

The Lifetrain Trust
Annual Report of the Trustees
and Financial Statements
For the year ended 31st March 2017

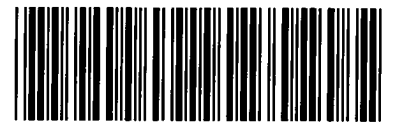
Realising the Potential
in all Young People



Realising the Potential
In All Young People

The Lifetrain Trust
A Company Limited by Guarantee
Charity No: 803697
Company No: 2513757

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THE LIFETRAN TRUST

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THE LIFETRAN TRUST

Company Information

Patrons: Michael More-Molyneux, The Lord Lieutenant of Surrey
Mr David Hypher OBE DL

President: Mrs Handa Bray MBE DL

Vice Presidents: Lady Skinner
Lady Griffiths
Mr Gordon Lee-Steere DL
Mr Ron Hancock FBIBA ACII

Directors & Trustees:	P D McIlwraith	Chairman
	A G Sales	Treasurer
	Mrs H Bray MBE DL	
	D M Davis DL	
	D Fuller	
	I O H MacLeod	
	Mrs S McCauley	
	Mrs L Childs	

All Directors are members of the Executive Committee

Observers: E Le Riche

**Chief Executive &
Company Secretary:** P A Wilkinson

Company No: 2513757 **Charity No:** 803697

Registered Office: Rentwood
School Lane
Fetcham, KT22 9JX

Independent Examiner: Ellis Atkins Chartered Accountants
1 Paper Mews
330 High Street
Dorking, RH4 2TU

Bankers: Barclays Bank plc
19 North Street
Guildford, GU1 4AG

Solicitors: Irwin Mitchell
Belmont House
Station Way
Crawley, RH10 1JA

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Chairman's Message

Following a period of extraordinary challenges we are very pleased to report a surplus of £10,755 for this year.

Do please take a moment to look at the Review of Activities and Performance from Page 7 in this report. The breadth and depth of these services, which Lifetrain's highly trained and dedicated staff provide to young people has continued to improve in terms of quality and quantity.

However, the support for our services has recently been severely reduced due to reductions in funding by local government, who have been forced to focus on their statutory obligations. The services that do remain are likely to be commissioned through a smaller number of larger contracts, coupled with an expectation that providers will reduce their unit costs.

Surrey County Council has withdrawn grants for Local Prevention a year early. This will result in the cessation of our very successful Bus-shelter project in August 2017. It is in this climate that, at a Board meeting on the 6th February 2017, the Trustees agreed to exploratory discussions with the Eikon charity about the possibility of closer co-operation or indeed merger. (See note

We feel sure that we will be in a much stronger position in future, working with Eikon to continue to maintain and develop all the vitally important services, which Lifetrain offers to young people. We will also be in a much stronger position when it comes to submitting bids for funding to grant making trusts and all other potential donors

I would like to pay tribute to all our staff, who are identified on the last page of this report. They all work tirelessly and creatively to improve the lives of our young people. Our CEO, Paul Wilkinson continues to provide us with outstanding leadership at a time when market forces are changing rapidly.

We are immensely grateful for the support that we have enjoyed from the many Trusts, Foundations and individual funders, our volunteers and my fellow Trustees.

We look forward to the future of Lifetrain with confidence – and with great pride in all that we have achieved thus far.

Peter McIlwraith
Chairman

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Directors' and Trustees' Report

The Directors' and Trustees' present their report together with the financial statements of the Company for the year ending 31st March 2017. The Board have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities", the Charities SORP 2015 (effective January 2015) in preparing the annual report and financial statements of the charity.

Structure, Governance and Management

Governing Document - The Lifetrain Trust is an independent charity established in 1950. It registered with the Charity Commission in July 1990 having been incorporated as a Company, limited by guarantee, as defined by the Companies Act 2006, in June of that year. The charity is controlled by its governing document, the memorandum and articles of association incorporated 20th July 1990 and amended 17th December 2003.

Mission Statement

Our Mission is to empower young people and disabled people to make positive changes for themselves and the community through learning, equality of opportunity and inclusion, and to offer opportunities for those who wish to support them.

The organisation is dedicated to helping young people and disabled people achieve their potential through informal education. We give individuals unique opportunities through training, education and life experiences, encouraging and developing vital skills such as social skills, teamwork and leadership.

Mission

Together with young people

- We remove barriers
- We face challenges
- We realise potential

Vision

- A society where all young people are free to be themselves, realising their true potential.

Values

- We listen, we hear, we deliver.
- We are innovative, creative and ambitious in our work.
- We are inspired by and celebrate diversity.
- We work with passion and conviction.
- We strive for excellence enabling us to improve the lives of young people.

Objects

The primary objects of the charity are:-

- a) To help young people especially but not exclusively through their leisure-time activities to develop their physical, mental and spiritual capacities that they may grow to full maturity as individuals and fully contributing members of society.

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- b) To relieve the needs of disabled persons by bringing such persons into closer association with non-disabled people and the provision of facilities for recreation or other leisure-time occupation. To advance education by bringing disabled people into closer association and integration with non-disabled people.

In the interests of social welfare to provide, or assist in the provision of, facilities for recreation or other leisure-time occupation with the objects of improving the conditions of life for the persons for whom such facilities are primarily intended being persons who have need of such facilities by reason of their youth, age, infirmity or disablement, poverty or social and economic circumstances provided nevertheless that such facilities shall be available to members of the public at large.

Aims and Objectives

The Lifetrain Trust is dedicated to enabling all children and young people to realise their full potential. The people we support are given unique opportunities that encourage and develop social skills, teamwork and leadership. Our work encourages all to make positive changes for themselves, helping them to develop the skills and confidence to become independent and empowering them to believe and recognise that they can reach their personal targets and that they have something to offer society.

Board of Trustees

The Lifetrain Trust is governed by a non-executive Board of between 5 and 20 people elected by The Lifetrain Trust's voting members, up to three may be co-opted by the elected Board. The Board is the primary decision making body of the Trust.

Directors retire by rotation, with one third of the Board retiring each year in the order of those who have served longest since last being voted onto the Board. All those retiring are eligible for re-election. New Trustees are provided with a comprehensive induction pack and are invited to attend a number of Board of Trustees meetings prior to agreeing to the appointment. Trustees are encouraged to attend the work of the charity to increase their knowledge of that work and support key operational activities.

During the year the Board of Trustees held five formal Board Meetings. The Board delegates responsibility for the day to day operation of the Charity through the Chairman to the Chief Executive and the Management Team.

In January 2014 an Investment Committee was formed which meets annually or when deemed necessary, and reports to the main Board for ratification of any decisions. The Committee consist of Andrew Sales (Treasurer), Denis Fuller and the Chief Executive.

