



For better  
mental health

# Lambeth Mind

**Report and Financial Statements  
for the year ended 31 March 2011**

**Registered Company Number: 02017214**

**Registered Charity Number: 296893**

WEDNESDAY



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COMPANIES HOUSE

# Foreword

Organisations can be a bit like people—they have their good times and they have times when life is a bit more difficult. At Lambeth Mind, we have had something of a difficult time over the past couple of years or so, but just as with many of the people that we work with on a daily basis, we are now coming out of the other side and life feels much brighter. And as with the people we work with, we are all the stronger because of it.

We want Lambeth to be a place where people experiencing mental ill health know where to turn to get help—they receive good information, feel equipped and supported, and have the confidence, self-esteem, opportunities and sense of purpose to make the most of their lives.

We are in the midst of a time of significant change in the delivery and funding of mental health services, working in a borough that has especially high mental health service needs. Lambeth Mind is well-placed to meet local needs in this time of change. We are unique in Lambeth in engaging service users at all levels, with considerable local and sector experience and expertise. However, in the year under review, we struggled to make the most of our potential and meet the needs that we could see.

As a management committee, we have been working hard to change this situation. With the help of some new members, our work has started to bear fruit. In the middle of the new financial year, we are poised for growth with the promise of funding to expand our information service, start new peer support groups and recruit a Director. All this means better services for the people of Lambeth. Indeed, we are nothing if we are not helping them change their lives for the better.

We would like to extend particular thanks to Kevin Ireland, an independent consultant who has been supporting us on a pro bono basis for much of 2011. Kevin has been a much-needed critical friend to the management committee—challenging us, supporting us and helping us build on our strengths. We are very much indebted to him.

We would also like to thank Gloria Gifford who, at the time of writing, is Lambeth Mind's only member of staff. Gloria has been patient and hardworking in the face of much change, and we hope that we can make Lambeth Mind an increasingly rewarding place for her to be as she works tirelessly to help the people of Lambeth.

Finally, we would like to pay our respects to Amita Patel, who tragically took her own life in July 2010. Amita was a trustee and great friend of Lambeth Mind. Over the years, she helped on our information line, set up a poetry group and ran a hearing voices support group. In her 2007 publication, *Paper Road*, Amita writes *We are candles*

Ordinary acts of courage,  
like sunrises and sunsets,  
often go unnoticed

In the midst  
of teeming cities  
there are monsters

And also millions of flames,  
tiny and enduring

Debjani Chatterjee, Amita's mentor and editor of *Paper Road*, writes '*Amita was a talented poet, a courageous champion for social causes, and a woman for whom family, friends and community mattered*'. Amita's acts of courage did not go unnoticed. She will be greatly missed.

**Esther Paterson, Lambeth Mind Management Committee**

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# Report of the Management Committee

## About Lambeth Mind

### Our vision

Our vision for Lambeth is of a society that promotes and protects good mental health and well-being for all, and that treats people with experience of mental distress fairly, positively, and with respect

### Our mission

Lambeth Mind aims to improve the lives of local people who are experiencing mental distress. This means equipping them with the knowledge to make good decisions about their care, while building their confidence, self-esteem, skills and sense of purpose. It also means supporting and informing friends, families, carers and professionals.

### Our background

Lambeth Mind was set up by local people in 1982, and from the outset, people with mental health difficulties have formed the majority of our staff, volunteers and trustees. This is one of our greatest strengths. It means that we have first-hand, current knowledge of local issues and services, and it creates trust, gives us credibility, and gives us a real understanding of people's needs and how to meet those needs most effectively.

We are part of a network of 180 local charities affiliated to Mind, the leading national charity that promotes good mental health. Our affiliation requires that we meet Mind's quality standards of governance and service delivery, and that we work to further Mind's mission. However, we are an independent charity, responsible for our own funding and services.

We received a one-off grant of £5,000 from Mind in 2010 to carry out a review of local needs and services. This review found that local stakeholders working in mental health are very positive about the role Lambeth Mind plays as one of several local organisations and agencies in the field. We complement other services yet stand out because we have peer support and self help at the core of our model. Our focus is on strengthening the capacity and engagement of people who use all types of mental health services.

