



BLUEPRINT
Company Secretary

Miel
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363a

Annual Return

Company Number 1728962

Company Name in full L.A. FITNESS LIMITED



* F 3 6 3 A C 5 0 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

20 06 99

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

20 06 00

Registered Office (See note 3)

Show here the address **at the date of this return.**

Any change of
registered office
must be notified
on form 287.

Post town

County / Region

Postcode

235 OLD MARYLEBONE ROAD

LONDON

NW1 5QT

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

9261

9272

9231

9234

If the code number cannot be determined, give a brief description of principal activity.

Col



KLO *KT92GK6U* 317
COMPANIES HOUSE 30/09/99

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

Postcode

Register of Debenture holders

(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town

County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 1-5)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Details of a new company secretary must be notified on form 288a.

* Honours etc

STEWART JAMES

WENBOURNE

56 BLADINDON DRIVE

BEXLEY

KENT

Postcode

DA5 3BN

ENGLAND

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town

County / Region

Country

Directors (See notes 1-5)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year	
	* Honours etc				Date of birth	18	12	64
Forename(s)		JEREMY GUY						
Surname		TAYLOR						
Previous forename(s)								
Previous surname(s)								
Address		1 TRISSIE COTTAGES						
		MILLERS LANE						
Post town		OUTWOOD						
County / Region		SURREY			Postcode	RH1 5BQ		
Country		ENGLAND			Nationality	BRITISH		
Business occupation		DIRECTOR						
Other directorships		(See continuation sheet).						

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year	
		* Honours etc				Date of birth	03	11	45
Forename(s)		DAVID							
Surname		TURNER							
Previous forename(s)									
Previous surname(s)									
Address		1 VILLAGE CLOSE							
		BELSIZE LANE							
		HAMPSTEAD							
Post town		LONDON							
County / Region					Postcode	NW3 5AH			
Country		ENGLAND			Nationality	BRITISH			
Business occupation		MANAGING DIRECTOR							
Other directorships		(See continuation sheet).							

Issued share capital (See notes 9)

Enter details of all the shares in issue at the date of this return.

Class
(e.g. Ordinary/Preference)

Number of shares issued

Aggregate Nominal Value

(i.e. Number of shares issued multiplied by nominal value per share)

ORDINARY	1,000	£1,000.00
Totals	1,000	£1,000.00

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☒

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☒
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

S. Walker

Date

20/6/99

† Please delete as appropriate.

† a director /secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to **Companies House**.

This return includes

3

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

Wilder Coe Chartered Accountants
233-237 Old Marylebone Road
London
NW1 5QT

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year	
	* Honours etc				Date of birth	22	02	55
Forename(s)	FREDERICK OLIVER							
Surname	TUROK							
Previous forename(s)								
Previous surname(s)								
Address	1 BROOME HALL							
	COLD HARBOUR							
	Post town							
	County / Region	SURREY	Postcode	RH5 6HJ				
	Country	ENGLAND	Nationality	SOUTH AFRICAN				
Business occupation	DIRECTOR							
Other directorships	(See continuation sheet).							

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc				Date of birth		
	Forename(s)							
	Surname							
	Previous forename(s)							
	Previous surname(s)							
Address								
	Post town							
	County / Region		Postcode					
	Country		Nationality					
Business occupation								
Other directorships								

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Form 363a continuation sheet

Company Number 1728962

Company Name in full L.A. FITNESS LIMITED

Current directorships for JEREMY GUY TAYLOR

C.S. LEISURE PLC

L A HAIR & BEAUTY LIMITED

L.A. (GOLDERS GREEN) LIMITED

L.A. FITNESS (LUTON) LIMITED

L.A. LEISURE LIMITED

L.A. WESTMINSTER LIMITED

Past directorships for JEREMY GUY TAYLOR

TR CONSTRUCTIONS & MANAGEMENT LIMITED (27-Sep-1996)

Current directorships for DAVID TURNER

ATHERBUY LIMITED

C.S. LEISURE PLC

DARKWIN LIMITED

KBL DEVELOPMENTS LIMITED

L.A. (GOLDERS GREEN) LIMITED

L.A. FITNESS (LUTON) LIMITED

L.A. LEISURE LIMITED

L.A. WESTMINSTER LIMITED

MANAGEMENT SERVICES (LEISURE) LIMITED

PLAYGATE LIMITED

SPEEDWELL PROPERTY & MORTGAGE CO. LTD

SPIREMILL LIMITED

Past directorships for DAVID TURNER

TR CONSTRUCTIONS & MANAGEMENT LIMITED (27-Sep-1996)

Current directorships for FREDERICK OLIVER TUROK

Form 363a continuation sheet

Company Number 1728962

Company Name in full L.A. FITNESS LIMITED

C.S. LEISURE PLC

L A HAIR & BEAUTY LIMITED

L.A. (GOLDERS GREEN) LIMITED

L.A. LEISURE LIMITED

L.A. WESTMINSTER LIMITED

Past directorships for FREDERICK OLIVER TUROK

TR CONSTRUCTIONS & MANAGEMENT LIMITED (27-Sep-1996)

**List of past and present members
Schedule to form 363a and 363b**

Company Number 1728962

Company Name in full L.A. FITNESS LIMITED

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
L.A. LEISURE & D. TURNER				
235 OLD MARYLEBONE ROAD, LONDON, NW1 5QT, ENGLAND				
ORDINARY	1			
L.A. LEISURE LIMITED				
235 OLD MARYLEBONE ROAD, LONDON, NW1 5QT, ENGLAND				
ORDINARY	999	1	24-Oct-1996	