Risk Management and Internal Control

The Trustees actively review the major financial risks which the charity faces on a regular basis, and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems, will provide sufficient resources in adverse conditions. The Trustees have also examined other operational and business risks faced by the charity, and confirm that they have established systems to mitigate the significant risks.

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The Board is aware of its Third Party responsibilities and maintains insurance at a level of £5,000,000 per annum and Employers Liability at £10,000,000 per annum.

The Board acknowledges the high regard that the charity's staff and training projects have within the voluntary and statutory sectors and it highly values the work that the staff have put in to achieve this status. It therefore takes steps to ensure that its staff are adequately rewarded and trained to ensure continuity and a high level of professionalism.

The Board recognises the physical risks associated with much of its work to staff and clients and has in place appropriate Health and Safety Policies. Risk assessments have been undertaken in all areas of its work to minimise risk. The Board reviews the Risk Register on an annual basis.

Funds

The Charity holds three types of funds:

- 1) Restricted funds are those for which the original donors specified, directly or indirectly, the purposes for which they wanted the money to be used.
- 2) Unrestricted funds are those funds for which the original donors did not give any particular instruction as to how they wished the funds to be spent.
- 3) Designated funds are funds that are allocated by the Trustees at their discretion from unrestricted funds for a specific purpose. Designated funds may be transferred back to unrestricted funds if Trustees so decide.

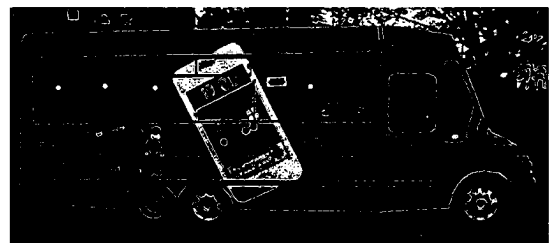
Public Benefit Statement

The charity acknowledges the requirement to demonstrate clearly that its charitable purposes or 'aims' are for the public benefit. Details of how the charity has achieved this are contained in the Trustees' report. The Trustees confirm that they have paid due regard to the Charity Commission's guidance on public benefit before deciding which activities the charity should undertake.

Review of Activities and Performance 2016/17

Local Neighbourhood Prevention Projects (LP)

'Bus-Shelters' are mobile youth centres that operate at locations where young people gather in the Boroughs of Spelthorne, Elmbridge, Runnymede and Guildford. The youth work teams focus on the needs of young people supporting those at risk of becoming NEET (Not in Education, Employment or Training).



The 'Bus-Shelters' are innovatively equipped to be able to provide programs similar to those in traditional youth centres. Resources are available to support young people's personal, social and emotional growth through a diverse range of programs such as 'Employability skills', 'C-Card', cooking on a budget and financial management. With WIFI and the latest technology on board, we are fully resourced to offer an immediate response to young people's initial needs.

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Young people participate in developing the programmes. In Elmbridge young people took part in the Elmbridge Youth Strategy consultations giving their views on local transport and activities and what services were available to support young people. Young people also planned and took part in a talent competition, producing flyers and advertising the event locally, developing their team working and organisational skills.

In Bushy Hill young people showed interest in sports and making food. They planned and established a tuck shop on the Bus which became self-sustaining. With the support of the youth work team one young man planned and encouraged others to take part in health and wellbeing sessions including exercise and healthy eating.

At Ash Skate Park a young man with autism took on a leadership role using his experience to help other young people make smoothies. This young person grew in confidence when given this opportunity and was especially proud to wear his Lifetrain volunteer ID badge. He also received help writing his CV and going for an interview as a chef, which he was successful in getting.

Young people from Bushy Hill helped organise a day trip to the 'Airhop' centre in Guildford with youth workers.

Engaging the community In July the team started to work in a remote location outside Guildford which had been

highlighted as being in need of a provision by the local community. The team began to make contact with young people and the Local Community Association who were keen to support the youth work in the area.

In Ash the team facilitated a discussion between young people and the local council giving their opinions on what a new skate park should include.

Supporting the community. A new session was started at Stoke Park skate park in response to concerns about ASB and drug use there, highlighted at partnership meetings.

The Bus Shelter attended FISH (Fun in the School Holidays) during the Easter and summer holiday breaks at Kings College in Park Barn, making new contacts with new young people and offering some engaging and challenging activities on these days.

The team worked with local retailers to tackle ASB locally and to offer positive activities for young people to divert their attention from the area.

In Spelthorne youth work sessions continued to be well attended in Grovely Park, Sunbury. The Bus-shelter team responded to calls for sessions to take place at Sunbury Cross.

Supporting young people. In Heathervale Recreation Ground and at Pooley Green in Egham young people were supported with family relationships, issues and managing social media safely. They also received support with homework and enjoyed arts and sports.



The Bus Shelter team worked with Jubilee High School in Addlestone supporting young people moving from Year 6 to Year 7. The young people were encouraged to work together and to identify their own skills and qualities through taking part in fun challenging games. The youth workers recorded

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improvements in the young peoples' confidence and self-esteem as well as seeing them increase their social connections.

In Elmbridge a young person was supported through a difficult time in his life when he was due to become a young parent and his partner did not want him involved. Youth Workers were able to help him deal with his emotions and also the practical side of finding out about his rights.

In Tongham young people had challenging issues around mental health, gender and sexuality and self-harm. The group were able to form more positive relationships with other members of the community and were rewarded with funds to take part in a visit to the 'Comicon' event in London.

Young people regularly receive support on issues ranging from problems with college and work, relationships, substance misuse and sexual health.

Partnership working. Lifetrain supported KT Two Football Project offering youth work support alongside football coaching sessions. Initially only 12 young people attended, by the end of March 2017 the project was attracting up to 28 young men each week. This partnership enabled young people in the St Johns area of Walton to have a positive outlet each week and also to develop their planning and team work skills.

Partnership meetings in Spelthorne identified an area of Shepperton where young people were causing disruption in the High Street and at The Manor Park. External funding enabled Lifetrain to respond by delivering additional sessions on Monday evenings. The team quickly established relationships with young people in the area. Young people took part in a consultation about the relationship police have with young people in the community and this was fed back to the Office of the Police and Crime Commissioner at an event in the autumn.

One of the young people from Runnymede attended the Lifetrain AGM in November and spoke in front of everyone there about the difference that being part of the Bus Shelter project had made to her life.

At Groveley Park in Sunbury youth workers encouraged young people to make individual targets to improve things in their lives and relationships. They used the 'Lifestar' personal development plan to do this with them.

In Runnymede the group engaging at Pooley Green were given support about bullying and their emotional wellbeing. The team used Lifestar to help them set goals for improving family and other personal relationships.

