



Companies House
— for the record —

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Annual Return



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Company Name: **BENEFIT HEALTH FOODS LIMITED**

Company Number: **02139599**

Company Details

Period Ending: **01/03/2008**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

7499

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**SAPPHIRE COURT
WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Details of Officers of the Company

Company Secretary 1:

Name: **MRS JENNIFER ANNE BRIERLEY**
Address: **65 OPHELIA DRIVE, HEATHCOTE
WARWICK
WARWICKSHIRE
ENGLAND
CV34 6XJ**

Director 1 :

Name: **MR ANDREW JOHN
WILLETTS**
Address: **UPPER WICK COTTAGE, UPPER WICK
LANE
RUSHWICK
WORCESTERSHIRE
GREAT BRITAIN
WR2 5SU**

Date of Birth: **16/06/1963**
Nationality: **BRITISH**
Occupation: **CHARTERED ACCOUNTANT**

Director 2 :

Name: **MR PETER SMERDON**
Address: **40 STONETON CRESCENT
BALSALL COMMON
COVENTRY
WARWICKSHIRE
ENGLAND
CV7 7QG**

Date of Birth: **20/10/1950**
Nationality: **BRITISH**
Occupation: **COMPANY SECRETARY**

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
Other	2	GBP2
<i>TOTALS</i>		
	2	GBP2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/03/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

2 ORDINARY SHARES OF #1 EACH Shares held as at 01/03/2008

Name:

LLOYDS CHEMISTS LIMITED

Address:

**SAPPHIRE COURT WALSGRAVE TRIANGLE
COVENTRY
ENGLAND
CV2 2TX**

Authorisation

Authoriser Designation: **director**

Date Authorised: **31/03/2008**

Authenticated: **Yes (E/W)**