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Lambeth and Southwark Mind

Report and Financial Statements

for the year ended
31st March 2018

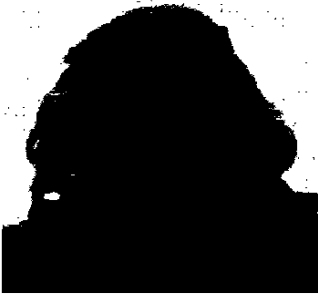
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Chair's introduction



I have been delighted to witness the continued development of Lambeth and Southwark Mind's profile over the last year. We have reaped the benefits of investment in our fundraising and digital departments, such that we are now better connected to our local beneficiaries than ever before; we have retained all of the services which we took on over 2016-17 within our varied profile, and seen increasing levels of demand for all of these; and have expanded the reach of our local reputation as a source of user-guided, high-quality alternative mental healthcare.

We have secured relationships with a number of new funders this year, whose generosity has helped to reinforce our financial security. We are now in a position to pursue exciting projects across our service profile. Most notable of these is the expansion of our psychotherapy clinic, which was set up last year. 'Psychotherapy for All' is being funded in full by the Big Lottery's Reaching Communities Fund until 2022, and will provide free, long-term psychotherapy for many more clients in need of affordable help for their mental health. We are proud to be the only organisation in London offering an innovative, free service of this kind, and are immensely grateful for this opportunity from the Big Lottery Fund to break further ground in this field.

The changing digital landscape around us necessitated an evaluation of our online platforms, which many of our beneficiaries use as a first port of call for accessing our services. We were pleased to redesign our website, and to launch our Twitter and Facebook pages, at the end of 2017: together, these are reaching thousands of new viewers and readers. Over the course of next year we will be further developing these platforms and expanding our digital reach to more people in need of help.

We have also been encouraged to engage more directly with our service users, through the guidance offered by our new funders with regards to project reporting. We are making sure to solicit feedback on regular bases from service users and project facilitators, to gain closer insight into the evolving requirements of our beneficiaries. Through effectively communicating these requirements to our funders, we can ensure that we are using the resources offered to us in a truly user-led manner. I look forward to observing the continued evolution of these services over the coming years.

Our relationship with insurance firm Royal London, who chose us as their charity partner for 2016-17, has continued to flourish. We've been delighted to meet so many staff through their participation in our events, and their invitations to us to give presentations and run information stalls at their offices. We will be using our newly-developed presentation resources over 2018-19 to build new relationships with even more organisations.

These events have constituted just one part of our broad events programme over 2017-18, which have brought us into contact with an unprecedented amount of new supporters – and indeed friends. Our thanks go out to all teams, organisations and individuals who have supported us over the last year: your generosity really has helped us make a difference.

We also would not have been able to realise so many of the ambitions which we set out for ourselves last year without our hardworking team, whose astounding dedication must be acknowledged in this report. We have regretfully said goodbye to some staff members over the course of the year, but have been thrilled to welcome several new staff members, trustees and volunteers into our organisation. Together we offer an expansive range of ideas, perspectives and skills, which is certain to propel us towards ever-better service of the residents of our two boroughs.

We look forward to our upcoming Away Day in 2019, which we will use to begin developing a new three-year strategy for our organisation. In particular, we will be considering how we will build on the achievements of this year by further developing our services and diversifying our income streams.

Anna Minton

Chair of Trustees
September 2018

Trustees' Report

who we are

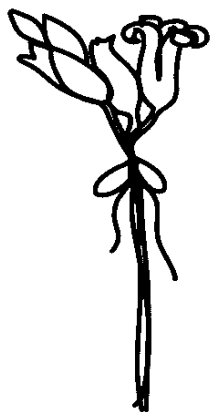
We are an independent charity providing free, long-term therapies and peer-supported groups for adults in Lambeth and Southwark who experience mental distress. We stand for complex, ethical and considerate responses to mental ill-health in the inner city.

Our work is driven by our understanding that mental illness is not simply a product of brain disease, as is asserted in biological psychiatry, but a range of conditions which are deeply entrenched in inequalities of class, race, gender and sexuality.

As such, we believe that mental health treatments need to be ethically tailored to the needs of each individual who seeks it, rather than being based on standardised, 'one-size-fits-all' methodology.

We draw on sociological thinking, service user experiences and psychotherapeutic and psychoanalytical thinking to offer unique, thoughtful and ethical responses to the needs of each individual who comes to us for help.

In this way, we help our service users develop support systems within themselves and within their local communities.



contents

This is an interactive document. You can click on the headings below to jump to different areas of the report, and click the home button on each page to return here at any time. Enjoy!

Chair's Introduction

TRUSTEES' REPORT

Who we are

Contents

Strategic Report

Last year's objectives

What we achieved

Activities and Performance

Psychotherapy For All

Young People's Counselling Project

Information Service

Peer Support Groups

Southwark User Council

Volunteer Programme

Events

Digital

Partnerships

Additional Thanks

Delivering public benefit

Financial Review

Structure, Governance, Management and Staff

Statement of Responsibilities of the Trustees

FINANCIAL STATEMENTS

Reference and Administrative Details

Financial Statements

Independent Examiner's Report



Strategic Report

last year's objectives

In the light of our expansion over last year, we decided our main objective for 2017-18 would be to consolidate the quality and scope of our service offer.

As part of this, we wanted to aim to secure more long-term sources of funding for our service programme.

This was to ensure we could deliver our services more reliably, and develop plans to improve them even more in the future.

Our other key priorities were:

to scale up our psychotherapy and psychosis therapy services; to participate in and organise an increased number of sponsored events, and explore commercial opportunities, to provide us with new sources of income.



what we achieved

Raised over £115,000 in charitable grant funding

Secured funding from the Big Lottery Reaching Communities Fund to launch 'Psychotherapy for All', our pioneering free psychotherapy clinic

Helped 1,180 beneficiaries across all 10 of our major projects



Took on 24 volunteers across our Infoservice, therapy and digital departments

Answered over 1,200 enquiries through our Information Service

Redesigned and launched our new website and digital platforms

Held and participated in five major events

Set up the opening of our first retail space

Completed a new evaluation of our peer support services, commissioned from LSBU to be published in T&F's *Journal of Mental Health*

Formed three new company partnerships



activities and performance

Psychotherapy For All

At Lambeth and Southwark Mind, we work on the front-line with adults who experience serious mental distress. We know from their stories that there are not enough long-term talking therapies available on the NHS, and that private therapies are often too expensive for those who are most in need.



