The Childrens' Foundation Limited

Charity No. 1000013

Company No. 02528291

Trustees' Report and Unaudited Accounts

31 March 2021

14/2/21

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The Childrens' Foundation Limited Trustees Annual Report

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 02528291

Charity No. 1000013

Registered Office

Sir James Spence Institute

RVI

Queen Victoria Road

Newcastle

NE1 4LP

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

S. Bhopal

A. Dale

B.N. Speker

J. Treherne

S. Vernon

D. Winship

D. Wood

Accountants

Accounting for Good CIC 10a Front Street

Winlaton

Tyne and Wear

NE21 6DD

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

imenois

D. Winship

Trustee

9 December 2021

The Childrens' Foundation Limited Independent Examiners Report

Independent Examiner's Report to the trustees of The Childrens' Foundation Limited

I report to the charity trustees on my examination of the accounts of The Childrens' Foundation Limited for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act; or
- . the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kay Wightman

FFA, FFTA

Accounting for Good CIC

10a Front Street

Winlaton

Tyne and Wear NE21 6DD

9 December 2021

The Childrens' Foundation Limited Statement of Financial Activities for the year ended 31 March 2021

		Unrestricted funds	Restricted funds	Total funds	Total funds
		2021	2021	2021	2020
	Notes	£	£	£	£
Income and endowments					
from:					
Donations and legacies	4	85,104	84,648	169,752	119,101
Other trading activities	5	11 5	-	115	20,629
Investments	6	500	-	500	1,006
Other	7	7,323		7,323	1,476
Total		93,042	84,648	177,690	142,212
Expenditure on:					
Raising funds	8	1,373	-	1,373	62,170
Charitable activities	9	86,157	67,755	153,912	97, 1 91
Other	10	7,681	-	7,681	-
Total		95,211	67,755	162,966	159,361
Net gains on investments		-	-	-	-
Net income/(expenditure)	11	(2,169)	16,893	14,724	(17,149)
Transfers between funds		302	(302)	<u>-</u>	<u>.</u>
Net income/(expenditure) before other gains/(losses)		(1,867)	16,591	14,724	(17,149)
Other gains and losses					
Net movement in funds		(1,867)	16,591	14,724	(17,149)
Reconciliation of funds:					
Total funds brought forward		316,034	117,679	433,713	450,862
Total funds carried forward		314,167	134,270	448,437	433,713

The Childrens' Foundation Limited Summary Income and Expenditure Account for the year ended 31 March 2021

	2021	2020
	£	£
Income	177,190	141,206
Interest and investment income	500	1,006
Gross income for the year	177,690	142,212
Expenditure	157,475	153,838
Depreciation and charges for		
impairment of fixed assets	5,491	5,523
Total expenditure for the year	162,966	159,361
Net income/(expenditure) before tax		
for the year	14,724	(17,149)
Net income /(expenditure)for the year	14,724	(17,149)

The Childrens' Foundation Limited Balance Sheet

at 31 March 2021

Company No. 02528291	Notes	2021	2020
		£	£
Fixed assets			
Tangible assets	13	236,619	242,110
	_	236,619	242,110
Current assets			
Stocks	14	729	-
Debtors	15	3,593	6,433
Cash at bank and in hand		225,457	206,084
	_	229,779	212,517
Creditors: Amount falling due within one year	16 _	(17,961)	(20,914)
Net current assets		211,818	191,603
Total assets less current liabilities		448,437	433,713
Net assets excluding pension asset or liability	_	448,437	433,713
Total net assets		448,437	433,713
The funds of the charity			
Restricted funds	17		
Restricted income funds		134,270	117,679
		134,270	117,679
Unrestricted funds	17		
General funds		74,548	70,924
Designated funds		239,619	245,110
	_	314,167	316,034
Reserves	17		
Total funds	-	448,437	433,713

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 9 December 2021

And signed on its behalf by:

D. Winship

Trustee

9 December 2021

for the year ended 31 March 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting	
Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.
Income	
Recognition of	Income is included in the Statement of Financial Activities (SoFA) when the charity
income	becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and	Voluntary income received by way of grants, donations and gifts is included in the
legacies	the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services	These are only included in income (with an equivalent amount in expenditure)
and facilities	where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on	This includes any gain or loss resulting from revaluing investments to market value
revaluation of fixed assets	at the end of the year.
	This includes any gain or loss on the sale of investments
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

The Childrens' Foundation Limited

Notes to the Accounts

Expenditure

Recognition of Expenditure is recognised on an accruals basis. Expenditure includes any VAT

expenditure which cannot be fully recovered, and is reported as part of the expenditure to

which it relates.

Expenditure on These comprise the costs associated with attracting voluntary income, fundraising

raising funds trading costs and investment management costs.

Expenditure on These comprise the costs incurred by the Charity in the delivery of its activities and

charitable activities - services in the furtherance of its objects, including the making of grants and

governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for

grants that have been approved by the trustees at the end of the year but not yet

paid.