### Activities and performance

To achieve our mission, we have three areas of work:

1. **Information service:** Through our information line (telephone and email) and directory of mental health services (website and printed directory), we provide people with information, support and help accessing services.
2. **Peer support:** Our services are shaped and run by staff and volunteers who have themselves experienced mental ill health. Our main peer support activity is a self-help drop-in group.

**3. Training and volunteering** We train, support and provide volunteering opportunities for people who have experienced mental distress

There is considerable overlap and exchange between these three activities. For example, our information line (1) provides some peer support (2) because it is delivered by volunteers (3) who have themselves experienced ill health

**Information service**

We provide information, support and help accessing services through our information line (telephone and email) and our directory of mental health services (website and printed directory) available to people living and working in the London Borough of Lambeth. These are used by people in mental distress as well as their carers, friends, families and healthcare professionals

- Our **information line** closed at the beginning of 2010 due to a lack of funding. It was greatly missed by professionals, service users and their friends and families, and we are grateful to NHS Lambeth for providing us with funding to reinstate the information line from the beginning of 2011. This underlines both the need for this service and the commissioner's perception of the importance of Lambeth Mind in delivering it. The information line now runs three-hour sessions three times a week, receiving on average between 30 and 40 calls each week and 15 to 20 emails
- Our **directory**, published as a searchable online facility and a printed book, is a source of information on over 600 services available to people in Lambeth who are experiencing mental health difficulties. Like the information line, the directory is also used by friends, families, carers and mental health professionals. The online directory receives an average of 2,000 visits a month

Our directory and information service aim to equip people with the tools to make informed decisions about their care. We do not give medical advice or tell people what to do, but we empower them with information about their rights, their entitlements and useful services. This improves people's mental well-being and can even improve their financial situation, for example, if they access benefits as a result.

We found it difficult to systematically track the impact of our information service in 2010/2011, largely because of a lack of capacity. Nevertheless, service users do give us feedback through informal conversations and emails. Many tell us that as a result of our information service, they feel equipped with tools to make informed decisions about their care, and have a real sense of being listened to, understood and emotionally supported.

**Peer support**

We aim to support and empower people who experience mental health difficulties—peer support is the cornerstone of our work. In 2010/2011, we ran two peer support activities: a hearing voices group and a self-help drop-in group.

- Our hearing voices group came to an end in July 2010 when the group's facilitator, Amita Patel (a trustee of Lambeth Mind) sadly passed away. Since then, we have not found sufficient funding to reinstate the group.
- Our drop-in group runs on Friday afternoons. Local people who have experienced mental health difficulties drop in for tea, biscuits and board games. They can also use

our computers and access the internet Attendance at the drop-in varies week by week—anything from two people to eight Average attendance is around five people, most of whom are regulars

As with our information service, we found it difficult to systematically track the impact of our peer support services in 2010/2011 Participants do give us feedback informally For example one person told us *'Being [at the drop-in] gives me a chance to switch off from all my worries and I then get a good sense of achievement from what I do'* Another said *'This is where I can just be me I don't have to pretend now'*

### **Training and volunteering**

We train, support and provide volunteering opportunities for people who have experienced mental distress Volunteers help us with administration, manning the information line, keeping the directory up to date and running the drop-in group

As well as benefiting the people who use our services, our volunteers themselves benefit from their time at Lambeth Mind They receive training (for example, from The Helplines Association), supervision, emotional support and work experience, which gives them valuable transferable skills and increases their chances of moving into employment In the past three years, six volunteers have moved into paid work and three have gone on to degree courses

But for many of our volunteers, employment is a formidable challenge in the short to medium term, as health problems remain a barrier Our experience shows that our 'soft' outcomes are the most important outcomes of all when it comes to improving lives Time and time again, our volunteers tell us in person and through feedback forms that as a result of working with us, they feel better about themselves and have grown in confidence and self-esteem What is more, they have an increased sense of meaning and purpose in their lives

For example, one volunteer told us *'[Volunteering at Lambeth Mind] is the pivot of my week, a place that I can identify as something for me'*

### **Delivering public benefit**

The trustees have given due regard to the Charity Commission's guidance on public benefit when exercising any powers or duties to which that guidance is relevant, in particular when reviewing Lambeth Mind's aims and planning future activities Our aims and activities show that Lambeth Mind is committed to improving the lives of local people who are experiencing mental distress, which includes supporting friends, families, carers and professionals