**NATIONAL
LOTTERY FUNDED**

We have spent the last three years developing a free, long-term psychotherapy clinic in the heart of Brixton for adults on very low incomes and benefits. We were able to begin this work in 2017 with a grant from The People's Postcode Trust. The PFA will now be funded by the Big Lottery's Reaching Communities Fund in full, until 2022.

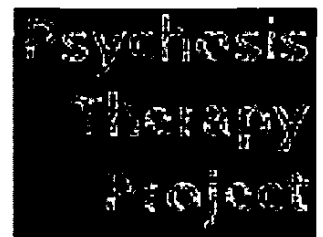
Our clinic is made up of two services: one for clients experiencing psychosis, and one for clients experiencing other moderate to severe mental health difficulties.

Psychosis Therapy Project

The PTP is a specialist therapy service for people with an experience of psychosis.

The large majority of the PTP's service users are subject to social and economic exclusion with severely under-served needs.

People with a diagnosis of psychosis are generally not eligible for psychotherapy in statutory services. Beyond medication and time-limited psychological therapies (CBT predominantly), long-term talking therapy remains widely unavailable to those who cannot afford private treatment. In this sense the PTP is providing a unique service in the UK, serving the complex needs of vulnerable and underprivileged people. The PTP at Lambeth and Southwark Mind has been operating successfully as a pilot since February 2017. It is in the process of expanding as a fully established service, offering one year of free specialist psychotherapy to up to 25 service users per year across Lambeth and Southwark.



Psychotherapy Service (General)

Lambeth and Southwark Mind's Psychotherapy Service offers free weekly talking therapy of up to one year for clients experiencing moderate to severe anxiety, depression and other mental health difficulties. The service began in the summer of 2015, and has been steadily expanding ever since to accommodate more and more local people in need of help with their mental health. The service is run by a team of advanced trainee and qualified psychotherapists from a wide range of trainings and backgrounds, which reflects the diversity of the neighbourhoods we serve. In 2019 we are planning to revamp our therapy rooms to create a more welcoming, soundproof and therapeutic environment for both our therapists and clients.

Young People's Counselling

This one-year pilot young people's project with the Prince's Trust site in Kennington which started in 2017 has continued into its first official year. The project is being very kindly funded by the Berkeley Foundation.



**YOUTH
CAN
DO IT**

This project has two elements. We have a counsellor working one day a week, offering up to eight weekly hour-long 1:1 wellbeing sessions for clients. We also have a facilitator running a fortnightly Wellbeing Group for two hours. Discussion in the Wellbeing Group is focused on different, specific themes each week, so as to keep clients engaged.

This project has been successful in offering much-needed mental health support to young people who are being supported by the Prince's Trust, and is continuing at least for the rest of 2018.

Information Service



The Information Service provides a confidential telephone and email sign-posting service. Callers come from all walks of life and across all age groups. The issues that people want help with can vary hugely, so we make sure to sign-post our callers as appropriately as possible to the help they need.

The most common enquiries this year have been for access to Lambeth & Southwark Mind's peer-support services. This is consistent with data from previous years, and demonstrates the scale of local demand for these services.

"Thank you for this information and for the kind response on the phone."

Other issues that the Information Service signposts for include: benefits; housing; advocacy; NHS services; SLaM services; legal advice; immigration services; disability resources; BaME services, and services for young and older people.

"Thank you so much for taking your time to reply to my email and give me all information and suggestion, I appreciate it very much."

The vast majority of IS enquirers contact us by phone. Callers comprised 60% of our enquirers over the last year, compared to 37% email enquirers and 3% face-to-face clients. Almost half of all enquirers were mental health service users, with a further quarter being local mental healthcare professionals. There were almost twice as many female callers than male in 2017-18.

"Thank you for the email, and follow up. It's a sign of good people, caring people are around... if you hadn't told me about that program they would not have not mentioned it."

Directory

The main focus this year has been on researching new services and organisations that would be relevant and helpful to the community we serve.

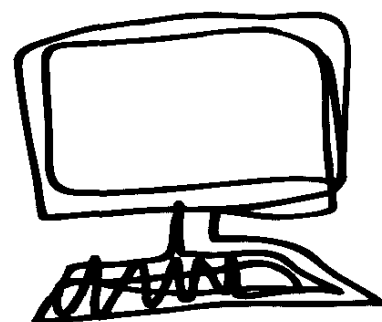
Our volunteers have increased the number of entries to 625, and made 143 updates to existing entries. These figures are reflective of the hard work and dedication that our volunteers exhibit.

"I think that persevering with the voluntary work, no matter how bad I felt, gave me a sense of purpose and got me out of the house, plus the opportunity to interact with other people."

Our volunteers are supported in gaining self-confidence, developing new skills and building confidence around interacting with others. They have opportunity to progress from directory-updating to answering emails and phone-calls. Appropriate training is provided to support the volunteers along the way.

We welcome volunteers who have lived experience of mental health difficulties.

This year we have supported twelve Information Service volunteers in total. Of these, two have moved on to employment opportunities from working with us, and four others have gone on to develop their skills in other voluntary settings.



Peer Support Groups

Kindred Minds

*A group for Black and Asian adults
experiencing mental ill-health and discrimination*

THE WASHFRIARS TRUST

This year, Kindred Minds has welcomed an average of 15 members per session. We meet fortnightly for themed discussions at our site at The Blackfriars Settlement.

We have held a variety of activities during and between sessions for our members this year, including focus group participation; user involvement endeavours; cinema visits and meals out.

Like many support groups for traumatized people, we face challenges as facilitators and members. Many of our attenders are still healing from personal trauma and ill-health, and bring this healing process to the group setting. This process can take longer than desired for many people.

We plan to explore many other ways to help people heal, have fun and find their strength along the way. In 2018-19, we would like to offer our group members more group outings; key note speakers; music & dance; film nights; fundraising events, and awareness campaigning.

"I am always encouraged to express myself in whatever way I choose...this is very important to me, especially being among those who feel their voices are not always heard."



**South London
and Maudsley**
NHS Foundation Trust

Hearing Voices

*A group for adults with lived experience of voice-hearing
and paranoia*

The Hearing Voices Group runs weekly, usually 51 weeks a year for two hours. We don't run when the venue (Cambridge House) is closed between Christmas and New Year. The group operates as a "drop in".

Over the past year the group has had between five and 18 attendees.

Roughly ten people attend regularly (at least fortnightly).

The main challenge is, when the group is large, allowing time for all members to contribute. Recent successes include the regular attendance of younger group members for whom hearing voices (and mental health services) are a newer, and therefore more distressing, experience.

