



Please complete in typescript,
or in bold black capitals.

287

Change in situation or address of Registered Office

Company Number

2139599

Company Name in full

BENEFIT HEALTH FOODS LIMITED



* F2870D40 *

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

Address

HAMPTON COURT, TUDOR ROAD

MANOR PARK

Post town

RUNCORN

County / Region

CHESHIRE

Postcode

WA7 1TZ

Signed

Date

26 June 1997

† Please delete as appropriate.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

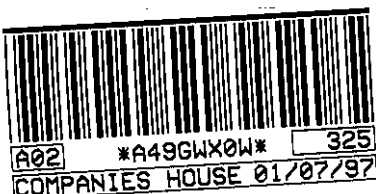
† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

MR J R B DAVIES, AAH PLC, HAMPTON COURT, TUDOR ROAD, MANOR PARK, RUNCORN, WA7 1TX

Tel 01928 579393

DX number

DX exchange



When you have completed and signed the form please send it to the Registrar of Companies at:
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales
or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland
DX 235 Edinburgh