Mental health plays a part in everyone's lives, and one in four experience mental distress in their lifetime Our beneficiaries are not a clearly defined group Most are from Lambeth, but we also help people from further afield Many are experiencing mental distress, but we also help those who are worried about a family member or friend

The impact of our work on our beneficiaries is our primary criterion when deciding which activities to undertake and how best to achieve our mission

## Future plans

We want Lambeth to be a place where people experiencing mental ill health know where to turn to get help—they receive good quality information, feel equipped and supported, and have the confidence, self-esteem, opportunities and purpose to make the most of their lives

This need is particularly clear in the current climate. Not only does Lambeth have especially high mental health service needs, but it is also a time of significant change in the delivery and funding of mental health services

In theory, Lambeth Mind is well-placed to meet local people's needs in this time of change. We are unique in Lambeth in engaging service users at all levels in addressing mental distress, with considerable local and sector knowledge, experience and expertise. We are also respected by service commissioners, providers and users. However, in 2010/2011, we struggled to make the most of our potential and meet the needs that we could see

We have entered the new financial year with a strengthened management committee, an improved fundraising strategy and a renewed sense of confidence and purpose

The management committee has agreed the following strategic objectives for Lambeth Mind in 2011/2012

- 1 Improve Lambeth Mind's capacity to provide information and assistance in accessing services for people in mental distress.** This involves creating a communications strategy and building on the information service
  - We aim to increase the information line from being a part-time, three day a week service, to being a full-time (9am to 5pm), five day a week service
  - We aim to update and improve our website, providing additional features for the online directory, improving navigation and improving accessibility
  - We aim to re-introduce the Lambeth Mind newsletter, which came to an end in 2009 because of lack of funding. The newsletter was very popular, and was put together largely by volunteers who themselves had experience of mental distress. There is considerable demand from local mental health professionals and service users for the resurrection of this newsletter, both hard copy and in digital form on our website
- 2. Increase engagement of local people who use mental health services, and provide more and better opportunities for volunteering and personal development.** This will involve increasing the opportunities for peer support
  - We aim to increase and improve the volunteering and training opportunities we offer to local people who are experiencing mental distress, particularly in relation to our information line and online directory. For example, we plan training in equality and human rights, including the 2010 Equality Act
  - We aim to introduce new peer support groups on particular themes (such as a hearing voices group and a women's group). Extensive opportunities and possibilities can arise from these forums, grounded in users' experiences
- 3. Engage more effectively in Lambeth mental health networks and promote high-quality mental health provision.** One of the significant changes that will impact Lambeth (as elsewhere) is the drive for services to be relocated in primary health services (GPs and community services) and away from secondary services (hospitals)

and specialist provision) In addition, there may be other opportunities developing, including in the realm of personalisation Lambeth Mind has the potential to play an important part in making these changes effective locally

- We aim to campaign for high-quality services that help local people in need in the best way possible—services that are focused on needs, person centred and grounded in the lived realities of people experiencing mental ill health We aim to provide a well-grounded user-oriented contribution, especially in relation to training and service user support and engagement

## **Financial review**

Financial control became an issue of concern in 2010/2011, with the management committee experiencing difficulties with bookkeeping and financial management What is more, there was no clear fundraising strategy in place, leading to a significantly reduced income by the end of the financial year

At the beginning of 2011, the management committee took measures to address the situation Lambeth Mind now has a new bookkeeper and a new treasurer, and the management committee receives a financial report at each of its monthly meetings Improved banking arrangements and facilities for payments have strengthened financial administration and control

## **Financial activities and results**

In 2010/2011, total income resources amounted to £75,975 (2010 £75,341) and expenditure amounted to £79,240 (2010 £116,922)—a deficit of £3,265

The major part of expenditure during the year was for wages and premises costs

## **Funding**

We had two main sources of funding during the year the final year of a three-year grant from The Henry Smith Charity (£30,076) for the volunteering and training programme, and £29,959 from Lambeth Primary Care Trust for the directory of mental health services

