



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2711056

Company Name in full

REFLEX CARE LIMITED



* F 2 8 8 A 0 1 8 *

Date of appointment Day Month Year
18 01 00

Date of Birth Day Month Year
29 03 1949

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MR.

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

NICHOLAS JOHN

Surname

HARDING

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

BROOKSIDE, BACK STREET, ST. CROSS

Post town

WINCHESTER

Postcode

SO23 9SB

County / Region

HANTS

Country

†Nationality

BRITISH

†Business occupation

FINANCE

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / secretary of the above named company

N/A

Date

18/1/00

* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

18/1/00

** Please delete as appropriate

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact



A14
COMPANIES HOUSE

0326
29/01/00

COMPANIES HOUSE

19/01/00

Form revised March 1995

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

2711056

† Directors only.

† Other directorships

NICHOLAS HARDING LTD.

AMS BIOTECHNOLOGY (EUROPE) LTD.

COMPASS MARS LTD

HYPERTEL LTD

SUSTRANS LTD

GREAT MINSTER VENTURES LTD.

SUSTRANS TRADING LTD.

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.