

Please complete in typescript, or in bold black capitals.

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change

	of particulars (use Form 288c))
Company Numbe	1972044
Company Name in ful	MARATHON MONITORS LIMITED
''	Day Month Year Date of Continent
Appointment Appointment as directo	r Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.
form <pre>NAME *Style / Title</pre> Notes on completion	*Honours etc
appear on reverse. Forename(s	JOHN PHILIP ANTONY
Surname	SEABROOK
Previous Forename(s)	1
Usual residential address	
Post town	WINGRAVE Postcode HP22 480
County / Region	BUCKS Country ENGLAND
[†] Nationality	Business occupation Dr Rector
†Other directorships (additional space overleaf	
Consent signature Voluntary details.	Date 7/4/98
† Directors only.	A director, secretary etc must sign the form below.
Signed	Date 7/4/98
* Please delete as appropriate	(**a glireetor / secretary / administrator / administrative receiver / receiver manager / receiver)
Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should	P. ScarRoan
	2 Between DO WAY ARINGDON
	exor exit iby Tel 01235553057
contact if there is any query.	DX number DX exchange
When you have completed and signed the form please send it to the	

Form revised March 1995

A01 *A3YTN573* 6 COMPANIES HOUSE 09/04/98

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland DX 235 Edinburgh

	Company Number	
† Directors only.	†Other directorships	
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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.