## **Reserves**

Lambeth Mind is a small charity whose work is largely dependent on one-off or limited term grants from charitable trusts and statutory bodies The trustees consider that reserves are needed in order to

- continue the charity's work if there is an income shortfall,
- cover contingencies, such as staff sickness or maternity leave, and
- wind up the charity's activities and meet its liabilities if no further income is secured

The trustees aim to ensure that Lambeth Mind's unrestricted reserves are sufficient to cover at least 50% of its planned expenditure in the year ahead

At 31 March 2011, Lambeth Mind had reserves of £18,297—the equivalent of just under three months' expenditure



## **Structure, governance, management and staff**

### **Structure**

Lambeth Mind is a charitable company limited by guarantee, incorporated on 6th May 1986 and registered as a charity on 28 May 1987. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Lambeth Mind is a charitable company limited by guarantee, incorporated on 6th May 1986 and registered as a charity on 28 May 1987. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Lambeth Mind is governed under its Articles of Association dated 17 September 1985 as amended on 18 November 2003. Its business is managed by a Management Committee consisting of the Chair, Deputy Chair, Secretary and Treasurer, who are elected annually at the Annual General Meeting, together with such other members as may be appointed by the committee (up to a maximum of 20). Members of the committee are recruited from the membership of the charity and through external advertising—for example, the NCVO's Trustee Bank and Charity Trustee Network.

Members of the Management Committee are trustees of the charity. They are also the directors of Lambeth Mind for the purposes of company law. The Management Committee meets 12 times a year. Its members during 2010/2011 and at the date of this report are set out under 'Reference and administrative details'.

On appointment, trustees receive the Charity Commission leaflet CC3—*The Essential Trustee: What you need to know*. They meet with staff and other members of the management committee. When new trustees are recruited, their training needs are assessed and met as necessary. In 2011, a new induction process for trustees is being developed.

### **Statement of members' responsibilities**

The members are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the members to prepare financial statements for each financial year. Under that law the members have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the members are required to

- select suitable accounting policies and then apply them consistently,
- make judgments and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable to

ensure that the financial statements comply with the Companies Act 1985. The members are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **Governance**

In 2010, many of the internal factors required for a strong charitable organisation slipped within Lambeth Mind. A lack of funding led to both a retrenchment in service delivery (including less capacity to provide peer support and the temporary loss of the telephone information line) and a loss of management. The lack of managerial capacity meant that there was no capacity for coordination and cooperation with other organisations—Lambeth Mind was effectively left on the outside of discussions in a time of great change and challenge. It also meant that essential management control was largely absent, resulting in poor financial control and no effective programme for raising funds and ensuring the continuity of the organisation.

Since the year end, Lambeth Mind has emerged from this difficult period and, with the support of an improved board of trustees, is a stronger and more effective organisation.

In early 2011, governance at Lambeth Mind shifted from being an organisational weakness to a considerable strength. In the first half of 2011, five new trustees were appointed to the management committee, bringing a range of skills and expertise as well as new drive and energy. We continue to benefit from an exceptionally high level of personal understanding and experience of service use, and we have enhanced our expertise in relation to fundraising, legal matters, and equality and human rights. There remains a need to ensure sufficient specialist financial skills on the committee, although there is reasonable non-specialist financial competence.

Adrian Whyatt and Jeffy Wong resigned from the board of trustees during the year. We are grateful to both of them for their contributions to Lambeth Mind's work. Amita Patel, who had worked with Lambeth Mind for many years, sadly passed away during the year. Amita was a valuable member of the committee who campaigned tirelessly for the rights of those suffering with mental illness. She will be greatly missed.

## **Management and staff**

Lambeth Mind started the financial year with an Interim Director, an Information and Administrative Officer and a Volunteering and Training Coordinator.

**Ian May**, Interim Director, worked with Lambeth Mind for several months, assisting with management and fundraising. Since his contract came to an end a few months' into the year, Ian continued to assist us until early 2011 with line management on an ad hoc basis. We are very grateful for all his hard work.

**Esme Waterford**, our Information and Administrative Officer, resigned in July 2010. She was replaced by **Simona Revelli** (Information Service Manager), who worked with Lambeth Mind for six months, before resigning in March 2011.

