



**Companies House**

*for the record*

Please complete in typescript,  
or in bold black capitals.

CHWP000

# 288b

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

02357146

Company Name in full

CS LEISURE PLC

Date of termination of appointment

Day	Month	Year
3	1	0 7 2 0 0 6

as director



as secretary



Please mark the appropriate box. If terminating  
appointment as a director and secretary mark  
both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

FREDERICK OLIVER

Surname

TUOK

†Date of Birth

Day	Month	Year
2	2	0 2 1 9 5 5

A serving director, secretary etc must sign the form below.

Signed

GRT  
x

Date

x 4/8/06

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate

You do not have to give any contact  
information in the box opposite but  
if you do, it will help Companies  
House to contact you if there is a  
query on the form. The contact  
information that you give will be  
visible to searchers of the public  
record.

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

MR G R TAYLOR, COMPANY SECRETARY, LA FITNESS LIMITED

101 COMMERCIAL ROAD, LONDON, E1 1RD

Tel 020 73668073

DX number

DX exchange

When you have completed and signed the form please send it to the  
gistrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

Companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh  
or LP - 4 Edinburgh

A41  
COMPANIES HOUSE

471  
09/08/2006