

288b

RESIGNATION of director or secretary

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number	1969735
Company Name in full	Care First Group plc

Resi	ignatio	n
form	1	

Day Month Year Date of resignation 25 02 98 Please mark the appropriate box. If resignation is as Resignation as director as secretary a director and secretary mark both boxes. NAME *Style / Title *Honours etc Forename(s) Keith Please insert details as Ackroyd Surname previously notified to Companies House. Day Month Year †Date of birth 06 07 34 If cessation is other than

Voluntary details. † Directors only.

A serving director, secretary etc must sign the form below.

Signed

resignation, please state reason

Ibliolax Date

(by a serving director

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query

Cc *A9528B9I* COMPANIES HOUSE 13/11/98

J P Sanders **Legal Department** BUPA **BUPA House** 15-19 Bloomsbury Way London WC1A 2BA Tel No 0171 656 2302

When you have completed and signed the form please send it to Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh