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Cygnet Health Care plc

Directors' Report and Financial Statements

for the year ended 31 October 1993



Company Information

Directors

K. A. R. Wilson - Chairman
J. C. Hughes - Chief executive
J. B. Randle - Non executive
R. Holmes - Non executive

Secretary

R. C. Dinham

Company Number

2141256

Registered Office

Godden Green Clinic Godden Green

Sevenoaks Kent TN15 OJR

Auditors

Noel & Co. Chartered Accountants and Registered Auditors

8 Prebendal Court

Oxford Road Aylesbury

Buckinghamshire HP19 3EY

Bankers

Midland Bank plc 70 Pall Mall London SW1Y 5EZ

3i plc 91 Waterloo Road London SE1 8XP

Solicitors

Pollecoff Rangeley 125/135 City Road London EC1V 1JB

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Chairman's Statement for the year ended 31 October 1993

Psychiatric Care Review

After the period of quantum change in 1991/92, the market place stabilised during 1992/93, albeit at the same low activity levels experienced during the previous year.

Our primary source of psychiatric revenue continues to be the major health insurers although a small increase in self funding patients was noted during the year. The cost savings delivered to the major insurers as a result of the introduction of managed care systems which we pioneered in 1991 and 1992 appear to have satisfied their immediate requirements for controlling mainstream psychiatric costs. These systems are now well integrated and the inherent pre-authorisation procedures provide us with additional comfort on the certainty of receiving payment.

Overall in 1992/93 the number of admissions and average occupancy at our acute psychiatric centres remained approximately flat as compared with 1991/92. In the context that the growing maturity of our units should have delivered increases in volumes, it is evident that the recession continues to impact negatively on our business. This lack of growth is principally attributed to a reduction in the size of the eligible insured market caused by insurers marketing policies with psychiatric exclusions and employers reducing or changing staff insurance benefits. As the economy improves these trends are expected to reverse.

With the introduction of the internal market into the NHS we had expected to see the development of a significant market for our services. This has been slow in materialising partly because the purchase of acute psychiatric services is still outside the scope of fund holding GPs and partly because of continued strong resistance to change in some parts of the NHS. The latter has been in spite of our ability to deliver superior physical facilities often at lower costs than the existing NHS services. The contribution to our psychiatric revenue during 1992/93, therefore, has been small.

Elderly Care Review

Further improvements in occupancy levels at both of our elderly care units, coupled with tight cost control, gave rise to substantial improvements in operating margins. The introduction of the new Community Care Act, which seeks to reduce nursing home referrals through encouraging elderly care in the community, appears to have had limited impact on the year's results. The Act is primarily targeted at state-funded patients rather than at privately-funded patients who form the majority of our customers. However, the latter part of the year saw a smaller number of admissions at both units as compared with 1991/92, which may, in part, be attributable to the new legislation.

Property Review

During the year, two non-income producing cottages at Tabley were sold, realising some £265,000 including a profit over book value of £68,000.

Trading Performance

The results for the year ended 31st October 1993 show a profit before and after taxation of £423,000 as compared with a loss of £91,000 in the previous year. The result has been achieved through a £673,000 increase in operating profit before interest, bringing the total for the year to £891,000.

Chairman's Statement (Continued) for the year ended 31 October 1993

Trading Performance (Continued)

This much-improved result has been achieved through increased revenue and reduced costs. Turnover increased by £351,000 to £4.99 million, of which £3.38 million related to acute psychiatric revenue, an increase of £253,000 on the previous year. Gross revenue from our elderly care units increased by £242,000 to £1.59 million, principally due to improved occupancy at Tabley House.

The major achievement for the year has been in the control of costs, which reduced by £322,000 to £4.1 million.

Interest costs for the year rose to £542,000 from £310,000 as interest free loans of £3.66 million became interest bearing with effect from 31st December 1992. Long term loans of £581,000 were repaid during the year out of total cash generated of £671,000, the latter being an improvement of £393,000 on the 1991/92 result.

Employees

This year in particular I would like to thank all employees throughout the company for their contribution. In a continuing difficult trading environment, the introduction of tight cost controls whilst maintaining the forward momentum is a tribute to good teamwork at all levels and I am grateful for the efforts every member of staff has made.

Valuation

Early in March 1994 a valuation of the company's four freehold and long leasehold trading units was carried out by Messrs Erdman Lewis. This revaluation, which shows an uplift of £899,000 in the value of the properties, has been incorporated in the balance sheet as at 31st October 1993.

Prospects

Continuing the theme of 1992/93, the reduction of gearing through the disposal of the remaining surplus, non-income generating properties at Tabley remains a priority.

The sale of acute psychiatric services to the NHS, complementing existing NHS providers, is also expected to bear more fruit during the forthcoming year as the operation of the NHS internal market becomes more mature.

Last year's report saw the announcement of partnerships with Ramsay Health Care Group, Australia's largest psychiatric care provider, for the development of facilities for the NHS in the UK and for private acute facilities in Europe. In spite of the significant time and resources committed, in particular, to the projects involving the wholesale reprovision of psychiatric services for the NHS, no firm commitments have been obtained. A clear divide currently exists between expressions of interest issued by MPs and Ministers of the Government and the willingness of NHS officers to translate these wishes into action. Continued emphasis on the Government's Private Finance Initiative encourages the belief that this state of affairs may soon change.

K. A. R. Wilson Chairman

Directors' Report for the year ended 31 October 1993

The directors present their report and the financial statements for the year ended 31 October 1993.

Principal Activities and Review of the Business

The principal activity of the company is acquiring, developing and operating psychiatric and elderly health care facilities.

The bed capacity of the company's facilities provides for 164 short stay psychiatric patients and 93 long stay elderly care, as follows:

Acute psychiatric units	Bed capacity
Godden Green Clinic, Sevenoaks, Kent Harrogate Clinic, Harrogate, North Yorkshire Lindisfarne Suite, Nuffield Hospital, Newcastle upon Tyne Stamford Wing, Royal Masonic Hospital, London Bowden House, Harrow on the Hill (joint venture)	54 34 13 24 39
Elderly care	164
Tabley House, Knutsford, Cheshire Tupwood Cate Nursing Home, Caterham, Surrey	54 39 93'

Results and Dividends

The results for the year are set out on page 7.

The directors do not recommend payment of a dividend.

It is proposed that the retained profit of £423,485 is transferred to reserves.

Fixed Assets

Details of Movements in fixed assets during the year are set out in note 7 to the financial statements.

Directors' Report (Continued) for the year ended 31 October 1993

Directors and their Interests

The directors who served during the year and their interests in the company were as stated below.

	Class of share	Number 1993	of shares 1992
J. C. Hughes	New ordinary shares 'A' ordinary shares New preference shares New deferred shares	1,000 700,325 200,000 570,325	1,000 700,325 200,000 570,325
J. B. Randle		-	y's
K. A. R. Wilson		-	<u>-</u>
R. Holmes		-	-

At 31st October 1993 and at 31st October 1992 immediate relatives of Mr J. C. Hughes held 421,000 shares, comprising 267,300 'A' ordinary and 153,900 new deferred shares. Mr K. A. R. Wilson holds options over 100 new ordinary shares and has, since the year end, acquired 187,500 'A' ordinary and 67,500 new deferred shares.

Auditors

In accordance with Section 385 of the Companies Act 1985, a resolution proposing that Noel & Co. be reappointed as auditors of the company will be put to the Annual General Meeting.

This report was approved by the Board on 23rd March 1994

R. C. Dinham Secretary

R. Dinton

Statement of Directors' Responsibilities

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period, in preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditors' Report to the shareholders of Cygnet Health Care plc

We have audited the financial statements on pages 5 to 18 which have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets and the accounting policies set out on page 12.

Respective responsibilities of directors and auditors

As described on page 5 the company's directors are responsible for the preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on those statements and to report our opinion to you.

Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31 October 1993 and of its profit for the year then ended and have been properly prepared in accordance with the Companies Act 1985.

Mool & Co.

