

REGISTERED NUMBER: 02629896 (England and Wales)

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2017
FOR
MENTAL EXERCISE LIMITED

Jon Avol Waterfords
204 Field End Road
Eastcote
Pinner
Middlesex
HA5 1RD

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FOR THE YEAR ENDED 31 JULY 2017**

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MENTAL EXERCISE LIMITED (BY SHARES)

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2017**

DIRECTOR: R Ellyard

REGISTERED OFFICE: 204 Field End Road
Eastcote
Pinner
Middlesex
HA5 1RD

REGISTERED NUMBER: 02629896 (England and Wales)

ACCOUNTANTS: Jon Avol Waterfords
204 Field End Road
Eastcote
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Middlesex
HA5 1RD

MENTAL EXERCISE LIMITED (BY SHARES) (REGISTERED NUMBER: 02629896)

BALANCE SHEET

31 JULY 2017

	31.7.17	31.7.16
	£	£
FIXED ASSETS	174	232
CURRENT ASSETS	20,373	26,329
CREDITORS		
Amounts falling due within one year	(16,224)	(23,830)
NET CURRENT ASSETS	<u>4,149</u>	<u>2,499</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>4,323</u>	<u>2,731</u>
CAPITAL AND RESERVES	<u>4,323</u>	<u>2,731</u>

NOTE TO THE FINANCIAL STATEMENTS

1. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL .

2. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and (credits) to a director subsisted during the years ended 31 July 2017 and 31 July 2016:

	31.7.17	31.7.16
	£	£
R Ellyard		
Balance outstanding at start of year	23,669	12,834
Amounts advanced	-	13,872
Amounts repaid	-	(3,037)
Balance outstanding at end of year	<u>-</u>	<u>23,669</u>

The Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2017.

The members have not required the Company to obtain an audit of its financial statements for the year ended 31 July 2017 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the Company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the Company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 12 January 2018 and were signed by:

R Ellyard - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.