



Please complete in typescript,
or in bold black capitals

288c

CHANGE OF PARTICULARS for director or secretary (NOT for appointment (use Form 288a) or resignation (use Form 288b))

Company Number

2139599

Company Name in full

BENEFIT HEALTH FOODS LIMITED



* F288CD40 *

Date of change of particulars

Day Month Year

03 09 97

Changes of
particulars
form

Complete in all cases

Name *Style / Title

MR

*Honours etc

Forename(s)

GRAHAM ANTHONY

Surname

KERSHAW

† Date of Birth

Day Month Year

23 12 52

Change of name
(enter new name)

Forename(s)

Surname

Change of usual residential address
(enter new address)

Post town

County / Region

Country

SELSLEY HOUSE, WESTHORPE

SIBBERTOFT

LEICESTERSHIRE

ENGLAND

Postcode LE16 9UL

Other change

(please specify)

A serving director, secretary etc must sign the form below.

Signed

Date

03 SEP 1997

(by a serving director / secretary / administrator / administrative receiver / receiver-manager / receiver)

MR J R B DAVIES, AAH PLC, HAMPTON COURT, TUDOR ROAD, MANOR PARK, RUNCORN, WA7 1TX

Tel 01928 579393

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.



A23 *A1FVWYT8* 528
COMPANIES HOUSE 04/09/97