Charity Registration No. 287813

Company Registration No. 01720498 (England and Wales)

(A COMPANY LIMITED BY GUARANTEE) ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

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CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs P Hayward

Ms M L Cheng Mr H H Wu Mr H Salah Mr C Yi Mr T V Le

Secretary

Mr A S L Chau

Charity number

287813

Company number

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Registered office

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Independent examiner

Silver Levene (UK) Limited

Chartered Certified Accountants

37 Warren Street

London W1T 6AD

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FOR THE YEAR ENDED 31 MARCH 2018

The trustees present their report and financial statements for the year ended 31 March 2018.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The charity's purpose as set out in our constitution is to provide a comprehensive range of services (welfare, community care, educational, leisure & recreational and personal development) for the Chinese/ Vietnamese Community in and around the London Borough of Tower Hamlets through a supportive environment and a commitment to promote user involvement. Our vision is to ensure that the people we serve live in a sensitive and compassionate environment, have access to services that meet their physical, material and emotional needs, also, they are able to reach the quality of life to which every individual aspires.

The organisation's ethos is one of empowerment and enablement. We are driven by our mission to enable people to be the architect of their own lives and be treated with dignity and respect at all times. Our focus is to work with and for those living with physical, sensory or mental impairment and in social isolation, including those with serious and enduring mental health difficulties or dementia, language barriers, or a carer role.

The objects for which the Association is established are:-

- To help disadvantaged persons of Chinese origin who live, work or study in and around London Borough of Tower Hamlets (hereinafter called "the area of benefit") by the establishment and maintenance of an information and advice centre and an Opportunity Centre.
- To promote the welfare of Chinese elderly and disabled people which now or hereafter may be deemed by law to be charitable within the said area of benefit.
- To provide opportunities and facilities for the social, educational, cultural and physical development of young Chinese people of the said area of benefit. In this Memorandum of Association 'young Chinese people' means people between the ages of 8 and 25 years.

Principal activities

The Chinese Association of Tower Hamlets is a ("CATH") charitable company limited by guarantee and is governed by its memorandum and articles of association. The principal activities of the Association are the provision of services to Chinese and Vietnamese community in the London Borough of Tower Hamlets through project based programmes providing specific services to meet the needs of its user groups. We are a local organization that understands the needs and aspirations of local Chinese and Vietnamese people. Every year we support hundreds of older people of Chinese origin to live life to the full, maintaining control and independence. The organization's ethos is one of empowering and enabling people. The Statement of Financial Activities for the year is set out on Pages 13 to 23 of the financial statements.

How our activities deliver public benefit

We have referred to the public benefit guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and in planning our future activities. The aims of the Chinese Association of Tower Hamlets are undertaken specifically to ensure the charitable objects meet the public benefit requirement and the Charities Act 2011.

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The primary beneficiaries of our services are people of Chinese origin who live, work or study in and around London Borough of Tower Hamlets. The age at which people may access our services varies according to service requirements, typically led by requirements of funders or commissioners.

Targets set for last year were fully achieved. The services we provided last year included our Home Care Project, Elderly Luncheon Club, Chinese School and the After School Homework Club.

The main office's opening hours were Monday, Tuesday, Wednesday, Friday and Saturday from 10:00 a.m to 5:30 p.m at 680 Commercial Road and for Chinese School the opening hours were every Saturday between 10:00 a.m and 3:30 p.m at St. Mary and St. Michael Primary School.

Home Care Service

The aim of CATH's Home Care Service is to provide assistance and support to vulnerable adults and elders, enabling them to live comfortably in their own home. Our services empower a range of clients including those with physical, mental and learning disabilities, and impairments which hinder their ability to perform everyday actions in their life at home. We also assist and support other agencies to promote healthy living, and endorse the maintenance independence.

In the past year CATH's Home Care Service went through a phase of challenging and stimulating experience where the ability to provide high quality yet cost-effective care services became crucial to our long term success. This was a period of continuous change in national policy and new ways of commissioning at the local level. All these were taking place against a background of severe cut in resources and other austerity measures. It is a tribute to all our staff members, volunteers and well-wishes that we have managed to navigate such a difficult terrain successfully.

During 2017/2018,—we.-continued.-to-provide domiciliary care services to the Chinese community across London. During the year the charity maintained a block contract with Tower Hamlets Council and spot purchase contracts with Hackney Council, Islington Council, Newham Council, Lewisham Council and Southwark Council. The service continues to attract an increasing number of direct payment clients for whom this organisation is the provider of choice. On average, 300 hours of domiciliary care services were provided to clients weekly last year. They were in the form of:

- Personal Care assist with washing, prompt with medication, toileting etc;
- Domestic Care housework, cooking, cleaning, laundry, washing up and ironing; and
- Social Care shopping, collecting pensions and benefits and paying off bills etc.

We take a holistic, person-centred approach which supports the whole family environment, and is built on the essential features of:

- Empowering the person we are supporting, using guided conversations to understand their needs and aspirations;
- · Co-ordinating services and resources around the needs of the individual, putting the person first;
- Understanding that support for carers and family members may be integral to the independence of the individual:
- Building independence, control and support networks so that when our service ends, the person is ready and empowered to continue living well; and
- Continuing to be available to provide support if the person's circumstances change after our service ends.

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It is the intention of the management of CATH's Home Care Services to continue to build on the reputation the agency has for providing a reliable, caring and efficient service and to maintain the excellent standard it had previously been rated as. The Registered Manager is committed to continuing with training opportunities for his staff, to maintain and further improve the quality of care given to service users. The Manager and staff were happy to be upgraded to Good on all counts in the most recent CQC inspection report, having worked hard to rectify the issue which was identified by the inspector in 2016 and had resulted in a grading of Requires Improvement.

The provision of care is continually changing and developing, increasingly so, as more people opt for a direct payment to manage their own care budget. Assessment criteria changes have also resulted in less people qualifying for financial support from the Local Authority and being self-funding. The challenge facing CATH is to continue to design and deliver more support for less money. Development work during 2017 - 18 has prepared us for a radical shift in our focus. Our goal is to establish a financially sustainable model, offering new and exciting services that are affordable, appealing and meet the needs of those in later life. Our future depends on selling value-for-money services that reflect our values and are designed to meet the needs of older people with long term and complex needs who have little or no disposable income (our traditional customer base). It is anticipated that within the next three years (possibly sooner) approximately 80% of our income will be derived from individual paying customers via Direct Payment. We anticipate that demand for our home care service will increase but due to the continuous problem with care workers recruitment we will not be able to capitalise on the increased demand. It is therefore imperative that we:

- further reduce our central costs so that our charges are clearly perceived to be value for money;
- · further develop and stream-line our systems for promotion and marketing; and
- remain open and responsive to changes in the external environment.

CATH plans to continue with those activities outlined above, which are still on-going, in the forthcoming years subject to satisfactory funding arrangements. We will enter into more competitive tenders coming from the statutory sector where they are in line with our objectives of providing services to older people especially in the well-being and prevention realm. We will develop our business plan including a fundraising strategy to address the reduction in income from the statutory sector anticipated and spread the sources of our income. This will include developing non-subsidised paid for services where appropriate. We will continue to work closely with our consortium partners, other voluntary sector organisations and our statutory partners.

Mrs. L, 74

Mrs. L was a 74-year-old lady of Chinese origin who did not speak English. She had been suffering from Parkinson's which caused stiffness and pain in her body, severely affecting her mobility and her ability to speak and move. Her symptoms were controlled once she took her medications for Parkinson's (for six times a day) but then she would become very restless and talkative, demonstrating the effects of dementia on her. As Mrs. L was unable to self-medicate or carry out activities of daily living without assistance, her two sons and daughter took turns to look after her during the day and they agreed that at least one of them would sleep in the house during the night. However, since they were all in employment they were struggling to provide care during the day.

Council's Direct Payments Team referred the case to us. Our team visited Mrs. L and her family to understand her needs and the level of family support available. We helped the family identify the gaps that needed to be filled by paid support, and discussed with them the skills, qualities and experience they required of carers that would work with Mrs. L. They wanted someone who had a lot of experience and who was outgoing and good at befriending older people, as Mrs. L had very few opportunities to socialise. The family also wanted Mrs. L to be supported by the same care worker instead of having several workers coming on different days.

Our team made sure that Mrs. L and her family's choice was fully respected and accommodated as much as possible. We set up a meeting between the care worker and Mrs. L and her family so that they could set goals together and discuss how best to meet Mrs. L's needs.

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<u>Outcome</u>

Our team helped Mrs. L and her family maximise choice and control over their support by bringing them and the care agency together and making sure that a user-led and person-centred approach was at the heart of the delivery of care services.

