



Please complete in typescript,
or in bold black capitals.

Nat West
£450 x 30
£425

363a

Annual Return

Company Number

1816173

Company Name in full

LIFECYCLE LIMITED



* F363AD40 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

08 03 1997

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

08 03 1998

Registered Office (See note 3)

Show here the address at the date of this return.

Any change of
registered office
must be notified
on form 287.

Post town

County / Region

Postcode

BRITANNIA HOUSE

CENTURION PARK

TAMWORTH

STAFFORDSHIRE

B77 5TZ

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

5212

If the code number cannot be determined, give a brief description of principal activity.

When you have completed and signed the form please send it to the Registrar of Companies at:
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



Register of members (See note 5)
If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Register of Debenture holders
(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

X

Please mark the appropriate box

Company Secretary (see notes 1-5)

Details of a new company secretary must be notified on form 288a.

(Please photocopy this area to provide details of joint secretaries).

Name * Style / Title

MR

*Honours etc

Forename(s)

MAHMOOD

Surname

EBRAHIMJEE

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

112 WANTAGE ROAD

Usual residential

address must be given. In the case of a corporation, give the registered or principal office address.

Post town

WALLINGFORD

County / Region

OXON

Postcode

OX10 0LX

Country

Directors (see notes 1 to 5)*Please list directors in alphabetical order.*

Details of new directors must be notified on form 288a

Name	* Style / Title	MR		
		Day	Month	Year
	* Honours etc	Date of birth		
		04	02	1949
Forename(s)	STEPHEN WILLIAM			
Surname	BUCKELL			
Previous forename(s)				
Previous surname(s)				
Address	WYKIN HOUSE, WYKIN			
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	HINCKLEY		
	County / Region	LEICESTERSHIRE	Postcode	LE10 3PN
	Country		Nationality	BRITISH
Business occupation	LEGAL DIRECTOR			
Other directorships	HOLLAND & BARRETT RETAIL LIMITED			
* Voluntary details.	LLOYDS CHEMISTS PLC			

Name	* Style / Title	MR		
		Day	Month	Year
	* Honours etc	Date of birth		
		23	12	1952
Forename(s)	GRAHAM ANTHONY			
Surname	KERSHAW			
Previous forename(s)				
Previous surname(s)				
Address	24 OAKFIELD ROAD, BIRKBY			
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	HUDDERSFIELD		
	County / Region	YORKSHIRE	Postcode	HD2 2XF
	Country	ENGLAND	Nationality	BRITISH
Business occupation	GROUP HUMAN RESOURCES DIRECTOR			
Other directorships	See attached list			

Directors(see notes 1-5)

Please list directors in alphabetical order

Details of new directors must be notified on form 288a.

Name	* Style / Title	MR			Day	Month	Year	
	* Honours etc				Date of birth	28	10	1965
	Forename(s)	STEFAN MARIO						
	Surname	MEISTER						
	Previous forename(s)							
	Previous surname							
Address	WIXHALL MOSS, PLOUGH LANE							
	CHRISTLETON							
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	CHESTER						
	County / Region	CHESHIRE			Postcode	CH3 7PT		
	Country	ENGLAND						
	Nationality	SWITZERLAND						
	Business occupation	DIRECTOR						
	Other directorships	See attached list						

Name	* Style / Title	MR			Day	Month	Year	
	* Honours etc				Date of birth	21	01	1946
	Forename(s)	RONALD CHARLES HAROLD						
	Surname	VIZARD						
	Previous forename(s)							
	Previous surname							
Address	ORCHARDS, 242 CHESTER ROAD							
	HARTFORD							
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	NORTHWICH						
	County / Region	CHESHIRE			Postcode	CW8 1LW		
	Country	ENGLAND						
	Nationality	BRITISH						
	Business occupation	COMMERCIAL DIRECTOR						
	Other directorships	GEHE INVEST PLC						
	HOLLAND & BARRETT RETAIL LIMITED							

* Voluntary details.

