Company Registration No. 01720498 (England and Wales)

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

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CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Mrs P Hayward

Ms M L Cheng Mr H H Wu Mr H Salah Mr C Yi Mr T V Le

Secretary Mr A S L Chau

Charity number 287813

Company number 01720498

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Independent examiner Silver Levene (UK) Limited

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FOR THE YEAR ENDED 31 MARCH 2019

The trustees present their report and financial statements for the year ended 31 March 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The charity's purpose as set out in our constitution is to provide a comprehensive range of services (welfare, community care, educational, leisure & recreational and personal development) for the Chinese/ Vietnamese Community in and around the London Borough of Tower Hamlets through a supportive environment and a commitment to promote user involvement. Our vision is to ensure that the people we serve live in a sensitive and compassionate environment, have access to services that meet their physical, material and emotional needs, also, they are able to reach the quality of life to which every individual aspires.

The organisation's ethos is one of empowerment and enablement. We are driven by our mission to enable people to be the architect of their own lives and be treated with dignity and respect at all times. Our focus is to work with and for those living with physical, sensory or mental impairment and in social isolation, including those with serious and enduring mental health difficulties or dementia, language barriers, or a carer role.

The objects for which the Association is established are:-

- To help disadvantaged persons of Chinese origin who live, work or study in and around London Borough of Tower Hamlets (hereinafter called "the area of benefit") by the establishment and maintenance of an information and advice centre and an Opportunity Centre.
- To promote the welfare of Chinese elderly and disabled people which now or hereafter may be deemed by law to be charitable within the said area of benefit.
- To provide opportunities and facilities for the social, educational, cultural and physical development of young Chinese people of the said area of benefit. In this Memorandum of Association 'young Chinese people' means people between the ages of 8 and 25 years.

Principal activities

The Chinese Association of Tower Hamlets is a ("CATH") charitable company limited by guarantee and is governed by its memorandum and articles of association. The principal activities of the Association are the provision of services to Chinese and Vietnamese community in the London Borough of Tower Hamlets through project based programmes providing specific services to meet the needs of its user groups. We are a local organization that understands the needs and aspirations of local Chinese and Vietnamese people. Every year we support hundreds of older people of Chinese origin to live life to the full, maintaining control and independence. The organization's ethos is one of empowering and enabling people. The Statement of Financial Activities for the year is set out on Pages 13 to 23 of the financial statements.

How our activities deliver public benefit

We have referred to the public benefit guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and in planning our future activities. The aims of the Chinese Association of Tower Hamlets are undertaken specifically to ensure the charitable objects meet the public benefit requirement and the Charities Act 2011.

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The primary beneficiaries of our services are people of Chinese origin who live, work or study in and around London Borough of Tower Hamlets. The age at which people may access our services varies according to service requirements, typically led by requirements of funders or commissioners.

Targets set for last year were fully achieved. The services we provided last year included our Home Care Project, Elderly Luncheon Club, Chinese School and the After School Homework Club.

The main office's opening hours were Monday, Tuesday, Wednesday, Friday and Saturday from 10:00 a.m to 5:30 p.m at 680 Commercial Road and for Chinese School the opening hours were every Saturday between 10:00 a.m and 3:30 p.m at St. Mary and St. Michael Primary School.

Home Care Service

The aim of CATH's Home Care Service is to provide assistance and support to vulnerable adults and elders, enabling them to live comfortably in their own home. Our services empower a range of clients including those with physical, mental and learning disabilities, and impairments which hinder their ability to perform everyday actions in their life at home. The service is registered with the Care Quality Commission (CQC). The outcome of the CQC inspection in August 2017 rated the regulated services as 'Good' which reflected the hard work of the Home Care Services team and the excellent quality of our staff working in the community in peoples homes.

During 2018/19 our Home Care Service supported 17 older people, delivering 10,600 care hours to the Chinese community across London. Overall customer satisfaction with the service was 100%. 100% said the service had helped them maintain or improve their health, independence and control, and to feel more integrated with their community.

We continue to provide domiciliary care services to the Chinese community across London.