Elderly Luncheon Club

CATH's Luncheon Club is aimed primarily, but not exclusively, at Chinese and Vietnamese Elders who wish to improve their physical and mental wellbeing. Through our programme of fun and informative activities, and exercise classes, we wish to give attendees the awareness and knowledge to work on raising their own health

At CATH's Luncheon Club, we believe that memory loss shouldn't be a barrier to fun, friendship and stimulation for the mind. We're passionate about creating a safe, loving and welcoming environment for our members. We sing. We exercise. We play. We make things. And above all else, we laugh. The Luncheon Club is like nowhere else. After all, we designed it as a place that we'd want to go to. About 50 older people attend our luncheon club every Friday and Saturday. Some members are collected from their homes and returned by our Care Workers. The volunteers serve a hot meal and provide a wide variety of social activities. We would like to thank the following funder/sponsor for their support in the past years:-

- Tower Hamlets' Social Services for funding the core costs of the Luncheon Club;
- Canary Wharf for sponsoring our annual Christmas Party for older people;
- Yi Ban Restaurant for sponsoring Dim Sum Lunch for our members; and
- Saigon Greenwich Restaurant for sponsoring our Christmas Lunch and Mid-Autumn Festival Lunch for our members.

During 2017 - 2018, 2207 meals were served at our centre and services we offered to the community included:

- Meals and Refreshments: Light refreshments served on Fridays and a full Chinese meal including Chinese soup, meat, fish, vegetable and fruits served on Saturdays.
- Physical activities: A range of physical activities were offered to service users which reflect their interests and include Tai Chi, Yuan ji dance - every Friday and Table tennis every day of the week except Tuesday, Thursday and Saturday.
- Advice and Information (every day of the week except Tuesday, Thursday and Sunday): Access to
 advice and information on issues and services that are pertinent to the independence, health and
 wellbeing of older people. For example, the availability of social care services, welfare rights, personal
 issues and referrals to other organisations etc.
- Health talks or workshops: Activities were undertaken that are intended to promote the health of service users including health promotion/awareness talks or workshops, eyes test, dental check, healthy eating etc.
- Other activities included:
 - · Outings and visits to places of interests;
 - Christmas Parties a chance for everybody to celebrate the festive season over shared food and music;
 - · Mid-Autumn and Dragon Boat Festivals; and
 - · Chinese New Year Celebration Event.

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Mr. C, 78

Mr. C was a 78-year-old gentleman of Chinese origin who did not speak English. He had been suffering from dementia and had gone missing from home several times as a result of his mental illness. He was living with his son K, who could not provide the constant monitoring that Mr. C needed as he had a full-time job. K's girlfriend J helped during the day, but she was struggling to cope as she had her own children to look after as well

The Alzheimer's Society referred the case to us. Our team visited Mr. C and his son K at home, and discussed with them how their family could be best supported with a personal budget. We explored the idea of buying escort services from CATH so that for two days a week Mr. C could attend CATH's elderly luncheon club safely. This would benefit Mr. C's mental health while allowing his family to take a break from their caring roles. Both K and Mr. C were happy with the idea. We discussed this with the Community Dementia Care Team who then came to visit the family and with input from CDCT support was planned and put in place within three weeks. Since then Mr. C has been attending CATH's luncheon club twice a week accompanied by a Chinese-speaking personal assistant and making friends with people who share his language, culture and interests.

Outcome

Our team helped Mr. C and his son K understand the wider range of service options they had under personal budgets when compared with traditional care packages. He involved them in planning Mr. C's support and made a prompt referral to the authorities so that personalised support was set up quickly.

Chinese Independent School of Tower Hamlets ("CISTH")

The school-moved-from c/o-Mulberry-School for Girls to St Mary and c/o St Michael Primary School in September 2013 and it is a more secure building as no one else is sharing the venue with CISTH. Front gates and doors are locked during lesson hours to ensure the school premises are safe and avoid intruders from entering. We have received many good comments from parents about the new learning environment and excellent facilities.

We have provided 34 sessions from September 2017 to June 2018 - a total of 28 classes in Cantonese and Mandarin from Playgroup to A Level. Due to an increase in number of students and classes, we had to split the classes into two sessions in order to accommodate for all of our students. The morning session runs between 10am to 12:20pm for Mandarin students and the afternoon session runs between 1pm to 3:15pm for Cantonese students. In the past year, students achieved over 95% attendance since the start of the term. The school continues to have a positive impact on the lives of Chinese & non-Chinese children, young people and their families across London and beyond.

The number of enrolment increased in the new academic year; reaching over 400 students enrolled on Cantonese or Mandarin classes, from the age of 3 up to 18. The school received enquiries regularly and more parents would like to send their children to the CISTH to learn Chinese. Some classes were already full up at the beginning of term; therefore children were placed on a waiting list and parents would have to contact the school in May 2018 to enrol their children for the next academic year. There was also an increase in the number of Tower Hamlets students during the academic year.

