Company Registration No. 01837551 (England and Wales)					
Metabolic Services Limited					
Trading as London Medical					
Unaudited abbreviated financial statements					
For the year ended 29 February 2016					

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### METABOLIC SERVICES LIMITED TRADING AS LONDON MEDICAL ABBREVIATED BALANCE SHEET

#### **AS AT 29 FEBRUARY 2016**

		201	2016		2015	
	Notes	£	£	£	£	
Fixed assets						
Tangible assets	2		1,247,700		1,242,451	
Current assets						
Stocks		105,459		82,795		
Debtors		933,101		880,414		
Cash at bank and in hand		453,916		393,374		
		1,492,476		1,356,583		
Creditors: amounts falling due within one year						
		(1,836,212)		(1,569,487)		
Net current liabilities			(343,736)		(312,904)	
Total assets less current liabilities			903,964		929,547	
Creditors: amounts falling due after more than						
one year			(183,973)		(91,976)	
			719,991		837,571	
Capital and reserves						
Called up share capital	3		130		130	
Share premium account			476,895		476,895	
Profit and loss account			242,966		360,546	
Shareholders' funds			719,991		837,571	

For the financial year ended 29 February 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board for issue on 29 June 2016

N V Abraham

Director

Company Registration No. 01837551

### METABOLIC SERVICES LIMITED TRADING AS LONDON MEDICAL NOTES TO THE ABBREVIATED ACCOUNTS

#### FOR THE YEAR ENDED 29 FEBRUARY 2016

#### 1 Accounting policies

#### 1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

#### 1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

#### 1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

#### 1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold Land and buildings Straight line over the life of the lease

Plant and machinery Straight line over 4 years
Fixtures, fittings & equipment Straight line over 5 to 10 years

#### 1.5 Leasing and hire purchase commitments

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

#### 1.6 Stock

Stock is valued at the lower of cost and net realisable value.

# METABOLIC SERVICES LIMITED TRADING AS LONDON MEDICAL NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

#### FOR THE YEAR ENDED 29 FEBRUARY 2016

2	Fixed assets		
			Tangible assets
			£
	Cost		
	At 1 March 2015		2,048,197
	Additions		234,420
	At 29 February 2016		2,282,617
	Depreciation		
	At 1 March 2015		805,746
	Charge for the year		229,171
	At 29 February 2016		1,034,917
	Net book value		
	At 29 February 2016		1,247,700
	At 28 February 2015		1,242,451
3	Share capital	2016	2015
-	anni a adhiani	£	£
	Allotted, called up and fully paid	-	-
	130,000 Ordinary shares of 0.1p each	130	130
		133	150

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