Governance costs These include those costs associated with meeting the constitutional and statutory

requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of

other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Leasehold Buildings

straightline over 50 years

Fixtures & Fittings

10% reducing balance

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

In line with the requirements of auto-enrolment the charitable company contributes to a pension scheme. Pension costs charged to the SOFA represent the contributions payable by the charity in the year.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted	Restricted	
	funds	funds	Total funds
	2020	2020	2020
	£	£	£
Income and endowments from:			
Donations and legacies	63,743	55,358	119,101
Other trading activities	20,629	-	20,629
Investments	1,006	-	1,006
Other	1,475	-	1,475
Total	86,853	55,358	142,211
Expenditure on:			
Raising funds	62,170	-	62,170
Charitable activities	47,332	49,859	97,191
Total	109,502	49,859	159,361
Net income	(22,649)	5,499	(17,150)
Net income before other gains/(losses)	(22,649)	5,499	(17,150)
Other gains and losses:			
Net movement in funds	(22,649)	5,499	(17,150)
Reconciliation of funds:			
Total funds brought forward	338,682	112,180	450,862
Total funds carried forward	316,033	117,679	433,712

4 Income from donations and legacies

	Unrestricted	Unrestricted Restricted		Total . 20 20	
	£	£	£	£	
Donations - Individual	25,021	-	25,021	27,616	
Donations - Corporate	18,277	-	18,277	16,425	
Grants	39,617	84,648	124,265	72,508	
Gifts in Kind	2,189	-	2,189	2,552	
	85,104	84,648	169,752	119,101	

Donated goods, facilities and services received

Total 2021 £

Grants received in year:

Lottery Community Fund	22,000
Ernest Cook Trust	18,000
Community Foundation (Guy Readman)	14,000
Rise NE	11,119
Children in Need	9,735
Awards for All	8,486
Community Foundation (core)	5,000
Community Foundation (Food & Fun)	5,000
Barbour	5,000
Community Foundation (Village Homes)	3,750
Community Foundation (Village Homes)	3,743
Streetgames UK	2,970
Streetgames UK	2,376
Rise NE	1,564
University of Cumbria	1,539
Catherine Cookson	1,000
Sir Jules Thorn	1,000
RFF Gibson	1,000
Leeds Building Society Foundation	1,000
Sir Joseph Strong Frazer Trust	1,000
AB David Charity	1,000
BNI Foundation UK	1,000
Community Foundation (High Sheriff)	750
Asda Foundation	600
Streetgames UK	594
Ernest Cook Trust	499
Neighbourly Trust	400
Ernest Cook Trust	140
	124,265

5 Income from other trading activities

J	medine nom other traumg activities		Unrestricted	Total	Total
			omestricted	2021	2020
			£	£	£
	Events		115	115	20,629
			115	115	20,629
_					
6	Income from investments		Unrestricted	T-4-1	Tatal
			Unrestricted	Total 2021	Total 2020
			£	2021 £	
	Johannak Barratanak		5 00		£
	Interest Received			500	1,006
			500	500	1,006
7	Other income				
			Unrestricted	Total	Total
				2021	2020
			£	£	£
	Other Income		7,323	7,323	1,476
			7,323	7,323	1,476
8	Expenditure on raising funds				
			Unrestricted	Total	Total
			_	2021	2020
	Cooks of management		£	£	£
	Costs of generating voluntary income				
	Event Expenditure		1,373	1,373	62,170
	Event expenditure		1,373	1,373	62,170
			1,373	1,373	02,170
9	Expenditure on charitable activities				
		Unrestricted	Restricted	Total	Total
			•	2021	2020
		£	£	£	£
	Expenditure on charitable activities				
	Charitable Activities	86,126	67,755	153,881	97,191
	Governance costs				
	Accountants Fee	31	-	31	-
		86,157	67,755	153,912	97,191

10 Other expenditure

		Unrestricted	Total 202 1	Total 2020
		£	£	£
	In Kind Gifts	2,190	2,190	-
	Amortisation, depreciation,			
	impairment, profit/loss on	5,491	5,491	-
	disposal of fixed assets			
		7,681	7,681	_
11	Net income/(expenditure) before			
	transfers			
		2021		2020
	This is stated after charging:	£		£
	Depreciation of owned fixed assets	5,491		-
	Independent Examiner's fee	-		2,340
12	Staff costs			

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2021	2020
	Number	Number
Head of Department	1	1
Administrative	5	5
	6	6

The company operates a defined contributions pension scheme. The pension cost charge represents contributions payable by the company to the fund and amounted to £3961 (2020 £3163). Contributions totalling £nil (2020 £nil) were payable to the fund at the balance sheet date and are included in creditors.