Due to the high demand in some classes, CISTH opened new classes for the new academic year including one additional Mandarin Year 4. The school also recruited 8 new teachers. The current trend demonstrates more parents would like to send their children to learn Chinese, in particularly Mandarin. Furthermore, we now have more non-Chinese speaking children attending the school as their mainstream school requires the children to learn Mandarin as one of the subjects. Parents have reported attending the CISTH actually made a difference in their children's learning as their ability is higher than those who doesn't learn Mandarin outside of their mainstream school. Some parents said their child has been promoted to the top Mandarin class in their mainstream school.

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Students have learnt how to communicate with their non-English speaking family members through learning the four key skills: listening, reading, speaking and writing in Cantonese or Mandarin. They have demonstrated their achievements from their positive learning attitude and the satisfying exam results. Students who have taken the Chinese GCSE exam last summer achieved 100% grade A* and A, including those who entered for the early GCSE exam. As the council withdrew the early GCSE project, the students who were unable to take the exam at the mainstream school had to take the exam privately via the East London Skills for Life (ELS); an approved Edexcel exam centre based at Stratford. The headteacher coordinated the exam entry procedure for students and spent time at the exam centre whilst the students were taking their exam. This also apply to the A-Level students who had to take their exam at ELS. The youngest person who took the A2 Chinese exam achieved a B at the age of 12; he was only 5 marks away from an A. His mother later informed he achieved an A in his AS Chinese exam. We are proud of his achievements and so as his family. He still aims to achieve an A for the A2 exam; therefore, he enrolled onto the A-Level class in the new academic year and plan to resit the exam at his mainstream school.

The School participates in the Jack Petchey Award Scheme to identify young people with outstanding achievements. During this academic year, the School has identified 6 young people who received the Jack Petchey's Young Achiever Award. The awards were presented to the young people and staff on stage by one of the Education Sub-committee members, Mr David Steadman at the School's Graduation Ceremony in June 2018.

We sent out surveys to students and parents via email to complete online. We received 100 completed feedback so far. Over 85% of feedback we received commented the overall students and parents are very satisfied with the service we provide at the School and the excellent facilities at St. Mary and St. Michael Primary School.

Teachers continued to attend regular training to enhance their teaching skills, students' learning experience and safeguarding the children; i.e. Seminar for the new Edexcel GCSE & A Level course structure and syllabus.

Future perspectives include seeking for more training opportunities, exploring new ways to recruit students in London or beyond and maintaining good GCSE and A Level results.

After School Homework Club

Homework Club is held at St. Mary and St. Michael Primary School on Saturdays from 12:45pm to 4:15pm for children from the age of seven. The class is split into two sessions due to the change in lesson hours; the first session is for Mandarin students and the second session is for Cantonese students.

The club has twenty six students with a mixture of age, gender and cultural *lethnic background*. The sessions are designed to help and support on subjects that pupil has difficulty comprehending; in particularly Chinese, Maths and English (Comprehension and Writing). Additional exercises have been given to students to take home to practice. This will support their learning outcomes and facilitate their learning at mainstream school.

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Homework club provides trilingual (Mandarin, Cantonese and English) support that can benefit parents and students who just immigrated to this country. This enables them to communicate effectively with the club tutor regarding school work, homework or beyond. These languages are often use in the class, as we provide a warm and nurturing environment where students can learn and grow with peers from different backgrounds.

Mandarin students usually complete their homework (English, Maths and Chinese) between 12:45 to 2pm. After 15 minutes break, they would either choose to read a book or challenge themselves by completing extra exercises provided by the club. Cantonese students normally need support completing their Chinese homework and revision before their termly exams.

The Homework Club tutor communicated with the students and parents at the beginning of the academic year to understand the expectation and the support that the students needed most. They build a portfolio together and set targets for the academic year. At each session, the tutor and students complete a log sheet in the portfolio on the homework completed and the tutor will give a grade on the behaviour for learning. It involves "attitude to learning", "response to feedback", "independent study" and "behaviour". The tutor meets the parents after each session to feedback on the progress of the student and whenever there are issues of concern, the tutor would liaise with the parents right away.

There are a laptop and dictionaries in the School which students are welcome to access while completing their homework. Students are encouraged to have small group discussions which help to improve their speaking skills and do their own research with the facilities provided to the homework club.

