

288b

Resignation of director or secretary

Company Name in full * F 2 8 8 B C 5 0 *		200000
		EASTERN GROUP pic
Resignation Form Please insert details as previously notified to Companies Hous	Date of resignation	Day Month Year 22 O3 96
	Resignation as director	as secretary Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.
	NAME *Style / Title	DR. *Honours etc
	Forename(s)	DOUGLAS JOHN
	Surname	SWINDEN
	se.	Day Month Year
	† Date of birth	27 07 45
If cessation is other than resignation, please state reason		

2366006

* Voluntary details.

† Directors only.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

A04 *AABQIKM9* 33
COMPANIES HOUSE 11/04/96

A serving director, secretary etc must sign the form below.

APPUL

Date

9/4/96

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver).

<Insert Presentor Details Here>

Simon Sweet

Eastern Group plc

P.O. Box 40, Wherstead Park,

Wherstead

Ipswich IP9 2AQ

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales

or

Signed

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland

DX 235 Edinburgh