



Companies House

— for the record —

Company Name

LIFECYCLE LIMITED

363s Annual Return

nm
018033
tis

Company Type

Private Company Limited By Shares

Company Number

1816173

Information extracted from
Companies House records on
16th February 2002

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



Section 1: Company details

Ref: 1816173/03/10

	Current details	Amended details																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Samuel Ryder House Townsend Drive Attleborough Fields Nuneaton Warwickshire CV11 6XW	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7499</td> <td>Non-trading company</td> </tr> </tbody> </table>	SIC Code	Description	7499	Non-trading company	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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> <i>Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>		_____ _____ _____																

	Current details	Amended details
> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Company Secretary must be notified on form 288.	Name Roger CRADDOCK LLB Address Longmeadow House 52 Rosemary Hill Road Streetly Sutton Coldfield West Midlands B74 4HJ	Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Roger CRADDOCK LLB ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Peter Howard ALDIS Address The Farmhouse Main Street Thornton Leicestershire LE67 1AH Date of birth 17/06/1964 Nationality Irish Occupation Director	Name _____ Address 'FARMHOUSE' _____ _____ UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Peter Howard ALDIS ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Roger CRADDOCK LLB Address Longmeadow House 52 Rosemary Hill Road Streetly Sutton Coldfield West Midlands B74 4HJ Date of birth 07/01/1955 Nationality British Occupation Solicitor	Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Roger CRADDOCK LLB ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

	Current details	Amended details
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Gillian Margaret DAY Address 1 Pilgrims Gate Burbage Hinckley Leicestershire LE10 2EL Date of birth 09/08/1948 Nationality British Occupation Director	Name _____ Address _____ _____ _____ UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation _____ Date of change ____ / ____ / ____ Date Gillian Margaret DAY ceased to be director (if applicable) ____ / ____ / ____
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Harvey KAMIL Address 11 Shore Drive Setauket New York 11733 U S A Date of birth 12/01/1944 Nationality American Occupation Vice-President	Name _____ Address _____ _____ _____ UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation <u>PRESIDENT</u> Date of change <u>01, 01, 2002</u> Date Harvey KAMIL ceased to be director (if applicable) ____ / ____ / ____
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Scott RUDOLPH Address 162 Yukon Drive Woodbury New York Usa 11797 Date of birth 30/11/1957 Nationality American Occupation Chief Executive Officer	Name _____ Address <u>90 ORVILLE DRIVE, BOHEMIA,</u> <u>NEW YORK,</u> <u>U.S.A. 11716-2510</u> UK Postcode _____ Date of birth ____ / ____ / ____ Nationality _____ Occupation _____ Date of change <u>07, 08, 1997</u> Date Scott RUDOLPH ceased to be director (if applicable) ____ / ____ / ____

	Current details	Amended details
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Name Barry VICKERS	Name <hr/>
	Address Dunelm 18 Bramhall Close West Kirby Wirral CH48 8BP	Address <hr/> <hr/> <hr/>
	Date of birth 18/08/1938	UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality <hr/>
	Nationality British	Occupation <hr/>
	Occupation Managing Director	Date of change _ _ / _ _ / _ _ _ _ Date Barry VICKERS ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Particulars of a new Director must be notified on form 288.

Section 3: Share Capital

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share	Class of share
	Ordinary A	_____
	Nominal value of each share	Nominal value of each share
	£1.00	_____
	Number of shares issued	Number of shares issued
	80,000	_____
	Aggregate Nominal Value of issued shares	Aggregate Nominal Value of issued shares
	£80,000.00	_____
	Class of share	Class of share
	Ordinary B	_____
	Nominal value of each share	Nominal value of each share
	£1.00	_____
	Number of shares issued	Number of shares issued
	50,000	_____
	Aggregate Nominal Value of issued shares	Aggregate Nominal Value of issued shares
	£50,000.00	_____
	Class of share	Class of share
	Ordinary C	_____
	Nominal value of each share	Nominal value of each share
	£1.00	_____
	Number of shares issued	Number of shares issued
	1,210,000	_____
	Aggregate Nominal Value of issued shares	Aggregate Nominal Value of issued shares
	£1,210,000.00	_____
	Class of share	Class of share
	Ordinary D	_____
	Nominal value of each share	Nominal value of each share
	£1.00	_____
	Number of shares issued	Number of shares issued
	20,000	_____
	Aggregate Nominal Value of issued shares	Aggregate Nominal Value of issued shares
	£20,000.00	_____

Current details		Amended details
Class of share	Ordinary E	Class of share _____
Nominal value of each share	£1.00	Nominal value of each share _____
Number of shares issued	140,000	Number of shares issued _____
Aggregate Nominal Value of issued shares	£140,000.00	Aggregate Nominal Value of issued shares _____
> Total shares issued and value		Total number of shares issued
<i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>		_____
Total number of shares issued		Total Nominal value of shares issued
1,500,000		_____
Total Nominal value of shares issued		Total Nominal value of shares issued
£1,500,000.00		_____

- > At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.**

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
> Shareholder Name HOLLAND & BARRETT RETAIL LTD		Name <hr/>		Shares transferred by HOLLAND & BARRETT RETAIL LTD		
		Address <hr/>				
Address Samuel Ryder House Townsend Drive Attleborough Fields Nuneaton Warwickshire CV11 6XW		UK Postcode _ _ _ _ _				
Shares held Class <i>Number</i>		Class <i>Number</i>				
Ordinary E	140000			<i>Class</i>	<i>Number</i>	<i>Date of transfer</i>
Ordinary D	20000					__/__/____
Ordinary C	1210000					__/__/____
Ordinary B	50000					
Ordinary A	80000					

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

(Director / Secretary)

Date

11 / 03 / 2002

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☒ This AR is made up to 9/3/2002
- If you are making this return up to an earlier date, please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **9th March 2003** please give the new date here:

__ / __ / ____

4. Where to send this form

- ☒ Please return this form to:
- | | | |
|------------------------|----|----------------------------------|
| Registrar of Companies | | For members of the Hays Document |
| Companies House | | Exchange service |
| Crown Way | OR | DX 33050 Cardiff |
| Cardiff CF14 3UZ | | |

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque ☒ Postal Order ☐ Cheque / Postal Order

Number 018033

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

MR. R. CRAADOCK

Telephone number inc code

Address

DX number if applicable

DX exchange

Postcode

HOLLAND & BARRETT RETAIL LTD
SAMUEL RYDER HOUSE
TOWNSEND DRIVE
ATTLEBOROUGH FIELDS
NUNEATON
WARWICKSHIRE CV11 6XW
 Tel: 02476 244400
 Fax: 02476 320034