The homework club tutor introduced an activity time towards the end of each session since the last quarter; students can challenge their peers with questions relating to Chinese, Maths and Science. This part worked out very well for the students and they seem to enjoy the session very much. They were very eager to spend time at home looking up for more questions to challenge their peers in the following week; they can all learn from others. A small prize is given to the winner by the tutor.

One of the students who attends the homework club achieved an A in his GCSE; he said having the homework club is great as he could ask the tutor to check his essays since he cannot get the support he needs at home.

Non-Chinese speaking students utilised this class to get extra support on how to tackle exam questions, in particularly support on memorising vocabularies and pinyin. Unlike any other languages, Chinese characters do not have alphabets; therefore, students often find it difficult to learn or memorising the words. Hence, the homework club ease the pressure from students who are unable to complete their homework at home. Some of the parents cannot speak nor understand Chinese either; they find it very difficult to help their children at home. They are very pleased that the Chinese School can offer a homework club so that their children can get extra support, complete their homework or revise for exams.

The success of the program is reflected in two ways:

- · Students are becoming increasingly confident.
- Student's exam results and school report shows improvements.

We are very pleased to hear from parents and students that they found the homework club very useful and they really appreciate the help and support that the club has offered to the students.

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Plans for Future Periods

At CATH we continue to plan carefully for the future. Our General Manager and trustees share in the planning process and development of the Strategic Plan. It is our policy to ensure that all identified key priority areas for the future are developed with the changing needs of older people, the current economic climate and altered agenda for the provision of services in mind.

Overall, the main intention going forward is to continue to deliver growth in services that help improve the health, wellbeing, independence and quality of life for Chinese people in and around the London Borough of Tower Hamlets.

As an organisation our focus remains to work with Chinese people in Tower Hamlets and its neighbouring boroughs to improve quality of life. We continue to deliver our services within three operational areas:

- Independence at Home Home Care & Advocacy
- Education Chinese School and After School Homework Club
- · Ageing Well Luncheon Club

More specifically, during the next couple of years we are budgeting to increase our expenditure by about 15 to 20% pa, reflecting increased expenditure on both in year service delivery and fundraising to secure longer term income growth and hence more ongoing service delivery. This increased expenditure will be funded by using some of our reserves and legacies to maintain essential services while we continue to seek additional funding from outside sources.

Finally, and most critically, whilst we successfully avoided really severe income cuts from the statutory sector during 2017/18 we recognise the ongoing pressures on the public purse, both at the local Council and the local NHS. We will continue to make every effort to work collaboratively and in partnership with these bodies, to help them cost effectively achieve their goals and changing needs, by offering appropriate cost effective service solutions that demonstrably offer excellent value for money and achieve the desired outcomes for the commissioners and older people.

Reserves

The trustees/directors recognise the need to ensure adequate resources are held in reserve to account for unanticipated reduction of income or increase of expenditure. The Chinese Association of Tower Hamlets (CATH) is currently dependent heavily on earned income from its Home Care Service to sustain its activities, as grants alone would not allow CATH to continue operating. This means that if there were to be a gap in earned income it is likely that CATH would have to close down. To avoid closure if funding difficulties were to happen the trustees/directors have agreed to keep a certain level of financial reserves to ensure that main operations can continue for a period of at least 9 months. The main concerns of the board are to ensure:

- That staff can continue working, primarily to secure new funding or to allow CATH to wind up while
 meeting its obligation to staff; and
- That members and service users are supported to move on to other services.

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TRUSTEES' RESPONSIBILITIES

The trustees, who are also the directors of Chinese Association of Tower Hamlets for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Chinese Association o Tower Hamlets and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.surplus or deficit of the charity for that period.

In preparing these financial statements, the trustees are required to:

- · select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- · make judgments and estimates that are reasonable and prudent; and
- prepare financial statements on the ongoing concern basis unless it is inappropriate to presume that the Chinese Association of Tower Hamlets will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time, the financial position of the Chinese Association of Tower Hamlets and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees / directors who served during the year were as follows:

The Vinh Le Chairperson
Hoi Hung Wu Trustee
Ping Hayward Trustee
Meng Lu Cheng Trustee
Harun Salah Trustee
Chuang Yi Trustee

APPOINTMENT OF TRUSTEES

Applications for potential Trustees are sought through registration with appropriate local networks and associations, through the Charity's website and through invitations sent out in member mailings.

Membership of the board of trustees consists of the Chair and up to eight other trustees elected by members of the Charity as determined by the Charity's Regulations. The Board also has the power to co-opt persons to serve as members of the Board until the next election of trustees.

