



Companies House
— for the record —

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **24/03/2011**

X4S58SPN

Company Name: **BENEFIT HEALTH FOODS LIMITED**

Company Number: **02139599**

Date of this return: **01/03/2011**

SIC codes: **7499**

Company Type: **Private company limited by shares**

Situation of Registered Office: **SAPPHIRE COURT SAPPHIRE COURT
WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS JENNIFER ANNE**

Surname: **BRIERLEY**

Former names:

Service Address: **SAPPHIRE COURT SAPPHIRE COURT
WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Company Director ***I***

Type: **Person**

Full forename(s): **MR ANDREW JOHN**

Surname: **WILLETTS**

Former names:

Service Address: **SAPPHIRE COURT SAPPHIRE COURT
WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Country/State Usually Resident: **GREAT BRITAIN**

Date of Birth: **16/06/1963** *Nationality:* **BRITISH**

Occupation: **CHARTERED ACCOUNTANT**

Company Director 2

Type: **Person**
Full forename(s): **MR PETER**

Surname: **SMERDON**

Former names:

Service Address: **SAPPHIRE COURT SAPPHIRE COURT
WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **20/10/1950** *Nationality:* **BRITISH**
Occupation: **COMPANY SECRETARY**

Statement of Capital (Share Capital)

Class of shares	ORDINARY ?1	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WIND UP) RIGHTS. THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/03/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **2 ORDINARY ?1 shares held as at 2011-03-01**
Name: **LLOYDS CHEMISTS LIMITED**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.