DIRECTORS' AND TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2009

Bishop Simmons Limited
Mitre House
School Road
Bulkington
BEDWORTH
Warwickshire
CV12 9JB



AJVMZKQJ 10/06/2010 13

COMPANIES HOUSE

YEAR ENDED 31 DECEMBER 2009

CONTENTS	Page
Report of the Directors and Trustees	1 – 4
Report of the Independent Examiners	5
Statement of Financial Activities	6
Balance Sheet	7 – 8
Notes to the Accounts	9 – 14

DIRECTORS AND TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2009

The Management Committee presents its report and audited financial statements for the year ending on 31 December 2009

Company Information

Charity Name

Mercia MS Therapy Centre Limited

Charity Number

701561

Company Registration Number

2366441

Registered Office and Operational Address

8 Macefield Close

Aldermans Green Industrial Estate

Coventry CV2 2PJ

Management Committee

Mr G Bliss (Chairman)

Mr W J Blundell (Treasurer)

Mrs N O'Donohue

Mr L O'Donohue (resigned August 2009)

Mrs M Miller Mrs A Lawton Mr M Reynolds Mr F Lovell Mr R Dempsey

Mr A Guymer (appointed November 2009)

Secretary

Mr G Bliss

Management Team

Mrs Z Seville-Edden (Centre Manager) Mrs M McDermott (Centre Administrator) Mrs T Fellows (Centre Administrator)

Mr W J Blundell (Finance)

Accountants

Bishop Simmons Limited Mitre House, School Road Bulkington, Bedworth Warwickshire, CV12 9JB

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill, West Malling

Kent, ME19 4JQ

Solicitors

Brindley Twist Tafft & James Lowick Gate, Siskin Drive

Coventry, CV3 4FJ

DIRECTORS AND TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2009

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 29 March 1989 and registered as a charity on 16 May 1989

The Company was established under a Memorandum of Association which determined the objects and powers of the charitable company and is governed under its Articles of Association In the event of the company being wound up members are not required to contribute financially

Recruitment and Appointment of the Management Committee

The Directors of the Company are also charity trustees for the purposes of charity law and under the company's Articles are known as a Committee of Management Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for one year after which they must be re-elected at the next Annual General Meeting

Trustee Induction and Training

Most trustees, being members are already familiar with the varying therapies practiced within the centre and the organisational structure. New Trustees would be shown around (together with introductions to members and therapists) by the Chairman and Centre Manager. All trustees will be given the Charity Commission booklet covering Obligations of Trustees together with the charity's own document detailing the activities undertaken within the Centre and detailing what is expected of them as trustees. The fundamental points within the Articles of Association and Memorandum will be enumerated and discussed together with a copy of the latest annual accounts and copy of the Charity's three year plan

Risk Assessment

The Management Committee have during 2009 carried out a review of the major risks to which the charity could be exposed. The major one being if Trust and other fundraising sources should be drastically curtailed. Any new project or equipment will not be implemented or purchased until funding has been acquired. Internal Control risks are minimised by the introduction of a system whereby key financial controls are recorded by the treasurer and all Trust Fundraising and other key procedures are recorded and filed by the Centre Manager.

Organisational Structure

The Mercia MS Therapy Centre has a Management Committee of up to ten members, currently nine who meet every other month
The Centre Manager attends and the Administration Officers also who take the Minutes, all have no vote

The Centre Manager is responsible to the Chairman of Trustees for Trust Fundraising and to ensure that corporate and community fundraising are progressed efficiently and effectively, the safe and efficient running of the centre, and in addition is also responsible for the monitoring and recording of all operational aspects covering the safety of people with Multiple Sclerosis and children with Cerebral Palsy when receiving HBO Oxygen therapy within the oxygen chambers and completing the annual report for the National Health Care Commission

The Administration Officers are responsible to the Centre Manager for the safety of all people within the Centre and that it is run smoothly on a day-to-day basis and that the therapists appointment systems are run efficiently. Also is the responsible officer for first aid within the centre. The Centre manager and the Treasurer issue monthly reports to the Management Committee detailing their respective up-to-date positions, the current financial income and expenditure and total cash resource by the treasurer and therapy usage, all fundraising activity and funds achieved, timetable of fundraising events and collections, etc by the Centre Manager

DIRECTORS AND TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2009

Objectives and Activities

The Company's objectives and principal activities are to help people with Multiple Sclerosis (and also their carers) to remain as active and mobile as possible commensurate with their difficulties. The Charity offers a variety of therapies all practiced by professionally qualified therapists. These are also available to children who have Cerebral Palsy. All are available to our members within the Centre which provides a cheerful and companiable environment where they can enjoy a cup of tea and talk to others with similar problems as themselves.

