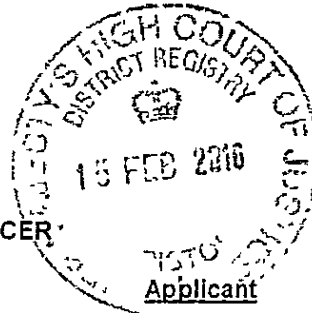


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Instant Muscle
limited

IN THE HIGH COURT OF JUSTICE
CHANCERY DIVISION
BRISTOL DISTRICT REGISTRY
IN THE MATTER OF AN OFFICE HOLDER
AND IN THE MATTER OF THE INSOLVENCY ACT 1986

No 6 of 2016

ANTHONY CLIFF SPICER



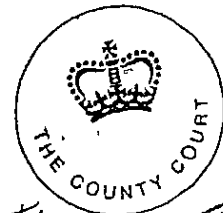
and

HENRY ANTHONY SHINNERS (1)
FINBARR THOMAS O'CONNELL (2)
COLIN HARDMAN (3)
ADAM HENRY STEPHENS (4)
MARK CHRISTOPHER FORD (5)
GILBERT JOHN LEMON (6)
PAUL DAVID WOOD (7)

Respondents

ORDER

BEFORE DISTRICT JUDGE EXTEN
UPON THE APPLICATION of Anthony Cliff Spicer
AND UPON READING the evidence
IT IS ORDERED THAT



22nd Jt



- 1 The following provisions of this Order shall take effect from [12.00] on 17 February 2016.
(MIDDAY)
- 2 Pursuant to Rule 7 10C(1) of the Insolvency Rules 1986 ("the Rules") any of the matters listed in the schedules attached to this Order which are proceeding in any court other than the High Court are transferred to the High Court (Bristol District Registry) solely for the purposes of this Order and thereafter are transferred back to the original court.
- 3 Pursuant to Rule 7 10C(1) of the Rules any of the matters listed in the schedules attached to this Order which are proceeding in the High Court (Royal Courts of Justice) are transferred to the High Court (Bristol District Registry) solely for the purposes of this Order and thereafter are transferred back to the High Court (Royal Courts of Justice).
- 4 Pursuant to Rules 7 10B(2), 7 10C(1)(c) and 7 10C(2)(c) of the Rules and paragraph 88 of Schedule B1 to the Insolvency Act 1986 ("the Act") Anthony Cliff Spicer is removed from his office as administrator of the company listed in Schedule A, B and C attached to this Order with immediate effect.

SATURDAY



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COMPANIES HOUSE

- 5 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(c) of the Rules and paragraph 63 of Schedule B1 to the Act Mark Christopher Ford is appointed as a joint administrator of the companies listed in Schedule A attached to this order in place of Anthony Cliff Spicer with immediate effect.
- 6 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(c) of the Rules and paragraph 63 of Schedule B1 to the Act Finbarr Thomas O'Connell is appointed as a joint administrator of the companies listed in Schedule B attached to this order in place of Anthony Cliff Spicer with immediate effect.
- 7 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(c) of the Rules and paragraph 63 of Schedule B1 to the Act Henry Anthony Shinnors is appointed as a joint administrator of the company listed in Schedule C attached to this order in place of Anthony Cliff Spicer with immediate effect.
- 8 Pursuant to Rules 7 10B(2), 7 10C(1)(c) and 7 10C(2)(b) of the Rules and section 108 of the Act, Anthony Cliff Spicer is removed from his office as liquidator of the companies listed in Schedules D, E, F, G, H, I, J attached to this Order with immediate effect.
- 9 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act, Adam Henry Stephens is appointed as joint liquidator of the companies listed in Schedule D attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 10 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act, Finbarr Thomas O'Connell is appointed as joint liquidator of the companies listed in Schedule E attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 11 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act, Mark Christopher Ford is appointed as joint liquidator of the companies listed in Schedule F attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 12 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Colin Hardman is appointed as joint liquidator of the companies listed in Schedule G attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 13 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Henry Anthony Shinnors and Mark Christopher Ford are appointed as joint liquidators of the company listed in Schedule H attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 14 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Henry Anthony Shinnors and Adam Henry Stephens are appointed as joint liquidators of the companies listed in Schedule I attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 15 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Henry Anthony Shinnors is appointed as joint liquidator of the company listed in Schedule J attached to this Order in place of Anthony Cliff Spicer with immediate effect.