13 Tangible fixed assets

	Leasehold Buildings	Fixtures & Fittings	Total
	£	£	£
Cost or revaluation			
At 1 April 2020	260,000	92,479	352,479
At 31 March 2021	260,000	92,479	352,479
Depreciation and			
impairment			
At 1 April 2020	20,800	89,569	110,369
Depreciation charge for the	5,200	291	E 401
year	5,200	291	5,491
At 31 March 2021	26,000	89,860	115,860
Net book values			
At 31 March 2021	234,000	2,619	236,619
At 31 March 2020	239,200	2,910	242,110
14 Stocks			
	2021		2020
	£		£
Raw materials and consumables	729		-
	729		-
Carrying value analysed by activities	2021		2020
	£		£
Charitable Activities	729		-
	729		
15 Debtors			
	2021		2020
	£		£
Other debtors	602		5,800
Prepayments and accrued income	2,991		633
	3,593		6,433
16 Creditors:			
amounts falling due within one year			
	2021		2020
	£		£
Trade creditors	7,730		11,065
Other taxes and social security	1,906		1,563
Other creditors	-		8,286
Accruals and deferred income	8,325		-
	17,961		20,914

17 Movement in funds

	At 1 April 2020	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2021
		£	£	£	£
Restricted funds:					
Restricted income funds:					
Therapeutic Horticulture	47,822	1,539	(3,762)	(4,500)	41,099
Fuzzy Subjects	26,787	-	(4,668)	-	22,119
Green Mentor	-	18,639	(4,424)	-	14,215
Clown Doctors	18,844	9,735	(15,332)	-	13,247
Read & Recovery	-	15,500	(2,518)	-	12,982
Nurture Project	13,517	-	(2,420)	-	11,097
Couch to 2K	-	12,683	(3,050)	-	9,633
Clown Doctors Hospice	4,256	-	(2,006)	-	2,250
Great North Hospital	2,757	-	(2,322)	-	435
Holiday Activities	1,194	5,940	(5,673)	(1,357)	104
Footsteps	2,200	-	(2,200)	-	-
Food & Fun Packs	-	20,612	(19,290)	-	1,322
Community Allotment	-	-	(90)	5 <i>,</i> 857	5,767
Star Awards	302	-	-	(302)	-
Total	117,679	84,648	(67,755)	(302)	134,270
Unrestricted funds:					
General funds	70,924	93,042	(89,720)	302	74,548
Designated funds:					
Fixed Assets	242,110	-	(5,491)	-	236,619
Holiday Activites	3,000	-	-	(3,000)	-
Reading Recovery	-	-	-	3,000	3,000
Total	245,110		(5,491)	-	239,619
Revaluation Reserves:					
Total funds	433,713	177,690	(162,966)	-	448,437

Purposes and restrictions in relation to the funds:

Restr	icted	fur	nds.
Kesti	ictea	TUI	ius.

Therapeutic Horticulture Aiming to provide therapeutic opportunities for students with ASD

Fuzzy Subjects Aiming to improve the emotional and mental health of children and young people in the regime

Green Mentor Funding a horticulture project for children who may be experiencing barriers to learning in a conventional classroom

The Childrens' Foundation Limited

Notes to the Accounts

Clown Doctors

Providing therapeutic play to children in hospital to ease stress and aid recovery

Clown Doctors Hospice

Providing a pilot programme of Clown Doctor visits to children attending for hospice respite care

Read & Recovery

Offering a reading space, resources and teaching support to children to

help them increase literacy skills and confidence, particularly regarding

learning disruption caused by Covid 19

Nurture Project Providing therapeutic opportunities for students on the ASD spectrum.

Couch to 2K Aiming to improve young people's health, fitness and wellbeing through

exercise.

Star Awards Celebrating the achievements of children with disabilities and their

families, friends and carers

Food & Fun Packs Delivering food and fun activity packs to families and young people during

lockdown

Community Allotment Using horticulture to support the well-being and health of young people in

the region

Designated funds:

Fixed Assets As disclosed in note 13 of the accounts

Holiday Activites Designed to combat holiday hunger, social isolation and inactivity, initially

in response to the pandemic.

Reading Recovery

18 Analysis of net assets between funds

·	Unrestricted funds	Total
	£	£
Fixed assets	236,619	236,619
Net current assets	211,818	211,818
	448,437	448,437
19 Reconciliation of net debt		
		At 31

	At 1 April		At 31 March
	2020	Cash flows	2021
	£	£	£
Cash and cash equivalents	206,084	19,373	225,457
	206,084	19,373	225,457
Net debt	206,084	19,373	225,457

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

The Childrens' Foundation Limited Detailed Statement of Financial Activities

for the year ended 31 March 2021

	Unrestrict ed funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Donations and legacies				
Donations - Individual	25,021	-	25,021	27,616
Donations - Corporate	18,277	-	18,277	16,425
Grants	39,617	84,648	124,265	72,508
	2,189	-	2,189	2,552
	85,104	84,648	169,752	119,101
Other trading activities				
Events	115	-	115	20,629
	115	-	115	20,629
Investments				
Interest Received	500	-	500	1,006
	500	-	500	1,006
Other				
Other Income	7,323	_	7,323	1,476
	7,323	_	7,323	1,476
Total income and endowments	93,042	84,648	177,690	142,212
Expenditure on:				
Costs of generating donations and				
legacies				
Donations - Individual	1,373	-	1,373	62,170
	1,373		1,373	62,170
Total of expenditure on raising funds	1,373		1,373	62,170
Charitable activities				
Charitable Activities	86,126	67,755	153,881	97,191
	86,126	67,755	153,881	97,191
Governance costs				
Accountants Fee	31 .	-	31	-
	31	_	31	_
Total of expenditure on charitable activities	86,157	67,755	153,912	97,191
Other expenditure				
In Kind Gifts	2,190	-	2,190	-
	2,190	-	2,190	-
General administrative costs, including depreciation and amortisation				