Simona's resignation coincided with the end of the grant from The Henry Smith Charity, which was paying the salary of our Volunteering and Training Coordinator, **Gloria Gifford**. From March 2011, Gloria became our only member of staff, taking on the funded role of Information Service Manager.

In the first half of 2011/2012, Lambeth Mind was under considerable stress in relation to staffing, with Gloria being considerably overstretched. However, this situation will be much improved from autumn 2011, as in September 2011, we were awarded funding from the South London and Maudsley NHS Foundation Trustees to expand the information service, and funding from the Tudor Trust for a part-time Director.

Having a **Director** will considerably strengthen Lambeth Mind's operations. The Director will be responsible for effective staff and volunteer arrangements, encouraging the active involvement of users in the running of the charity, representing Lambeth Mind to external bodies, and identifying and pursuing new opportunities for growth.

To bridge the gap between Ian May's management support and the new Director coming into post, we are indebted to **Kevin Ireland**, an independent consultant, who has provided us with pro bono support equivalent to one day a week. As well as helping the management committee with strategic planning and financial management, Kevin is providing line management support to Gloria. Kevin's support has been invaluable.

Finally, we are grateful to have **Kelly Boughtflower**, Gloria's assistant, on board. Kelly is not employed by the charity but is funded by the DWP Access to Work programme. She is a real asset to Lambeth Mind. She knows the organisation and its operations as well as any member of staff would be expected to, and in supporting Gloria, she is a valuable resource for Lambeth Mind.

### **Volunteers**

By equipping volunteers who have used mental health services themselves, we run our services in the most effective way possible and reach those who have the greatest needs.

During 2010/2011, we have had the support of around ten active, regular volunteers. They man the phone lines, answer emails, update the online directory, put together information sheets and carry out general administrative tasks. We are very grateful to our volunteers for all their hard work and commitment to Lambeth Mind.

The report of the Management Committee was approved by the committee on 4 October 2011 and signed on its behalf by



**Smarajit Roy**  
Chair

# Reference and administrative details

**Charity registration number** 296893

**Company registration number** 02017214

**Trustees (Lambeth Mind's Management Committee)** Mark Bertram  
Andrew Daw (Appointed February 2011)  
Les Elliot (Deputy Chair)  
Claire Freeman (Appointed October 2011)  
Emily Georghiou (Appointed March 2011)  
Gwilym Harbottle (Appointed August 2011)  
Gabriel Ibarra  
Amita Patel (Passed away July 2010)  
Esther Paterson (Secretary)  
John Pryor  
Jacqueline Roberts (Treasurer) (Appointed May 2011)  
Smarjit Roy (Chair)  
Victoria Smith (Removed January 2011)  
Adrian Whyatt (Resigned August 2010)  
Jeffy Wong (Resigned August 2010)

**Staff** Gloria Gifford  
Volunteering and Training Coordinator until March 2011,  
Information Service Manager from March 2011 to present  
Ian May  
Interim Director until September 2011  
Simona Revelli  
Information Service Manager from October 2010 to March 2011  
Esme Waterfield  
Information and Administration Officer until July 2010

**Principal address and registered office** Unit 2a The Co-op Centre  
11 Mowll Street  
London SW9 6BG

**Accountants** Hilary Adams Ltd  
Chartered Accountants  
158 High Street  
Herne Bay  
Kent CT6 5NP

**Bankers** Lloyds TSB  
34 Moorgate  
London EC2R 6PL

# Financial statements

## Lambeth Mind

### Statement of financial activities

For the year ended 31 March 2011

	Notes	Unrestricted funds £	Restricted funds £	Total 2011 £	Total 2010 £
<b>INCOMING RESOURCES</b>					
<b>Voluntary income</b>	5				
Donations & grants		1,152	67,035	68,187	68,235
<b>Activities for generating funds</b>					
Investment income	2	10	-	10	10
<b>Incoming resources from charitable activities</b>					
Local Mind charity shop		7,778	-	7,778	7,096
<b>Total incoming resources</b>		8,940	67,035	75,975	75,341
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		-	-	-	-
<b>Charitable activities</b>		4,110	73,100	77,210	115,049
<b>Governance costs</b>		480	1,550	2,030	1,873
<b>Total resources expended</b>	3	4,590	74,650	79,240	116,922
<b>STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES</b>					
<b>Net incoming resources before other recognised gains (net income for the year)</b>		4,350	(7,615)	(3,265)	(41,581)
<b>Other recognised gains</b>		-	-	-	-
<b>Net movement in funds</b>		4,350	(7,615)	(3,265)	(41,581)
<b>Total funds brought forward</b>		21,277	285	21,562	63,143
<b>Total funds carried forward</b>	13	25,627	(7,330)	18,297	21,562