Peer Support Group

A daytime group for adults experiencing anxiety, depression and other mental health difficulties

THE WASHINGTON TRUST FUND

LAMBETH
COMMUNITY
FUND

The
Trusthouse
Charitable
Foundation

This year has been a busy one for the PSG. Many new members have joined, whilst others have moved on into paid employment and voluntary roles in the local community. We've been sad to see them go, but heartened that the group has helped them find new paths to explore.

We faced some funding challenges early in the year, and it was thought that we may have to cancel the PSG lunch, which is offered every other week after group meetings. Thankfully, funding has now been secured and we are still going strong.

The group is attended each week by around 8-10 people, although numbers can reach up to 14. There is a good gender mix within the group, with an average age of 40 years; although we do also welcome younger individuals. The group offers a safe space for isolated individuals to come and share their distress with others, who can empathise and offer encouragement.

We also continue to offer information to group members about helpful opportunities they can take outside the group. These include volunteering opportunities; recovery college courses; external agencies; 12-step fellowships, and much more.

"The group was a place where I felt safe enough to express exactly how I was feeling. Frankly I don't know how I would have managed without it."

Friends in Need

An evening support group for adults experiencing anxiety and depression

Friends in Need has been very well attended this year, with averages of 10-14 people attending each week. This support group was offered to service users free of charge and was ran between the hours of 18.30-20.00pm. This in itself was quite unique as there very few support groups which were offered at this time of the evening.

The group was developed specifically for individuals who experience anxiety and/or depression. It offers members a safe and confidential space to come and share their distress with other like-minded individuals. The group helps members to normalise their thoughts, share their experiences and offer advice to each other about recovery. I often integrated some CBT worksheets this group for service users to bring home and work on throughout the week. Many felt that this was also very helpful for their recovery process.

Southwark Women's Forum

A group for women aged 18+ with lived experience of mental ill-health



**Southwark Clinical
Commissioning
Group**

The number of attendees has grown this year from an average of 20 to 23 with highs of 28. The number of regulars (attending 4-6/6 months) averaged at 16. Over the year, 9 guest speakers visited the forum to deliver presentations on welfare advice (Lambeth Law Centre), family legal advice (Coram Children's Legal Centre), self-management (Self-Management UK), theatre/ film project (Feral Foxy Ladies and Kaleidofilms), design for wellbeing (Bidean Design) and a session for the group to meet our funders.

Highlights of the year included: a day trip to Brighton, a festive meal at Abbeville's, 5 theatre outings (Apollo and Young Vic Theatres), 3 day trips to Kew Gardens, 2 private art workshops (The Queen's Gallery, Buckingham Palace), a private 7 week self-management course (Self-Management UK), a private choir singing workshop (The Choir With No Name), a cinema outing and a summer barbecue.

Many members were linked up to other organisations to take part in external opportunities (eg. The Bridge project for a 12 week lifestyle/ health programme or The Young Vic and A Choir With No Name for a 5 week choir singing community project).

"The Women's Forum has built up my confidence and I can feel that I am gaining a lot of strength...also the sense of being comfortable and feeling safe. I really thank you."



**Southwark Clinical
Commissioning
Group**

Open Minds

A drop-in group for adults who have had experience of mental health difficulties and contact with mental health services

2017-18 has been a steady year for Open Minds. We have had on average of 14 weekly attendees, which can swell to 18-20 with people dropping in and out of the group during the three-hour drop-in service.

This year we included art therapy in some group sessions, and encouraged some of our budding musicians to bring along their instruments to the group and play some of their own music. Other members have even written poetry and spoken word for the group over the year. We've been so inspired by our group members' artistic talents that we are now planning to write a song together, which will reflect members' experience of the group throughout 2018.

Over the scorching summer, we held a BBQ in Burgess Park and a picnic for group members. These were both fantastic days, and were well attended. Both events were aimed at encouraging service users to use this beautiful park together, and were opportunities to relax and socialise together in the sunshine. We hope to have another BBQ before the end of summer 2018.

Southwark User Council



**Southwark Clinical
Commissioning
Group**

The Southwark User Council (generously funded by Southwark CCG) is a group of service users who visit the wards at SLaM twice a month to attend community meetings and speak to service users about their experiences of being on the wards. They also signpost service users to sources of support after they leave hospital. Council members write up notes of the meetings and then attend monthly meetings with Lambeth and Southwark Mind to feed back their notes. The minutes of these meetings are then shared with SLaM and Southwark CCG, and are used to make improvements to these services.

Volunteer Programme

"I have found volunteering for the Information Service hugely beneficial. It makes me feel really useful to be able to signpost people to the right support."

Our volunteers make it possible for us to help hundreds of people in Lambeth and Southwark every year.

In 2018, we were helped by 25 volunteers across our Information Service and Digital departments. Our volunteers help us with answering phone and email enquiries, keeping our Directory of 600+ local mental health services up-to-date, and with managing our website and social media platforms.

We also supported nine honorary therapists in our General Psychotherapy service over 2017-18. We provided them with an average of three client hours per week (which contributes towards their professional qualification), as well as free supervision.

We've been able to help our volunteers back into employment, education and training, over this year and since we began. But, most importantly, it's one of the ways we help to improve our beneficiaries' mental health.

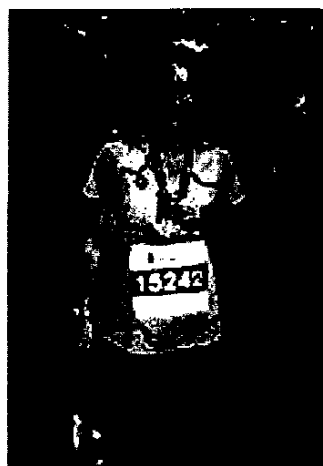
**To everyone who gave up their time to help us in 2017/18 -
a huge thankyou from all of us!!**

Events

Royal Parks Half Marathon 2017

This year, we celebrated the 10th year of the Royal Parks Half Marathon by taking part with a team of 50 incredible runners.

Our team managed to raise an astonishing £20,000 – this was enough to fund two of our peer support groups for a whole year!



The day wasn't without chaos. The pre-planned MegaJenga meeting point had disappeared; the bag-drop queues were three hours long; Dorothée lost her entire family just before starting the race, and our director, Dr Ajay Khandelwal, even got locked in a toilet six miles in!

But despite these stumbling blocks, the smiles from our team members as they crossed the finish line were all even brighter than our sunny yellow vests.