The 'SNIPPETS'© programme was introduced across all Bus-shelter sessions. The programme gives young people a chance to explore topics relating to health and wellbeing based on the NHS 'Wheel of Wellbeing' (planet, place, spirit, body, mind, people).



Young people have taken part in star gazing, fire building, cooking with unusual food from the wider planet, exercise sessions, workshops about mindfulness and learning to accept and give compliments. The SNIPPETS programme gave a framework to the mobile youth work project that enabled wider project work to develop.

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In2View@

9 young people evaluated their experiences on the course which ran at Wey Valley College (Short Stay School) in Guildford.

7 young people from Ash Manor School completed their course and 3 were successful in gaining a Level 1 Award in Employability. The group went to Runways outdoor education centre and made use of a community hall in Ash for the interviews. 4 volunteer interviewers from varying backgrounds interviewed them and gave them valuable feedback about this.

'J' Year 11

"Doing the course has made me more confident approaching employers and helped me complete everything I needed to apply for a job. I got a job using the CV I wrote during the course".

Workforce Development in the Youth Work Team

Lifetrain Project Staff have taken part in the following training; Introduction to safeguarding; C Card training; MHFA (Mental Health First Aid); Equality and Diversity; Level 3 in Youth Work Practice .

Lifetrain staff, volunteers and social work students attended team meetings every 6 to 8 weeks to enable sharing of information, ideas and plans.

A weekly bulletin was developed that enabled the whole team to share information and communicate effectively.

One to One Early Help

Lifetrain's Early Help Team deliver One to One interventions to a variety of young people from different backgrounds with varying needs. Referrals are allocated through Surrey County Council's (SCC) Multi Agency Safeguarding Hub and Family Support Service. Each case is assessed jointly with SCC Youth Support Service to determine the best route of support. The young person identified as requiring Lifetrain's program of support is allocated a 'One to One' worker. An action plan is prepared, completed in conjunction with the young person and their parent/carer. Regular contact is made in order to best support the individual and the action plan is reviewed every four weeks. The Lifetrain 'One to One' team is supported by Volunteer Mentors and Social Work Students as part of their University Course Placement Scheme.

Case Study

T.H was referred to Lifetrain concerning his negative attitude towards his schooling following a 'managed move'. As well as this, he often presented aggressive behaviours and used Class C drugs. Lifetrain have been working with TH for 15 months, he successfully completed his GCSE's and came out with A, 2 C's and 1 D.*

Lifetrain have helped him enrol in college and he was offered a place doing BTEC Level 3 Construction and Building Management. After a long and rewarding intervention Lifetrain will now implement an exit strategy and wishes TH all the best for his bright future.

"There is no greater loan, than a listening ear"

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OUTPUTS APRIL 16 - March 17

Lifetrain Early Help team:

- Has supported 44 'eleven to eighteen' year olds.
- Has successfully closed 25 referrals after interventions.
- Is currently working with 17 young people.
- Is engaging young people back into education.
- Is building on life skills, self-esteem, confidence issues, and family issues and engaging in education.

OUTCOMES April 16 – March 17

- 4 YP Engaged back into education.
- 2 YP Engaged with work experience
- 9 YP Engaged in education who previously were at risk of dropping out.
- 5 YP have noticeably better relationships with family members.
- 14 YP have said they feel more confident with the skills and support they have received.
- 1 Parent has written a letter of thanks for the difference that we have made.

Interventions - the early help team has been delivering the following interventions since April 2016

- Confidence / self-esteem building
- Anger management
- Work experience
- Return to/maintaining education
- Family mediation
- Group work
- Youth Achievement Awards
- Expression through arts & crafts; hobbies and interests
- Outcome Star
- Social /Life skills Inc. healthy eating, time management, emotions, communication skills,
- Catch 22 drug awareness
- Mediation
- Employability skills
- Drama and expressive arts
- Heads Up! has been delivered in 2 secondary schools in Spelthorne, plans are to deliver the course in more schools.

Future plans:

- We currently have 5 mentors working with young people.
- We have one student on 100-day placement with 4 more social work students due to start between September and November 2017.
- Refer young people in to the Keep Out programme facilitated by Coldingley prison.
- Implement the Wheel of Well-being into young people's interventions.
- To deliver Sliding Doors to a small group of vulnerable young people.

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Youth Achievement Awards (YAA)

The YAA is aimed at young people aged 11 plus and encourages them to take responsibility in selecting, planning and leading activities. They take an activity based approach to a peer support and review process. YAA support the development of a wide range of life skills by enabling young people to take a progressive level of responsibility in the planning, organising and leading activities for themselves and other young people. The YAA's are a Peer Assessed Accreditation and are completely peer lead. The awards showcase many of the strengths in young people such as commitment, belief, self-evaluation, confidence, team work, individuality and a sense of ownership. The awards work on a 'Plan Do Review' structure and can also run alongside programs the young people are already doing.

The Outputs:

Between April 2016 and April 2017, Lifetrain:

- Accredited over **70** portfolios.
 - Registered **1** new participating unit.
 - Engaged **150** young people into positive activities
 - Supporting **50** young people currently working on personal challenges.
 - Delivered YAA to **10** young people in a Spelthorne secondary school (Thomas Knyvett College)
 - Supported a further **20** children at ISL Woking who are completing their JAA as part of the after-school club activities.
-
- Guided a further **12** young people who will receive a section certificate for their help in revamping their local youth centre throughout the summer holidays.
 - Additionally supported **16** young people who received Youth Challenge Certificates for taking part in the Heads Up programme. (a Wellbeing and Mental Health Course) in 2 secondary school in Spelthorne (Matthew Arnold & Thomas Knyvett College)

The Impacts:

YAA works for many young people whether in mainstream education or not, it provides a structure that may otherwise not be there and helps young people to acknowledge each step of their personal achievements and encourages them to keep going! This approach works particularly well when integrated into the Early Help work.

Epsom PHAB and Surrey Peer Education Project have been particularly successful delivering awards from Junior Achievement Awards through Bronze, Silver and Gold right through to Platinum Awards.

The challenges undertaken and developed by young people range from organising a trip to London to becoming a lunchtime Playground assistant; from organising a charity cake sale to organising a talent show; and addressing issues around drug awareness, confidence building, social anxiety awareness and sex and relationships.

The Future:

In the future we will continue to develop tool kits and programmes to help Participating Units with evidencing the young peoples' work, challenging their ideas and encouraging more young people to become involved in YAA, whilst continuing to promote the YAA within Secondary schools in Surrey.

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One of the young people cooking as part of her Bronze YAA, they had to prepare and cook Spaghetti Bolognese for a family meal later that evening.

