



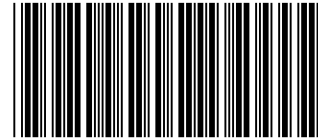
Companies House
— for the record —

288b_(ef)

**Termination of Appointment of a Director
or Secretary**

Company Name: **BENEFIT HEALTH FOODS LIMITED**

Company Number: **02139599**



Received for filing in Electronic Format on the: **18/04/2007**

XWKH00TB

Resignation Details

Position: **DIRECTOR** *Date of Resignation:* **31/03/2007**

Name: **MR JOHN HOOD** *Date of Birth:* **17/11/1952**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **18/04/2007** *Authenticated:* **Yes (E/W)**