TRUSTEES INDUCTION AND TRAINING

Trustees take an active role in succession planning. Potential Trustees are initially provided with reports that will enable them to judge whether to pursue an appointment. Skills Audit forms are completed prior to an interview with the Chair of the Charity and the General Manager. If candidates are regarded as suitable, and wish to pursue an appointment, an orientation session is arranged. This forms part of the ongoing induction process and involves meetings with key staff, attendance at seminars and Committees and at least one Board meeting. Following satisfactory completion of the recruitment process the Board will recommend appointment as a Trustee.

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ORGANISATION

The Board has the overall responsibility for the governance of the Charity. It meets at least four times a year. Regulations specify the powers of the board and the authority delegated to senior staff. The General Manager is responsible for the day to day management of the Charity, working within the financial framework, procedures and policies set down by the Board. The General Manager has delegated authority for human resource planning, employment, service development and finance. The name of the senior staff member to whom day to day management of the charity is delegated to Mr. Alan Chau, General Manager.

BANKER

The name and address of the Association's Banker is:

Barclays Bank PLC Canary Wharf Branch 2 Churchill Place London E14 5RB

RISKS AND UNCERTAINTIES

The Trustees have overall responsibility for ensuring that the charity has appropriate system of controls, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:

- · the charity is operating efficiently and effectively.
- its assets are safeguarded against unauthorised use or disposition.
- proper records are maintained and financial information used within the charity or for publication is reliable.
- · the charity complies with relevant laws and regulations.

The Charity has procedures in place to ensure that the Charity complies with legal and financial requirements, the health and safety of staff, volunteers, visitors and clients.

The Trustees have reviewed the major risks inherent in the Charity's operations and these are summarised below:-

· Uncertainty in the level/sources of income to maintain the services provided to Chinese Communities.

The framework for Community Commissioning, the new voluntary and community sector (VCS) funding programme to replace the current Mainstream Grants, was agreed by the Tower Hamlet's Mayor meeting in Cabinet in March 2018. Community Commissioning programme will succeed existing mainstream grant programme from October 2019. The programme will have a number of cross-cutting principles, which all commissioned services will be expected to evidence in tender bids, and during delivery of commissioned services. Statutory funding is becoming less certain and the level of voluntary income is always unknown.

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· Loss of key staff and difficulty of replacing

The Charity benefits from strongly committed staff. Any major losses place additional pressure on colleagues to fulfil commitments. Succession planning and staff training are reviewed on an ongoing basis. Salaries are reviewed annually.

- Provision of services at a level that is below the standard expected by clients

 The Charity maintains its registration with the Care Quality Commission. Regular quality surveys confirm clients' satisfaction and feedback enables us to develop services as necessary.
- Charity expenditure exceeding the funding available
 The Trustees have determined that the Charity should aim for a minimum general reserve of at least nine months' average expenditure to ensure key services are not reduced or curtailed in the event of a short term reduction in voluntary or statutory income.
- Non-compliance with legal and professional standards expected in operating a charity
 Trustees and General Manager continually review processes, policies and procedures to ensure compliancy with the appropriate legislation. Insurance cover requirements are regularly reviewed.
- · Serious safeguarding issue

A Safeguarding Policy and Procedure is in place and all staff trained.

The trustees' report was approved by the Board of Trustees.

Mr T V Le

Trustee Dated: 3rd November 2018

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHINESE ASSOCIATION OF TOWER HAMLETS

I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Chinese Association of Tower Hamlets (the Chinese Association of Tower Hamlets) for the year ended 31 March 2018 which comprise the Statement of Financial Activities ,the Balance Sheet and related notes.

This report is made solely to the Charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

Responsibilities and basis of report

As the trustees of the Chinese Association of Tower Hamlets (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the financial statements of the Chinese Association of Tower Hamlets are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Chinese Association of Tower Hamlets's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statements.

Independent examiner's statement

Since the Chinese Association of Tower Hamlets's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered and Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Chinese Association of Tower Hamlets as required by section 386 of the 2006 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT (CONTINUED)

TO THE TRUSTEES OF CHINESE ASSOCIATION OF TOWER HAMLETS

 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Goh Yong Chong Silver Levene (UK) Limited Chartered Certified Accountants 37 Warren Street London W1T 6AD