Other relevant directorships

Company Number **1816173**

Company Name **LIFECYCLE LIMITED**

Directors Name **KERSHAW GRAHAM ANTHONY**

† Directors only.

† Other directorships

HOLLAND & BARRETT RETAIL LIMITED

JOSHUA TETLEY & SON LIMITED

LEEDS CHAMBER OF COMMERCE LIMITED

MID YORKSHIRE CHAMBER OF COMMERCE LIMITED

PETER WALKER LIMITED

TETLEY WALKER LIMITED

TETLEYS BREWERY WHARF LIMITED

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:
- for a married woman, the name by which she was known before marriage need not be given.

- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant

- a parent company which wholly owned the company making the return, or

- another wholly owned subsidiary of the same parent company.

Other relevant directorships

Company Number

1816173

Company Name

LIFECYCLE LIMITED

Directors Name

MEISTER STEFAN MARIO

GEHE HOLDINGS PLC

GEHE INVEST PLC

GEHE UK PLC

HOLLAND & BARRETT RETAIL LIMITED

LLOYDS CHEMISTS PLC

† Directors only.

† Other directorships

NOTES

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- dormant

- a parent company which wholly owned the company making the return, or

- another wholly owned subsidiary of the same parent company.

Issued share capital *(see note 9)*
Enter details of all the shares in issue at the date of this return.

Class <i>(e.g. Ordinary/Preference)</i>	Number of shares issued	Aggregate Nominal Value <i>(i.e. Number of shares issued multiplied by nominal value per share)</i>
"A" ORD £1	80,000	£ 80,000.00
"B" ORD £1	50,000	£ 50,000.00
"C" ORD	1,210,000	£ 1,210,000.00
"D" ORD	20,000	£ 20,000.00

See continuation sheet.

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐

Elective resolutions

(Private companies only)

(See note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☐

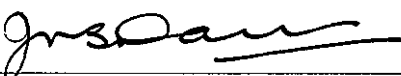
If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☐

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed



Date

5 APR 1997

† Please delete as appropriate.

† a ~~director~~/secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to Companies House.

This return includes

(enter number)

continuation sheets.

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

01928 579393

MR RICHARD DAVIES, AAH PLC, HAMPTON COURT,, TUDOR ROAD, MANOR PARK,, RUNCORN,, WA7	
1TX	
Tel 01928 579393	
DX number	DX exchange

Company Number

1816173

Company Name in full

LIFECYCLE LIMITED

Issued share capital^(see note 9)
Enter details of all the shares in issue
at the date of this return.

Class <i>(e.g. Ordinary/Preference)</i>	Number of shares issued	Aggregate Nominal Value <i>(i.e. Number of shares issued multiplied by nominal value per share)</i>
"E" ORD	140,000	£ 140,000.00
Totals	1,500,000	£ 1,500,000.00



SECRETARIAT

*Please complete in typescript,
or in bold black capitals.*

**List of past and present members
Schedule to form 363a, 363b**

Company Number

1816173

Company Name in full

LIFECYCLE LIMITED

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
MACARTHY LIMITED BRITANNIA HOUSE, CENTURION PARK, TAMWORTH, STAFFORDSHIRE, B77 5TZ	"A" ORD £1 80,000			
MACARTHY LIMITED BRITANNIA HOUSE, CENTURION PARK, TAMWORTH, STAFFORDSHIRE, B77 5TZ	"B" ORD £1 50,000			
MACARTHY LIMITED BRITANNIA HOUSE, CENTURION PARK, TAMWORTH, STAFFORDSHIRE, B77 5TZ	"C" ORD 1,210,000			
MACARTHY LIMITED BRITANNIA HOUSE, CENTURION PARK, TAMWORTH, STAFFORDSHIRE, B77 5TZ	"E" ORD 140,000			
MACARTHY NOMINEES LIMITED BRITANNIA HOUSE, CENTURION PARK, TAMWORTH, STAFFORDSHIRE, B77 5TZ	"D" ORD 20,000			