23rd March 1994

Chartered Accountants Registered Auditors

8 Prebendal Court Oxford Road Aylesbury Buckinghamshire HP19 3EY

Profit and Loss Account for the year ended 31 October 1993

	Notes	1993 £	1992 £
Turnover	2	4,994,166	4,643,060
Operating costs		(4,033,736)	(4,425,106)
Operating profit	3	960,430	217,954
Other interest receivable and similar income	4	4,845	764
Interest payable and similar charges	5	(541,790)	(309,900)
Profit on ordinary activities before taxation		423,485	(91,182)

Statement of Total Recognised Gains and Losses for the year ended 31 October 1993

	1993 £	1992 £
Profit for the financial year	423,485	(91,182)
Unrealised surplus on revaluation of properties	829,310	_
Total recognised gains and losses relating to the year	£1,252,795	£ (91,182)
Note of historical cost profits and losses		
	1993 £	1992 £
Reported profit on ordinary activities before taxation Realisation of property revaluation	423,485	(91,182)
gains of previous years	69,309	
Historical cost profit on ordinary activities before taxation	£ 492,794	£ (91,182)
Historical cost profit for the year retained after taxation, extraordinary items and dividends	£ 492,794	£ (91,182)

Balance Sheet as at 31 October 1993

		19	993	19	992
	Notes	£	£	£	£
Fixed Assets Tangible assets	7		8,104,207		7,498,697
Current Assets Stocks Debtors Cash at bank and in hand	8 9 -	7,443 592,224 172,756 772,423		8,314 368,717 83.206 460,237	
Greditors: amounts falling due within one year	10(1	,167,951)	(990,981))
Net Current Liabilities			(395,528)		(530,744)
Total Assets Less Current Liabilities			7,708,679		6,967,953
Creditors: amounts falling due after more than one year	11		2,281,612		(6,008,445) E 959,508
Capital and Reserves					
Called up whare capital Share promium account Revaluation reserve Profir and loss account	13 14 15	,	6,202,611 146,933 1,384,704 (5,383,327)		6,202,611 146,933 486,085 (5,876,121)
Shareholders' Funds	16	£	2,281,612	f	e 959,508

The financial statements were approved by the Board on 23rd March 1994.

J. C. Hughes

Director

K. A. R. Wilson

Director

Cash Flow Statement for the year ended 31 October 1993

	10	993	19	92
	£	£	£	£
Net cash flow from operating activities		984,347		632,872
Returns on investments and servicing of finance				
Interest received Interest paid	4,845 (525,009))	764 (237,059)	
Net cash flow from returns on investments and servicing of finance		(520,164)		(236,295)
Investing activities				
Payments to acquire tangible assets	(59,686))	(126,408)	
Receipts from sales of tangible assets	266,431		7,681	
Net cash flow from investing activities	•	206,745		(118,727)
Net cash flow before financing		670,928		277,850
Financing				
Repayment of long term bank loan	(581,378))		
Net cash flow from financing		(581,378)		_
Increase in cash and cash equivalent	s	£ 39,550		£ 277,850

Notes to the Cash Flow Statement for the year ended 31 October 1993

1	Reconciliation of operating profit to net cash flow from operating activities		1993 £	1992 £
	Operating profit Depreciation of tangible assets Profit on disposal of tangible assets Decrease in stocks		960,430 155,058 (68,694) 871	1,356
	Increase in debtors Increase in creditors due within one year		(223,507) 160,189	318,764 (82,137)
	Net cash flow from operating activities		£ 984,347	£ 632,872
2	Analysis of changes in cash and cash equivalents during the year		1993 £	1992 £
	Balance at 1 November 1992 Net cash flow		83,206 89,550	(194,644) 277,850
	Balance at 31 October 1993		£ 172,756	£ 83,206
3	Analysis of the balances of cash and cash equivalents as shown in the balance sheet	1993 £	1992 £	Change in year £
	Cash at bank and in hand	172,756	83,206	89,550
		£ 172,756	£ 83,206	£ 89,550
4	Analysis of changes in financing during the year		Share capital	Loans and finance lease obligations
			£	£
	Balance at 1 November 1992 Cash flow from financing		6,349,544	6,324,695 (581,378)

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Notes to the Financial Statements for the year ended 31 October 1993

- 1. Accounting Policies
- 1.1 Accounting convention

The financial statements are prepared under the historical cost convention modified to include the revaluation of freehold land and buildings and include the results of the company's operations as indicated in the directors' report, all of which are continuing.

1.2 Turnover

Turnover represents amounts receivable for goods and services provided in the UK net of VAT and trade discounts.

1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or valuation less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Leasehold properties - Straight line over the life of the lease Fixtures, fittings and equipment - 5 - 10 years Motor vehicles - 5 years

No depreciation is provided in respect of freehold or long leasehold land or buildings as it is the company's policy to maintain these so as to extend their useful lives.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Stock

Stock is valued at the lower of cost and net realisable value.