Three young men who bronze award organised Footgolf, these 3 young Footgolf before so this something new" target.



as part of their a day trip to people hadn't played was part of the "try



This is a picture of young people during the Heads Up Programme at TKC, as well as getting a certificate for attending the course, we ran the YAA alongside the programme so they left with an evidence folder of all their hard work and accreditation for all their positive achievements.

Work Force Training

Lifetrain continues as an accredited centre to deliver qualifications through ABC Awards. Through Sue Wilson as a consultant and using external resources Lifetrain has maintained its reputation by successfully delivering the Assessor, Internal Quality Assurance and External Quality Assurance qualifications to learners, locally, regionally and nationally.

Level 2 and Level 3 Qualification in Youth Work Practice are being successfully delivered to apprentices in Slough Borough Council and to youth workers across north London in partnership with Double Two.

Fundraising & Marketing

It has been a challenging year in Fundraising however numerous bids continue to be made to Charitable Trusts for our many different projects including: Extra sessions for the Bus, In2View and the

Youth Achievement Awards. We would like to thank the generosity of The Community Foundation for Surrey, The David Brooke Charitable Trust, Geoff Herrington Foundation and The Ingram Trust particularly for supporting our vision to giving Young People a better chance in life to achieve their potential.

Our annual Golf Day in June last year was a successful event enjoyed by the teams taking part. As always Gatton Manor provided an excellent lunch and a course in excellent condition.

However the surplus from this year's event was £1,740.00. The Board is very conscious that the return on investment and the opportunity costs do not make financial sense if the number of teams is not significantly increased. A vigorous marketing campaign was undertaken but by the closing date only 4 teams had registered.

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Therefore after 34 years of Lifetrain organising a Charity Golf Day at Gatton Manor it was with great disappointment that sadly we have had to cancel our 35th Golf Day due to take place in June 2017. The event has been very successful in raising awareness of our work and over the years the funds raised have contributed to the delivery of vital projects and support to vulnerable young people. However we must now focus our limited resources on pursuing more significant funding for our vital projects.

Lifetrain Christmas Cards were sold in Cards for Good Causes shops in Leatherhead and Dorking. Thank you to everyone who helped us to fill all the volunteering slots and committing time over a busy Christmas period.

Walton Poor Gardens owned by Mrs Prue Calvert kindly opened her stunning gardens for us again this year as part of the existing National Garden Scheme where our team of volunteers provided refreshments for the many visitors. Special thanks must go to Ruth Cole for all her hardwork.

Our 5 Golden Bond spaces for the London Marathon were filled by keen runners and ambassadors as were the participants in Ride London.

Supporters

Supporters during the year included:

Borahurst	Sir Peter Daniell Charitable Trust
Coleman Charitable Trust	Skylark Corporation
Community Foundation for Surrey	St Faiths Trust
Darren James Bye Hairdressing	The Alchemy Foundation
Deakin Charitable Trust	The David Brooke Charity
Geoff Herrington Foundation	The Discovery Foundation
Hurtwood House	The Gerald Bentall Charitable Trust
Lady Griffiths	The Ingram Trust
Loseley and Guildway Charitable Trust	Tongham Parish Council and Community Association
Major R L P Colman	Waitrose Community Matters
Shere Manor Estate	Walton Poor House
Sir Anthony Touche	

Trustees' Strategic Goals

The Board of Trustees review the Strategic Plan regularly throughout the year, to ensure that the priorities remain relevant around the ever changing circumstances within which the Charity operates and the limited resources that The Lifetrain Trust has available.

A strategy day was held on the 13th December with key members of staff to develop a response to any potential change of direction by Surrey County Council. (SCC)

Following the meetings with the Leader of SCC and the Director of Children Services there were clearly significant pressures on SCC budgets.

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Whilst nothing had been said that suggested the Local Prevention Grants may be under threat it was deemed expedient that Lifetrain should prepare its position to respond promptly to any such threat by aligning the Bus-shelter project to meet the objectives of the Early Help Programme. In response to this uncertain environment a 3 year strategy was developed and agreed.

The Future

NCVO observed that reports of the end of austerity have been much exaggerated: cuts are set to continue until at least 2019/20. Even if councils stopped filling in potholes, maintaining parks, closed all children's centres, libraries, museums, leisure centres and turned off every street light they will not have saved enough money to plug the financial black hole they face by 2020.

The knock-on effect for charities is likely to be significant. Many preventative and specialist services will be vulnerable, as councils are forced to focus on their statutory obligations. And the services that do remain are likely to be commissioned through a smaller number of larger contracts, coupled with an expectation on providers to reduce their unit costs. In the absence of further intervention, it is likely that public service contracts will become inaccessible to all but the largest organisations in some areas.

The charities most likely to buck the trend are those that have stronger relationships with local politicians and commissioners or are working in partnerships that can deliver services at scale.

Nonetheless, many charities are likely to lose grant and contract income in 2016 and beyond, which will potentially increase competition for resources elsewhere.

Much of this has proved prophetic. Surrey County Council has withdrawn grants for Local Prevention a year early, in Lifetrain's case this will result in the cessation of the very successful Bus-shelter project in August 2017. It is in this climate that at Board Meeting on the 6th February the Board agreed to exploratory discussions with Eikon about the possibility of closer working or indeed merger. See Post Balance Sheet Event note 23.

The proposed merger will combine and protect the strengths of both charities and create a stronger and more robust organisation that can improve service delivery for young people, strengthen our voice locally, regionally and even nationally and increase efficiency and sustainability.

The combined organisation will retain its offer to young people that prioritises early intervention, strong relationships between the youth specialist and the young person and the 'no wrong door' approach. This work will continue to be delivered through schools, youth clubs and on the streets.

Where appropriate and beneficial to the new organisation, the Lifetrain Brand will be retained for specific programmes and services.

The major benefits are seen as:

- Serving young people even better by combining the expertise of both organisations including schools work, youth voice and advocacy, mentoring, emotional well-being, youth centres, etc.
- The establishment of a larger charity with more weight and influence and geographical reach, the potential to accelerate the strategic aims of both organisations, and the reduction of unnecessary competition for a diminishing pool of, in particular, statutory funding.

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- Economies of scale and reduced duplication in terms of overheads, support costs, public relations, human resources management, insurance, governance structures, CEO's etc., with better use of key individuals.
- A bigger staff team with more resilience and wider opportunities for staff and their career development, able to deliver more services
- Fund-raising across a larger pool taking advantage of the combined experience and success.

Lifetrain and Eikon are responding to the challenges of a fast changing external environment for the charity sector. Young people today face unprecedented challenges. Demand from young people for support has never been greater and we believe that by joining together we will help to fill the increasing gaps in support for young people.

