



Please complete in typescript,
or in bold black capitals

CHFP029

288b

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

2139599

Company Name in full

BENEFIT HEALTH FOODS LIMITED

Date of termination of appointment

Day		Month		Year	
3	0	0	9	2	0
				0	2

as director

☒

as secretary

☐

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

MR

*Honours etc

FCA

Please insert
details as
previously
notified to
Companies House.

Forename(s)

RONALD CHARLES HAROLD

Surname

VIZARD

†Date of Birth

Day		Month		Year	
2	1	0	1	1	9
				4	6

A serving director, secretary etc must sign the form below.

Signed

Date

01 OCT 2007

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving ~~director~~ / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

MISS A WYLLIE, GEHE UK PLC, SAPPHIRE COURT, WALSGRAVE TRIANGLE, COVENTRY,

WARWICKSHIRE, CV2 2TX

Tel 024 7643 2513

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

