



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **NUTRITION AND DIETETIC SERVICES LIMITED**

Company Number: **02561331**

Date of this return: **22/11/2012**

SIC codes: **74990**

Company Type: **Private company limited by shares**

Situation of Registered Office: **DENEHURST
202 NEWTON ROAD
RUSHDEN
NORTHANTS,
NN10 0SY**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS MABEL**

Surname: **BLADES**

Former names:

Service Address: **DENEHURST 202 NEWTON ROAD
RUSHDEN
NORTHAMPTONSHIRE
NN10 0SY**

Company Director ***1***

Type: **Person**
Full forename(s): **MRS MABEL**

Surname: **BLADES**

Former names:

Service Address: **DENEHURST 202 NEWTON ROAD
RUSHDEN
NORTHAMPTONSHIRE
NN10 0SY**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **10/05/1949** *Nationality:* **ENGLISH**
Occupation: **CONSULTANT**

Company Director 2

Type: **Person**

Full forename(s): **PETER CHARLES**

Surname: **BLADES**

Former names:

Service Address: **202 NEWTON ROAD
RUSHDEN
NORTHAMPTONSHIRE
NN10 0SY**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **05/10/1950** *Nationality:* **ENGLISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	2
		<i>Amount unpaid per share</i>	0

Prescribed particulars

NO PRESCRIBED PARTICULARS, SHARES ARE ORDINARY WITH FULL VOTING RIGHTS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 22/11/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **MABEL BLADES**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **PETER CHARLES BLADES**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.