

**OYEZ****225****Change of Accounting Reference Date**Please complete in
typescript, or in
bold black capitals.

Company Number

1816173

Company Name in full

LIFECYCLE LIMITED



* F0225C10 *

Day Month Year

The accounting reference period ending

3 0 0 6 9 8

Day Month Year

is ~~shortened~~/extended† so as to end on

3 0 0 9 9 8

NOTES.*You may use this form to change the accounting date relating to either the current or the immediately previous accounting period.*

- You **may not** change a period for which the accounts are already overdue.
- You **may not** extend a period beyond 18 months unless the company is subject to an administration order.
- You **may not** extend periods more than once in five years unless:
 - the company is subject to an administration order, or
 - you have the specific approval of the Secretary of State, (please enclose a copy), or
 - you are extending the company's accounting reference period to align with that of a parent or subsidiary undertaking established in the European Economic Area
 - the form is being submitted by an overseas company

Subsequent periods will end on the same day and month in future years.

If extending more than once in five years, please indicate in the box the number of the provision listed in note c. on which you are relying.

3

Signed

Date

17.11.97

† Please delete as appropriate

~~I, a director/secretary/administrator/administrative receiver/receiver and manager/receiver (Scotland)/person authorised on behalf of an overseas company~~

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

HOLLAND & BARRETT RETAIL LTD., SAMUEL RYDER
 HOUSE, TOWNSEND DRIVE, NUNEATON, CV11 6XW
 (REF. RC) Tel 01203-244400
 DX number DX exchange

A05 *A5N721BN* 253
COMPANIES HOUSE 20/11/97

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ
 for companies registered in England and Wales DX 33050 Cardiff or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
 for companies registered in Scotland DX 235 Edinburgh

OYEZ

The Solicitors' Law Stationery Society Ltd, Oyez House, 7 Spa Road, London SE16 3QQ

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