home Ltd
Care First Bedfordshire Ltd
Care First Care Homes Ltd
Care First Employment Services Ltd
Care First Group plc
Care First Health Care Ltd
Care First Partnerships Ltd
Cavendish Hyde Limited
Court Cavendish (Beckton) Ltd
Court Cavendish Capital Limited
Court Cavendish Group Limited
Court Cavendish Limited
Court Cavendish Properties Limited
First Care Ltd
Fulford Grange Medical Centre Limited
Gable House Retirement Homes Limited
Gable Retirement Homes Ltd
Gainsborough Homes Limited
Greenacre Group Limited
Greenacre Residential Retirement Homes Ltd
Greenacre UK Limited
Leeds TEC Limited
Medication Management Services Limited
Nomad (UK) Ltd
Pharmaceutical Care Services Limited
Pharmaceutical Care Systems Limited

Company Number 2757588

Company Name in full Helping Hands Care Limited

Pharmplan Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

Tyro Ltd

Past directorships for Graham Smith

Communicare Nursing Services (Huddersfield) Limited (Dissolved in 1994) (31-Dec-1994)

Goldsborough Assured Properties Plc (09-May-1996)

Piper Higginson Homecare Limited (Dissolved in 1994) (31-Dec-1994)

TC Group Limited (Dissolved in 1994) (31-Dec-1994)

Current directorships for Mr Neil Robert Taylor

Alphen Ltd

Architectural Project Design Limited

Bell Healthcare Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Company Number 2757588

Company Name in full Helping Hands Care Limited

Court Cavendish Capital Limited
Court Cavendish Group Limited
Court Cavendish Limited
Court Cavendish Properties Limited
Gable House Retirement Homes Limited
Gable Retirement Homes Ltd
Gainsborough Homes Limited
Greenacre Group Limited
Greenacre Residential Retirement Homes Ltd
Greenacre UK Limited
Medication Management Services Limited
Nomad (UK) Ltd
Pharmaceutical Care Services Limited
Pharmaceutical Care Systems Limited
Pharmplan Limited
Southampton Homebrews Ltd
Surgichem Ltd
Takare Developments Ltd
Takare Special Projects Limited
Tyro Ltd

Current directorships for Arthur David Walford

Alphen Ltd
Architectural Project Design Limited
Bell Healthcare Limited
Blackrock Clinic Limited (Republic of Ireland)
Blackrock Hospital Limited (Republic of Ireland)

Company Number 2757588**Company Name in full** Helping Hands Care Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Construction Services Limited

BUPA Finance No.1 Limited

BUPA Finance No.2 Limited

BUPA Holdings (Jersey) Limited

BUPA Mobile Screening Limited

BUPA Properties (1994) Limited

Capital Childcare Limited

Cardiff Medical Services Limited

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Limited

Court Cavendish Group Limited

Court Cavendish Limited

Court Cavendish Properties Limited

Dolphyn Court Properties Limited

First Care Ltd

Gable House Retirement Homes Limited

Gable Retirement Homes Ltd

Company Number 2757588

Company Name in full Helping Hands Care Limited

Gainsborough Homes Limited

Greenacre Group Limited

Greenacre Residential Retirement Homes Ltd

Greenacre UK Limited

Independent Healthcare Limited

Marander Limited

Medication Management Services Limited

Mercia Health Benefits Services Limited

Mercia Investment Advisers Limited

Nomad (UK) Ltd

Pharmaceutical Care Services Limited

Pharmaceutical Care Systems Limited

Pharmplan Limited

Selectchip Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

Tyro Ltd

Past directorships for Arthur David Walford

BUPA Construction Services Limited (24-Aug-1995)

Marander Limited (05-Dec-1996)

Please complete in typescript,
or in bold black capitals.

List of past and present members Schedule to form 363a and 363b

CHFP055

Company Number 2757588

Company Name in full Helping Hands Care Limited

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
Goldsborough Limited				
Bridge House, Outwood Lane, Horsforth, Leeds, LS18 4UP, England.				
Ordinary Shares	1			
The British United Provident Association Limited				
BUPA House, 15-19 Bloomsbury Way, London, WC1A 2BA, England.				
Ordinary Shares	1			