1.6 Pensions

The pension costs charged in the financial statements represent the contributions payable by the company during the year in accordance with SSAP 24.

1.7 Deferred taxation

Provision is made for deferred taxation using the liability method to take account of timing differences between the incidence of income and expenditure for taxation and accounting purposes except to the extent that the directors consider that a liability to taxation is unlikely to crystallise.

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Notes to the Financial Statements for the year ended 31 October 1993

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the U.K.

3.	Operating Profit	1993	1992
	perating profit is stated after charging;	£	£
	Depreciation of tangible assets Hire of plant and machinery Operating lease rentals	155,058 3,715	160,191 3,762
	- Land and buildings Auditors' remuneration	5,000 12,000	5,000 11,500
4.	Other Interest Receivable and Similar Income	1993 £	1992 £
	Bank interest received Other interest received	4,470 375	501 263
		£ 4,845 £	764
5.	Interest Payable	1993 £	1992 £
	On bank loans and overdrafts On loans repayable after 5 years On overdue tax	7,427 533,021 134	12,417 296,427
	Other	1,208	1,056
		£ 541,790 £	309,900

6. Taxation

The company had carry forward losses of £3,500,000 (1992 - £3,900,000) at the balance sheet date.

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Notes to the Financial Statements for the year ended 31 October 1993

7.	Tangible Assets						
	-	Land and		Land and	Fixtures,		
		buildings		sbuildings		vehic	Les
		Freehold		dLeasehold (long)	edurbmenc		
		£	£	£	£	£	£
	Cost or valuation		-		_		
	At 1 November 1992		301,947		1,133,706		
	Additions	5,604	-	24,375	26,707	3,000	
	Revaluation Disposals	750,000	_	148,619) (11,730)		898,619 (200,844)
	praposars			(109,114)			(200,044)
	At 31 October 1993	5,255,604	301,947	1,916,041	1,148,683	106,933	8,729,208
	Depreciation						
	At 1 November 1992	<u>-</u>	37,883	-	360,257	74,910	473,050
	On disposals	-	<u>-</u>	-	(3,107)		(3,107)
	Charge for year	-	17,194	-	120,546	17,318	155,058
	At 31 October 1993		55,077		477,696	92,228	625,001
	At 31 October 1995	' 					025,001
	Net book values						
	At 31 October 1993	3 5,255,604	246.870	1,916,041	670.987	14,705	8,104,207
							, = , , , ,
	At 31 October 1992	4,500,000	264,064	1,932,161	773,449	29,023	7,498,697

Freehold properties were revalued on 8th March 1994 on the basis of an open market valuation for existing use by Erdman Lewis, International Property Consultants.

8.	Stocks	1993 £	1992 £
	Finished goods and goods for resale	7,443	8,314
9.	Debtors	1993 £	1992 £
	Trade debtors Other debtors Prepayments and accrued income	545,071 1,101 46,052	343,857 1,124 23,736
		£ 592,224	£ 368,717

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Notes to the Financial Statements for the year ended 31 October 1993

10.	Creditors: amounts falling due within one year	1993 1992 £ £
	Bank loans and overdrafts Trade creditors Taxes and social security costs Other creditors Accruals and deferred income	316,250 316,250 237,674 214,831 73,898 78,048 133,456 161,392 406,673 220,460
		£1,167,951 £ 990,981
11.	Creditors: amounts falling due after more than one year Loans	1993 1992 £ £ 5,427,067 6,008,445
	Loans	
	Not wholly repayable within five years by instalments Variable rate secured	
	loan notes 1991-2002	3,653,317 4,124,695
	Term loan	2,090,000 2,200,000
	Included in current liabilities	5,743,317 6,324,695 (316,250) (316,250)
		£5,427,067£6,008,445

The loan notes and the term loan are secured by fixed charges on the company's tangible fixed assets and by floating charges on all assets of the company.

The loan notes and the term loan are repayable by equal six monthly instalments from June 1993 to December 2002. Interest is payable on each loan at 3% above LIBOR.

12. Pension Costs

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Pension costs represent contributions to a money purchase scheme for all eligible employees.

