

Please complete in typescript,

APPOINTMENT of director or secretary

288a

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

or in bold black capitals. Company Number 1860121 **CHFP055** Company Name in full **Cable Communications Limited** Day Month Year Day Month Year Date of †Date of 8 8 0 0 0 0 0 6 9 appointment Birth Please mark the appropriate box. If appointment Appointment as director as secretary is as a director and secretary mark both boxes. **Appointment** NAME *Style / Title *Honours etc form Forename(s) Stephen Sands Notes on completion Cook appear on reverse. Surname Previous Forename(s) **Previous** Surname Usual residential Rossburn Farmhouse address Rossburn Lane **Blair Drummond** FK9 4AH Post town Postcode Scotland County / Region Country **British** Solicitor †Business † Nationality occupation † Other directorships (See continuation sheet). (additional space overleaf) I consent to act as ** director / secretary of the above named company Consent Signature Date 18/8/00 A director, secretary etc must sign the form below. * Voluntary details. † Directors only. Signed Date 17/3 2000 Please delete as appropriate. (**a-director / secretary / administrator / administrative re Please give the name, address, C Peace **Telewest Communications** telephone number and, if available, Genesis Business Park a DX number and Exchange of **Albert Drive** Woking

the person Companies House should contact if th



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Form revised July 1998

14/09/00

COMPANIES HOUSE

0116 01/09/00 When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

Surrey GU21 5RW

Tel: 01483 295275

DX 235 Edinburgh

	Company Number	1860121	
† Directors only.	†Other directorships	(see continuation sheet)	

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Stephen Sands Cook List of Directorships

Current Directorships Company Name

Avon Cable Investments Limited

Blueyonder Limited

Cable Adnet Limited

Cable Camden Limited

Cable Communications (Telecom) Limited

Cable Communications Limited

Cable Enfield Limited

Cable Hackney & Islington Limited

Cable Haringey Limited

Cable Interactive Limited

Cable Internet Limited

Cable London Limited

Cable on Demand Limited

Central Cable Sales Limited

Crystal Palace Radio Limited

Crystalvision Productions Limited

Southwestern Bell International Holdings Limited

Telewest Communications plc

Telewest Communications (Central Lancashire) Limited

Telewest Communications (Cotswolds) Limited

Telewest Communications (Fylde & Wyre) Limited

Telewest Communications (Internet) Limited

Telewest Communications (Liverpool) Limited

Telewest Communications (London South) Limited

Telewest Communications (Midlands and North West) Limited

Telewest Communications (Midlands) Limited

Telewest Communications (Nominees) Limited

Telewest Communications (North East) Limited

Telewest Communications (North West) Limited

Telewest Communications (South East) Limited

Telewest Communications (South Thames Estuary) Limited

Telewest Communications (South West) Limited

Telewest Communications (Southport) Limited

Telewest Communications (St Helens & Knowsley) Limited

Telewest Communications (Taunton & Bridgwater) Limited

Telewest Communications (Telford) Limited

Telewest Communications (Tyneside) Limited

Telewest Communications (Wigan) Limited

Telewest Communications (Worcester) Limited

Telewest Communications Cable Limited

Telewest Communications Group Limited

Telewest Communications Holdco Limited

Telewest Communications Holdings Limited

Telewest Communications Networks Limited

Telewest Communications Services Limited

Telewest Parliamentary Holdings Limited

Telewest Communications (Publications) Ltd

Telewest Share Trust Limited

Telewest Trustees Limited

The Cable Equipment Store Limited

The North London Channel Limited

Theseus No.1 Limited

Theseus No.2 Limited

Capital City Cablevision Limited

Telewest Communications (Scotland Holdings) Limited

Telewest Communications (Scotland) Limited

Telewest Communications (Motherwell) Limited

Telewest Communications (Cumbernauld) Limited

Telewest Communications (Dumbarton) Limited

Telewest Communications (East Lothian and Fife) Limited

Telewest Communications (Falkirk) Limited

Dundee Cable and Satellite Limited

Edinburgh Cablevision Limited

Hieronymous Limited

Perth Cable Television Limited

Telewest Communications (Dundee & Perth) Limited

Telewest Communications (Glenrothes) Limited

General Cable Ltd

General Cable Group Limited

General Cable Holdings Limited

General Cable Investments Limited

General Cable Programming Limited

Telewest Limited

The Yorkshire Cable Group Limited

Barnsley Cable Communications Limited

Bradford Cable Communications Limited

Doncaster Cable Communications Limited

Halifax Cable Communications Limited

Rotherham Cable Communications Limited

Sheffield Cable Communications Limited

Wakefield Cable Communications Limited

Yorkshire Cable Communications Limited

Yorkshire Cable Properties Limited

Yorkshire Cable Telecom Limited

Yorkshire Cable Limited

Yorkshire Cable Finance Limited

Mayfair Way Management Limited

Northern Credit Limited

The Cable Corporation Limited

The Cable Corporation Equipment Limited

European Business Network Limited

Middlesex Cable Limited

Windsor Television Limited

Chariot Collection Services Limited

Filegale Limited

Imminus Limited

Fastrak Limited

Birmingham Cable Corporation Limited

Birmingham Cable Limited

Central Cable Limited

Central Cable Holdings Limited

Central Cable Sales Limited

Lewis Reed Debt Recovery Limited

West Midlands Credit Limited

Flextech plc

Flextech Family Channel Limited

Bravo TV Limited

Flextech Business News Limited

Flextech Media Holdings Limited

Flextech (Kindernet Investment) Limited

Flextech IVS Limited

Flextech Rights Limited

Flextech Video Games Limited

Flextech Distribution Limited

Flextech Digital Broadcasting Limited

Flextech Communications Limited

Flextech Childrens Channel Limited

Flextech (1992) Limited Screenshop Limited **United Artists Investments Limited UK Living Limited** TVS Television Limited Telso Communications Limited Starstream Limited Maidstone Studios Limited Maidstone Broadcasting Florida Homeshopping Limited Flextech-Flexinvest Limited Flextech Television Limited Flextech Homeshopping Limited Flextech Living Well Limited Flextech Living Health Limited Flextech Interactive Limited Flextech (Travel Channel) Limited The Way Ahead Group Limited Minotaur International Limited Multi Media Mapping Limited Scottish Media Group PLC SMG plc

Past Directorships (held within last 5 years)

Flextech Communications Limited (resigned 5/ 6/91)
Flextech Satellite Investments Limited (resigned 15/10/99)
Marcbrand Limited (resigned 3/12/99)
TV Travel Shop Limited (resigned 3/12/99)
M D Secretaries Limited (resigned 22/12/97)
M D Directors Limited (resigned 22/12/97)
Multi Media Mapping Limited (resigned 3/12/99)

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