Abbreviated accounts

for the year ended 31 December 2009

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Abbreviated balance sheet as at 31 December 2009

		200	9	200	8
	Notes	£	£	£	£
Fixed assets					
Tangible assets	2		64,700		32,438
Investments	2		45,004		45,004
			109,704		77,442
Current assets					
Stocks		208,106		187,110	
Debtors		262,797		294,489	
Cash at bank and in hand		37,820		3,142	
		508,723		484,741	
Creditors: amounts falling due within one year		(472,135)		(591,538)	
Net current assets/(liabilities)			36,588		(106,797)
Total assets less current liabilities			146,292		(29,355)
Creditors: amounts falling due after more than one year			(3,321)		-
Provisions for liabilities			(12,511)		(669)
Net assets/(liabilities)			130,460		(30,024)
Capital and reserves					
Called up share capital	3		89,800		90,500
Other reserves			700		-
Profit and loss account			39,960		(120,524)
Shareholders' funds			130,460		(30,024)

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet

The notes on pages 3 to 6 form an integral part of these financial statements.

Abbreviated balance sheet (continued)

Directors' statements required by Sections 475(2) and (3) for the year ended 31 December 2009

In approving these abbreviated accounts as directors of the company we hereby confirm

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006,
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 31 December 2009, and
- (c) that we acknowledge our responsibilities for
 - (1) ensuring that the company keeps accounting records which comply with Section 386, and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

The abbreviated accounts were approved by the Board on 10 February 2010 and signed on its behalf by

S Bawrie Director R Patel

Director

Notes to the abbreviated financial statements for the year ended 31 December 2009

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Plant and machinery

25% reducing balance

Fixtures, fittings

and equipment

25% reducing balance

1.4. Leasing and hire purchase commitments

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

1.5. Investments

Fixed asset investments are stated at cost less provision for permanent diminution in value

1.6. Stock

Stock is valued at the lower of cost and net realisable value

1.7. Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year

The regular cost of providing retirement pensions and related benefits is charged to the profit and loss account over the employees' service lives on the basis of a constant percentage of earnings

Notes to the abbreviated financial statements for the year ended 31 December 2009

continued

1.8. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date

1.9. Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange prevailing at the accounting date. Transactions in foreign currencies are recorded at the date of the transactions. All differences are taken to the Profit and Loss account.

1.10. Group accounts

The company is entitled to the exemption under Section 398 of the Companies Act 2006 from the obligation to prepare group accounts

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	Tangible				
2.	Fixed assets	Intangible	fixed		
		assets	assets	Investments	Total
		£	£	£	£
	Cost				
	At 1 January 2009	6,842	97,622	45,004	149,468
	Additions	-	44,641	-	44,641
	Disposals	•	(2,065)	-	(2,065)
	At 31 December 2009	6,842	140,198	45,004	192,044
	Depreciation and				
	Provision for				
	diminution in value				
	At 1 January 2009	6,842	65,184	-	72,026
	Charge for year	-	10,314		10,314
	At 31 December 2009	6,842	75,498	•	82,340
	Net book values				
	At 31 December 2009		64,700	45,004	109,704
	At 31 December 2008		32,438	45,004	77,442
		=======================================	===		

Notes to the abbreviated financial statements for the year ended 31 December 2009

continued

2.1.	Investment details	2009	2008
		£	£
	Subsidiary undertaking	45,004	45,004

Holdings of 20% or more

The company holds 20% or more of the share capital of the following companies

Company	Country of registration or incorporation	Nature of business	Shares hel Class	d %
Subsidiary undertaking Simplicity Health Limited	England & Wales	Sale of medical health test kits	Ordinary	100%

The aggregate amount of capital and reserves and the results of these undertakings for the last relevant financial year were as follows

	Capital and reserves	Profit/(loss) for the year
	£	£
Simplicity Health Limited	5,230	(11,214)

Notes to the abbreviated financial statements for the year ended 31 December 2009

continued

3.	Share capital	2009 £	2008 £
	Authorised		
	30,000 Ordinary shares - Voting of £1 each	30,000	30,000
	60,500 Ordinary shares - Non-Voting of £1 each	60,500	60,500
		90,500	90,500
	Alloted, called up and fully paid		
	29,300 Ordinary shares - Voting of £1 each	29,300	30,000
	60,500 Ordinary shares - Non-Voting of £1 each	60,500	60,500
		89,800	90,500
			
	Equity Shares		
	29,300 Ordinary shares - Voting of £1 each	29,300	30,000
	60,500 Ordinary shares - Non-Voting of £1 each	60,500	60,500
		89,800	90,500
			

The company purchased back 700 ordinary shares - voting of £1 each held by a former employee $\,$ for £10 per share