- 16 Pursuant to Rules 7 10B(2), 7 10C(1)(c) and 7 10C(2)(b) of the Rules and section 108 of the Act Anthony Cliff Spicer is removed from his office as liquidator of the companies listed in Schedules K, L, M, N, O, P and Q attached to this Order with immediate effect
- 17 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Colin Hardman is appointed as joint liquidator of the company listed in Schedule K attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 18 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Mark Christopher Ford is appointed as joint liquidator of the companies listed in Schedule L attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 19 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Finbarr Thomas O'Connell is appointed as joint liquidator of the companies listed in Schedule M attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 20 Pursuant to Rules 7.10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Colin Hardman is appointed as joint liquidator of the company listed in Schedule N attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 21 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Mark Christopher Ford is appointed as joint liquidator of the companies listed in Schedule O attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 22 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Henry Anthony Shinnars is appointed as joint liquidator of the company listed in Schedule P attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 23 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(b) of the Rules and section 108 of the Act Henry Anthony Shinnars is appointed as joint liquidator of the company listed in Schedule Q attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 24 Pursuant to Rules 7 10B(2), 7 10C(1)(c) and 7 10C(2)(a) of the Rules and section 172(2) of the Act, Anthony Cliff Spicer is removed from his office as liquidator of the companies listed in Schedules R, S, T and U attached to this Order with immediate effect.
- 25 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(a) of the Rules and section 168(3) of the Act, Colin Hardman is appointed as joint liquidator of the companies listed in Schedule R attached to this Order in place of Anthony Cliff Spicer with immediate effect.
- 26 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7.10C(3)(a) of the Rules and section 168(3) of the Act, Adam Henry Stephens is appointed as a joint liquidator of the company listed in Schedule S attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 27 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(a) of the Rules and section 168(3) of the Act, Colin Hardman is appointed as joint liquidator of the company listed in Schedule T attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 28 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(a) of the Rules and section 168(3) of the Act, Henry Anthony Shinnars and Finbarr Thomas O'Connell are appointed as joint

liquidators of the company listed in Schedule U attached to this Order in place of Anthony Cliff Spicer with immediate effect

- 29 Pursuant to Rules 7 10B(2), 7 10C(1)(c) and 7 10C(2)(d) of the Rules and section 298 of the Act Anthony Cliff Spicer is removed from his office as trustee in bankruptcy of the individuals listed in Schedules V and W attached to this Order with immediate effect
- 30 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(d) of the Rules and sections 298 and 303(2) of the Act Gilbert John Lemon is appointed as joint trustee in bankruptcy of the individual listed in Schedule V attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 31 Pursuant to Rules 7 10B(2), 7 10C(1)(d) and 7 10C(3)(d) of the Rules and sections 298 and 303(2) of the Act Gilbert John Lemon and Paul David Wood are appointed as joint trustees in bankruptcy of the individuals listed in Schedule W attached to this Order in place of Anthony Cliff Spicer with immediate effect
- 32 Where in any matter an office holder is as a consequence of this Order appointed jointly with another, the office holders shall be entitled to act jointly and severally
- 33 In respect of any existing court applications or proceedings arising out of any of the matters listed at Schedules A to W of this Order, the replacement office holder(s) shall be substituted for Anthony Cliff Spicer by virtue of this Order and pursuant to Rule 7.10C(1)(e)
- 34 Creditors (and in the case of solvent liquidations, members) shall be given notice of this Order, and the provision for liberty to apply set out herein, by an advertisement in the London Gazette, placed by the substituted office holders referred to above within 28 days of the date at paragraph 1 of this Order
- 35 There shall be liberty to each creditor (or in the case of solvent liquidations, each member) to apply to vary or discharge this Order insofar as it relates to the estate of which they are a creditor (or member) within 28 days of being given notice of this Order.
- 36 In respect of all the matters which are the subject of this Order, there shall be no requirement for progress reports or receipts and payment accounts to be prepared and served or filed by virtue of Anthony Cliff Spicer vacating office in accordance with this Order. The provisions of Rules 2 47(3A), 6.78A(4), 4 49B(5) and 4 49C-CVL(3)(a) of the Rules shall not apply in respect of the matters which are the subject of this Order.
- 37 The period covered by subsequent progress reports shall be the relevant date for which progress reports would have been prepared but for Anthony Cliff Spicer vacating office by virtue of this Order
- 38 The costs of this application shall be borne by Smith & Williamson LLP

DATED 1ST FEBRUARY 2016.

