



Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 2032661

Company Name in full FSHC (UK) Limited

Date of appointment
Day Month Year
3 1 0 3 2 0 0 5

†Date of Birth
Day Month Year
2 8 1 0 1 9 6 1

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME *Style / Title

Mr

*Honours etc

Forename(s)

Nicholas John

Surname

Mitchell

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential
address

Lymbrook, 53 Dore Road, Dore

Post town

Sheffield

Postcode

S17 3NA

County / Region

South Yorkshire

Country

UK

†Nationality

British

†Business occupation

Director

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / secretary of the above named company

Date

3/4/05

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

07.04.05

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

(*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Geoff Crowe, Four Seasons Health Care, Emerson Court, Alderley Road,

Wilmslow, Cheshire, SK9 1NX

Tel 01625 417800

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2



A07
COMPANIES HOUSE

0614
13/04/05

Form April 2002

Company Number 2032661

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

LIST OF CURRENT DIRECTORSHIPS

Nicholas John Mitchell

D.O.B.: 28/10/1961

Lymbrook
53 Dore Road
Dore
Sheffield
S17 3NA

Four Seasons Group Directorships

Acegold Limited
Alliance Care (Dales Homes) Limited
Alliance Care (Trendlewood) Limited
Alliance Care (Woodside) Limited
Atlas Healthcare Limited
Atlas Healthcare (South West) Limited
Bearehill Limited
The Belmont Nursing Home Limited
Bewick Waverley Limited
Caledonian Care Limited
Caledonian Care (Turriff) Limited
Cedarhurst Lodge Limited
Chapelfield View Limited
Chestnut Lodge Limited
Continental 89 Limited
Continental 92 Limited
Cotswold Spa Retirement Hotels Limited
County Healthcare Group Limited
County Healthcare Limited
County Healthcare (P2) Limited
Doulton Court Limited
Dounemead Limited
Duncare Limited
Edgewater Lodge Limited

Fife Developments Limited
Fife Health Care Limited
Fife Nursing Homes Limited
Fife Nursing Services Limited
Focus Assessment and Rehabilitation Services Limited
Forebank Limited
Four Seasons Group Limited
Four Seasons Healthcare Limited
Four Seasons Health Care (Capital) Limited
Four Seasons Health Care (England) Limited
Four Seasons Health Care Group Limited
Four Seasons Health Care Holdings Plc
Four Seasons Health Care Investments Limited
Four Seasons Health Care (Isle of Man) Limited
Four Seasons Health Care Properties (Care Homes) Limited
Four Seasons Health Care (Northern Ireland) Limited
Four Seasons Health Care Properties (Frenchay) Limited
Four Seasons Health Care Properties Limited
Four Seasons Health Care Properties (Specialist) Limited
Four Seasons Homes (Ilkeston) Limited
Four Seasons Health Care (Scotland) Limited
Four Seasons Homes No.1 Limited
Four Seasons Homes No.2 Limited
Four Seasons Homes No.3 Limited
Four Seasons Homes No.4 Limited
Four Seasons Homes No.5 Limited
Four Seasons Homes No.6 Limited
Four Seasons Nursing Services Limited
Four Seasons Property Management Limited
FSHC Corporate Services Limited
FSHC Developments Limited
FSHC (Holdings) Limited
FSHC Holdings (UK) Limited
FSHC Management Services (Galashiels) Limited
FSHC Management Services (CM) Limited
FSHC Management Services (Kings Reach) Limited
FSHC Management (Saddle Mews) Limited
FSHC (UK) Limited
Grandcross Limited
Guthrie Court Limited
The Huntercombe Edinburgh Hospital Limited

Huntercombe Manor Limited
Idun Management Services Limited
Keelex 115 Limited
Keslaw Limited
Laudcare Limited
Laurels Lodge Limited
Leeland Limited
Linecrest Limited
Linecrest (2001) Limited
Lisnisky Limited
Lodge Care Plc
Lodge Care Services Limited
Lunan House Limited
Maldcare Limited
Meadowvale Care Limited
Mericourt Limited
North East Pharmacies Limited
Osborne Limited
PH Developments Limited
PH Homes Limited
PH Property Company Limited
Principal Healthcare Finance Limited
Principal Healthcare Finance (UK) No.1 Limited
Principal Healthcare Finance (UK) No.2 Limited
Principal Healthcare Plc
Regency House Limited
Regency House (2001) Limited
Ringdane Limited
Roseguard Properties Limited
Rosevale Lodge Limited
Saintfield Limited
Sandown Care Services Limited
Springfield House (Oaken) Limited
Springfield House (Oaken) (2001) Limited
St.Cuthberts Nursing Agency Limited
Tamaris Care Properties Limited
Tamaris (England) Limited
Tamaris Healthcare (England) Limited
Tamaris Healthcare (N.I.) Limited
Tamaris Management Services Limited
Tamaris (RAM) Limited

Tamaris (Scotland) Limited
Tamaris (South East) Limited
Tamaris (Templemoyle) Limited
Tamcare Limited
Tameng Care Limited
Tamhealth Limited
Tammillec Limited
Tamscot Care Limited
Tamulst Care Limited
Vale Court Care Home Limited
Westview Lodge Limited