

pany Name

■pany Type ate Company Limited By npany Number B281 -mation extracted from npanies House records on

November 2003

1873281/04/14

Registered Office

ical express (southern) 363s Annual Return



- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.

Address

> Please use black pen and write in ca

COMPANIES HOUSE COMPANIES HOUSE

17/12/03 06/12/03

Section 1: Company details	COMPANIES H
	COMPANIES HO
Current details	Amended details

12 York Place

Address f any of the details are vrong, strike them through and fill in the correct details n the "Amended details" column.	Leeds West Yorks	shire LS1 2DS	UK Postcod	e	
Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held At Registered Office Not Applicable		Address UK Postcode LLLLLLL Address UK Postcode LLLLLLLL UK Postcode LLLLLLLL		
Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.					
Principal Business Activities If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	SIC Code 5248	Description Other retail specialist stores	SIC CODE	Description	
Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.			<u> </u>		

119 Mullipet - 1010201	ection 2: Details of C	Officers of the Company (A)				
>	enter their details belo	The records we hold for your company's officers are incomplete. Please enter their details below. You must also complete and send a form 288 with this annual return if an appointment has not been notified to				
>	 Please copy this page company's officers, 	e if there is not enough space to enter all the				
	Details of Office	ers				
Company Secretary						
Please enter the details reques Photocopy this area to enter de of joint secretaries).		CRAEME RAMMY				
n jourt societaires).	Surname or Corporate name	MURDOCH				
Please attach form 288 if the appointment of this company o has not been notified to Compa House.	fficer bene	this box if this address is a service address for the eficiary of a Confidentiality Order granted under section 723B e Companies Act 1985.				
	Address	52 turners Avenue				
	(Usual Residential)	MAYWENTON CATE				
	,	PAISURY REMERENSHIRE				
		REMERENSHIRE				
	UK Postcode	Sell 222				
Director Please enter the details reques	sted. Forenames					
	Surname or Corporate name					
Please attach form 288 if the appointment of this company officer has not been notified to Companies House.	officer bene	this box if this address ia a service address for the ficiary of a Confidentiality Order granted under section 723B companies Act 1985.				
	Address					
	(Usual Residential)					
	UK Postcode					
	Date of birth	/ / Nationality				
	Business Occupatio	n				

rrect details in the Address Ben Cruach Lodge address for the beneficiary of a	mily iraniber - 1010201	Section 2: Details of Officers of the Company						
Part of the details for this proof the details for this proof the details for this proof are wrong, strike per through and fill in the medical details and fill in the medical details column. Address Ben Cruach Lodge Tarbet G83 7DG Date of birth 29/12/1988 Date of birth Pritish Occupation Date of change D		Current details	Amended details					
Address Ben Cruach Lodge Tarbet G83 7DG Date of birth Date of birth Occupation Optician Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723f of the Companies Act 1985. Address UK Postcode Date of birth Date of birth Occupation Optician Date of change Date of change Date of change Date of charles MOULSDALE ceased to be director (if applicable)	rector any of the details for this	Name David Charles MOULSDALE	Name					
Date of birth 29/12/1968 Nationality British Occupation Optician Occupation Date of birth Date of birth	µson are wrong, strike ∋m through and fill in the rrect details in the _mended details" column.	Tarbet	address for the beneficiary of a Confidentiality Order granted under section 723B					
Nationality Nationality Date of birth UK Postcode Date of birth Nationality Occupation Occupation Occupation Date of change / / /			Address					
··	oust be notified on form	Nationality British	Date of birth Nationality Occupation Date of change / / Date David Charles MOULSDALE ceased to be director (if applicable)					

∎ny Number - 18/3281	Section 3: Share Capital					
	Current details	Amended details				
ued Share Capital	Class of share	Class of share				
s table shows the total	Ordinary	1				
mber of shares that have en issued by your mpany and their Nominal	Nominal value of each share £0.02	Nominal value of each share				
■lue. If any of the details ⇒ wrong, please fill in the rrect details.	Number of shares issued 32,085,245	Number of shares issued				
	Aggregate Nominal Value of issued shares £641,704.90	Aggregate Nominal Value of issued shares				
	Class of share	Class of share				
	Deferred	olds of share				
	Nominal value of each share £1.00	Nominal value of each share				
	Number of shares issued 1,000	Number of shares issued				
	Aggregate Nominal Value of issued shares £1,000.00	Aggregate Nominal Value of issued shares				
otal shares issued and alue	Total number of shares issued 32,086,245	Total number of shares issued				
any of the details are wrong, trike them through and fill in ne correct details in the Amended details" column.	Total Nominal value of shares issued £642,704.90	Total Nominal value of shares issued				

At the date of this Annual Return, if the company has altered or changed its share capital in any way or illotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

rrent details		Amended details		Shares to	ansferr	ed
Shareholder Name CLYDESDALE BANK F	PLC	Name				
Address		Address	- ,			
30 St Vincent Place Glasgow G1 3DM				Shares tra	nsferred I DALE BA	by NK PLC
		UK Postcode	[
Shares held Class Deferred	Number 1000	Shares held Class	Number	Class		Date of transfer
D OIOI.UC	, 0 00		i	L		
Shareholder Name DCM (OPTICAL HOLD LTD	INGS)	Name				
		Address				
Address 9 Clairmont Gardens Glasgow G3 7LW			7.8	•		by DLDINGS)
		UK Postcode	1. 1	LTD		
	Number 2085245	Shares held Class	Number			Date of transfer
Ordinary 32	<u>2980245</u>			·		//

any Number - 18/3281							
•			mpany at the date of this re	as or corporate bodies who a eturn, but whose details are			
	> Also, provide the details of any persons who became but have of shareholders of the company since the date of the last annual re-						
	>	For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.					
	>		e copy this page if there is a shareholders.	not enough space to enter a	ıll the company's		
Shareholders detail	s			Class and number of shares or amount of stock transferred (If appropriate)			
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- When you have checked all the sections of this form, please complete this page and sign the declaration below.
- If you want to change the made up date of this annual return, please complete 2 below.

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- 4	wigh	 	

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

(Director / Secretary)

Date 27 / 11 / 2993

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to 27/11/2003

If you are making this return up to an earlier date, please give the date here

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than 27th November 2004 please give the new date here:

4. Where to send this form

Please return this form to:

Registrar of Companies Companies House Crown Way Cardiff CF14 3UZ

OR

For members of the Hays Document

Exchange service DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

ChAIRONS

Telephone number inc code

01111 331 11000

DX number if applicable 21212

DX exchange

500

Postcode

Address

G37W