Dated: 07/11/2018

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2018

			Restricted	Total	Total
			funds	2018	2017
Notes			£	c	£
Mores	Ł	L	£	L	£
2	259 476	_	_	259 476	307,971
		_	27 970	•	110,494
-	· ·	_	27,070	•	60
, 5	-	-	-	-	15,316
	340,617	-	27,970	368,587	433,841
6	321,955	-	27,023	348,978	416,125
	18,662	-	947	19,609	17,716
	309,807	4,140	19,178	333,125	315,409
	328,469	4,140	20,125	352,734	333,125
	•	funds general Notes 2 259,476 3 81,042 4 99 5 - 340,617 6 321,955 18,662 309,807	Notes general £ designated £ 2 259,476 - 3 81,042 - 4 99 - 5 - - 340,617 - - 6 321,955 - 18,662 - - 309,807 4,140	funds general designated funds general designated Notes £ £ 2 259,476 - - 3 81,042 - 27,970 4 99 - - 5 - - - 340,617 - 27,970 6 321,955 - 27,023 18,662 - 947 309,807 4,140 19,178	funds general designated funds general designated funds £ 27,970 368,587 27,

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) BALANCE SHEET

AS AT 31 MARCH 2018

Company Registration No. 01720498

		201	8	201	7
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		4,975		6,633
Current assets					
Debtors	13	82,655		57,412	
Cash at bank and in hand		304,932		305,918	
		387,587		363,330	
Creditors: amounts falling due within one year	14	(39,828)		(36,838)	
Net current assets			347,759		326,492
Total assets less current liabilities			352,734		333,125
					====
Income funds					
Restricted funds	15		20,125		19,178
Unrestricted funds - designated			4,140		4,140
Unrestricted funds - general					
Designated funds	16	4,140		4,140	
General unrestricted funds		324,329	•	305,667	
		,	328,469		309,807
			352,734		333,125

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2018. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on

Mr C Yi

Trustee

Mr T V Le Trustee

FOR THE YEAR ENDED 31 MARCH 2018

1 Accounting policies

Charity information

Chinese Association of Tower Hamlets is a private company limited by guarantee incorporated in England and Wales. The registered office is 680 Commercial Road, London, E14 7HA.

1.1 Accounting convention

The accounts have been prepared in accordance with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Chinese Association of Tower Hamlets is a Public Benefit Entity as defined by FRS 102.

The Chinese Association of Tower Hamlets has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Chinese Association of Tower Hamlets. Monetary amounts in these financial statements are rounded to the nearest \pounds .

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Chinese Association of Tower Hamlets has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the Chinese Association of Tower Hamlets is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Chinese Association of Tower Hamlets has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Chinese Association of Tower Hamlets has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

FOR THE YEAR ENDED 31 MARCH 2018

1 Accounting policies

(Continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment

25% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the Chinese Association of Tower Hamlets reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The Chinese Association of Tower Hamlets has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Chinese Association of Tower Hamlets's balance sheet when the Chinese Association of Tower Hamlets becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FOR THE YEAR ENDED 31 MARCH 2018

1 Accounting policies

(Continued)

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the Chinese Association of Tower Hamlets transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Chinese Association of Tower Hamlets's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Chinese Association of Tower Hamlets is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged to income on a straight line basis over the term of the relevant lease.

FOR THE YEAR ENDED 31 MARCH 2018

1 Accounting policies

(Continued)

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfer from general funds is undertaken when restricted funds are in deficit.

1.14 Company Status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 9. In the event of the charity being wound up, the liabilities in respect of the guarantee is limited to £1 per member of the charity.

2 Donations and contract income

	2018	2017
	· £	£
Donations and gifts	11,643	12,861
Contract income	247,833	295,110
	259,476	307,971
Grants receivable for core activities	s	
London Borough of Tower Hamlets	128,444	136,854
London Borough of Islington	-	15,440
London Borough of Hackney	8,303	7,747
London Borough of Newham	12,509	12,107
London Borough of Southwark	9,576	10,574
Direct Payments	79,361	97,531
Lewisham Social Services	9,640	14,857
	247,833	295,110
		

FOR THE YEAR ENDED 31 MARCH 2018

3	Charitable activities				
		Grants	School fees income	Total 2018	Total 2017
		£	£	£	£
	Sales within charitable activities	-	81,042	81,042	72,780
	Performance related grants	27,970		27,970 ———	37,714
		27,970 ———	81,042	109,012 ———	110,494
	Analysis by fund				
	Unrestricted funds - general Restricted funds	27,970	81,042 -	81,042 27,970	
		27,970	81,042	109,012	
					
	For the year ended 31 March 2017 Unrestricted funds - general	_	72,780		72,780
	Restricted funds	37,714	-		37,714
		37,714	72,780		110,494
4	Investments				
				2018	2017
				£	£
	Interest receivable			99	60
5	Other income		•		
•				2018	2017
				£	£
	Other income				15,316