Counselling Advice and Information

In addition to the annual accounts we produce a separate annual report and an information leaflet which shows pictures of our therapists providing their respective therapies together with additional information about them. These are distributed to GP surgeries and hospitals within our area and generally are available to members of the public upon any collection day or event.

The centre holds an annual Open Day when members of the public are invited to meet the therapists and discuss their requirements. Starter days are also held when the centre will have the therapists attending to give a practical demonstration of their therapies to people who wish to try one and where a new therapy for the centre being presented by the Therapist. If there is then a demand for the new therapy, the Centre will endeavor to attract funding so that this new therapy can be introduced.

Training

Training is given to staff in First Aid, Child Protection and Fundraising techniques, Charity and Volunteer management. Training is also given to staff on an on-going basis in the operation of the two oxygen therapy chambers. This training is also given to volunteers who, when trained will be examined and certified by the Centre Administration Officer. When funds are available IT training is given and also various craft courses and water colour painting classes are held for our members. These activities members find are therapeutic, creative and within their physical abilities to perform

Financial Review

The existence and well-being of the Centre and its ability to heavily subsidise all therapies for our members rely of course in the ability to attract funding from Charitable Trusts, Companies and community fundraising. Our fundraising did not reach the level we hoped. We did however raise £110,733 from our community, corporate and various charitable trusts for which we are very grateful. In addition to this fundraising we received a legacy during April 2009 of £50,000 from a good friend and member of this charity. We feel sorrow at her passing and honoured that she remembered us in this way

Principal Funding Sources

We rely heavily upon charitable trusts to defray the costs of the various therapies we offer and are very grateful for their past help and hope that they may continue We have been more successful during 2009 in consolidating the small fundraising group to arrange and run events and hope this will continue, with the Centre Manager assuming overall responsibility for fundraising

DIRECTORS AND TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2009

Investment Policy

Aside from retaining a prudent amount in reserve each year most of the charity funds are spent in the short term and there are few funds available for long term investment. Having considered various options the Management Committee have decided that we cannot place the charity funds in any investment where its value can fluctuate and they have therefore been placed in a CAF Gold account giving a return of about 0.85% per annum. When we have achieved our goal for our reserve policy we can reconsider an additional investment which may give a higher return.

Reserves Policy

The Management Committee has examined the charity's requirements for reserves in the light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in intangible fixed assets held by the charity, should be between 6 months and 9 months of expenditure. Budgeted expenditure for 2010 being £154,500 and therefore the target is £82,250 to £123,375. The reserves are needed to meet the working capital requirements, and the day-to-day running of the charity and the Management Committee are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. Free reserves available to the charity are £123,717 and therefore meet the nine month target level

Plans for the Future

Our priority for 2010 is to achieve fundraising of £130,000, this being the sum which is necessary to pay our way

Responsibilities of the Management Committee

The Directors (as Trustees of the Centre) are required under the Charities Act 1993 to prepare financial statements for each financial year which give a true and fair view of the Centre's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Directors should follow best practice and

- a) select suitable accounting policies and apply them consistently,
- b) make judgements and estimates that are reasonable and prudent,
- c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements,
- d) prepare any financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Directors are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the Centre and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the Centre and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006

Approval

This report was approved by the Board and signed on their behalf

J Blist Bliss

Chairman

27 March 2010

Independent Examiner's Report for the Year Ended 31 December 2009

Accountants' Report to the Members on the Unaudited Accounts of the Mercia M S Therapy

We report on the accounts of the company for the year ended 31 December 2009, which are set out on pages 6 to 14

