

# Annual return of a company

# 363

Pursuant to sections 363 and 364 of the Companies Act 1985

Note The appropriate fee should accompany this form

To the Registrar of Companies

For official use

Company number

[01016]

1837551

Annual return of (note 1)

\* METABOLIC SERVICES LIMITED

The information in this return is as at

31 January

19 86

t. (The date of this return note 1)

Address of registered office of the company

DORVILLE HOUSE

14 JOHN PRINCES STREET, LONDON

Postcode

W1M 9HB

Total amount of indebtedness of the company  
in respect of mortgages and charges  
(note 2).

£

If different from the  
registered office, state  
address where the register  
of members or any register  
of debenture holders or  
any duplicate or part of any  
register of debentures is  
kept or may be inspected.

Register of members

Register of debenture holders

Particulars of the secretary

Name (notes 3 and 4) RALPH RICHARD ABRAHAM

Previous name(s) (note 3)

Address (notes 4 and 5) 94 Holland Road,  
London

Postcode

W14 8BB

We certify this return which comprises pages 1, 2, [3, 4, 5 and 6]† [plus continuation sheets]

Signed

*R. Abraham*

Director, and

*R. Abraham*

Secretary

Presenter's name address and  
reference (if any):BERKE FINE  
Church House  
Old Palace Road  
Croydon CRO 1AXFor official Use  
General Section

Post room

BARC  
101073  
2324 x20

o/p

Particulars of the director(s) of the company (notes 6 and 7)

Please do not write in this margin

Name (note 3) <b>RALPH RICHARD ABRAHAM</b>		Business Occupation <b>Medical Practitioner</b>
Previous name(s) (note 3)		Nationality <b>British</b>
Address (note 5) <b>94 Holland Road</b>		Date of birth (note 9)
<b>London</b>		
Postcode	<b>W14 8BB</b>	
Other relevant past or present directorships* (note 8)		
<b>RUNELLA Ltd.</b>		

Please complete legibly, preferably in black type, or bold blocklettering

\* delete if inappropriate. Enter particulars of other directorships held or previously held. If this space is insufficient use a continuation sheet

Name (note 3) <b>CARMEL ABRAHAM</b>		Business Occupation <b>SR Nurse</b>
Previous name(s) (note 3)		Nationality <b>British</b>
Address (note 5) <b>94 Holland Road</b>		Date of birth (note 9)
<b>London</b>		
Postcode	<b>W14 8BB</b>	
Other relevant past or present directorships* (note 8)		

Name (note 3)		Business Occupation
Previous name(s) (note 3)		Nationality
Address (note 5)		Date of birth (note 9)
Postcode		
Other relevant past or present directorships* (note 8)		

Name (note 3)		Business Occupation
Previous name(s) (note 3)		Nationality
Address (note 5)		Date of birth (note 9)
Postcode		
Other relevant past or present directorships* (note 8)		

# Summary of share capital and debentures

Nominal share capital

£ 100

divided into:-

Number of shares	Class	Nominal value of each share
1 100	Ordinary	£ 1
2		£
3		£

write in this margin

Please complete legibly, preferably in black type, or bold block lettering

## Issued share capital and debentures

1. Number of shares of each class taken up to the date of this return.

2. Number of shares of each class issued subject to payment wholly in cash

3. Number of shares of each class issued as fully paid up for consideration other than cash

4. Number of shares of each class issued as partly paid up for a consideration other than cash and extent to which each such share is so paid up

5. Number of shares (if any) of each class issued at a discount

Amount per share

1 £  
2 £  
3 £

Number	Class
1 100	Ordinary
2	
3	
1 100	Ordinary
2	
3	
1	
2	
3	
1	
2	
3	

Continued on page 4

## LIST OF PAID

Folio in register ledger containing particulars	Names and Addresses	
	RALPH RICHARD ABRAHAM - 94 Holland Road, London W14 8BB	1
		2
	CARMEL ABRAHAM - 94 Holland Road, London W14 8BB	3
		4
		5
		6
		7
		8
		9
		10
		11
		12
		13
		14
		15

**Please complete  
legibly, preferably  
black type, or  
bold block lettering**

6 Amount of discount on the issue of shares which has not been written off at the date of this return

7 Amount per share called up on number of shares of each class

## Class

18 Number of shares comprised in each share warrant to bearer, specifying in the case of warrants of different kinds, particulars of each kind

[illegible]

### Account of Shares

<b>AND PRESENT MEMBERS</b> (notes 11 and 12)					
<b>Account of Shares</b>					
Number of shares or amount of stock held by existing members at date of return (note 11)	Particulars of shares transferred since the date of the last return,or,in the case of the first return,of the incorporation of the company,by (a) persons who are still members,and (b) persons who have ceased to be members (note 12)			Remarks	
	Number	Date of Registration of transfer (a)                      (b)			
50					1
					2
50					3
					4
100					5
=====					6
					7
					8
					9
					10
					11
					12
					13
					14
					15