



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **THE FITNESS EXCHANGE LIMITED**

*Company Number:* **01744958**

*Date of this return:* **21/11/2011**

*SIC codes:* **93110**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **58 FLEETS LANE  
POOLE  
DORSET  
BH15 3BT**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **SUSAN ANNE**

*Surname:* **CADD**

*Former names:*

*Service Address:* **7 ELMSTEAD ROAD  
CANFORD CLIFFS  
POOLE  
DORSET  
BH13 7EZ**

*Company Director*    ***1***

*Type:*                                **Person**

*Full forename(s):*                **MR TIMOTHY CARLO**

*Surname:*                         **NEWMAN**

*Former names:*

*Service Address:*                **NEWLANDS MANOR HOUSE  
CHARLTON MARSHALL  
BLANDFORD  
DORSET  
DT11 9NE**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **08/06/1960**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director* 2

*Type:* **Person**

*Full forename(s):* **MR COLIN DOUGLAS**

*Surname:* **WAGGETT**

*Former names:*

*Service Address:* **22 EDGAR ROAD  
WINCHESTER  
HAMPSHIRE  
SO23 9TW**

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **03/07/1969**

*Nationality:* **BRITISH**

*Occupation:* **DIRECTOR**

*Company Director*    **3**

*Type:*                                **Person**  
*Full forename(s):*                **MR JEREMY DAVID**

*Surname:*                                **WILLIAMS**

*Former names:*

*Service Address:*                        **WELCOMBE THATCH WITCHAMPTON**  
    **WIMBORNE**  
    **BH21 5AR**

*Country/State Usually Resident:*   **ENGLAND**

*Date of Birth:*   **27/03/1971**                                *Nationality:*   **BRITISH**  
*Occupation:*    **ACCOUNTANT**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>NONE</b>			

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 21/11/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **100 ORDINARY shares held as at the date of this return**  
*Name:* **MIKE CORBY HOLDINGS LTD**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.