Movements in funds are disclosed in Note 13 to the financial statements

**Continuing operations** None of the charitable company's activities were acquired or discontinued during the current and previous years

**Total recognised gains and losses** The charitable company has no recognised gains and losses other than the gains/losses for the current and previous years

**Lambeth Mind**  
**Balance sheet**  
**As at 31 March 2011**

	Notes	£	2011 £	£	2010 £
<b>Fixed assets</b>					
Tangible assets	10		33		425
<b>Current assets</b>					
Debtors	11	6,362		4,727	
Cash at bank and in hand		15,594		18,791	
		<u>21,956</u>		<u>23,518</u>	
<b>Creditors</b>					
Amounts falling due within one year	12	3,692		2,381	
<b>Net current assets</b>			<u>18,264</u>		<u>21,137</u>
<b>Total assets less current liabilities</b>			<u>18,297</u>		<u>21,562</u>
<b>Funds</b>					
Unrestricted funds			25,627		21,277
Restricted funds			(7,330)		285
<b>Total funds</b>	13		<u>18,297</u>		<u>21,562</u>

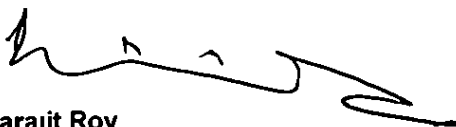
The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2011. The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2011 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge responsibility for

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006, and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the trustees on 4 October 2011 and were signed by

  
**Smarajit Roy**  
Chair

**Lambeth Mind**  
**Notes to the financial statements**  
**For the year ended 31 March 2011**

**1 Accounting policies**

**Accounting convention**

The financial statements have been prepared under the historical cost convention as modified by the revaluation of certain assets in accordance with the Companies Act 1985 and Statement of Recommended Practice Accounting and Reporting by Charities issued in March 2005

**Financial Reporting Standard Number 1**

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company

**Turnover**

Turnover represents grants and contract funding payments received

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

- Plant and machinery etc - 33% on cost

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

**Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal

**Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income

- Grants and contract funding payments are recognised when receivable,
- Investment income is included when receivable

**Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be

allocated directly to such activities and those costs of an indirect nature necessary to support them

- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity

## 2 Investment income

	31 March 2011 £	31 March 2010 £
Deposit account interest	8	10

## 3. Total resources expended

	Basis of allocation	Core £	Database & website/ directory £	Printed directory £	Training and volunteering £	2011 total £	2010 total £
<b>Costs directly allocated to activities</b>							
Salaries, payroll and pension	Direct	2,164	19,617	-	17,902	39,683	67,228
Volunteers	Direct	-	-	-	735	735	2,008
Training, conferences, sessional/professional fees and supervision	Direct	500	6,479	-	6,480	13,459	11,533
Communications	Direct	-	783	-	783	1,566	-
Printing, postage and stationery	Direct	-	914	-	914	1,828	9,917
Newsletter	Direct	-	-	-	-	-	1,767
Publications and subscriptions	Direct	-	180	-	736	916	1,169
Sundry	Direct	-	1,003	-	1,003	2,006	1,773
Accountancy	Direct	480	775	-	775	2,030	1,263
Trustees and AGM costs	Direct	-	-	-	288	288	610
<b>Support costs allocated to activities</b>							
Premises costs	Usage	-	6,956	-	6,956	13,912	18,332
Insurance	Usage	-	489	-	490	979	880
Advertising	Usage	1,446	-	-	-	1,446	-
Depreciation	Usage	-	392	-	-	392	442
<b>Total resources expended</b>		<b>4,590</b>	<b>37,588</b>	<b>-</b>	<b>37,062</b>	<b>79,240</b>	<b>116,922</b>