Young people will remain at the heart of the future organisation. Both organisations share the value of putting young people first and offering the right help at the right time and for as long as they need it. We will continue to focus on actively involving young people in the design, delivery and assessment of our services.

Monitoring Performance

The Trustees meet at least five times a year to review the performance of the Charity and develop and review its strategic direction. To achieve this, the Trustees rely on a number of tools including:

- Bi-monthly management accounts
- Bi-monthly reports from the Chief Executive and the Treasurer
- Bi-monthly review of Key Performance Indicators

Efficient Administration

The Charity seeks to keep its administrative costs to a minimum. The Chief Executive divides his time between managing the charity, supporting full-time and part-time staff, assisting the Board and company administration. The accountancy function continues to be outsourced. Office accommodation costs since the move to Fetcham have significantly reduced. Every opportunity is taken to streamline processes and maximise resources through negotiating where possible service contracts and supply routes.

Employee Involvement and Staffing Policies

The Lifetrain Trust is an equal opportunities employer, which welcomes applications from all sections of the community.

The Charity has a number of documented policies in relation to personnel matters including:

Equal Opportunities	Child & Vulnerable People Protection
Volunteers	Recruitment and Selection
Health and Safety	Lone Worker
Employment of Ex-offenders	Alcohol and Drugs
Email and Internet Usage	Grievance Procedures

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Working with young people and vulnerable adults, the charity meets the requirements of section 4 (2) of the Rehabilitation of Offenders Act 1974 in respect of exempt questions.

The Charity is not a Registered Body with the Criminal Records Bureau but is a registered counter signatory through Surrey Community Action and is therefore able to facilitate the obtaining of the Disclosures of its own staff, the workers and volunteers of our affiliated clubs and other organisations.

The Lifetrain Trust seeks the staff's involvement in the running and future of the Charity. The management team meets on a monthly basis and all the staff meet together six times each year.

Volunteers

We are grateful for all those marvellous volunteers that support us directly, either as committee members, working in our youth centres, undertaking administrative tasks in the office or who help in our fundraising efforts.

THE LIFETRAIN TRUST
Directors' and Trustees' Report and Financial Statements
for the year ending 31st March 2017

Financial Performance 2016-2017

Yet another challenging year, where, as already reported, The Lifetrain Trust struggled to financially support core activities, mainly due to the challenges of securing unrestricted funding and the staffing and structure legacy occasioned by the Surrey County Council taking back in house the management of Youth centres and Youth Work Training. This resulted in the need to restructure the organisation leading to the departure of two senior members of the team

Given the degree of uncertainty arising from the restructuring of the external environment in which The Lifetrain Trust operates, and the amount of work required to mount bids within Surrey, this was a disappointing year for us. However, the budget for 2016-2017 reflects a small excess of income over expenditure. Costs continue to be strictly controlled, and this is particularly difficult given that overheads need to be constantly under review.

We continue to need an increasing level of contribution from donors and other charitable activity, and this is proving to be an invaluable aspect of our overall operation. It is more challenging to seek donations, in the present environment, and we are fortunate in having Amy Lee as our Fundraiser who works tirelessly in this work. Such donations increased by £9,000 over the year, and considerably helped us defray costs and overheads,

Cash Flow:

Cash flow is constantly monitored, and where necessary, we have used our investments to fund short term deficits without the need to secure short term, and expensive, Bank overdraft facilities.

Reserves Policy

The long-term objective to create a reserve equivalent to three months' total expenditure has been met. The Board of Trustees continues to be mindful of their fiduciary responsibilities in regard to the liquid funds created by the disposal, and given the turbulence in financial markets continue to garner advice as to how best to protect the returns on the Trust's assets for the future.

As a responsible and prudent charity, The Lifetrain Trust finds it necessary to hold a level of reserves that help maintain stability and reliability. In recent years, we have experienced reductions in funding and support and some late payments by debtors that might otherwise have caused Lifetrain some financial concerns. Our strong reserves provide resilience in these uncertain times and credibility in our capacity to provide services to Young People for the long term.

Fixed Assets

These are set out in note 15 of the Financial Statements.



Andrew Sales ECCA
September 2017

THE LIFETRAIN TRUST
Directors' and Trustees' Report and Financial Statements
for the year ending 31st March 2017

Independent Examiner

Ellis Atkins was appointed the Charity's independent examiner

Statement of Trustees' Responsibilities

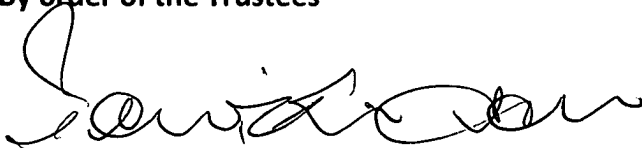
The Trustees are required by law to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity as at the end of the financial year. In preparing those financial statements, the Trustees are required to:-

Confirm that suitable accounting policies have been used and applied consistently, make judgements and estimates that are reasonable and prudent; and confirm that applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts and that the financial statements have been prepared on the going concern basis.

The Trustees are also responsible for:

Keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act, and the Companies Act, and Safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Trustees



P A Wilkinson,

Company Secretary,

Date:.....16 October 2017

THE LIFETRAN TRUST
**Directors' and Trustees' Report and Financial Statements
for the year ending 31st March 2017**

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

THE LIFETRAN TRUST

I report on the accounts year ended 31st March 2017 set out on pages twenty-two to thirty-two.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (effective January 2015) and that an independent examination is required.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- *examine the accounts under Section 145 of the 2011 Act*
- *to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and*
- *to state whether particular matters have come to my attention.*

Basis of the independent examiner's report

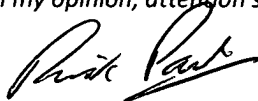
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) *which gives me reasonable cause to believe that, in any material respect, the requirements*
 - *to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and*
 - *to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or*
- (2) *to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.*

Rick Parish ACA
For and on behalf of Ellis Atkins
Chartered Accountants



Dated: 16th October 2017.

THE LIFETRAN TRUST

**Statement of Financial Activities
for the year ending 31st March 2017**

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2017	Total Funds 2016 As re-stated
Income from:		£	£	£	£
Donations and legacies	2	35,289	500	35,789	44,075
Charitable activities	3	-	250,457	250,457	234,626
Other trading activities	4	28,355	-	28,355	18,838
Investments	5	2,045	-	2,045	2,140
Other	6	7,657	-	7,657	5,010
Total		73,346	250,957	324,303	304,689
Expenditure on:					
Raising funds	7	26,109	-	26,109	21,914
Charitable activities	8	34,413	253,026	287,439	324,733
Total		60,522	253,026	313,548	346,647
Net income/(expenditure)		12,824	(2,069)	10,755	(41,958)
Transfers between funds		-	-	-	-
Net movement in funds		12,824	(2,069)	10,755	(41,958)
Total funds brought forward	12	67,812	9,760	77,572	119,530
Total funds carried forward		80,636	7,691	88,327	77,572

The above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for Companies Act purposes comprises the net increase in resources for the year of £10,755 (2016: deficit £41,958).