The Childrens' Foundation Limited Detailed Statement of Financial Activities

Depreciation of land and	5,200	-	5,200	-
buildings	•		•	
Depreciation of Leasehold	-	_	_	-
Buildings				
Depreciation of Fixtures &	_	_	_	_
Fittings	_	-	-	_
Depreciation of	291	-	291	-
	5,491	-	5,491	-
Total of expenditure of other costs	7,681		7,681	_
Total expenditure	95,211	67,755	162,966	159,361
Net gains on investments		<u>.</u>	-	-
Net income/(expenditure)	(2,169)	16,893	14,724	(17,149)
Transfers between funds	302	(302)	-	-
Net income/(expenditure) before other gains/(losses)	(1,867)	16,591	14,724	(17,149)
Other Gains	<u> </u>	<u>-</u>		-
Net movement in funds	(1,867)	16,591	14,724	(17,149)
Reconciliation of funds:				
Total funds brought forward	316,034	117,679	433,713	450,862
Total funds carried forward	314,167	134,270	448,437	433,713

The Children's FOUNDATION

Making Serious Stuff Fun

The Children's Foundation Limited (A company limited by guarantee) Report and Financial Statements for the year ended 31 March 2021

Registered Company Number 02528291 Registered Charity Number 1000013



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Reference and Administrative Information

Charity Name: The Children's Foundation Limited

Registered Charity Number: 1000013

Registered Company Number: 02528291

Registered Office and Sir James Spence Institute

Operational address: Royal Victoria Infirmary
Queen Victoria Road

Newcastle upon Tyne

NE1 4LP

Patron

The Children's Foundation is honoured to have Sir Bradley Creswick MBE, as its Patron.

President

Professor Sir Al Aynsley-Green

Vice President

Ms Lucy Winskell OBE

Trustees and Directors

The Trustees who served during the period are noted below. The Trustees are also the directors of the charitable company for the purposes of company law.

Ms Dianne Winship – Chair Dr Sue Vernon – Vice Chair Dr Sunil Bhopal Dr Anne Dale Mr Barry Speker OBE DL Mr John Treherne Mr David Wood

CEO of The Children's Foundation

Sean Soulsby

Independent Examiner

Accounting for Good CIC 10a Front Street Winlaton Tyne & Wear NE21 6DD

Solicitors

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Bankers

National Westminster Bank PLC 149 High Street Gosforth Newcastle upon Tyne NE3 1HG Virgin Money 131-135 Northumberland Street Newcastle upon Tyne NE1 7AG

Introduction

The Children's Foundation is a charity covering the North East of England. We exist to improve the health and well-being of children and young people from birth to age 18.

History

The Children's Foundation is a small, independent charity, which was set up in August 1990 in Newcastle upon Tyne in response to a national report on child health that showed the health of children and young people in the North East was the worst in the country. Its first major appeal, the "Yellow Brick Road", raised £12 million in 4 years, a magnificent response by the people of the North East, to build The Sir James Spence Institute of Child Health at the RVI in Newcastle upon Tyne. The building was later gifted to the NHS, and the charity receives office provision within the building at a peppercorn rent on a 99 year lease. The charity remains fully independent and receives no statutory funding.

The Sir James Spence Institute has since become a major national and international centre for research into childhood diseases and disorders.

Over its 30 years The Children's Foundation has seen its ambition of having "one of the finest centres in the world for the care of sick children" take shape in the form of The Great North Children's Hospital in Newcastle.

Purpose

Our aim is to improve the health and well-being of children and young people from birth to age 18 in the North East by making serious stuff fun!

We want all North East children and young people to be happy and healthy. We want them to feel loved, respected, feel they have a voice and are heard. Evidence tells us that positive experiences early in life are closely associated with better performance at school, better social and emotional development, improved work outcomes, higher income and better lifelong health, including longer life expectancy. Early intervention is vital to prevent health inequalities.

Revision to the Articles of Association

An amendment to the Articles of Association was agreed with the Charities Commission in September 2020. Object 1 was revised as follows. Object 2 was removed completely.

(1) The promotion, preservation and improvement of good health and well-being among children and young people in the North East of England. Including both physical and mental health, by such means as the trustees shall from time to time determine.

Delivering Public Benefit

The Children's Foundation is an independent child healthcare charity that raises money from Trusts and Foundations, individuals and the private and public sectors to fund its activities.

All of The Children's Foundation's charitable activities are intended to contribute to the improvement of the health and well-being of children and young people and are undertaken in pursuance of its charitable objectives for the public benefit. To this end, it aims to reach as many children and families as possible through its projects.

In the period to 31st March 2021, The Children's Foundation reached the lives of over 1,898 children across the region.