Schedule A – Anthony Cliff Spicer joint administrator with Henry Anthony Shinnars and Finbarr Thomas O'Connell - Administration

Removal of Anthony Cliff Spicer and replacement with Mark Christopher Ford

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
1Malaysia Racing Team SDN BHD	FC032193	High Court of Justice 8779 of 2014	Finbarr Thomas O'Connell, Henry Anthony Shinnars and Mark Christopher Ford
Caterham Sports Limited	O7042086	High Court of Justice 7424 of 2014	Finbarr Thomas O'Connell, Henry Anthony Shinnars and Mark Christopher Ford

Schedule B – Anthony Cliff Spicer joint administrator with Henry Anthony Shinnars - Administration

Removal of Anthony Cliff Spicer and replacement with Finbarr Thomas O'Connell

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Fordgate Midlands Properties Limited	02216321	High Court of Justice 5291 of 2011	Finbarr Thomas O'Connell and Henry Anthony Shinnars
Graico Property Company Limited	01607541	High Court of Justice, Leeds District Registry 1225 of 2014	Finbarr Thomas O'Connell and Henry Anthony Shinnars
Method Investments Limited	04403284	High Court of Justice 699 of 2015	Finbarr Thomas O'Connell and Henry Anthony Shinnars

Schedule C – Anthony Cliff Spicer joint administrator with Colin Hardman - Administration

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnars

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Drywall Technologies Limited	04544125	High Court of Justice 3596 of 2015	Henry Anthony Shinnars and Colin Hardman

Schedule D – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Creditors’ voluntary liquidations

Removal of Applicant and replacement with Adam Henry Stephens

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Ailsa Solihull Limited	07441275	Adam Henry Stephens and Henry Anthony Shinnars
Brentwood Hotels Limited	05920520	Adam Henry Stephens and Henry Anthony Shinnars
Gannon Farnham Guildford Limited t/a Ramada Farnham	07441325	Adam Henry Stephens and Henry Anthony Shinnars
Hampshire Linen Services Limited	03031193	Adam Henry Stephens and Henry Anthony Shinnars
Heller Ehrman (Europe) LLP	OC325548	Adam Henry Stephens and Henry Anthony Shinnars
Pacific Continental Securities (UK) Limited	04159357	Adam Henry Stephens and Henry Anthony Shinnars
Tenza Guildford Leatherhead Limited t/a Ramada Guildford / Leatherhead	07441335	Adam Henry Stephens and Henry Anthony Shinnars

Schedule E – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Creditors’ voluntary liquidations

Removal of Applicant and replacement with Finbarr Thomas O'Connell

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Allen Maintenance Services Limited	05747958	Finbarr Thomas O'Connell and Henry Anthony Shinnners
Chemistree Homecare Limited	06466670	Finbarr Thomas O'Connell and Henry Anthony Shinnners
Keep Powder Coating Limited	06038275	Finbarr Thomas O'Connell and Henry Anthony Shinnners
Locus Gaming Limited	07831558	Finbarr Thomas O'Connell and Henry Anthony Shinnners
Nalbant Leisure Limited	07224629	Finbarr Thomas O'Connell and Henry Anthony Shinnners
Point West London Limited	03364796	Finbarr Thomas O'Connell and Henry Anthony Shinnners

Schedule F ~ Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnners - Creditors' voluntary liquidations

Removal of Applicant and replacement with Mark Christopher Ford

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Blendon Communications Limited	02741599	Mark Christopher Ford and Henry Anthony Shinnners
FP Realisations 2010 Limited (formerly Freeplay Energy UK Limited)	03078973	Mark Christopher Ford and Henry Anthony Shinnners
Instant Muscle Limited	01789716	Mark Christopher Ford and Henry Anthony Shinnners
J Ring Roofing Limited	04634217	Mark Christopher Ford and Henry Anthony Shinnners

Schedule G – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnors – Creditors’ voluntary liquidations

Removal of Applicant and replacement with Colin Hardman

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Electric Light & Power Store Limited	05605874	Colin Hardman and Henry Anthony Shinnors
North South Publishing Limited	02367377	Colin Hardman and Henry Anthony Shinnors
Page Litho Limited	01505168	Colin Hardman and Henry Anthony Shinnors
Photologic (UK) Limited	05631431	Colin Hardman and Henry Anthony Shinnors

Schedule H – Anthony Cliff Spicer Sole liquidator – Creditors’ voluntary liquidations

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnors and Mark Christopher Ford

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Abacus Wood Limited	06456127	Henry Anthony Shinnors and Mark Christopher Ford

Schedule I – Anthony Cliff Spicer Sole liquidator – Creditors’ voluntary liquidations

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnors and Adam Henry Stephens

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>

DCC (Milton Keynes) Limited	02325613	Adam Henry Stephens and Henry Anthony Shinnars
Echopoint Limited	00263753	Adam Henry Stephens and Henry Anthony Shinnars
Newton Byre Construction Limited	02442506	Adam Henry Stephens and Henry Anthony Shinnars
Richard Daniels (Hitchin) Limited	02073242	Adam Henry Stephens and Henry Anthony Shinnars
Richard Daniels Developments Limited	01501703	Adam Henry Stephens and Henry Anthony Shinnars
Richard Daniels Homes Limited	01525708	Adam Henry Stephens and Henry Anthony Shinnars

