



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **LIFECYCLE LIMITED**

Company Number: **01816173**

Date of this return: **09/03/2010**

SIC codes: **7499**

Company Type: **Private company limited by shares**

Situation of Registered Office: **SAMUEL RYDER HOUSE
TOWNSEND DRIVE
ATTLEBOROUGH FIELDS NUNEATON
WARWICKSHIRE
CV11 6XW**

Officers of the company

Company Secretary **1**

Type: **Person**

Full forename(s): **ROGER**

Surname: **CRADDOCK**

Former names:

Service Address: **LONGMEADOW HOUSE
52 ROSEMARY HILL ROAD STREETLY
SUTTON COLDFIELD
WEST MIDLANDS
B74 4HJ**

Company Director **1**

Type: **Person**

Full forename(s): **PETER HOWARD**

Surname: **ALDIS**

Former names:

Service Address: **FARMHOUSE
MAIN STREET
THORNTON
LEICESTERSHIRE
LE67 1AH**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **1964-06-17** *Nationality:* **IRISH**

Occupation: **CHIEF EXECUTIVE OFFICER**

Company Director **2**

Type: **Person**

Full forename(s): **ROGER**

Surname: **CRADDOCK**

Former names:

Service Address: **LONGMEADOW HOUSE
52 ROSEMARY HILL ROAD STREETLY
SUTTON COLDFIELD
WEST MIDLANDS
B74 4HJ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **1955-01-07**

Nationality: **BRITISH**

Occupation: **SOLICITOR**

Company Director **3**

Type: **Person**

Full forename(s): **HARVEY**

Surname: **KAMIL**

Former names:

Service Address: **11 SHORE DRIVE
SETAUKET
NEW YORK
11733**

Country/State Usually Resident: **USA**

Date of Birth: **1944-01-12**

Nationality: **AMERICAN**

Occupation: **PRESIDENT**

Company Director **4**

Type: **Person**
Full forename(s): **MARK**
Surname: **KENDRICK**
Former names:
Service Address: **303 QUESLETT ROAD
GREAT BARR
BIRMINGHAM
WEST MIDLANDS
B43 7HB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **1954-04-18** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Company Director **5**

Type: **Person**
Full forename(s): **MARTIN PHILIP**
Surname: **MORAN**
Former names:
Service Address: **WOODLANDS 24 CHESTNUT DRIVE
STRETTON HALL
GREAT GLEN
LEICESTERSHIRE
LE2 4QX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **1953-11-14** *Nationality:* **IRISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY A	<i>Number allotted</i>	80000
		<i>Aggregate nominal value</i>	80000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NOTE 6 NOT APPLICABLE		

Class of shares	ORDINARY B	<i>Number allotted</i>	50000
		<i>Aggregate nominal value</i>	50000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NOTE 6 NOT APPLICABLE		

Class of shares	ORDINARY C	<i>Number allotted</i>	1210000
		<i>Aggregate nominal value</i>	1210000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NOTE 6 NOT APPLIABLE		

Class of shares	ORDINARY D	<i>Number allotted</i>	20000
		<i>Aggregate nominal value</i>	20000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NOTE 6 NOT APPLICABLE		

Class of shares	ORDINARY E	<i>Number allotted</i>	140000
		<i>Aggregate nominal value</i>	140000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NOTE 6 NOT APPLICABLE		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1500000
		<i>Total aggregate nominal value</i>	1500000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 09/03/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

20000 ORDINARY D Shares held as at 09/03/2010

Name:

HOLLAND & BARRETT RETAIL LTD

Address:

Shareholding : 2

140000 ORDINARY E Shares held as at 09/03/2010

Name:

HOLLAND & BARRETT RETAIL LTD

Address:

Shareholding : 3

1210000 ORDINARY C Shares held as at 09/03/2010

Name:

HOLLAND & BARRETT RETAIL LTD

Address:

Shareholding : 4

80000 ORDINARY A Shares held as at 09/03/2010

Name:

HOLLAND & BARRETT RETAIL LTD

Address:

Shareholding : 5

50000 ORDINARY B Shares held as at 09/03/2010

Name:

HOLLAND & BARRETT RETAIL LTD

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.