Current Activities

We support children, young people and their families through a range of projects within hospitals, schools and the community, providing opportunities that enhance their health and well-being. For the purposes of this report these activities are grouped under the following headings:

Hospitals and Child Health Establishments:

- 1) Clown Doctors
- 2) Clown Doctors in Hospice
- 3) Storychair

Schools:

- 1) Therapeutic Horticulture Project
- 2) Fuzzy Subjects
- 3) Reading & Recovery

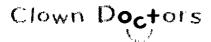
Community:

- 1) Nurture Project.
- 2) Holiday Activities
- 3) Couch to 2K
- 4) Food & Fun Packs Covid Reponse
- 5) Green Mentor

6) Community Allotment

Hospitals and Child Health Establishments

1) Clown Doctors



The Clown Doctors are provided by a local organisation called Tin Arts. The programme provides children and young people from across the North East with vital therapeutic play during a stay in hospital, in line with the charity's aim to make a child's stay in hospital as stress free and comfortable as possible. Their method of artistic play helps children to understand and come to terms with their situation at a traumatic time in their lives.

At the end of March 2020 we were forced to stop all Clown Doctor visits in line with Government guidelines as we entered the first national lock-down. We took stock of our situation and discussed what might be possible. This resulted in a switch to 'virtual delivery' of Clown Doctors as we took the programme online.

This switch in delivery enabled the Clown Doctors to stay connected with children and families bringing the usual smiles and laughter into their lives when they might otherwise be feeling even more isolated. We believe that meaningful human connection is vital for well-being, especially at times of adversity such as the pandemic.

A virtual Clown Doctor video was created each week, housed on our TCF YouTube channel hosted by TIN Arts. The link to each video was sent to the Play Therapists and Nurses on the Children's Wards so the content and video clips could then be shown directly to the children. Content came in the form of storytelling, magic tricks, songs and silly sketches.

2) Clown Doctors in Hospice

The charity has also been working with St Oswald's Hospice to fund a pilot programme of Clown Doctor visits, supporting children attending for respite care. This was due to commence in April 2020 however was delayed due to Covid-19. Service delivery began on the 18th February 2021 for 6 weeks. Clown Doctors use humour as an escape and a respite rather than distraction from a potentially unpleasant procedure. The emphasis is on connection and attention. They focus on supporting and empowering young people and their families during what is a challenging time, tailoring activities thoughtfully and sensitively to each individual to complement work already undertaken by the hospice.

3) Storychair

The 'Story Chair' is positioned in Newcastle Hospital Children's Out Patients Department and provides a child friendly space for families to share a story while waiting for appointments, thus easing anxiety and allowing some escapism.

Schools

1) Therapeutic Horticulture Project

The **Therapeutic Horticulture** project has proved a huge success. The project involves establishing gardening or allotment projects in schools so support and tuition can be given to disadvantaged and marginalised young people. All the young people have the opportunity to gain a Level 1 Award in Practical Horticulture in partnership with Northumberland College. Following a gap in provision due to Covid-19 the project has resumed in two schools; Southlands in North Tyneside and Hillcrest in Northumberland. Benfield School has been identified as the new school however due to unavoidable delays a delivery date is yet to be confirmed.

2) Fuzzy Subjects

Working with Life and Limb Puppets, Fuzzy Subjects uses puppets to engage children and young people aged 9-11 in primary schools on the subject of mental health and well-being. It raises awareness of mental health, de-stigmatises the issue and builds resilience, supporting young people to develop tools and early interventions to improve their well-being. Each school refers children/young people into the project which runs for 1 hour per week for six weeks in school. Key topics covered include; depression, anxiety, and self-harm. Using puppets allows children to explore the issue in a fun and relatable way. A key factor in this project is the empowerment of children to be active in improving their own, and others' well-being and mental health by encouraging active participation in the weekly sessions. They are designed to get them thinking and talking about their own mental health and life situation, exploring resilience factors in their lives and thinking about solutions or alternative actions they could adopt to keep them mentally well. During the pandemic we worked to change the delivery and offered virtual videos of the puppets to allow children to continue to access the support.

3) Reading & Recovery

Because of the Covid-19 lock-down and not having access to school for a significant time, children have missed a lot of time in education.

Our Reading & Recovery project began the intial preparations in the year to offer an outdoor reading shed with resources such as beanbags, a blackboard wall for notes and fun graffiti, shelving and also individual book boxes. Each child will have a full set of books to read during this time so they can share their thoughts, likes and dislikes and gain confidence in and enjoyment of reading.

The reading shed will support small groups of approximately 6 children. Groups will be facilitated by a Teaching Assistant and supported by a freelance artist who is one our Clown Doctors, highly trained and expert in engaging with children in many media and in making serious stuff fun.

The whole project is child led, starting with whatever level they are at, exploring and building on their own individual likes, hobbies and interests. Children will be encouraged to learn through literacy based play and activities. These will include; graffiti wall, messages in a bottle, poetry, jenga with words, creating own cartoon strips, storytelling through puppet making, role play, wood work, reviews and their own books.

Community

1) Nurture Project

Unfortunately, covid restrictions and related school closures prevented the delivery of Nurture Project sessions through most of the year. In order that we could still provide the students with support during this challenging time we worked with our delivery partners, Life and Limb Puppets, to create 'Life in Lockdown', a series of videos designed to help them cope with the difficulties caused by the pandemic, supporting young people to keep themselves and others safe.. When possible through the period, Nurture sessions took place at Academy 360 in Sunderland, and Tyneview Primary in Walker.