Respective Responsibilities of Trustees and Examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider than an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed

Having satisfied ourselves that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 43 of the 1993 Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- state whether particular matters have come to my attention

Basis of Independent Examiner's statement

Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below

Independent Examiner's statement

In connection with our examination, no matter has come to our attention

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - a to keep accounting records in accordance with section (386 of the Companies Act 2006), and
 - b to prepare accounts which accord with the accounting requirements of section (396 of the Companies Act 2006) and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities have not been met, or

to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

J Simmons
Bishop Simmons Limited
Chartered Accountants
Mitre House
School Road
Bulkington
BEDWORTH
Warwickshire

CV12 9JB

27 March 2010

Page 6

STATEMENTS OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2009

INCOMING RESOURCES	Notes	Restricted	Unrestric	2009 ted Total	2008 Total
Incoming resources from generated f	unds				
Voluntary Income	2	27.260	72.007	100 257	102.746
Donations and Grants	3	27,260	73,097	100,357	103,746
Individual Legacy Donation		-	50,000	50,000	39,888
Activities for generating funds.	4	. 200	0.176	10 276	12 122
Special Events	4	1,200	9,176 1,647	10,376 1,647	13,133 1,201
Sundry Income and Consumables Sales of Cards, Calendars & Health 1	Draduata	-	541	541	2,236
Investment Income	5	<u>-</u>	501	501	1,757
Incoming resources from charitable a	-	<u>-</u>	301	301	1,737
HBO and Therapy Income	activities	, _	32,175	32,175	27,623
HBO and Therapy income		-			
TOTAL INCOMING RESOURCES	,	28,460	167,137	195,597	189,584
RESOURCES EXPENDED Cost of Generating Funds				 	
Fund Raising Costs	6	-	23,429	23,429	23,718
Charitable Activities	8	24,000	110,498	134,498	125,662
Governance Costs	7	, -	1,528	1,528	1,438
					
TOTAL RESOURCES EXPENDED)	24,000	135,455	159,455	150,818
NET INCOMING RESOURCES		4,460	31,682	36,142	38,766
FUND BALANCES AT BEGINNIN OF YEAR	1G	41,982	92,035	134,017	95,251
FUND BALANCES AT END OF Y	EAR	46,442	123,717	170,159	134,017

There were no recognised gains or losses in the period other than those included in the Statement of Financial Activities

The notes on pages 9 to 14 form part of these Accounts

BALANCE SHEET 31 DECEMBER 2009

			2009 £		2008 £
FIXED ASSETS Tangible Assets	10		47,671		42,833
CURRENT ASSETS Stocks Debtors Cash at Bank and in Hand	11 12 13	1,129 16,129 108,315		1,986 11,146 81,109	
		125,573		94,241	
CREDITORS Amounts falling due within one year	14	3,085		3,057	
NET CURRENT ASSETS			122,488		91,184
NET ASSETS			170,159		134,017
Financed By RESERVES Restricted Income Funds Unrestricted Funds	17		46,442 123,717		41,982 92,035
TOTAL FUNDS	18		170,159		134,017

BALANCE SHEET - continuation 31 DECEMBER 2009

The directors are satisfied that the company was entitled to exemption under (section 477) of the Companies Act 2006 and that members have not required an audit in accordance with Section 476

The directors acknowledge their responsibilities for -

- 1) ensuring that the company keeps accounting records which comply with section 386, and
- preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 396 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the charitable company

William J. I. Lell Treasurer W Blundell

27 March 2010

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

1 Accounting Policies

1 1 Basis of Preparation of Accounts

The financial statements are prepared on the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE April 2008) The financial statements have been prepared in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005), applicable accounting standards and the Companies Act 2006

12 Incoming Resources

Grants, voluntary income and donations are included in incoming resources when they are receivable, except when donor's conditions have not been fulfilled, then the income is deferred. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs.