“Running my first ever half marathon to raise money for a charity that gets out there to provide day-to-day support networks and sessions for those dealing with mental health conditions was a real privilege.”

Our special thanks go to...

Nadia for doing all the painstaking admin, t-shirt design, registrations and running. Olivia for cheering us all home at the end. Ninder for her heroic running and fundraising. Teddy and Chloe for the after party feast and who were instrumental in supporting us in year one. Anna Stokes and the Royal London family for their generosity and invaluable partnership. Ed, Fergus and Dorothée for showing additional support to the incredible work they've done for L&S Mind. Our friends at Ritzy Cinema, South Bank University and all other teams and individuals who have supported us.



City Lit and Beyond Words' Mental Wealth Festival – 14th September 2017

The Mental Wealth Festival is a groundbreaking event that highlights the way mental health issues impact on many aspects of daily life.

Nadia and Ajay went to join in on a panel discussion on Disenfranchised Communities with Jeremy Swain, CEO of Thames Reach. The panel was chaired by Baroness Sheila Hollins, chair and founder of Beyond Words.

World Mental Health Day – 10th October 2017

Nadia and Megan organised a 'Tea and Talk' afternoon for all the staff who work in our office building, We Are 335. This was a lovely opportunity to take some downtime away from the desk and catch up with our colleagues. The theme for this year's World Mental Health Day was Workplace Mental Health, so we made sure to share helpful resources from National Mind on this topic like advice leaflets, videos and Wellness Action Plan templates.

We then popped over to Brixton Soup Kitchen to give another presentation. Our talk for staff and visitors at the kitchen was about the work we do and services we offer that they can access. We were pleased to catch up with our friends there and to meet lots of new people.

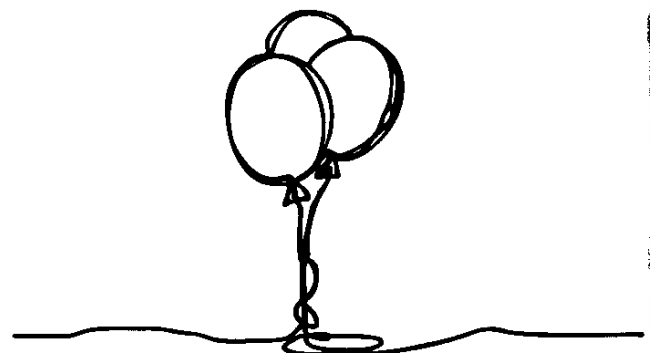


Royal London Charity Roadshow – 30th-31st Jan 2018

Every year, our corporate partner Royal London invite all their London employees to hear from senior members of staff about the successes of their previous year, what's to come in 2018, and to meet their charity partners (including us!). We used the event to promote our community fundraising events, and were pleased to recruit a handful of runners over the two days.

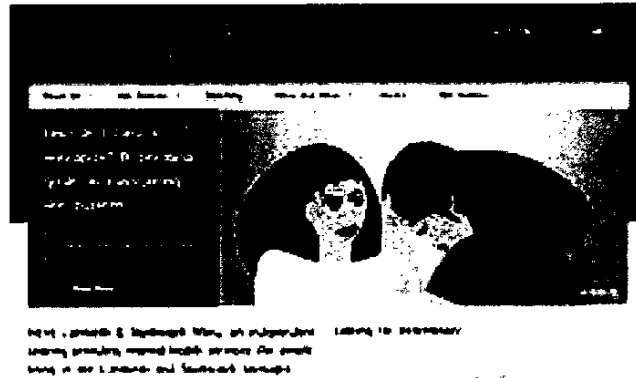
Royal London 'Crafternoon' – 13th March 2018

Olivia, Nadia and Megan joined in Royal London's craft lunch break session for their employees, and again used the occasion to talk about our work and meet employees.

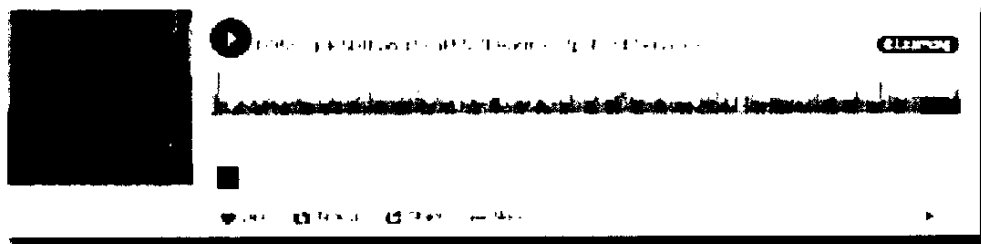


Digital

In 2017, we decided we needed to get a bit more tech-savvy. So we recruited a dedicated Digital Manager for the first time, who redesigned and launched our brand-new website in October in collaboration with Raising IT.



We've used our site to publish news and blogs from our staff team and contributing guest writers on all manner of topics, from lived-experience testimonials to intriguing thinkpieces – and since relaunching, we've reached around 12,000 new readers.



We were also delighted to launch our new podcast, Matters of Mind, in October 2017. In this we've had the pleasure to talk to leading academics, writers and community service providers, who are all working to contribute effective and thoughtful responses to mental ill-health in the inner city.



We've attracted almost 1,200 followers across all of our new social media platforms, which was a new feature of our digital strategy for 2017-18. We're investing in ongoing development of these platforms, so that we can reach out to ever more people and keep up-to-date with local goings-on in the field of mental health.

partnerships

We are proud to be members of the Lambeth Living Well Collaborative: a group of commissioners, providers of health and social care services and service users and carers, working together to improve services for local people with diagnoses of severe mental illness. We continue to work in partnership with Black Thrive in our mission to serve our BAME beneficiaries as best we can.

Local award-winning mental health charity Mosaic Clubhouse kindly offer us free rooms on weekday evenings, from which to run our Psychosis Therapy Project.

Our corporate partnership with pensions and investment company Royal London (London office) has been extended from 2 to 3 years. A team of Royal London staff ran the Royal Parks Half Marathon with us in 2017 and the partnership is flourishing, raising much-needed funds for our work.

We have teamed up with Paper Dog, a creative design agency, to produce materials and leaflets promoting our work and our fundraising.

We were also delighted to be supported by the City Bridge Trust, the Tudor Trust, King's College London Hockey Club, Dulwich Hamlet Football Club, The Ritzy Picturehouse, London South Bank University and the FCA's CEO challenge. Vegan bakery Ms Cupcake also announced this year that they would be sponsoring us with delicious branded cupcakes for 2018's Mental Health Awareness Month.

