



Companies House

— for the record —

Company Name

REFLEX CARE LIMITED

BK of Scot / 415 / 0125574

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

Private Company Limited By Shares

Company Number

2711056

Information extracted from
Companies House records on
14th April 2000

Section 1: Company details



A12
COMPANIES HOUSE

0170
10/05/00

Ref: 2711056/03/10

Current details

Amended details

- > Registered Office Address
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

**1 Bennet Court
Bennet Road
Reading
BERKS.RG2 0QX**

Address

UK Postcode

- > Register of Members
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

**Address where the Register is held

At Registered Office**

Address

UK Postcode

- > Register of Debenture Holders
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Not Applicable

Address

UK Postcode

- > Principal Business Activities
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

| SIC Code | Description |
|-------------|----------------------------|
| 7499 | Non-trading company |

| SIC CODE | Description |
|----------|-------------|
| | |
| | |
| | |
| | |
| | |
| | |

- > *If no entries are shown, please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.*

| | Current details | Amended details |
|--|---|--|
| > Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i> | Name Timothy Philip RUSSELL Address 81 Walton Drive High Wycombe Buckinghamshire HP13 6TS | Name Address UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Timothy Philip RUSSELL ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _ |
| > Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i> | Name Nicholas John HARDING BA (CANTAB) FCA Address Brookside Backstreet St Cross Winchester Hampshire SO23 9SB Date of birth 29/03/1949 Nationality British Occupation Finance | Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Nicholas John HARDING BA (CANTAB) FCA ceased to be director (if applicable) _ _ / _ _ / _ _ _ _ |

Section 3: Share Capital

| | Current details | Amended details |
|---|---|--|
| > Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i> | Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 2 Aggregate Nominal Value of issued shares £2.00 | Class of share _____ Nominal value of each share _____ Number of shares issued _____ Aggregate Nominal Value of issued shares _____ |
| > Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | Total number of shares issued 2 Total Nominal value of shares issued £2.00 | Total number of shares issued _____ Total Nominal value of shares issued _____ |
| > At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 029 2038 0801. | | |

- | Current details | | Amended details | | Shares transferred | | |
|---|--------------------|-------------------------------------|-----------------------|---|--------|---|
| > Shareholder Name REFLEX LTD | | Name | | Shares transferred by REFLEX LTD | | |
| Address Bennet Court Bennet Road Reading RG2 0QX | | Address | | | | |
| | | UK Postcode _ _ _ _ _ | | | | |
| Shares held Class Ordinary | Number 1 | Shares held Class | Number | | | |
| | | | | Class | Number | Date of transfer _ _ / _ _ / _ _ _ _ |
| | | | | | | _ _ / _ _ / _ _ _ _ |
| > Shareholder Name J. WETHERHEAD | | Name | | Shares transferred by J. WETHERHEAD | | |
| Address Apartment 1012 Kingsmere Apartments 3227 Kings Street, Epot Kitchener Ontario Canada | | Address | | | | |
| Shares held Class Ordinary | Number 1 | Shares held Class | Number | | | |
| | | | | | | |
| | | UK Postcode _ _ _ _ _ | | Class | Number | Date of transfer _ _ / _ _ / _ _ _ _ |
| | | | | | | _ _ / _ _ / _ _ _ _ |

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

| Shareholders details | Class and number of shares or amount of stock held | Class and number of shares or amount of stock transferred (If appropriate) | Date of registration of transfer (If appropriate) |
|---|--|--|---|
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |



Companies House
— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and tick and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

[Signature]
(Director / Secretary)

Date 09 / 05 / 2000

*This date must not be earlier than the
return date at 2 below*

What to do now

Please detach and retain the covering letter, complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☐ This AR is made up to 30/4/2000

If you are making this return up to an earlier date,
please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than 30th April 2001 please give the new date here:

__ / __ / ____

4. Where to send this form

- ☐ Please return this form to:
Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque ☐ Postal Order ☐ Cheque / Postal Order
Number _____

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

T. Russell

Telephone number inc code

01189 887545

Address

DX number if applicable

DX exchange

Postcode