Most of our service users live within the borough of Tower Hamlets and services are commissioned directly via the local authority. However we do have service users from Hackney Council, Newham Council, Islington Council, Southwark Council and Westminster Council.

There has been changes and a restructure within adult social care in Tower Hamlets. We work closely with the strategic commissioning Manager and her team. All local providers now meet every 6 weeks to discuss current trends, issues and affairs, which has allowed CATH a platform to improve, share and network within statutory services within the community health teams. Tower Hamlets adult social care now invites CATH to client's reviews, this has been paramount as during these reviews we have managed to highlight gaps in services for the users. The most common gaps in services have been:-

- Access to culturally sensitive and appropriate foods. This has led to new bulk cooking services.
- Accessing the community/ attending social events, club, centres and organisation where the service
 user is able to communicate in a sound language which they understand amongst being able to
 socialise with their peers groups. This has led to new services, where service users are now
 attending our luncheon club and events.
- Services users are not able to manage household bills, attend health care services, medical
 appointments and general access to statutory and non-statutory. Service users are not well informed
 to make adequate choices in general. This has led to new services, where we are now
 commissioned official advocacy hours. Service users are now able to make informed choices and
 are able to manage all the above with an advocate.

Tower Hamlets have introduced "Single Point Access" & "Localities". The Single Point Access co-ordinates referrals from Health Care Professionals for Tower Hamlets house bound adult patients who require the services of the Community Health Teams (nursing & therapies). This service also takes messages for the Community Health Teams from health care professionals, patients and their family or carers. It is operational 24 hours a day, seven days a week. Having Single Point Access has made contacting health professionals a smoother journey for both client and domically care providers.

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The locality teams deliver a generic Social Work and Occupational Therapy service to adults living within 4 localities in the Borough. The functions of the team are to deliver high quality support through comprehensive assessment, creative support planning and safeguarding work by working with people to understand their personal needs, helping them to build on their strengths and abilities wherever possible. The plan is to increasingly align social care support within each locality to the local health networks and the voluntary sector to promote the achievement of improved outcomes for our service users and carers. The aim is to fully integrate social care and health services.

The challenge facing CATH, is to continue to design and deliver more support for less money. Development work during 2018 - 19 has prepared us for a radical shift in our focus. Our goal is to establish a financially sustainable model, offering new and exciting services that are affordable, appealing and meet the needs of those in later life.

Our future depends on selling value-for-money services that reflect our values and are designed to meet the needs of older people with long term and complex needs who have little or no disposable income (our traditional customer base). It is anticipated that within the next three years (possibly sooner) approximately 50% of our income will be derived from individual paying customers. We anticipate that demand will rise and our annual turnover will fall. It is therefore imperative that we:

- further reduce our central costs so that our charges are clearly perceived to be value for money;
- offer services that are intrinsically cheaper than the ones we deliver under contract, without compromising the quality;
- · further develop and stream-line our systems for promotion and marketing; and
- remain open and responsive to changes in the external environment.

Mr. C. 64

Mr C was diagnosed with polio at the age of 3. The disease caused his asymmetric paralysis, characterised by a compressed and twisted spine, deformed and shortened upper and lower limbs and much reduced muscle tone.

He moved to the UK from China twelve years ago to live with his brother and sister-in-law. He led an active life here, attending English classes and teaching origami at a local day centre.

Unfortunately he experienced a stroke in early 2013 which resulted in his right upper limb weakness and further diminished his ability to use his custom-built wheelchair and manage his personal care.

His brother and sister-in-law stated that they could not cope with Mr C's increased care needs and did not want Mr C to return to the family home after discharge. Mr C therefore needed a suitable placement on his discharge home. He wanted to be placed in Tower Hamlets, where his brother lived. He did not speak any English, but there was simply no culturally suitable placement in Tower Hamlets that could meet his linguistic needs. He was offered extra care sheltered housing but was concerned that his quality of life would be compromised by his inability to communicate with the staff there regarding his needs.

