



Companies House

for the registrar

Please complete in typescript,  
or in bold black capitals.

CHWP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **1955570**

Company Name in full **MDF THE BIPOLAR ORGANISATION**

Date of appointment  
Day Month Year  
**24 01 2009**

Date of Birth  
Day Month Year  
**26 06 1955**

**Appointment form**

Appointment as director



as secretary



Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion  
appear on reverse.

NAME \*Style / Title

**MR**

\*Honours etc

Forename(s)

**ADRIAN REYNOLDS D. (INITIAL ONLY)**

Surname

**SEBASTIAN**

Previous Forename(s)

Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Post town

**CROYDON**

Postcode

**CR0 8BY**

County / Region

**SURREY**

Country

**ENGLAND**

†Nationality

**BRITISH**

†Business occupation

**ACCOUNTANT**

†Other directorships (additional space overleaf)

**SEBASTIAN MANAGEMENT SERVICES LTD**

Consent signature

*[Signature]*

Date **24/01/09**

A director, secretary etc must sign the form below.

Signed

*[Signature]*

Date **24/01/09**

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

**JEAN WIT**

Tel

**08456 340540**

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland

DX 235 Edinburgh  
or LP - 4 Edinburgh 2



\*AYIPT7FU\*

A35

16/02/2009

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COMPANIES HOUSE

MONDAY

*[Circular stamp: PTO]*

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.