Our thanks go out to all the organisations we've worked with over the year, and all the friends we've made along the way!



additional thanks

From the CEO, Dr Ajay Khandelwal



I would first like to thank the amazing fifty people who ran for us at the Royal Parks Half Marathon. You have made us the largest local Mind running team in the UK! Your determination and generosity amazes us still, and it's been a pleasure to support and get to know you all this year.

All of our fantastic and generous funders, who appreciate the value of our long-term mental health services in a world of quick-fix mentalities and scarce resources for mental healthcare. We simply could not carry out the work we do without your investment; from all of us, thankyou.

A big thanks also to our corporate partner Royal London and their super charity champions. We can't wait to see what next year brings for our partnership!

I remain incredibly grateful to our volunteers and honorary therapists who give so much behind the scenes; and to our small but incredibly dedicated staff team, who keep the show on the road. Thanks also to Julia Heynat for your professional development coaching and invaluable support of our staff.

The careful work of all clinical supervisors and group facilitators continues to make LSM a truly special place.

We are lucky to have a committed, thoughtful group of trustees to help us to plan for our future, and to fulfil our mission to make sure no-one in our area has to go through a mental

Delivering public benefit

The trustees have had due regard to the Charity Commission's guidance on public benefit when exercising any powers or duties to which that guidance is relevant, in particular when reviewing Lambeth & Southwark Mind's aims and planning future activities. Our aims and activities show that we are committed to improving the lives of local people who are experiencing mental distress, which includes supporting friends, families, carers and professionals.

Mental health plays a part in everyone's lives, and one in four adults experience mental distress each year. Our beneficiaries are not a clearly defined group. Most are from Lambeth and Southwark, but we also help people from further afield. Many are experiencing mental distress, but we also help those who are worried about a family member or friend.

The impact of our work on our beneficiaries is our primary criterion when deciding which activities to undertake and how best to achieve our mission. One of the most valuable forms of evidence stems from the insights of service users.

Financial Review

Summary Financial Activities and Results

	2017 18	2016 17	2015 16
Income	£306,547	£281,604	£205,426
Total expenditure	£329,407	£249,136	£200,321
(Deficit)/surplus for year	£(22,860)	£32,468	£5,105
Charitable expenditure	£321,988	£249,136	£200,321
Unrestricted reserves	£87,232	£76,193	£64,735
Restricted reserves	£9,274	£43,173	£22,163
Total reserves	£96,506	£119,366	£86,898
Increase in unrestricted reserves	£11,039	£11,458	

Funding

Our income is roughly split three ways. We have worked hard to diversify our income sources over recent years. We now receive around one third from Lambeth and Southwark Clinical Commissioning Groups and South London and Maudsley NHS Foundation Trust (SLaM) through service level agreements to provide services in the local area; one third from grant making trusts for specific projects and capacity building; and one third from MIND shop distributions, donations and our fund-raising efforts. 5 years ago, 60% of our income came from service level agreements.

Result for the year

The table above shows that 2017-18 saw a further increase in funding and charitable activities. Although the charity made a small deficit of £22,860 overall, this was because we were using up restricted grant funding that was received in the previous accounting year. Most of our shorter term, restricted funded projects ended at the end of March 2018 and so the outflow of restricted funds and the low level of restricted reserves at the end of March 2018 was expected and was built into our financial planning. We are pleased to report that pledged funding for restricted project work in 2018-19 and beyond is strong and will allow us to develop our services further.

We are also pleased to end the year with a further increase to our unrestricted reserves by £11,039. (2017: a further increase of £11,458). The level of unrestricted reserves is the key to a charity's financial stability and we are making steady progress. However, due to the increase in our activities we are in a catch up game to meet our reserves target, which we explain below:

Reserves

Lambeth and Southwark Mind is a small charity whose work is largely dependent on one-off or limited-term grants from charitable trusts and statutory bodies. The trustees consider that reserves are needed in order to:

- continue the charity's work if there is an income shortfall;
- cover contingencies, such as staff sickness or maternity leave; and
- wind up the charity's activities and meet its liabilities if no further income is secured.

The trustees believe that Lambeth and Southwark Mind's unrestricted 'free' reserves should be sufficient to cover at least four months of its planned activities in the year ahead.

At 31 March 2018, Lambeth and Southwark Mind had total reserves of £96,506 (2017: £119,366) of which unrestricted reserves amounted to £87,232 (2017: £76,193). The unrestricted funds represented the equivalent of 3.2 months (2017: 3.7 months) of current expenditure, so the charity is still looking to build reserves as it expands. Restricted funds amounted to £9,274 (2017: £43,173).

Although the safeguard provided by the level of unrestricted reserves fell by 0.5 month, unrestricted reserves actually increased by £11,039, but not sufficiently compared to the increase in the charity's activities. The charity will continue its efforts to build unrestricted reserves and is encouraged by the increased levels of income derived from its fundraising activities.

Structure, Governance, Management & Staff

Structure

Lambeth and Southwark Mind is a charitable company limited by guarantee, incorporated on 6th May 1985 and registered as a charity on 28 May 1987. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The objects of Lambeth and Southwark Mind are stated in its Articles approved at its AGM on 4 December 2012 as follows: "To promote the preservation and safeguarding of mental health and to assist in the relief and recovery of people experiencing mental health problems or conditions of mental or emotional distress requiring treatment, advice or support, primarily but not exclusively in the London Borough of Lambeth and surrounding boroughs, in association with Mind ("the National Association for Mental Health") and in accordance with the objects of Mind".

Lambeth and Southwark Mind is governed under its Articles of Association approved at its AGM on 4 December 2012. Its business is managed by a Management Committee consisting of the Chair, Deputy Chair, Secretary and Treasurer, who are elected annually at the Annual General Meeting, together with such other members as may be appointed by the Committee up to a maximum of 20. Any members appointed by the Committee retain their office only until the next Annual General Meeting when they are eligible for election. At least 70% of the Committee must be mental health service users, former users or survivors.

Governance

Following the recruitment of a number of new trustees over the past few years, the Management Committee now has a range of skills and expertise as well as new drive and energy. We continue to benefit from an exceptionally high level of personal understanding and experience of service use, and we have enhanced our expertise in relation to fundraising, legal matters, and equality and human rights.

The Management Committee meets 6 times a year. Its members during 2017/2018 and at the date of this report are set out under 'Reference and administrative details'.

Statement of Responsibilities of the Trustees

The charity trustees (who are also the directors of Lambeth & Southwark Mind) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

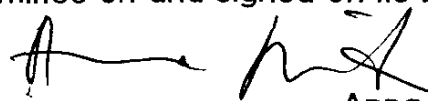
Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at anytime the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Management Committee on and signed on its behalf.


Anna Minton,

Chair of Trustees
4 September 2018

Financial Statements

Lambeth and Southwark Mind

Financial Statements

Reference & administrative details

Charity registration number	296893
Company registration number	02017214
Lambeth and Southwark Mind Board of Trustees serving during the year or at the approval of these accounts	<p>Anna Minton, Chair</p> <p>Mark Bertram</p> <p>Parveen Betab (resigned 31 July 2018)</p> <p>Richard Bevan (resigned 30 July 2018)</p> <p>Janet Buchanan (Observer Trustee)</p> <p>Jeremy Dawes (Treasurer)</p> <p>Jack Dixon</p> <p>Gwilym Harbottle (Company Secretary)</p> <p>Julian Nicholls (appointed 2 May 2017)</p> <p>Tia Priest (appointed 2 May 2017)</p> <p>Iain Snell (resigned 31 July 2018)</p> <p>Jo Thomas</p> <p>Les Elliot (<i>retired</i>)</p> <p>Anne Worrall (appointed 4 July 2017)</p>
Staff & facilitators during the year	<p>Ajay Khandelwal: CEO & Clinical Director</p> <p>Ed Francis: Head of Development</p> <p>Olivia Stephens: Head of Development</p> <p>Joan Kennedy: Information Service Manager & Clinical Co-ordinator</p> <p>Nadia Karim: Events & Digital Manager</p> <p>Fergus Mooney: Project Manager</p> <p>Megan Fereday: Head of Fundraising & Digital</p> <p>Garry Ellison: Facilitator -Kindred Minds</p> <p>Jacqueline Best-Vassell: Facilitator – Southwark User Council</p> <p>Andrea Cornfield: Facilitator – Southwark Women’s Forum</p> <p>Tim Smith: Facilitator – Hearing Voices</p> <p>Humphrey Greaves: Facilitator – Hearing Voices</p>
Principal address and registered office	<p>We are 336 - Lambeth Accord (4th Floor)</p> <p>336 Brixton Road,</p> <p>London SW9 7AA</p>
Accountants	<p>Malcolm Brown BSc, FCA, DChA</p> <p>Waterman Brown (London) Ltd, Chartered Accountants,</p> <p>66 Norman Road, Wimbledon, London SW19 1BN</p>
Bankers	<p>CAF (Charities Aid Foundation)</p> <p>25 Kings Hill Avenue, Kings Hill</p> <p>West Malling, Kent ME19 4TA</p>

Lambeth and Southwark Mind

Statement of financial activities (incorporating an income statement)

As at 31 March 2018

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2018 £	Total 2017 £
INCOME					
Incoming resources from generated funds					
Donations & legacies	3	30,948	60,200	91,148	84,304
Income from other trading activities	3	59,402	-	59,402	27,873
Income from charitable activities	3	100,615	55,353	155,968	169,374
Investment Income	2	29	-	29	53
Total income	3 & 13	190,994	115,553	306,547	281,604
EXPENDITURE					
Costs of raising funds					
Costs of generating activity income		7,419	-	7,419	-
Expenditure on charitable activities	13	171,007	150,981	321,988	249,136
Total expenditure	5 & 13	178,426	150,981	329,407	249,136
Net (expenditure)/ income	4	12,568	(35,428)	(22,860)	32,468
Transfer between funds	13	(1,529)	1,529	-	-
Net movement in funds		11,039	(33,899)	(22,860)	32,468
Reconciliation of Funds:					
Fund balances brought forward at 1st April	13	76,193	43,173	119,366	86,898
Fund balances carried forward at 31st March	13	87,232	9,274	96,506	119,366

Continuing operations: None of the charitable company's activities were discontinued during the current and previous years.

Total recognised gains and losses: The charitable company has no recognised gains and losses other than the gains/losses for the current and previous years.

The notes form part of these financial statements

Lambeth and Southwark Mind
Statement of cash flows
For the year ended 31 March 2018

	Notes	Total 2018 £	Total 2017 £
Cash flows from operating activities:			
Reconciliation of net movement in funds to net cash flow from operating activities			
Net movement in funds (page 30)		(22,860)	32,468
Add: depreciation		-	845
Deduct: interest income		(29)	(53)
(Increase)/Decrease in debtors		(33,528)	1,698
(Decrease)/increase in creditors		(2,469)	8,271
Cash used in operating activities	A	<u>(58,886)</u>	<u>43,229</u>
Cash flows from investing activities			
Income from interest		29	53
(Purchases) of tangible fixed assets		-	-
Cash provided by/ (used in) investing activities	B	<u>29</u>	<u>53</u>
Cash flows from financing activities	C	<u>-</u>	<u>-</u>
 (Decrease)/Increase in cash and cash equivalents in the year (A+B+C)		(58,857)	43,282
Total cash & cash equivalents brought forward		120,695	77,413
Total cash & cash equivalents carried forward *		<u>61,838</u>	<u>120,695</u>

*refer to balance sheet, page 32

Lambeth and Southwark Mind
Statement of financial position (Balance sheet)
As at 31 March 2018

	Notes	2018 £	2017 £
Fixed assets			
Tangible assets	10	-	-
Current assets			
Debtors	11	54,371	20,843
Cash at bank and in hand		61,838	120,695
		<u>116,209</u>	<u>141,538</u>
Creditors			
Amounts falling due within one year	12	19,703	22,172
Net current assets		<u>96,506</u>	<u>119,366</u>
Total assets less current liabilities	13	<u>96,506</u>	<u>119,366</u>
Funds			
Unrestricted funds	13	87,232	76,193
Restricted funds	13	9,274	43,173
Total funds	13	<u>96,506</u>	<u>119,366</u>

The notes form part of these financial statements

For the year ending 31st March 2018, the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustee directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the trustee directors on 4 September 2018 and were signed by:



Anna Minton

Chair of Trustees

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of preparation:

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts under Financial Reporting Standard applicable in the UK (FRS102 – effective 1 January 2015)- (Charities SORP FRS102) and the Companies Act 2006. There were no adjustments necessary to the accounts of the comparatives required to comply with FRS102.

Lambeth and Southwark Mind meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis:

At the balance sheet date and the date that the accounts were signed, the trustees consider the charity to be a going concern and these financial statements have been prepared on the basis that it will continue in operational existence for at least the next 12-18 months. The cash flow statement records an outflow of cash of £58,857 during the year ended 31st March 2018 but the charity has current assets of £116,209 and unrestricted reserves of £87,232.

