



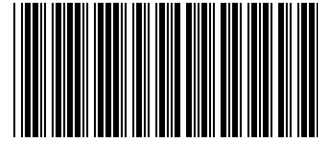
**Companies House**  
— for the record —

**288c<sub>(ef)</sub>**

**Change in the details of a Director or Secretary**

*Company Name:* **BENEFIT HEALTH FOODS LIMITED**

*Company Number:* **02139599**



XAMAJLBI

*Received for filing in Electronic Format on the:* **13/12/2006**

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*Personal Details Prior to Change*

*Position:* **DIRECTOR**

*Date of Birth:* **17/11/1952**

*Original Name:* **MR JOHN HOOD**

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*New Details*

*Date of Change:* **10/11/2006**

*New Address:* **27 MEDINA HOUSE DIGLIS DOCK ROAD  
WORCESTER WR5 3DD**

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*Authorisation*

*Authoriser Designation:* **DIRECTOR** *Date Authorised:* **13/12/2006** *Authenticated:* **Yes (E/W)**