Schedule J – Anthony Cliff Spicer joint liquidator with Adam Henry Stephens – Creditors’ voluntary liquidations

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnars

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Fontenergy Limited	06015657	Henry Anthony Shinnars and Adam Henry Stephens

Schedule K – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Members’ voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Colin Hardman

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Afteron Limited	04605626	Colin Hardman and Henry Anthony Shinnars

Schedule L – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Members’ voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Mark Christopher Ford

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Infinity Global Markets Limited	03931926	Mark Christopher Ford and Henry Anthony Shinnars
MPS Global Securities (Europe) LLP	OC354360	Mark Christopher Ford and Henry Anthony Shinnars

Schedule M – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Members’ voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Finbarr Thomas O’Connell

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Opal Nottingham Phase 3 Development Limited	06214562	Finbarr Thomas O’Connell and Henry Anthony Shinnars
Opal Nottingham Phase 3 Limited	06249942	Finbarr Thomas O’Connell and Henry Anthony Shinnars

Schedule N – Anthony Cliff Spicer joint liquidator with Finbarr Thomas O’Connell – Members’ voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Colin Hardman

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Magdalen Family Office (London) Limited	04723065	Colin Hardman and Finbarr Thomas O’Connell

Schedule O – Anthony Cliff Spicer joint liquidator with Finbarr Thomas O'Connell – Members' voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Mark Christopher Ford

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Hubert C Leach Limited	00447346	Mark Christopher Ford and Finbarr Thomas O'Connell
Swanfield (Hamels) Limited	00697321	Mark Christopher Ford and Finbarr Thomas O'Connell

Schedule P – Anthony Cliff Spicer joint liquidator with Colin Hardman – Members' voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnars

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
ABN AMRO Holdings (UK) Limited	01927950	Henry Anthony Shinnars and Colin Hardman

Schedule Q – Anthony Cliff Spicer joint liquidator with Adam Henry Stephens – Members' voluntary liquidation

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnars

<u>Company Name</u>	<u>Company Number</u>	<u>Proposed Appointment Holders</u>
Welbeck Property Assets Limited (formerly Welbeck Land Limited)	02934475	Henry Anthony Shinnars and Adam Henry Stephens

Schedule R – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars – Compulsory liquidations

Removal of Anthony Cliff Spicer and replacement with Colin Hardman

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Calverley Properties (Kingswood Birches) Limited	04565932	High Court of Justice 9950 of 2010	Colin Hardman and Henry Anthony Shinnars
Oil Trade Company Limited	04144375	High Court of Justice 19597 of 2009	Colin Hardman and Henry Anthony Shinnars

Schedule S – Anthony Cliff Spicer joint liquidator with Henry Anthony Shinnars - Compulsory liquidations

Removal of Anthony Cliff Spicer and replacement with Adam Henry Stephens

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Inclarity Limited	02673204	High Court of Justice 6077 of 2010	Adam Henry Stephens and Henry Anthony Shinnars

Schedule T – Anthony Cliff Spicer joint liquidator with Finbarr Thomas O'Connell – Compulsory liquidation

Removal of Anthony Cliff Spicer and replacement with Colin Hardman

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Woodbridge F S Limited	06306765	High Court of Justice 15005 of 2009	Colin Hardman and Finbarr Thomas O'Connell

Schedule U – Anthony Cliff Spicer sole liquidator – Compulsory liquidation

Removal of Anthony Cliff Spicer and replacement with Henry Anthony Shinnars and Finbarr Thomas O'Connell

<u>Company Name</u>	<u>Company Number</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Timespan Group Limited	05099336	High Court of Justice 7144 of 2005	Henry Anthony Shinnars and Finbarr Thomas O'Connell

Schedule V – Anthony Cliff Spicer joint trustee in bankruptcy with Henry Anthony Shinnars – Bankruptcies

Removal of Anthony Cliff Spicer and replacement with Gilbert John Lemon

<u>Debtor Name</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Kevin Ernest Kennell	County Court at Coventry 100 of 2000	Gilbert John Lemon and Henry Anthony Shinnars

Schedule W – Anthony Cliff Spicer sole trustee in bankruptcy – Bankruptcies

Removal of Anthony Cliff Spicer and replacement with Gilbert John Lemon and Paul David Wood

<u>Debtor Name</u>	<u>Court Details / No</u>	<u>Proposed Appointment Holders</u>
Alistair Scott Percy	County Court at Gloucester 107 of 1994	Gilbert John Lemon and Paul David Wood
John Henry Scurr	High Court of Justice 12272 of 2005	Gilbert John Lemon and Paul David Wood
Stephan Bruce Lohmar	County Court at Oxford 490 of 2007	Gilbert John Lemon and Paul David Wood