Income:

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably. Income is deferred where performance conditions are to be met in the future, and income is accrued where performance conditions have been met and the income can be measured reliably. Grants are recognised when the charity has entitlement to the funds and the income received. Investment income is accounted for when received and includes the related tax recoverable.

Expenditure and irrecoverable VAT:

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates:

- Costs of raising funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them, including governance costs.
- Support costs are those functions that assist the work of the charity but not undertaken as direct charitable activities. Support costs include back office costs, finance, payroll, which support and facilitate the direct charitable services. They are allocated according to budgets provided to funders in the case of restricted and designated funding and the balance is allocated according to direct staff cost or other suitable allocation where a project has a significant volunteering element.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiners fees and costs linked to the strategic management of the charity.

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

1. Accounting policies cont.

Fund accounting:

- Unrestricted general funds or 'core' funds represent funds which are expendable on activities that further the general objectives of the charity.
- Designated funds are unrestricted funds, which have been put aside at the discretion of the Management Committee for a particular purpose. Service level contracts agreed with statutory bodies and others are considered restricted to the level of service negotiated within the accounting year and, once the terms of the contract have been fulfilled, can be applied to work of a similar nature in the locality. The management committee have designated such funding but they can be re-designated at a later date.
- Restricted funds represent grants or donations received which are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Tangible fixed assets:

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at a rate calculated to write off each asset over its estimated useful life. Depreciation is generally provided at a rate of 33% per annum.

Investments:

Investments are quoted at the market mid-price value ruling at the nearest trading date to the year end. The notes to the accounts also record the original transaction value/ cost.

Debtors & prepayments:

Trade and other debtors are recognised at the settlement amount due after any trade discounts. Prepayments are valued at the amount prepaid, net of any discounts.

Cash at bank & in hand:

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition or the opening of the deposit account.

Creditors and provisions:

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Pensions:

Pension contributions relate to payments made to employees' personal pension schemes on a money purchase basis.

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

2. Investment income

	31 March 2018	31 March 2017
	£	£
Deposit account interest	<u>29</u>	<u>53</u>

3. Income summary

	Unrestricted £	Restricted £	Total 2018 £	Total 2017 £
Income from donations and legacies				
City Bridge Trust - capacity building	-	60,000	60,000	27,400
Monument Trust - capacity building	-	-	-	30,000
Tudor Trust - capacity building	-	-	-	20,000
National Mind - small grants	500	-	500	1,980
Donations - inc. individuals & corporates	30,448	200	30,648	4,924
	<u>30,948</u>	<u>60,200</u>	<u>91,148</u>	<u>84,304</u>
Income from other trading activities				
Charitable events	42,072	-	42,072	3,068
Speaker fees & lectures	3,200	-	3,200	200
Local MIND shop income	14,130	-	14,130	24,805
	<u>59,402</u>	<u>-</u>	<u>59,402</u>	<u>27,873</u>
Income from charitable activities				
NHS Lambeth CCG - information service	40,402	-	40,402	40,411
NHS Southwark CCG - user group & womens forum	54,550	-	54,550	54,550
SLaM NHS Foundation Trust - hearing voices	5,663	-	5,663	5,663
Prince's Trust - young peoples' counselling	-	16,718	16,718	-
Big Lottery - Awards for All - kindred minds	-	10,000	10,000	-
Wakefield Tetley Trust - kindred minds	-	7,471	7,471	-
Wakefield Tetley Trust - peer support group	-	2,500	2,500	2,500
Truethouse Charitable Foundation - peer support group	-	8,664	8,664	-
Lambeth Community Fund - peer support group	-	10,000	10,000	-
The People's Postcode Trust - psychotherapy	-	-	-	20,000
National Mind - friends in need	-	-	-	30,000
Lloyds Bank Foundation - website & organisation Dev't	-	-	-	15,000
Other smaller service-led grants	-	-	-	1,250
	<u>100,615</u>	<u>55,353</u>	<u>155,968</u>	<u>169,374</u>
Income from investments	29	-	29	53
Total Income	<u>190,994</u>	<u>115,553</u>	<u>306,547</u>	<u>281,604</u>

4. Net income for the year after charging

This is stated after charging	31 March 2018	31 March 2017
	£	£
Depreciation - owned assets	-	845
Independent examination fee	1,000	1,000
Accounting fees paid to Independent examiner	600	500
Trustee Directors' emoluments and other benefits	<u>-</u>	<u>-</u>

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

5. Expenditure summary

	Staff costs	Facilitation fees, supervision, evaluation & training	Room hire	Activities & resources	Volunteers	Overheads & support costs	Governance costs	Total 2018	Total 2017
	£	£	£	£	£	£	£	£	£
Basis of allocation	Direct	Direct	Direct	Direct	Direct	Usage	Direct		
Costs directly allocated to activities									
Information service	31,804	785	-	415	1,588	8,000	-	40,402	40,411
Peer support group	3,480	4,374	-	3,378	-	660	-	11,890	11,451
Angel Town	-	-	-	-	-	-	-	-	4,500
Young peoples' counselling	13,500	481	-	1	-	2,736	-	16,718	-
Kindred Minds	8,116	4,210	-	2,545	-	2,600	-	17,471	5,768
Psychosis therapy	1,500	4,520	-	-	-	520	-	6,540	1,775
Psychotherapy	2,760	7,173	-	1,380	-	1,800	-	13,083	9,585
Podcasts	-	-	-	831	-	-	-	831	-
Director & capacity building	51,000	-	-	-	-	9,000	-	60,000	84,324
Southwark services costs	18,284	16,628	6,892	3,170	1,578	8,000	-	54,860	52,913
Hearing voices	-	2,720	3,834	248	-	-	-	6,803	6,485
Friends in need	17,914	182	2,593	130	-	3,600	-	24,438	5,562
Fundraising costs	-	-	-	7,419	-	-	-	7,419	-
Charity support costs	31,053	7,880	-	4,828	279	57,885	-	101,825	58,135
Support costs allocated to activities	-	-	-	-	-	(34,916)	-	(34,916)	(33,416)
Trustees meetings & AGM	-	-	-	-	-	-	643	643	142
Independent Examiner fee	-	-	-	-	-	-	1,000	1,000	1,500
Total resources expended	179,211	48,963	13,319	24,333	3,453	57,885	2,243	328,497	248,136

Method of allocation: Costs are allocated directly to the service area. An overhead allocation of 15% is applied. Costs are re-allocated within designated funds in the funds statements. Website and organisational development costs included within charity support costs.
 Director and capacity building is funded by restricted funds and the cost of the director is applied to this area with other capacity building costs.

