Healthworks Holdings Limited

Unaudited Abbreviated Accounts

for the Year Ended 31 October 2012

Finch Lynton Chartered Accountants 2/4 Ash Lane, Rustington Littlehampton West Sussex BN16 3BZ





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Healthworks Holdings Limited (Registration number: 02580437)

Abbreviated Balance Sheet at 31 October 2012

	Note	2012 £	2011 £
Fixed assets			
Intangible fixed assets		1	ì
Tangible fixed assets		1	1
G		2	2
Current assets			·
Debtors		256	362
Cash at bank and in hand		398,029	471,142
		398,285	471,504
Creditors Amounts falling due within one year		(3,400)	(1,046)
Net current assets		394,885	470,458
Net assets		394,887	470,460
Capital and reserves			
Called up share capital	3	78	78
Other reserves		24	24
Profit and loss account		394,785	470,358
Shareholders' funds		394,887	470,460

For the year ending 31 October 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

Approved by the director on 18 March 2013

Mr R V Turton

Director

The notes on pages 2 to 3 form an integral part of these financial statements Page 1

Healthworks Holdings Limited Notes to the Abbreviated Accounts for the Year Ended 31 October 2012

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents amounts chargeable, net of value added tax, in respect of the sale of goods and services to customers

Amortisation

Amortisation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their expected useful economic life as follows

Asset class

Amortisation method and rate

Trade Marks

20% on cost

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows

Asset class

Depreciation method and rate

Plant and machinery

20% on cost

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the profit and loss account.

Healthworks Holdings Limited

Notes to the Abbreviated Accounts for the Year Ended 31 October 2012

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2 Fixed assets

	Intangible assets £	Tangible assets £	Total £
Cost			
At 1 November 2011	1,746	6,695	8,441
At 31 October 2012	1,746	6,695	8,441
Depreciation			
At 1 November 2011	1,745	6,694	8,439
At 31 October 2012	1,745	6,694	8,439
Net book value			
At 31 October 2012	1	1	2
At 31 October 2011	1	1	2

3 Share capital

Allotted, called up and fully paid shares

	2012		2011	
	No	£	No.	£
Ordinary shares of £1 each	76	76	76	76
'A' Ordinary shares of £1 each	1	1	1	1
'B' Ordinary shares of £1 each	1	1	1	1
	78	78	78	78