Notes to the Financial Statements for the year ended 31 October 1993

13.	Share Capital	1993 £	1992 £
	Authorised 9,000 New ordinary shares of 1p each 30,562,500 'A' ordinary shares of 50p each 800,000 New preference shares of £1 each 25,000,000 New deferred shares of 50p each	90 15,281,250 800,000 12,500,000 £ 28,581,340	90 15,281,250 800,000 12,500,000 £ 28,581,340
	Allotted, called up and fully paid 8,600 New ordinary shares of lp each 8,152,526 'A' ordinary shares of 50p each 800,000 New preference shares of £1 each 2,652,524 New deferred shares of 50p each	86 4,076,263 800,000 1,326,262	86 4,076.263 800,000 1,326,262
		£ 6,202,611	£ 6,202,611

The company has issued warrants and options over 400 new ordinary shares exercisable at £200 per share. The 210 warrants are exercisable between 30th September 1994 and 18th.November 2001 and the 190 options, which have been issued under an approved Inland Revenue share option scheme, are exercisable between 30th September 1994 and 30th September 2001.

The new ordinary shares rank pari passu with the 'A' ordinary shares except that as a class they represent 89.5833% of the voting, income and capital rights applicable to the holders of all ordinary shares.

The 'A' ordinary shares represent in total 10.4167% of the voting, income and capital rights of the ordinary share capital.

The new preference shares are redeemable at par by 31st December 2002.

The new deferred shares have no rights to dividends or to voting and only minimal rights in the event of a winding up.

14.	Revaluation Reserve	199 3 £	1992 £
	Balance brought forward at 1 November 1992 Revaluation during the year Transfer of realised profits	486,085 898,619 69,309	486,085
	Balance carried forward at 31 October 1993	£1,315,395	£ 486,085

Notes to the Financial Statements for the year ended 31 October 1993

15.	Profit And Loss Account	1993 £	1992 £
	Accumulated losses at 1 November 1992 Retained profit for the year Transfer from revaluation reserve	(5,876,121) 423,485 69,309	(5,784,939) (91,182)
	Accumulated losses at 31 October 1993	£(5,383,327)	(5,876,121)
16.	Reconciliation of Movements in Shareholders' F	runds 1993 £	1992 £
	Profit for the financial year Other recognised gains and losses	423,489 898,619	
	Net addition to shareholders' funds Opening shareholders' funds	1,322,104 959,508	(91,182) 3 1,050,690
	Closing shareholders' funds	£2,281,61	£ 959,508
17.	Financial Commitments At 31 October 1993 the company had annual common-cancellable operating leases as follows:	nitments unde	r
	·	Land and 1993	d buildings 1992 £
	Expiry date:	r 00	
	In over five years	5,00	5,000

5,000 £

5,000

Notes to the Financial Statements for the year ended 31 October 1993

Directors' Emoluments	1993 £	1992 £
Remuneration	198,123	115,786
Emoluments disclosed above (excluding pension contributions) include amounts paid to:		
The chairman	£ 55,532	£ 30,000
The highest-paid director	£ 126,071	£ 75,000
Other directors' emoluments (excluding pension contributions) were in the following ranges:	Number	. Number
£Nil - £5,000 £5,001 - £10,000	1	1
•		
Employees		
Number of employees		
The average weekly number of employees (including directors) during the year was:	1993 Number	1992 Number
Full time Part time	139 86	
	225	253
Employment costs		
	£	£
Wages and salaries Social security costs Other pension costs	2,574,670 238,110 17,743	2,676,917 245,332 16,388
	£2,830,523£	2,938,637
	Remuneration Emoluments disclosed above (excluding pension contributions) include amounts paid to: The chairman The highest-paid director Other directors' emoluments (excluding pension contributions) were in the following ranges: ENIL - £5,000 £5,001 - £10,000 Employees Number of employees The average weekly number of employees (including directors) during the year was: Full time Part time Employment costs Wages and salaries Social security costs	Emoluments disclosed above (excluding pension contributions) include amounts paid to: The chairman £ 55,532 The highest-paid director £ 126,071 Other directors' emoluments (excluding pension contributions) were in the following ranges: ENil - £5,000 1 1 1 Employees Number of employees The average weekly number of employees (including directors) during the year was: Full time Part time 1399 Full time Part time 666 Employment costs £ Wages and salaries 2,574,670 Social security costs 238,110 Other pension costs 17,743