The Nurture Project works alongside educational staff to enhance and enable therapeutic opportunities for students. The project is working to provide a holistic model that enhances students' supported educational provision and embraces and empowers opportunities for social and emotional development. The sessions were structured to be fun and enjoyable, whilst also dealing with topics such as bullying, friendships and relationships, mental health and wellbeing and keeping healthy.

2) Holiday Activities

One of the most negative effects to come out of the pandemic was the destructive impact it had on children's play; the spaces they play in, the degree of freedom they experience and their ability to choose what they do and how they do it. This programme is designed to combat holiday hunger, social isolation and inactivity, and targets children who can be classed as vulnerable. A full programme of activities including Puppet making, Surfing, Rock pooling and Forest school days took children out of their environments and gave them the opportunity to try new experiences

3) Couch to 2K

Couch to 2k –project improving young people's fitness, health and well-being. Our Youth Workers support young people to run weekly in Leazes Park Newcastle, building up to a timed 2K at the end of 6 weeks. To encourage participation and remove barriers for young people to get involved, each young person receives an e-voucher to purchase sports clothes and trainers, and they also receive a basic fit-bit watch.

4) Food and Fun Packs (Covid Response)

We delivered food and fun packs to support young people and their families through lockdown. The food packs enabled families to cook and provide healthy, hot meals for the weekend for them and their children. Each activity pack was bespoke to the family and included things that encourage quality family time such as a board game, a storybook or craft activity that can be done with siblings, parents/carers or wider family members. The project developed to include a slow cooker and also Christmas food and a gift to help families through the challenges of 2020.

5) Green Mentor

We were invited to apply to Ernest Cook Trust's Green Influencer Scheme to create youth-led environmental social action projects. We were pleased to be selected as one of 40 charities to receive the funding and support. It is vital to make sure that children understand the importance of the climate issues we are facing, and the changes that they can make to reduce carbon emissions and overall effects on our planet, and in turn for us to help them bring their ideas to life. The children have shown great interest in gardening and have been elated to come back to the allotment and see their hard work bloom!

From building birdhouses, painting the shed, planting fruits, veggies, and flowers, the children were ready to get 'down and dirty' and cooperate with each other to achieve a shared goal.

Financial Performance and Future Plans

At the start of the year the charity was forced to revise its income plans for the year as all fundraising events became uncertain or were cancelled. As we entered our 30th year we found ourselves unable to go ahead with the celebrations and new charitable activites we'd planned. However, we very quickly took stock of the situation and revised our expectations for the year, determined to make sure we were supporting children and young people at a time when they really needed us.

Income from Trusts & Foundations through the year was £124,265 compared to £72,508 in the previous year. With the restrictions on events we switched a large part of our fundraising work to grant applications, often in direct relation to covid support.

Being determined to support our local community and working to adapt to the needs and changing environment which the pandemic presented, meant that we were able to maintain our financial position during the course of the year. This means that we can still strive ahead with our new plans for the 30th anniversary year, albeit with a slight delay.

To mark The Children's Foundation 30th anniversary the charity has launched the 'Make a Million' (MaM) Baby Box Project & Appeal. Our aim is to give every new baby in the North East a 'MaM' Baby

Box supporting and promoting healthy baby development, attachment and most importantly supporting newborn babies to have a best start in life.

Each baby box will include a mattress and bedding, providing babies with a safe sleeping space in the first few months, allowing them to stay close to parents, encouraging bonding and optimal attachment. They will also contain essential resources like a change mat, carry sling, bath towel, thermometer, play mat, first tooth brush, feeding spoon and room thermometer and blanket. Developmentally stimulating toys, games and books will be included, helping parents to promote the best start through a focus on laughing, talking, reading, singing and playing, all known to stimulate optimal brain development in children.

Positive experiences early in life are associated with better social and emotional development, education and lifelong health. Key are projects that give children the best start Caring for babies is a really important, but very difficult job, and it takes the whole community to make a difference. Throughout this pandemic babies and new parents have often been overlooked. We want to remind new parents and families that they are cared for, and to promote a great start for all children born here in the North East.

Income and Expenditure

Income: Over the reporting period 2020-21, The Children's Foundation raised a total of £177,690 compared to the previous period's total of £142,212.

Expenditure: Operational expenditure totaled £162,966 of which £153,912 was on charitable activities to support a range of projects fulfilling the overall aims of the charity.

Net Movement: Overall there was a surplus of £14,724 in the year.

Comment: Work continues to increase Trust and Foundation applications support both charitae projects and core funding. This is alongside work to build corporate relationships and community support. The trustees closely monitor the financial position and reserves, and are in close contact with the CEO and staff team.

Reserves Policy

Board policy remains that unrestricted funds not committed or invested in tangible fixed assets ('the free reserves') held by the charity should be a minimum of six months of the central unrestricted resources expended. As at March 2021 the unrestricted reserves stand at £314,167, of which £239,619 is designated.