It was at this stage that we were contacted by Mr C's hospital social worker who was exploring how Mr C's support could be tailored to his culturally and linguistically specific needs. After a meeting with Mr C it was agreed that one of our Support Workers would visit him at his new residence every week to facilitate communication between him and the extra care housing staff and to help him raise any issues he had with regards to the care and support he received there. The goal was to empower Mr C to shape that support and remain in control of his life.

A few weeks into his move to extra care shelter, Mr C raised an issue about his care with us during our regular visit. We were told that there was only one carer assisting him with bathing in the morning as opposed to two as agreed in the care plan. He said that the second carer always turned up late and did not offer any help with his bathing.

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With Mr C's consent we shared the concern with the housing and support manager. She replied that it was originally agreed with Mr C that a hoist would be used to assist him with bathing like in the hospital and that was why two people were needed. However, since discharge Mr C refused to use the hoist and wanted to transfer himself independently. It took a much longer time than his personal budget would allow and therefore the manager decided to give him more time with one carer in the morning and shorter time with the second carer.

Our Support Worker communicated the housing manager's answer to Mr C, who accepted the explanation but wondered why no one explained this to him earlier. He felt that he did not have control over his support because he had not been properly informed of the change, and this sense of loss of control was the last thing he wanted to have given his physical vulnerabilities.

While the manager's willingness to change the care plan to reflect the changed preferences of the service user should be appreciated, it was not right that Mr C was not involved in the decision-making process. He did have a right to know how his personal budget was being spent even though he was not directly managing it.

The communication of Mr C's concern has led to a review of his care package by the hospital social worker. Mr C now receives advocacy support, bulk cooking as well as assessing community services from us.

Elderly Luncheon Club

The Luncheon Club provides a warm and welcoming setting for people aged 50+ where they can develop friendships and be more physically active. This also enabled access to services, information, advice and guidance on health and healthy activities in their local area.

A two-course healthy and nutritious lunch is prepared by an experienced and qualified cook freshly cooked on the premises every Friday and Saturday. Clients are supported by a team of dedicated and caring volunteers who offer social, practical and sometimes emotionally support.

Clients can attend on an all-day or half day basis. Some of our clients have a degree of physical, sensory or mental impairment or disability. Nearly all clients report that they benefit enormously from attending. Many say they are lonely and have very little other opportunity to get out of their homes. Evidence from family and carer feedback consistently reports that they are extremely grateful and relieved that their loved ones can enjoy a day out while they receive some much needed respite.

During each session clients enjoy a freshly cooked meal. They are regularly consulted on food choices and activities, and every effort is made to ensure clients' preferences are taken into account in the planning of services. Choice and customer satisfaction are a priority.

A varied programme of activities has been delivered throughout the year. This included Mahjong games, reminiscing, entertainment, health talks, exercises, tai chi, and table tennis. Excursions during the year included a trip to the seaside and museums. During the year, 80 clients have been supported and 2126 meals have been served. Overall customer satisfaction with these services is 100%. 100% of clients reported the services had enabled them to maintain or improve social relationships, health, independence and control and to access other services.

Originally commissioned with three years funding up to August 2018, the Luncheon Club received short-term contract extensions since this time whilst local commissioning intentions and processes have been reviewed. The challenges in 2018/19 have been many, including a protracted and unsatisfactory tendering process for the Older People service. A service we developed, and which had been fully evaluated, showing great outcomes for people. Sadly our bid for the new Older People Support Service to replace the existing Luncheon Club under the new commissioning process had not been successful. Our Luncheon Club service will be transferred to a new provider as early as December 2019.

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Chinese Independent School of Tower Hamlets

The school moved from c/o Mulberry School for Girls to St Mary and c/o St Michael Primary School in September 2013 and it is a more secure building as no one else is sharing the venue with CISTH. Front gates and doors are locked during lesson hours to ensure the school premises are safe and to avoid intruders from entering. We have received many good comments from parents about the new learning environment and excellent facilities.

