



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals.

CHFP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2513757

Company Name in full

THE LIFE TRAIN TRUST

Date of
appointment

Day Month Year

18 09 2002

†Date of
Birth

Day Month Year

24 04 1912

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MR.

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

SYDNEY FREDERICK

Surname

PARKER

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

THE COTTAGE. KNOBFIELD.

Post town

ABINGER HAMMER
DORKING

Postcode

RH5 6RJ

County / Region

SURREY

Country

UK

†Nationality

BRITISH

†Business occupation

RETIRED

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / secretary of the above named company

Sydney Frederick Parker

Date

21 October 2002

A director, secretary etc must sign the form below.

Signed

R Bowden

Date

28-10-02

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

R BOWDEN
FELBURY HOUSE, HOLMBURY ST. MARY
DORKING Tel 01306 730929
DX number DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A18
COMPANIES HOUSE

0819
30/10/02

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.