THE LIFETRAN TRUST

**Balance Sheet
as at 31st March 2017**

	Notes	2017 £	2016 £
Fixed Assets			
Tangible fixed assets	16	4,628	6,028
Investments	17	55,000	55,000
		<u>59,628</u>	<u>61,028</u>
Current Assets			
Debtors	18	35,722	23,441
Cash at bank and in hand		53,764	32,761
		<u>89,486</u>	<u>56,202</u>
Creditors: Amounts falling due within one year	19	<u>60,787</u>	<u>39,658</u>
Net Current Assets/(Liabilities)		28,699	77,572
Total Assets Less Current Liabilities		<u>88,327</u>	<u>77,572</u>
Funds:	22		
Restricted Funds		7,691	9,760
Designated Funds		50,000	50,000
Unrestricted Funds		30,636	17,812
		<u>88,327</u>	<u>77,572</u>

Statement of Cash Flows

	2017 £
Net cash generated from operating activities (see note 1)	18,958
<i>Returns on investments and servicing of finance:</i>	
Interest received	2,045
Increase/(decrease) in cash in period	21,003
Closing cash balance 2016	32,761
Closing cash balance 2017	<u>53,764</u>

Note 1

	£
Operating surplus/(deficit)	8,710
Depreciation charges	1,400
Decrease/(increase) in debtors	(12,281)
(Decrease)/increase in creditors	21,129
Net cash generated from operating activities	<u>18,958</u>

THE LIFETRAIN TRUST

Balance Sheet

as at 31st March 2017

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2017.

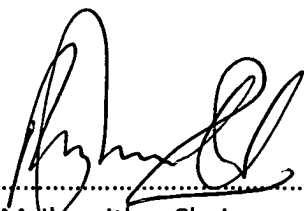
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st March 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

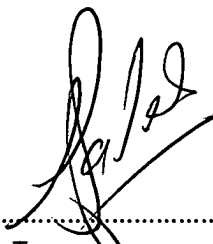
- a) ensuring that the charitable company keeps accounting records that comply with Section 386 and 387 of the Companies Act 2006, and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 16th October 2017 and were signed on its behalf by:



PD McIlwraith – Chairman
Director and Trustee



A Sales – Treasurer
Director and Trustee

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

1. Accounting Policies

a) Basis of Preparation

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Company Status

The charity is a company limited by guarantee. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. All the directors of the company are also members.

b) Fund Accounting

Restricted Funds are funds received which have been earmarked for a specific purpose by the donor or which have been raised by the charity for particular purposes. The charity makes a charge for the administration and costs of raising such funds against the specific restricted fund.

Designated Funds are unrestricted funds which have been set aside by the trustees for a specific purpose. The trustees can propose to un-designate such funds at their discretion.

Unrestricted Funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for any other purpose.

c) Income

All income is included in the Statement of Financial Activities once the Charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts which are included in the full Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the Charity, are noted as such when the Charity becomes unconditionally entitled to the grant.

Surplus funds are invested in a bank deposit account to earn interest. Interest received is included when receivable.

Incoming resources from the charitable activities consists of grants which are related to performance and are accounted for as the Charity earns the right to consideration by its performance.

THE LIFETRAIN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

d) Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Fundraising & Marketing Costs are those incurred in seeking voluntary contributions, grants, arranging events and the preparation of marketing the publicity material in support of the charity's activities.

Support Costs include central functions and have been allocated to charitable activity cost categories on a basis consistent with the use of resources.

Governance Costs are those costs incurred in connection with meeting the constitutional and statutory requirements of the Charity and include the Independent Examination fees and costs linked to the strategic management of the Charity.

e) Tangible Fixed Assets

Items with an initial value or cost of less than £1,000 each are written off as an expense in the year of purchase.

Depreciation is provided on all assets at the following annual rates calculated to write off the cost of each asset over its estimated useful life, or if held under a finance lease, over the lease term, whichever is the shorter.

Vehicles	25% reducing balance
----------	----------------------

f) Capital Grants

The Board of Trustees consider that gifts of tangible fixed assets or grants of a capital nature given for specific purposes and fully utilised in the furtherance of the objects of the charity should be credited to restricted income in the year receivable. When fixed assets are purchased with donor grants, the capital expenditure is charged to the donor fund and transferred to the capital grants fund. The value of the capital grants fund represents the net book value of donor funded fixed assets.

g) Taxation

The charity is exempt from corporation tax on its charitable activities.

h) Investments

Investments are stated at cost. Recognised realised and unrealised gains and losses on investments are dealt with in the Statement of Financial Activities.

i) Leasing Commitments

Assets obtained under finance leases are capitalised in the balance sheet and are depreciated over their estimated useful lives or the lease term, whichever is shorter. The interest element of these obligations is charged to the Statement of Financial Activities over the relevant period. The capital element of the future payments is treated as a liability.

j) Pension Costs

The Charity runs a company pension with NEST which commenced 1st March 2017. This is line with the current legislation, contributions in the first year are 1% Employer and 1% Employee.

k) Grants Payable

Grants are charged to the Statement of Financial Activities in the year in which they are awarded.

l) Deferred Grants

Grants receivable which relate to a specific time period are recognised evenly over the relevant years.

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

m) Transfers between Funds

Trustees have the authority to transfer monies out of the Unrestricted Funds into the Restricted Funds when required. With the fund holder's permission, the Trustees have the authority to make transfers from one Restricted Fund to another.

2. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total 2017 £	Total 2016 £
<u>Donations:</u>				
Fundraising events	12,950	-	12,950	12,805
Individual donations	2,017	-	2,017	3,494
<u>Company/Trusts/Foundations:</u>				
Donations under £1,000	3,331	500	3,831	4,400
<u>Donations over £1,000</u>				
Coleman Charitable Trust	1,500	-	1,500	-
Duke of Kent School	-	-	-	5,332
Felbury House	-	-	-	1,000
Foster Community Foundation	-	-	-	1,000
Major RLP Coleman Charitable Trust	13,491	-	13,491	13,044
Provincial Grand Lodge Surrey	-	-	-	1,000
Shere Manor	1,000	-	1,000	1,000
Surrey Mirror Heart of the Community	-	-	-	1,000
Yamani Cultural Trust	1,000	-	1,000	-
Total	35,289	500	35,789	44,075

All of the £44,075 received in 2016 were unrestricted funds

3. Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total 2017 £	Total 2016 £
Bassil Shipman	-	1,833	1,833	2,000
Community Foundation Surrey	-	6,000	6,000	7,155
David Brooke Charity	-	2,000	2,000	2,000
Eikon Charity (Heads Up)	-	4,055	4,055	-
Guildford Borough Council	-	1,000	1,000	-
High Sheriff Youth Awards	-	-	-	1,700
Ingram Trust	-	4,800	4,800	-
Police Crime Commissioner	-	4,740	4,740	-
SCC – Local Prevention Fund	-	-	-	54,637
SCC – Local Prevention Neighbourhood	-	128,004	128,004	91,998
The Eikon Charity – Local Prevention Neighbourhood	-	24,000	24,000	14,000
SCC – Local Prevention 1:1 (Early Help)	-	67,667	67,667	32,668
Santander	-	3,575	3,575	-
St Faiths	-	2,783	2,783	12,750
SCC – Workforce Development	-	-	-	10,718
The Betty Risely Trust – via Hart Brown	-	-	-	5,000
Total	-	250,457	250,457	234,626

All of the £234,626 received in 2016 were restricted funds

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

4. Other Trading Activities

	Unrestricted Funds	Restricted Funds	Total 2017	Total 2016
	£	£	£	£
Workforce Development	27,522	-	27,522	17,971
Detached Youth Work	-	-	-	333
Christmas Card Sales	605	-	605	224
DBS Checks	228	-	228	310
Total	28,355	-	28,355	18,838

All of the £18,838 received in 2016 were unrestricted funds.

5. Investment Income

	Unrestricted Funds	Restricted Funds	Total 2017	Total 2016
	£	£	£	£
Bank Interest	2,045	-	2,045	2,140
Total	2,045	-	2,045	2,140

All of the £2,140 received in 2016 were unrestricted funds

6. Other Income

	Unrestricted Funds	Restricted Funds	Total 2017	Total 2016
	£	£	£	£
Bus Lease	667	-	667	-
Social Work Students	6,990	-	6,990	3,960
Youth Achievement Awards Annual Subscriptions	-	-	-	1,050
Total	7,657	-	7,657	5,010

All of the £5,010 received in 2016 were unrestricted funds

7. Cost of Raising Funds

	Direct Costs	Support Costs	Total 2017	Total 2016
	£	£	£	£
Staff costs	21,131	-	21,131	16,294
Event costs	3,782	-	3,782	4,960
Travel expenses	88	-	88	108
Postage	11	-	11	28
Subscriptions	713	-	713	524
IT costs	384	-	384	-
Total	26,109	-	26,109	21,914

All of the £21,914 expenditure in 2016 were unrestricted funds.

THE LIFETRAIN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

8. Expenditure on Charitable Activities

	Direct Costs	Support Costs	Total 2017	Total 2016
	£	£	£	£
1:1 Early Help	59,085	8,731	67,816	46,668
Detached Youth Work	128,497	34,277	162,774	147,218
Disability Awareness	-	-	-	6,430
Employability (In2View)	4,453	5,127	9,580	7,928
Heads Up	2,543	1,512	4,065	-
Lifetrain Information & Advice	8,426	3,635	12,061	64,621
Workforce Development	21,827	380	22,207	24,927
Youth Work	8,556	380	8,936	26,941
Total	233,387	54,052	287,439	324,733

9. Analysis of Direct Costs

	Raising Funds	Charitable Activities	Total 2017	Total 2016
	£	£	£	£
Staff costs	21,131	183,860	204,991	221,152
Social Work Students	-	4,590	4,590	-
Sessional workers	-	760	760	5,669
Consultancy fees	-	14,377	14,377	790
Recruitment	-	425	425	930
Training	-	5,852	5,852	790
Travel expenses	88	7,326	7,414	13,304
Outreach Bus insurance, lease, repairs & depreciation	-	4,550	4,550	7,510
Mobiles	-	580	580	334
Stationery & postage	11	202	213	69
IT costs	384	655	1,039	259
Subscriptions	713	1,354	2,067	1,676
Event costs	3,782	-	3,782	4,960
Activity costs	-	8,856	8,856	31,191
Total	26,109	233,387	259,496	288,634

THE LIFETRAIN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

10. Analysis of Support Costs

	Raising Funds	Charitable Activities	Total 2017	Total 2016
	£	£	£	£
Staff costs	-	14,296	14,296	20,906
Rent & rates	-	8,959	8,959	9,077
Charity & HR insurance	-	4,739	4,739	3,176
Travel expenses	-	281	281	501
Printing	-	1,385	1,385	1,343
Postage & stationery	-	1,456	1,456	1,634
Telephone & mobiles	-	2,541	2,541	3,256
AGM costs	-	117	117	97
Subscriptions	-	465	465	666
Meeting expenses	-	776	776	386
Legal & professional	-	691	691	763
Independent examiners fee	-	3,618	3,618	3,000
Bookkeeping costs	-	4,740	4,740	4,298
Office machine maintenance	-	5,613	5,613	3,789
Staff welfare	-	477	477	717
Premises expenses	-	4	4	-
IT & website	-	3,098	3,098	3,593
Credit card charges	-	64	64	402
Sundry expenses	-	732	732	-
Repay balance of funding	-	-	-	409
Total	-	54,052	54,052	58,013

11. Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2017	Total 2016
	£	£	£	£
Independent examiners fee	3,618	-	3,618	3,000
Legal & professional fees	691	-	691	717
AGM & annual report	117	-	117	97
Total	4,426	-	4,426	3,814

12. Prior Year Adjustment

	2016
	£
Funds as originally stated 31 st March 2015	171,344
Prior year adjustment	(51,814)
Unrestricted funds re-stated 31 st March 2015	119,530
Net deficit year ended 31 st March 2016	(41,958)
Funds re-stated 31st March 2016	77,572

The prior year adjustment relates to a duplicate purchase order for funding later discovered and reversed. The cumulative effect of this adjustment is set out in the Movement in Funds note 22.

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

13. Net Income/(Expenditure)

Net income/(expenditure) for the year is stated after charging:

		£
Auditor's remuneration	Audit services	-
	Non audit services	3,618
Depreciation		1,400
		<u>5,018</u>

14. Trustees Remuneration

The trustees neither received nor waived emoluments during the year (2017: £Nil). No expenses were reimbursed to trustees during the year (2016: £Nil).

15. Staff Costs

	2017 £	2016 £
Wages & salaries	207,516	211,563
Redundancy payment	-	14,250
Employer's NI costs	11,673	16,245
Employer's pension costs	97	-
	<u>219,286</u>	<u>243,249</u>

There was no employee whose emoluments as defined for taxation purposes amounted to over £60,000 in either year.