We have provided 34 sessions from September 2018 to June 2019 - a total of 30 classes in Cantonese and Mandarin from Playgroup to A Level. Due to an increase in number of students and classes, we had to split the classes into two sessions in order to accommodate for all of our students. The morning session runs between 10am to 12:20pm for Mandarin students and the afternoon session runs between 1pm to 3:15pm for Cantonese students. In the past year, students achieved over 95% attendance since the start of the term. The school continues to have a positive impact on the lives of Chinese & non-Chinese children, young people and their families across London and beyond.

The number of enrolment increased in the new academic year, reaching over 400 students enrolled on Cantonese or Mandarin classes, from the age of 3 up to 18. The school received enquiries regularly and more parents would like to send their children to the CISTH to learn Chinese. Some classes were already full up at the beginning of term; therefore children were placed on a waiting list and parents would have to contact the school in May 2019 to enrol their child(ren) for the next academic year. There was also an increase in the number of Tower Hamlets students during the academic year.

Due to the high demand in some classes, CISTH opened new classes for the new academic year including one additional Mandarin Year 5. The school also recruited 6 new teachers. The current trend demonstrates more parents would like to send their children to learn Chinese, in particularly Mandarin. Furthermore, we now have more non-Chinese speaking children attending the school as their mainstream school requires the children to learn Mandarin as one of the subjects. Parents have reported attending the CISTH actually made a difference in their children's learning as their ability is higher than those who doesn't learn Mandarin outside of their mainstream school. Some parents said their child has been promoted to the top Mandarin class in their mainstream school. We have received compliments from some parents for their children's learning as well as the excellent teaching we provide in the School. Some teachers would always an extra mile for their students in order to support them as and when needed; in particularly our GCSE and A-Level teachers.

Students have learnt how to communicate with their non-English speaking family members through learning the four key skills: listening, reading, speaking and writing in Cantonese or Mandarin. They have demonstrated their achievements from their positive learning attitude and the satisfying exam results.

The students who have taken the Chinese GCSE exam last summer achieved 100% grade 9, which is equivalent to grade A*, including those who entered for the early GCSE exam at the age of 12. This is an outstanding achievement as the GCSE specification had change in 2017; the new specification is much more difficult and would require 2 years of learning as advised by the exam board. The first assessment across the whole of UK is summer 2019, our first year of teaching was 2018, which means the students who sat the exam only studied the course for 1 year but still managed to achieve an outstanding grade! The School is extremely proud of their achievements and they also set a very good example to the rest of the students in the School.

As the council withdrew the Early GCSE project a couple of years ago, the students had to take their exam in their mainstream school. Unfortunately, some students had difficulties in registering to enter for the exam, CISTH would advise their parents the best options and provided reference letters for the students if necessary. Those who were unable to take the exam at the mainstream school had to take the exam privately via the East London Skills for Life (ELS); an approved Edexcel exam centre based at Stratford.

The School participates in the Jack Petchey Award Scheme to identify young people with outstanding achievements. During this academic year, the School has identified 6 young people who received the Jack Petchey's Young Achiever Award. The awards were presented to the young people and staff on stage by Councillor Victoria Obaze, Speaker of the Tower Hamlets Council at the School's Graduation Ceremony in June 2019.

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In order to promote Chinese culture to the next generation, we have a folk dance group in the school, the Moon Goddess Dance Group, who spends an hour after School learning Chinese folk dance. The dance teacher communicates with her students using Chinese language which also helps the students practice their listening and speaking skills. Furthermore, this activity helps the students boost up their confidence as they have to perform on stage at the council's International Language Day celebration as well as the school's graduation ceremony.

We also invited the Dragon Sign Athletic Association (UK) to perform lion dance and kung fu at the school's graduation ceremony. Our special guests Councillor Victoria Obaze and her assistants, our students and parents thoroughly enjoyed the performances. The school is very thankful to the Dragon Sign Athletic Association (UK) for their continuous support and engaging the Chinese culture to our youth community.

We sent out surveys to students and parents via email to complete online. We received 100 completed feedback so far. Over 85% of feedback we received commented the overall students and parents are very satisfied with the service we provide at the School and the excellent facilities at St. Mary and St. Michael Primary School.