Restricted funds amount to £134,270 as detailed in note 17 to the accounts. These are held specifically for the current charitable projects (listed on page 6).

Governance

The Children's Foundation is a charitable company limited by guarantee. As stated earlier in this report the memorandum and articles of association by which the charity is governed were revised in January 2015. The Children's Foundation's Board of Management is ultimately responsible for the actions of the charity and to ensure proper management and operational performance. The Children's Foundation is also regulated by the Charity Commission's charity law and practice.

Directors

The list of Directors is given in the Administrative Information on page 1.

Board of Management

A Board of Management, which currently meets every two months and was made up of 7 Trustees as at March 2021, manages The Children's Foundation. The Board is representative of a wide range of regional and professional interests including members from local business and health care organisations in the region. The maximum and minimum number of the Committee members is determined by the Company in general meetings. There is no maximum number; the minimum number of Committee members is five with a quorum of 3. The Board is responsible for the development, implementation and management of the organisation's strategy. Where necessary and appropriate, the Board can also appoint Executive Committees, Working Groups and Sub-committees to manage particular projects and specific activities.

Appointments to the Board are made by the Board Members. Members serve for a four year term and will normally serve for a maximum of two full terms, although exceptions are made for Trustees who contribute particular skills or knowledge. Trustees are elected at the company's Annual General Meeting and are subject to periodic re-election at the AGM.

Operational Management

The day to day operations of The Children's Foundation are managed by a core team located in its offices at the RVI, Newcastle upon Tyne. Regular reports are submitted at Board Meetings and there is close liaison between the Board of Trustees, Chief Executive and staff team.

Policies

The charity has established a number of core policies relating to the services it provides. The Children's Foundation embraces diversity and attaches great importance to equality of opportunity in the way in which it relates to all of its applicants for funding and support, its employees, project

workers, board members, volunteers and all other customers. Members will also be expected to uphold the charity's equality and diversity policy and not to discriminate in any way on the grounds of gender, race, disability, religion or age.

DBS Verification

The Children's Foundation ensures that it applies for and adopts enhanced Disclosure and Barring Service requirements whenever appropriate, with all staff required to obtain a basic DBS check as a minimum. Whilst it is normally not necessary for its board members to have DBS clearance the general guidance is that best practice would require a basic check to be undertaken. All staff also complete a confidentiality statement upon appointment and child safeguarding training appropriate to their role.

Political Neutrality

The charity conducts its affairs in a non-political way and does not align itself to any political party of policy.

Induction Training and Development

All Board, staff and volunteers undertake an induction programme and are given a handbook on working with The Children's Foundation, which includes the charity's policies, procedures and current business aims. These policies are regularly reviewed by the Board of Trustees.

The charity encourages board members and staff to take advantage of conferences, seminars and training on matters related to the charity's business and relevant legislation.

Risk Management

The charity continues to maintain a strict policy with respect to monitoring of reserves. Internal risks are minimised by thorough procedures for the authorisation of all transactions and project funding, with regular assessments by the Board to ensure consistent quality of delivery for all operational aspects of the charity.

Insurance

The charity has the following insurance that covers Board Members and decisions of the Board:

- Public Liability insurance
- Employers' Liability insurance
- Trustee indemnity insurance

Group Structure

The Children's Foundation Limited has one subsidiary, "The Children's Foundation Trading Limited" over which it has deemed control by virtue of having two common directors. This subsidiary is currently dormant.

Investment policy

The charity is able to make any investment it sees fit under its Memorandum and Articles of Association.

Grant Making policy

The Charity is able to award grants through its Regional Small Grants programme, however this is currently not operating.

Valuation of Benefits in Kind

Where gifts in kind have a face value such as a voucher, this is used as the valuation basis. For other donated items, an assessment of the value is made on the basis of the likely purchase price. In line with FRS 102 Regulations time provided by general volunteers is not given a value in the accounts however the generosity is greatly appreciated by the charity.

Trustees' Responsibilities Statement

The Trustees, who are also directors of the Company, are responsible for preparing the Report of the Trustees and the Financial Statements in accordance with applicable law and regulations.

Company and charity law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware;
 and
- theTrustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Acknowledgments of Support

Trusts, Foundations and Funders

The Children's Foundation would like to make special mention of the following Trusts and Foundations who have given significant support throughout the year:

Asda Foundation
The Barbour Foundation
BNI Foundation
The Catherine Cookson Charitable Trust
BBC Children in Need
Community Foundation re The Guy Readman Endowment Fund
Community Foundation High Sheriff Awards
Community Foundation re Northumberland Village Homes
Community Foundation

AB David Charity
The Ernest Cook Trust
Leeds Building Society Foundation
National Lottery Awards for All
The National Lottery Community Fund
Neighbourly Fund
Rise NE
Sir Jules Thorn Charitable Trust
Streetgames
The Joseph Strong Frazer Trust
The RFF Gibson Trust
University of Cumbria

Fundraising

The charity continues to raise funds to support its projects via individual giving, events, corporate support and trust and foundation grants.