13 Resources Expended

Resources expended are included in the Statement of Financial Activities on an accrual basis, inclusive of any VAT which cannot be recovered

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

1 4 Tangible Fixed Assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the costs on a straight line basis over their expected useful economic lives as follows

Computers and Office Equipment

25% straight line basis

Plant and Machinery

10% straight line basis

Fixtures and Fittings

10% straight line basis

15 Investments

Surplus funds are invested in bank and building society deposits

16 Fundraising Costs

Fundraising expenditure comprises costs incurred in inducing people and organizations to contribute financially to the charity's work. This includes the cost of advertising for donations and the staging of special fundraising events.

17 Pension Scheme

The company operates a defined contribution pension scheme The amount of contributions paid in the year is charged against income received in the year

18 Operating Leases

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lesser are reflected in the Statement of Financial Activities as incurred

19 Stock

Stocks are valued at the lower of cost and net realisable value

1 10 Governance Costs

Administration expenses include all expenditure not directly related to the charitable activity or fundraising ventures. This includes administration staff costs

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

2 Operating Surplus

The operating surplus is stated after charging the following

	Depreciation		2009 7,728	2008 6,698	
3	Donations and Grants	Restricted	Unrestricted	2009 Total	2008 Total
	Donations from Individuals Including Collections Donations from Corporate Sponsors	-	43,149	43,149	55,471
	and Charitable Trusts	27,260	29,948	57,208	48,275
		27,260	73,097	100,357	103,746
4	Special Events				
	J Hope Cornwall Walk	1,20û	•	1,200	790
	Elvis Night London Marathon	-	•	-	780
	Fun Run/ Walkathon	- -	116	116	1,167 85
	Parachute Jump	-	3,937	3,937	70
	Football Match	-	-	-	1,834
	Quiz Nights	-	206	206	996
	Robbie Williams Tribute	-	1,090	1,090	-
	Prize Raffles/Car Boot Sale	-	-	-	298
	Pamper Day	-	385	385	-
	Psychic Night	-	-	-	1,320
	Ladies Night	-	-	-	3,800
	Concerts	-	-	<u>-</u>	2,783
	Other	-	3,442	3,442	-
			·		
		1 200	9,176	10,376	13,133
5	Investment Income		501	601	1 757
	UK Bank and Building Society Interest	-	501	501	1,757
,	Englanding Costs				
6	Fundraising Costs Purchase of Cards and Health Products		809	809	1,625
	Other Fund Raising Costs	-	7,779	7,779	2,587
	Staff Salaries	_	14,531	14,531	19,105
	Staff Pension Contributions	-	310	310	401
			. <u></u>		
		•	23,429	23,429	23,718

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

_		Restrict	ted Unrestricted	2009 Total	2008 Total
7	Governance Costs Accountancy Fees	-	1,528	1,528	1,438
			1,528	1,528	1,438
8	Charitable Activities	Restricted	Unrestricted	2009 Total	2008 Total
U	Staff Salaries	Acstricted -	39,945	39,945	36,693
	Staff Pension Contributions	_	467	467	714
	Federation Fees	-	900	900	900
	Bank Charges	_	32	32	32
	HBO and Other Direct Therapy Costs	17,209	29,294	46,503	45,592
	Rent	, ·	16,279	16,279	15,298
	Rates and Water	-	1,785	1,785	1,809
	Light and Heat	-	5,865	5,865	3,852
	Property Repairs and Maintenance	-	644	644	995
	Equipment Repairs and Maintenance	207	1,312	1,519	192
	Consumables	-	1,034	1,034	754
	Telephone	-	686	686	733
	Landlords Service Charges	-	403	403	581
	Postage	-	255	255	380
	Printing and Stationery	50	4,066	4,116	3,255
	General Insurance	-	2,173	2,173	2,065
	Cleaning and Sundry Expenses	250	2,021	2,271	2,005
	Depreciation	6,284	1,444	7,728	6,698
	Travel Expenses	-	1,016	1,016	1,610
	Internet Website Charges	-	243	243	216
	Computer Consumables	-	310	310	355
	Subscription	-	324	324	276
	Healthcare audit and inspection				657
		24,000	110,498	134,498	125,662
					

HBO and other therapy costs exclude staff costs and overheads

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

9 Staff Costs

No remuneration was paid to Trustees or Directors during the year Travel expenses totalling £1,016 (2008 £610) were reimbursed to staff and £NIL (2008 £NIL) to Trustees during the year No employee's salary exceeded £60,000 The staff costs were made up as follows