Teachers continued to attend regular training to enhance their teaching skills, students' learning experience and safeguarding the children; i.e. Seminar for the new Edexcel GCSE & A Level course structure and syllabus.

Future perspectives include seeking for more training opportunities, exploring new ways to recruit students in London or beyond and maintaining good GCSE and A Level results.

After School Homework Club

Homework Club is held at St. Mary and St. Michael Primary School on Saturdays from 12:45pm to 4:15pm for children from the age of seven. The class is split into two sessions due to the change in lesson hours; the first session is for Mandarin students and the second session is for Cantonese students.

The club has twenty students with a mixture of age, gender and cultural/ethnic background. The sessions are designed to help and support on subjects that pupil has difficulty comprehending; in particularly Chinese, Maths and English (Comprehension and Writing). Additional exercises have been given to students to take home to practice. This will support their learning outcomes and facilitate their learning at mainstream school.

Homework club provides trilingual (Mandarin, Cantonese and English) support that can benefit parents and students who just immigrated to this country. This enables them to communicate effectively with the club tutor regarding school work, homework or beyond. These languages are often use in the class, as we provide a warm and nurturing environment where students can learn and grow with peers from different backgrounds.

Mandarin students usually complete their homework (English, Maths and Chinese) between 12:45 to 2pm. After 15 minutes break, they would either choose to read a book or challenge themselves by completing extra exercises provided by the club. Cantonese students normally need support completing their Chinese homework and revision before their termly exams.

The Homework Club tutor communicated with the students and parents at the beginning of the academic year to understand the expectation and the support that the students needed most. They build a portfolio together and set targets for the academic year. At each session, the tutor and students complete a log sheet in the portfolio on the homework completed and the tutor will give a grade on the behaviour for learning. It involves "attitude to learning", "response to feedback", "independent study" and "behaviour". The tutor meets the parents after each session to feedback on the progress of the student and whenever there are issues of concern, the tutor would liaise with the parents right away.

There are laptops and dictionaries in the School which students are welcome to access while completing their homework. Students are encouraged to have small group discussions which help to improve their speaking skills and do their own research with the facilities provided to the homework club.

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The homework club tutor introduced an activity time towards the end of each session; students can challenge their peers with questions relating to Chinese, Maths and Science. This part worked out very well for the students and they seem to enjoy the session very much. They were very eager to spend time at home looking up for more questions to challenge their peers in the following week; they can all learn from others. A small prize is given to the winner by the tutor.

One of the students who attends the homework club achieved a B in his A-Level exam; he said having the homework club is great as he could ask the tutor to check his essays since he cannot get the support he needs at home.

Non-Chinese speaking students utilised this class to get extra support on how to tackle exam questions, in particularly support on memorising vocabularies and pinyin. Unlike any other languages, Chinese characters do not have alphabets; therefore, students often find it difficult to learn or memorising the words. Hence, the homework club ease the pressure from students who are unable to complete their homework at home. Some of the parents cannot speak nor understand Chinese either; they find it very difficult to help their children at home. They are very pleased that the Chinese School can offer a homework club so that their children can get extra support, complete their homework or revise for exams.

The success of the program is reflected in two ways: 1. students are becoming increasingly confident. 2. Student's exam results and school report shows improvements.

We are very pleased to hear from parents and students that they found the homework club very useful and they really appreciate the help and support that the club has offered to the students.

Future Plans

Our aim for 2019 is to be a financially sustainable charity and social enterprise achieved through investment for growth and a focus on efficiencies in cost.

Organisational, team and individual objectives have been agreed for the achievement of the charity's strategic goals. The coming year will see continuing emphasis on working towards financial sustainability through cost control, investment for growth, and the diversification of income sources in the face of an increasingly challenging environment for older people and the charity. Statutory income will remain an important part of the charity's funding mix. There will be continued engagement with local commissioners and policy-makers regarding their commissioning intentions and the integration of health and social care. Existing services funding from the MSG Grant Funding were originally intended to have ended in September 2019, however at the time of writing this report, short-term contract extensions were issued to enable us to continue existing MSG projects until 2020. The charity will however continue its preparations for these so that its existing, and potentially new, services could be funded through this process. Parallel to this, continued active engagement with local Voluntary and Community sector partners in relation to increasingly collaborative approaches will take place and, wherever possible, used to influence the design of commissioning processes locally.