6. Staff costs

	31 March 2018	31 March 2017
	£	£
Wages and salaries	159,516	109,411
Social security costs	12,187	7,844
Other pension costs	7,508	4,378
Total	179,211	121,633

No employee received emoluments of more than £60,000. The charity is managed by the CEO & clinical director, who is regarded as the senior management. The remuneration paid to senior management of the charity was £52,093, plus £2,605 in employer pension contributions.

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	31 March 2018	31 March 2017
	No.	No.
Director	1.0	1.0
Other	4.5	2.5
Total	5.5	3.5

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

7. Governance costs

	31 March 2018	31 March 2017
Governance costs include:	£	£
Trustees Meetings & AGM costs	643	142
Examiner's remuneration	1,600	1,500
Total	2,243	1,642

8. Committees' remuneration or other benefits for the year ended 31 March 2018

The trustees received no remuneration or other benefits for the year ended 31 March 2018 (2017: £Nil). No trustee was reimbursed any expenses in the year (2017: £Nil).

9. Corporation taxation

The charity is exempt from tax on income and gains falling within section 505 of the Income and Corporation Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives. No liability to UK corporation tax arose on ordinary activities for the year ended 31 March 2018 (2017: £Nil).

10. Tangible fixed assets

	Plant and machinery etc
Cost	£
At 1 April 2017	12,607
Additions	-
At 31 March 2018	12,607
Depreciation	
At 1 April 2017	12,607
Charge for year	-
At 31 March 2018	12,607
Net book value	
At 31 March 2018	-
At 31 March 2017	-

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

11. Debtors: Amounts falling due within one year

	31 March 2018	31 March 2017
	£	£
Grants receivable	-	-
Trade debtors (SLA income receivable)	27,168	1,416
Accrued income	3,002	6,000
Other debtors & prepayments	24,201	13,427
Total	54,371	20,843

12. Creditors: Amounts falling due within one year

	31 March 2018	31 March 2017
	£	£
Trade creditors	7,754	12,038
Bank overdrafts	36	36
Other taxation & social security	3,887	3,182
Deferred income	170	300
Other creditors & accruals	7,856	6,616
Total	19,703	22,172

13. Movement in funds

	At 1 April 2017	Net Movement in funds	Transfer between funds	At 31 March 2018
	£	£	£	£
Unrestricted funds				
Core	76,193	13,708	(2,669)	87,232
Designated funds				
Lambeth information service	-	-	-	-
Southwark services	-	-	-	-
Southwark hearing voices	-	(1,140)	1,140	-
Total designated funds	-	(1,140)	1,140	-
Total unrestricted funds (core & designated)	76,193	12,568	(1,529)	87,232
Restricted funds				
Director & capacity building	-	-	-	-
Young peoples' counselling	-	-	-	-
Friends in need	24,438	(24,438)	-	-
Psychotherapy & psychosis service	18,735	(20,264)	1,529	-
Peer Support Group	-	9,274	-	9,274
Kindred Minds	-	-	-	-
Total restricted funds	43,173	(35,428)	1,529	9,274
Total funds	119,366	(22,860)	-	96,506

Lambeth and Southwark Mind
Notes to the financial statements
For the year ended 31 March 2018

13. Movement in funds cont.

Net movement in funds during the year, included in above, are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Core	90,379	(76,671)	13,708
Designated funds			
Lambeth Information Service	40,402	(40,402)	-
Southwark services	54,550	(54,550)	-
Southwark hearing voices	5,663	(6,803)	(1,140)
Total designated funds	100,615	(101,755)	(1,140)
Total unrestricted funds (core & designated)	190,994	(178,426)	12,568
Restricted funds			
Director & capacity building	60,000	(60,000)	-
Young peoples' counselling	16,718	(16,718)	-
Friends in need	-	(24,438)	(24,438)
Psychotherapy & psychosis service	200	(20,464)	(20,264)
Peer Support Group	21,164	(11,890)	9,274
Kindred Minds	17,471	(17,471)	-
Total restricted funds	115,553	(150,981)	(35,428)
Total funds	306,547	(329,407)	(22,860)

Funders & purposes of funds – Designated funds

A service level agreement from NHS Lambeth CCG financed the information service. The Information Service provides an information line and web directory and has online details of over 600 services and organisations.

Lambeth & Southwark Mind was commissioned by NHS Southwark CCG to provide services in Southwark to support the Southwark Women's Forum, Southwark User Council, Open Minds and other in-borough services. A separate SLA was received from SLaM NHS Foundation Trust to continue the Southwark Hearing Voices group.

Funders & purposes of funds – Restricted funds

City Bridge Trust provided grants to enable Lambeth & Southwark MIND to employ a Director of Services and for the capacity building of MIND services within Lambeth and Southwark.

The Prince's Trust and The Berkeley Foundation funded the young peoples' counselling service and National Mind provided a grant for the 'Friends in Need' programme from 2017.

The Peoples' Lottery provided grants towards the Psychotherapy service starting in 2017. The Wakefield & Tetley Trust and Awards for All supported the 'Kindred Minds' project.

The Wakefield Tetley Trust, Trusthouse Charitable Foundation and the Lambeth Community Fund supported the 'Peer Support Group'.

**Lambeth and Southwark Mind
Independent Examiner's Report
For the year ended 31 March 2018**

Chartered accountants' independent examiner's report to the trustees on the unaudited financial statements of Lambeth and Southwark Mind

I report on the accounts of the company for the year ended 31 March 2018, which are set out on pages 29 to 39.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- *to state whether particular matters have come to my attention.*

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Continued..

**Lambeth and Southwark Mind
Independent Examiner's Report
For the year ended 31 March 2018**

**Chartered accountants' independent examiner's report to the trustees on the
unaudited financial statements of Lambeth and Southwark Mind continued.**

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Malcolm Brown BSc, FCA, DChA
Waterman Brown (London) Ltd
Chartered Accountants

66 Norman Road
Wimbledon London SW19
Date: 4 September 2018

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Joan Kennedy, Information Service & Psychotherapy Service Manager
Dorothee Bonnigal-Katz, Psychotherapy Service Manager
Fergus Mooney, Peer Support Manager
Andrea Cornfield, Southwark Women's Forum Facilitator
Garry Ellison, Kindred Minds Facilitator
Tim Smith, Hearing Voices Facilitator
Volunteers, Beneficiaries, Trustees

*Accounts.....*Malcolm Brown, Waterman Brown

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