COMPANIES FORM No. 363

Annual return of a company

Pursuant to sections 363 and 364 of the Companies Act 1985

Note The appropriate fee should acce , stais form

To the Registrar of Companies

For official usa

Company number

1837551

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do not

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ert full name company

he company has a are capital, this te must be the th day after the must general eethy

	[0]016
Annual return of (r.ote 1)	
* METABOLIC SERVICES LIMITED	
	والمرابع والم
The information in this return is as at	†.(The date of this return note 1)
31 January 19 86	T.(The date of this foton
Address of registered office of the company	
DORVILLE HOUSE 14 JOHN PRINCES STREET, LONDON	Postcode W1M 9HB
Total amount of indebtedness of the company in respect of mortgages and charges	£

If different from the registered office, state address where the register of members or any register of debenture holders or any duplicate or part of any register of debentures is kept or may be inspected.

(note 2).

Register of members

Register of debenture holders

Particulars of the secretary

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Name (notes 3 and 4)	RALPH RICHARD ABRAHAM				
Previous name(s)(no	to 3)				
Address (notes 4 and 5)	94 Holland Road,	Postcode	V:14	8BB	
	London	4. 5 and 6]‡ [plus§	continu	ation sh	eets]

We certify this return which comprises pages 1, 2, [3, 4, 5 and 6]‡ [plus§ ______ continuation sheet

tonly pages 1 and 2 need be completed in the case of a company without share capital

§ enter number of continuation sheets attached

Signed & Wallara hum

Director, and

Muham

Secretary

Presentor's name address and reference (if any):

BERKE FINE Church House Old Palace Road Croydon CRO 1AX For official Use General Section

Post room

BARC. 101073 £324 ×20



Riease do not Particulars of the director(s) of to a company (notes 6 and 7) មកវេល ពេ រងនៃ ពាងទៅភ **Business Occupation** RALPH RICHARD ABRAHAM Name (note 3) Medical Practitioner Please complete Nationality legibly, proferably in black type, or bold blocklettering Previous name(s)(note 3) **Eritish** Address(note 5) 94 Holland Road Date of birth(nozo 9) London * oclete if Postcode W14 8BB Other relevant past or present directorships* (mote 8) RUNELLA Ltd. Business Occupation CARMEL ABRAHAM Namethote 3) :5R Nurse Nationality Previous name(s)(note 3) British 94 Holland Road Addiess(note 6) Date of birth(note 9) London W14 8BB Postcode Other relevant past or present directorships* (note 8) **Business Occupation** Name(note 3) Nationality Previous name(s)(note 3) Address(note 5) Date of birth(note 9) Postcode Other relevant past or present directorships* (note 8) **Business Occupation** Name(note 3) Nationality Previous name(s)(note 3) Address(note 5) Date of birth(note 5) Postcode

Other relevant past or present directorships* (note 8)

inappropriate.

Enter particulars of other director-

ships held or proviously held. If this space is

insufficient use a continuation sheet

Summary of sh	are capital and debentures				ris magin
	Nominal share capital	£ 100	Closs	Nominal Value of	أحسي
	divided into:-	100	Ordinary	E 1 E	Please complete legibly, praterably in black type, or bold block letterin
				£	
lss	sued share capital and debenture	S	Designation of the last of the	A	
1.Number of shares of	each class taken up to the date of this return.	share capital Number of chares Closs Normal value of chares Closs Normal value of chares Closs Normal value of chares 1 100 Ordinary 2			
2.Number of shares of wholly ir. cash	of each class issued subject to payment		1 100	Ordinary	/
3.Number of shares aconsideration oth	of each class issued as fully paid up for er than cash		1		
is so baid up	of each class issued as partly paid up for a er than cash and extent to which each such share s (if any) of each class issued at a discount page 4	1 f. 2 f.	1 2 3	PAST	
Folio in register ledger containing particulars	Names and Addresses				
	RALPH RICHARD ABRAHAM -	94 Holland Ro	oad, London	W14 8BB	
	CARMEL ABRAHAM - 94 Holls	and Road, Long	don W14 31		
					6
					8
		Nominal share capital and debentures divided into: 100 Grainary 2 2 3 5 5 5 5 5 5 5 5 5	10		
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Summary of share capital and debentures continued 6 Amount of discount on the issue of shares which has not been written eff at the date of this return 7 Amount per share called up on number of shares of each class

Please complete legibly, preferably black type, or bold block lettering

8 Total amount of calls received (note 10)

9 Total amount (if any) agreed to be considered as paid on number of chares of each class issued as fully paid up for a consideration other than cash

10 Total amount (if any) agreed to be considered as paid on number of shares of each class issued as partly paid up for a consideration other than cash

- 11 Total amount of calls unpaid
- 12 Total amount of sums (if any) paid by way of commission in respect of any shares or debentures
- 13 Total amount of the sums (if any) allowed by way of discount for any debentures since the date of the last return
- 14 Total number of shares of each class forfeited
- 15 Total amount paid (if any) on shares forfeited
- 16 Total amount of shares for which share warrants to bearer are outstanding
- ISSUE 17 Total amount of share warrants to bearer issued and SURRENDERE surrendered respectively single the date of the last return

18 Number of shares comprised in each share warrant to bearer, specifying in the case of warrants of different kinds, particulars of each kind

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1	:	1		100	Ordinary	` 2
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AND PRESENT MEMBERS (notes 11 and 12)

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		Account of Shares		
Number of shares or amount of stock held by existing members at date of return	Particulars of shares transferred since the date of the last return, or, in the case of the first return, of the incorporation of the company, by (a) persons who are still members, and (b) persons who have ceased to be members (note 12)		Remarks	
(note 11)	Number	Date of Registration of transfer (a) (b)		
50				
50				
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100				
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