



Companies House

— for the record —

288b

Please complete in typescript,
or in bold black capitals

CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

2513757

Company Name in full

THE LIFETRAIN TRUST

Date of termination of appointment

Day Month Year
23 09 2007

as director

☐

as secretary

☒

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes

NAME

*Style / Title

MIR

*Honours etc

Please insert
details as
previously
notified to
Companies House

Forename(s)

RICHARD GEORGE JOHN

Surname

BOWDEN

†Date of Birth

Day Month Year

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A serving director, secretary etc must sign the form below

Signed

Date

08. 11. 07

* Voluntary details

† Directors only

** Delete as appropriate

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
— of the public

(* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

FELBURY HOUSE, HOLMBURY ST MARY
DORKING SURREY RH5 6NL
Tel 01306 737871

DX number

DX exchange 01306 737871

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh



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10/11/2007

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COMPANIES HOUSE

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SATURDAY