#### 4 Net incoming resources for the year

This is stated after charging

	31 March 2011 £	31 March 2010 £
Depreciation—owned assets	392	442
Independent examiner's remuneration	2,030	2,030
Directors' emoluments and other benefits	-	-

#### 5. Incoming resources from activities to further the charity's objects

	Unrestricted £	Restricted £	Total 2011 £	Total 2010 £
Lambeth PCT	-	29,959	29,959	30,000
Lloyds TSB Foundation	-	7,000	7,000	7,000
Henry Smith Charity	-	30,076	30,076	30,000
Other	1,152	-	1,152	1,235
<b>Total</b>	<b>1,152</b>	<b>67,035</b>	<b>68,187</b>	<b>68,235</b>

#### 6. Staff costs

	31 March 2011 £	31 March 2010 £
Wages and salaries	35,133	58,426
Social security costs	3,159	5,471
Other pension costs	1,391	2,921
<b>Total</b>	<b>39,683</b>	<b>66,818</b>

No employee received emoluments of more than £60,000

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows

	31 March 2011	31 March 2010
Manager	1	1
Other	1	2
<b>Total</b>	<b>2</b>	<b>3</b>

## 7. Governance costs

	31 March 2011 £	31 March 2010 £
AGM costs	-	610
Accountants' remuneration	2,030	1,263
<b>Total</b>	<b>2,030</b>	<b>1,873</b>

## 8. Committees' remuneration or other benefits for the year ended 31 March 2011

There were no trustees' remuneration or other benefits for the year ended 31 March 2011 nor for the year ended 31 March 2010

There were no committee travelling expenses in the year (2010 five members, £209)

## 9 Taxation

### Analysis of the tax charge

No liability to UK corporation tax arose on ordinary activities for the year ended 31 March 2011 nor for the year ended 31 March 2010

## 10. Tangible fixed assets

	Plant and machinery etc £
<b>Cost</b>	
At 1 April 2010 and 31 March 2011	8,885
<b>Depreciation</b>	
At 1 April 2010	8,460
Charge for year	392
At 31 March 2011	8,852
<b>Net book value</b>	
At 31 March 2011	33
At 31 March 2010	425

## 11. Debtors: Amounts falling due within one year

	31 March 2011 £	31 March 2010 £
Other debtors	6,362	4,727

## 12. Creditors: Amounts falling due within one year

	31 March 2011 £	31 March 2010 £
Trade creditors	-	1,147
Other creditors	3,692	1,234
<b>Total</b>	<b>3,692</b>	<b>2,381</b>

## 13. Movement in funds

	At 1 April 2010 £	Net movement in funds £	At 31 March 2011 £
<b>Unrestricted funds</b>			
Core	21,277	4,350	25,627
<b>Restricted funds</b>			
Training and volunteering programme	434	14	448
Database/website directory	(382)	(7,629)	(8,011)
Printed directory	233	-	233
	285	(7,615)	(7,330)
<b>Total funds</b>	<b>21,562</b>	<b>(3,265)</b>	<b>18,297</b>

Net movement in funds, included in the above, are as follows

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Core	8,940	(4,590)	4,350
<b>Restricted funds</b>			
Training and volunteering programme	37,076	(37,062)	14
Database/website directory	29,959	(37,588)	(7,629)
Printed directory	-	-	-
	67,035	(74,650)	(7,615)
<b>Total funds</b>	<b>75,975</b>	<b>(79,240)</b>	<b>(3,265)</b>

### Purposes of funds

Training and volunteering programme to train, support and provide opportunities for volunteers, who help to deliver Lambeth Mind's activities

Database/website directory project to maintain and update online containing details of over 500 services and organisations

Printed directory to publish 3,000 copies of an updated edition of an A5 printed directory of mental health services and resources for Lambeth including details of at least 500 services and organisations

## **Chartered accountants' independent examiner's report to the board of directors on the unaudited financial statements of Lambeth Mind**

We report on the accounts of the company for the year ended 31 March 2011, which are set out on pages 11 to 17

### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to our attention

### **Basis of independent examiner's report**

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with our examination, no matter has come to our attention

1. which gives us reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006, and to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities have not been met, or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

**Hilary Adams Ltd**  
Chartered Accountants  
158 High Street  
Herne Bay  
Kent CT6 5NP

Date