	2009	2008
Salaries	50,892	51,632
Social Security costs	3,584	4,166
Pension Contributions	777	1,115
	55,253	56,913
The average monthly number of staff employed by the charity during the year was as follows		
Administrative	2	2
Fund Raising	1	1
	_	_
The number of staff accruing Retirements Benefits under money purchase schemes		
during the year was as follows	1	2

10 Tangible Fixed Assets

			Office &	
	Plant and	Fixtures	Computer	
	Machinery	& Fittings	<u>Equipment</u>	<u>Total</u>
COST	£	£	£	£
At 1 January 2009	58,843	47,988	11,515	118,346
•	30,043	•	-	•
Additions	-	11,420	1,146	12,566
				
At 31 December 2009	58,843	59,408	12,661	130,912
	,	,	,	ĺ
DEPRECIATION				
At 1 January 2009	43,374	20,772	11,367	75,513
Charge for Year	2,188	5,105	435	7,728
Charge for Tear	2,100	3,103	433	7,720
				
At 31 December 2009	45,562	25,877	11,802	83,241
Att 91 December 2009	45,502	23,077	11,002	05,211
NET BOOK VALUE				
At 31 December 2009	12 201	33,531	859	17 671
At 31 December 2009	13,281	33,331	839	47,671
A+ 21 December 2009	15 460	27.216	1.40	42 822
At 31 December 2008	15,469	27,216	148	42,833
				

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

	2009	2008
11 Stocks Stock on Hand	1,129	1,986
		
12 Debtors		
Prepaid Expenditure	2,538	2,231
Pure Oxygen Limited	13,591	8,915
	16,129	11,146
	2009	2008
13 Cash at Bank and In Hand	10 777	52.024
CAF Cash Deposit Associate	18,777	52,024
CAF Cash Deposit Account Coventry Building Society	88,051 1,457	27,682 1,373
Cash in Hand	30	30
	108,315	81,109
14 Creditors: Amounts falling due within one year		
Accrued Expenses	2,213	2,353
PAYE and National Insurance	872	704
	3,085	3,057

15 Share Capital

The Centre is a Company Limited by guarantee and does not therefore have a Share Capital

16 Commitments

At 31 December 2009 the charity had annual commitments under an operating lease in respect of its premises. The lease expired in June 2009 and has been renegotiated at an annual rent of £17,000. The new lease runs for six years until September 2015 with a break clause after 2 years.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2009

17 Restricted Funds

The income funds of the Centre includes restricted funds comprising the following unexpended balances of grants held on trust to be applied for specific purposes

	Balances at 31/12/2008	Advanced in Year	Used in Year	Transfers from General Fund	Balances at 31/12/2009
Capital Grants Other Revenue Grants	32,629 9,353	12 450 16,010	(8,412) (15,588)	-	36,667 9,775
Office Revenue Grants					
	41,982	28,460	(24,000)	-	46,442
					

Purposes of restricted funds

Capital Grants

Grants have been received to mainly finance capital equipment therapy and training The balances of capital grants is made up as follows

Grants received but not yet spent Future depreciation on equipment already purchased	36,667
	36,667

18 Analysis of Net Assets between Funds

•	General Funds	Restricted Funds	Total Funds for year
Tangible Fixed Assets	11,800	35,871	47,671
Current Assets	115,002	10,571	125,573
Current Liabilities	(3,085)	-	(3,085)
			
	123,717	46,442	170,159

19 Related Parties

Included in debtors is an amount of £13,591 (2008 £8,915) owed from Pure Oxygen Limited This company is the trading arm of Mercia MS The apy Centre and was formed during the year ended 31 December 2008. The balance outstanding relates to amounts paid by Mercia MS Therapy Centre to finance the initial set up costs of Pure Oxygen Limited. Both are controlled by members of the same management committee. It is proposed that any profits generated by Pure Oxygen Limited will be donated to Mercia MS Therapy Centre.

During the year ended 31 December 2009, Mercia MS Therapy Centre received income from Pure Oxygen Limited totalling £6,588 in respect of HBO Therapy Sessions