During the next couple of years we are budgeting to increase our expenditure by about 15 to 20% pa, reflecting increased expenditure on both in year service delivery and fundraising to secure longer term income growth and hence more ongoing service delivery. This increased expenditure will be funded by using some of our reserves and legacies to maintain essential services while we continue to seek additional funding from outside sources.

Reserves

The trustees/directors recognise the need to ensure adequate resources are held in reserve to account for unanticipated reduction of income or increase of expenditure. The Chinese Association of Tower Hamlets (CATH) is currently dependent heavily on earned income from its Home Care Service to sustain its activities, as grants alone would not allow CATH to continue operating. This means that if there were to be a gap in earned income it is likely that CATH would have to close down. To avoid closure if funding difficulties were to happen the trustees/directors have agreed to keep a certain level of financial reserves to ensure that main operations can continue for a period of at least 9 months. The main concerns of the board are to ensure:

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- That staff can continue working, primarily to secure new funding or to allow CATH to wind up while
 meeting its obligation to staff; and
- That members and service users are supported to move on to other services.

TRUSTEES' RESPONSIBILITIES

The trustees, who are also the directors of Chinese Association of Tower Hamlets for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Chinese Association o Tower Hamlets and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year surplus or deficit of the charity for that period.

In preparing these financial statements, the trustees are required to:

- · select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- · make judgments and estimates that are reasonable and prudent; and
- prepare financial statements on the ongoing concern basis unless it is inappropriate to presume that the Chinese Association of Tower Hamlets will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time, the financial position of the Chinese Association of Tower Hamlets and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees / directors who served during the year were as follows:

The Vinh Le Chairperson
Hoi Hung Wu Trustee
Ping Hayward Trustee
Meng Lu Cheng Trustee
Harun Salah Trustee
Chuang Yi Trustee

APPOINTMENT OF TRUSTEES

Applications for potential Trustees are sought through registration with appropriate local networks and associations, through the Charity's website and through invitations sent out in member mailings.

Membership of the board of trustees consists of the Chair and up to eight other trustees elected by members of the Charity as determined by the Charity's Regulations. The Board also has the power to coopt persons to serve as members of the Board until the next election of trustees.

TRUSTEES INDUCTION AND TRAINING

Trustees take an active role in succession planning. Potential Trustees are initially provided with reports that will enable them to judge whether to pursue an appointment. Skills Audit forms are completed prior to an interview with the Chair of the Charity and the General Manager. If candidates are regarded as suitable, and wish to pursue an appointment, an orientation session is arranged. This forms part of the ongoing induction process and involves meetings with key staff, attendance at seminars and Committees and at least one Board meeting. Following satisfactory completion of the recruitment process the Board will recommend appointment as a Trustee.

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ORGANISATION

The Board has the overall responsibility for the governance of the Charity. It meets at least four times a year. Regulations specify the powers of the board and the authority delegated to senior staff. The General Manager is responsible for the day to day management of the Charity, working within the financial framework, procedures and policies set down by the Board. The General Manager has delegated authority for human resource planning, employment, service development and finance. The name of the senior staff member to whom day to day management of the charity is delegated to Mr. Alan Chau, General Manager.

BANKER

The name and address of the Association's Banker is:

Barclays Bank PLC Canary Wharf Branch 2 Churchill Place London E14 5RB

RISKS AND UNCERTAINTIES

The Trustees have overall responsibility for ensuring that the charity has appropriate system of controls, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:

- · the charity is operating efficiently and effectively.
- · its assets are safeguarded against unauthorised use or disposition.
- proper records are maintained and financial information used within the charity or for publication is reliable.
- the charity complies with relevant laws and regulations.