Related parties

None of the trustees receive remuneration or other benefit from the work with the Foundation. Upon joining the Board trustees are asked to disclose any declarations of interest, this declaration of interest opportunity is also replicated and recorded within the minutes of each individual board meeting.

Auditors

The Children's Foundation would like to take this opportunity to thank the independent examiners, Accounting for Good for their help in preparing and auditing the accounts.

Trusteeship

The Children's Foundation would like to thank all board members, who give up their time on a voluntary basis for the benefit of the charity, for their support, guidance and commitment throughout the year.

Staff

The Children's Foundation would like to thank all members of staff for their support and hard work. In addition it has had great support from Armelle Wollo Eyoum and Fatema Yusuf who joined the team as student placements from Sunderland University and Northumbria University respectively.

Volunteers

The Children's Foundation is supported by many volunteers who play an important part at events, collections, in the office and in helping to deliver the charity's message to the community, however volunteer opportunities were reduced severely during the period, owing to Covid 19 restrictions. The charity was very grateful for the volunteer support which was possible, with eBay and Depop donation sales which came from the relationship with local Universities.

Christmas wrapping was deemed unsafe by The Children's Foundation, and Eldon Square. Moreover Corporate Volunteering initiatives evaporated with the ongoing virus infection level and the working from home model embraced by those on whom the Christmas activities depend. Schools were unable to function effectively, and carol singing halted.

Events

The Children's Foundation would normally be involved in a number of successful fund-raising events during the year. All of these which were external events, such as The Great North run, were cancelled.

However, during the year the charity continued its excellent relationship with Sunderland University with another set of students taking place in the Take £25 fundraising challenge. The event involves teams of students battling to see who can raise the most with a £25 opening fund. The event went ahead virtually, with most fundraising taking place across digital media. The winning team this year raised a staggering £936. The charity was very grateful to receive sponsorship for the event from Enterprise Rentals, and Sunderland Enterprise with Santander whose support increased the overall total raised.

The charity would like to express a huge thanks to Sunderland University for allowing us to continue to incorporate the challenge into the students' degree modules and for a great deal of hard work on their behalf to ensure the Challenge went ahead and was a success.

The festive fundraising period really did not happen. There were protracted discussions leading to a universally accepted conclusion that none of the activities could be carried out safely.

Community

The Children's Foundation would like to thank everyone in the community who has worked in lots of ways to raise money for the Children's Foundation over the past year.

We are grateful to Bradley Creswick MBE, our Patron, for bringing together a group of musicians, including John Treherne a trustee, and streaming a live concert facilitated by The Globe in Newcastle

A special thank you goes to a number of individuals who have helped the Foundation raise funds by organising community events and completing personal challenges. In particular, great thanks go to Dr. Gitika Banerjee for her virtual coffee morning, Jack Corrigill and Richard MacFarlane who ran the Virtual Great North Run, and raised funds, the latter via Egger, and Eva and Luca, children who ran on every day in February, regardless of the weather, until they reached their, 'Marathon in a Month'. Again, due to covid restrictions, several regular activities such as cycle challenges, and the Yellow Brick Road Pony Show could not take place during the period.

Corporate Fundraising

The Children's Foundation is very grateful to the North East business community, who are extremely supportive of the charity's projects and events.

The charity would like to thank Handelsbanken who chose to support The Children's Foundation as their Charity of the Year, and have made the decision to extend this to the following year in light of the pandemic. Thanks also go to NC Insurance who have similarly chosen to continue their support.

The charity would once again like to thank the management and staff of Eldon Square for their continued support and willingness to explore every avenue of potential to support during the pandemic.

A special mention must go to the Bulman Chapter of BNI (Business Network International). The Children's Foundation are chapter members and also the nominated charity of the chapter. Over the course of the year, the chapter have arranged a virtual cross chapter quiz, and a member donated a diamond, which was 'raffled' to raise funds.

In addition we recognise the fantastic contributions made by Waitrose and John Lewis to our Food and Fun project throughout the pandemic.

Companies who have supported The Children's Foundation through staff fundraising, by supporting events or with other donations this year are:

Asda
Enterprise Sunderland University and Santander
Enterprise Rentals
The Globe Newcastle
Waitrose
Egger

DAC Beachcroft
Adelaide Fish Bar
RTTS Holdings Ltd
Rathbones Investment Management
Lowes Financial
Stillers
Mountain Warehouse
John Lewis

The Children's Foundation has been grateful to receive support in-kind from many different companies and individuals including:-

Accounting for Good CIC Stack up Digital Asda Benton Asda Leechmore Tesco Kingston Park Beamish Kin Yoga The Stand Comedy Club Slater's Menwear

Ongoing thanks goes to Glen Wheeler of Stack up Digital who continues to support the updates and maintenance of The Children's Foundation's website and we are grateful to Kay Wightman at Accounting for Good for her support with the charity's Independent Examination.

The Children's Foundation is very much an independent charity that recognises that it could not exist without the enormous support it receives from a wide range of people and organisations. The Board of Trustees is very grateful to everyone who has supported the charity in the past year, be they a committed corporate supporter, a volunteer, or an individual who has given a donation.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Approved by the Board and signed on its behalf

Dianne Winship:

Chair

Date.....

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