FOR THE YEAR ENDED 31 MARCH 2018

6	Cha	rita	hla	activ	vities
U	Ulla	IIILa	nie	auli	งเมษร

	Ünrestricted funds expenditure e	Restricted funds expenditure	Total 2018	Total 2017
	£	£	£	£
Staff costs Direct costs Support and admin costs	268,126 16,096 33,851 ————————————————————————————————————	24,721 - 1,904 - 26,625	292,847 16,096 35,755 ——— 344,698	354,195 14,327 43,885 ———— 412,407
Share of governance costs (see note 7)	3,882 	398 27,023	4,280 ————————————————————————————————————	3,718 ————————————————————————————————————

7 Support costs

oupport coata				
	Governance costs	2018	2017	Basis of allocation
	£	£	£	
Professional fees	4,280	4,280	3,718	Governance
	4,280	4,280	3,718	
Analysed between				
Charitable activities	4,280	4,280	3,718	
				

Governance costs include fees of £3,300 (2017: £3,000) for an independent examination.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits, or claimed any expenses from the Chinese Association of Tower Hamlets during the year.

FOR THE YEAR ENDED 31 MARCH 2018

9 Employees

Number of employees

The average monthly number employees during the year (including trustees) was:

N	2018 Iumber	2017 Number
Management and administration & charitable activities	49	48
= = = = = = = = = = = = = = = = = = =		
Employment costs	2018	2017
	£	£
Wages and salaries 2	79,751	335,672
Social security costs	10,388	14,202
Other pension costs	2,708	4,321
		354,195
=		

The key management personnel of the charity, comprise the trustees, General Manager, Quality Assurance Manager and Head of Chinese School. The total employee benefit of the key management personnel of the Charity were £74,147(2017: £71,414).

No employees received benefits of more than £60,000 during the year or preceding year.

10 Taxation

The charitable company is a registered charity and is not subject to corporation tax on its current activities.

11 Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	24.524
At 1 April 2017	31,581
At 31 March 2018	31,581
Depreciation and impairment	
At 1 April 2017	24,948
Depreciation charged in the year	1,658
At 31 March 2018	26,606
Carrying amount	
At 31 March 2018	4,975
At 31 March 2017	6,633

FOR THE YEAR ENDED 31 MARCH 2018

12	Financial instruments	2018	2017
		£	£
	Carrying amount of financial liabilities		
	Measured at amortised cost	39,828	36,838
			-
13	Debtors		•
		2018	2017
	Amounts falling due within one year:	£	£
	Timounts family due Wallin One your	. ~	~
	Prepayments and accrued income	82,655	57,412
	Trepayments and accrace mosmo		
14	Creditors: amounts falling due within one year		
14	Creditors, amounts failing due within one year	2018	2017
		£	£
	A samuels and defended in some	20.000	20.020
	Accruals and deferred income	39,828	36,838

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

÷	Movement in funds					
	Balance at 1 April 2017	Incoming resources	Resources expended	Balance at 31 March 2018		
	£	£	£	. £		
Core	4,484	-	_	4,484		
Opportunity Centre Project	1,403		_	1,403		
Youth Club	222	-	-	222		
After School Homework Club	2,635	4,005	(4,298)	2,342		
After School Sporting	4,938	-	-	4,938		
l Dare Project	3,497	_	-	3,497		
Jack Petchey Project	1,999	2,100	(860)	3,239		
Elderly Luncheon Club	-	10,200	(10,200)	-		
Chinese School	-	11,665	(11,665)	-		
						
	19,178	27,970	(27,023)	20,125		

FOR THE YEAR ENDED 31 MARCH 2018

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			
•	Balance at 1 April 2017		Resources expended	Balance at 31 March 2018
	£	£	£	£
Equipment replacement fund	4,140		-	4,140
	4,140	-	-	4,140
		=======================================		

The trustees have designated funds of £4,140 to cover the future cost of IT & communication system of the Charity.

17 Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total
	£	£	£	£
Fund balances at 31 March 2018 are represented by:				
Tangible assets	4,975	-	· -	4,975
Current assets/(liabilities)	323,494	4,140	20,125	347,759
	328,469	4,140	20,125	352,734
	====			

18 Operating lease commitments

At the reporting end date the Chinese Association of Tower Hamlets had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

			2018 £	2017 £
Within one year Between two and five years	÷1		17,900 6,300	16,500 24,200
		•	24,200	40,700