There was no accrued holiday for any of the employees at the end of the year.

The average number of employees, calculated on a full-time basis, analysed by function was:

	2017	2016
Direct charitable activities	8	9
Raising funds	.5	.5
Support	1	1
	<u>9.5</u>	<u>10.5</u>

16. Tangible Fixed Assets

Cost or valuation	Vehicles £	Total £
At 1 st April 2016	7,000	7,000
Additions	-	-
Disposals	-	-
At 31 st March 2017	<u>7,000</u>	<u>7,000</u>
Depreciation		
At 1 st April 2016	972	972
Additions	-	-
Disposals	-	-
Charge for year	1,400	1,400
At 31 st March 2017	<u>2,372</u>	<u>2,372</u>
Net book value 31st March 2017	<u>4,628</u>	<u>4,628</u>
Net book value 31st March 2016	<u>6,028</u>	<u>6,028</u>

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

17. Fixed Asset Investment

	2017 £	2016 £
Investment Listed on a Recognised Stock Exchange	<u>55,000</u>	<u>55,000</u>

Interest of £2,045 was received during the year (2016: £2,140) and paid directly into our current account, the value of the investment remains at £55,000.

18. Debtors

	2017 £	2016 £
Trade Debtors	17,775	5,979
Other Debtors	-	234
Prepayments & Accrued Income	<u>17,947</u>	<u>17,228</u>
	<u>35,722</u>	<u>23,441</u>

19. Creditors: Amounts falling due within one year

	2017 £	2016 £
Trade Creditors	7,096	2,605
Funds received in advance	41,389	26,022
Accrued Expenses	8,821	6,719
Social Security and Other Taxes	<u>3,481</u>	<u>4,312</u>
	<u>60,787</u>	<u>39,658</u>

20. Operating Lease Commitments

	2017 £	2016 £
Expiring:		
Within one year	3,306	3,305
Between one & five years	<u>-</u>	<u>3,306</u>
	<u>3,306</u>	<u>6,611</u>

21. Analysis of Funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2017 £
Fixed Assets	4,628	-	-	4,628
Fixed Assets Investments	55,000	-	-	55,000
Current Assets	31,795	50,000	7,691	89,486
Current Liabilities	<u>(60,787)</u>	<u>-</u>	<u>-</u>	<u>(60,787)</u>
Total	<u>30,636</u>	<u>50,000</u>	<u>7,691</u>	<u>88,327</u>

THE LIFETRAIN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

22. Movement in Funds

	Re-stated At 1 st April 2016 £	Income £	Expenditure £	At 31 st March 2017 £
Unrestricted Funds				
General	69,626	73,346	(60,522)	30,636
Prior Year Adjustment	(51,814)			
	17,812	73,346	(60,522)	30,636
Designated Funds				
Youth Work	50,000	-	-	50,000
Restricted Funds				
1. Employability Skills:				
Community Foundation Surrey	3,577	6,000	(5,000)	4,577
David Brooke Charity	1,000	-	(1,000)	-
High Sheriff Youth Awards	850	-	-	850
Santander	-	3,575	(3,575)	-
The Betty Risely Trust-via Hart Brown	2,500	-	(1,000)	1,500
2. Youth Consortium:				
SCC Local Prevention Neighbourhood	-	128,004	(128,249)	(245)
SCC Local Prevention 1:1	-	67,667	(67,816)	(149)
The Eikon Charity Local Prevention	-	24,000	(24,000)	-
3. The Eikon Charity – Heads Up	-	4,055	(4,055)	-
4. Youth Work:				
Alchemy Foundation	-	500	(500)	-
Bassil Shipman	1,833	1,833	(2,508)	1,158
David Brooke Charity	-	2,000	(2,000)	-
Guildford Borough Council	-	1,000	(1,000)	-
Ingram Trust	-	4,800	(4,800)	-
Police Crime Commissioner	-	4,740	(4,740)	-
St Faiths	-	2,783	(2,783)	-
Total Restricted Funds	9,760	250,957	(253,026)	7,691
Total Funds	77,572	324,303	(313,548)	88,327

1. Restricted to the delivery of employability skills to young people during 2016/17 and 2017/18.
2. The Surrey County Council Local Prevention Neighbourhood grants commenced 1st September 2016. This was restricted to youth work in the boroughs of Spelthorne, Elmbridge and Guildford. The Surrey County Council Local Prevention Early Help contract commenced 1st September 2016. This was restricted to youth work in the borough of Spelthorne.
2. The Lifetrain Trust is a sub-contractor to the The Eikon Charity under the Surrey County Council Local Prevention grant in the borough of Runnymede.
3. Restricted to the delivery of the Heads Up! Course, in schools in Spelthorne.
4. Funding restricted to youth work, detached youth work and Youth Achievement Awards.

THE LIFETRAN TRUST
Notes to the Financial Statements
for the year ended 31st March 2017

23. Post Balance Sheet Event

Since the year end 31st March 2017, the Trustees of The Lifetrain Trust have agreed to merge with a larger charity Eikon Limited, who have the same aims and objectives, enabling both organisations to make better use of shared resources. The merger will take effect from 1st October 2017.

24. Voluntary Help and Donation in Kind

The Trustees are especially grateful for the substantial benefits received from the many voluntary hours contributed by the voluntary supporters. They are also most appreciative of the kind generosity of many local businesses and individuals who donate goods and services.

The value of voluntary hours contributed by the voluntary supporter in the year was 380 hours at £10 per hour £3,800. (2016: £3,200). There were no donated goods during the period.

25. APB Ethical Standard – provisions available for small entities

In common with many other businesses of our size and nature we use our accountants to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

THE LIFETRAIN TRUST

**Directors' and Trustees' Report and Financial Statements
for the year ending 31st March 2017**

STAFF LIST

Chief Executive	Paul Wilkinson
Head of Youth and Community Work	Tracey Osborn
Lead Specialist Youth Work Practitioner	Sarah Lindie
Specialist Youth Work Practitioner	Hannah Hackett
Fundraising and Development Manager	Amy Lee
Executive Assistant	Clare Beresford
Social Media Developer	Eleni Bainbridge
Team Leader Detached Youth Work	Gill Phillips
Team Leader Detached Youth Work	Emma Swinden
Team Leader Detached Youth Work	Sharon Burke
Part-time Detached Youth Workers	Simon Weston Megan Kyrionymou Gordon Dodd Ryan Foskett Ben Wright Lucy Green Paul Wylie Millie Jordan-Burke Jenny Binns Liz Hales Natalie Kelly