The Charity has procedures in place to ensure that the Charity complies with legal and financial requirements, the health and safety of staff, volunteers, visitors and clients.

The Trustees have reviewed the major risks inherent in the Charity's operations and these are summarised below:-

· Uncertainty in the level/sources of income to maintain the services provided to Chinese Communities.

The framework for Community Commissioning, the new voluntary and community sector (VCS) funding programme to replace the current Mainstream Grants, was agreed by the Tower Hamlet's Mayor meeting in Cabinet in March 2018. Community Commissioning programme will succeed existing mainstream grant programme from October 2019. The programme will have a number of cross-cutting principles, which all commissioned services will be expected to evidence in tender bids, and during delivery of commissioned services. Statutory funding is becoming less certain and the level of voluntary income is always unknown.

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ongoing basis. Salaries are reviewed annually.

- · Loss of key staff and difficulty of replacing The Charity benefits from strongly committed staff. Any major losses place additional pressure on colleagues to fulfil commitments. Succession planning and staff training are reviewed on an
- · Provision of services at a level that is below the standard expected by clients The Charity maintains its registration with the Care Quality Commission. Regular quality surveys confirm clients' satisfaction and feedback enables us to develop services as necessary.
- · Charity expenditure exceeding the funding available The Trustees have determined that the Charity should aim for a minimum general reserve of at least nine months' average expenditure to ensure key services are not reduced or curtailed in the event of a short term reduction in voluntary or statutory income.
- · Non-compliance with legal and professional standards expected in operating a charity Trustees and General Manager continually review processes, policies and procedures to ensure compliancy with the appropriate legislation. Insurance cover requirements are regularly reviewed.
- · Serious safeguarding issue A Safeguarding Policy and Procedure is in place and all staff trained.

The trustees' report was approved by the Board of Trustees.

Mr T V Le

Trustee

Dated: 2 /11 / 2019

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHINESE ASSOCIATION OF TOWER HAMLETS

I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Chinese Association of Tower Hamlets (the Chinese Association of Tower Hamlets) for the year ended 31 March 2019 which comprise the Statement of Financial Activities ,the Balance Sheet and related notes.

This report is made solely to the Charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

Responsibilities and basis of report

As the trustees of the Chinese Association of Tower Hamlets (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Chinese Association of Tower Hamlets are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Chinese Association of Tower Hamlets's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statements.

Independent examiner's statement

Since the Chinese Association of Tower Hamlets's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered and Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Chinese Association of Tower Hamlets as required by section 386 of the 2006 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT (CONTINUED)

TO THE TRUSTEES OF CHINESE ASSOCIATION OF TOWER HAMLETS

 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Goh Yong Chong Silver Levene (UK) Limited Chartered Certified Accountants 37 Warren Street London W1T 6AD

Dated: 7 November 2019

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2019

	Ui	nrestricted funds 2019	Restricted funds 2019	Total 2019	Total 2018
	Notes	£	£	£	£
Income and endowments from:		_		-	
Donations and contract income	2	208,714	-	208,714	259,476
Charitable activities	3	94,447	31,454	125,901	109,012
Investments	4	384	-	384	99
Other income	5	346	-	346	-
Total income		303,891	31,454	335,345	368,587
Expenditure on:			-		
Charitable activities	6	266,361	30,714	297,075 ———	348,978
Net incoming resources before transfers		37,530	740	38,270	19,609
Gross transfers between funds		(116)	116	-	-
Net income for the year/ Net movement in funds		37,414	856	38,270	19,609
Fund balances at 1 April 2018		332,609	20,125	352,734	333,125
Fund balances at 31 March 2019		370,023	20,981	391,004	352,734
				====	

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) BALANCE SHEET

AS AT 31 MARCH 2019 Company Registration No. 01720498

		201	2019		· 8
	Notes:	£	£	£	£
Fixed assets					
Tangible assets	11		. 4,230		4,975
Current assets					
Debtors	13	56,407		82,655	
Cash at bank and in hand	•	363,018		304,932	
		419,425		387,587	
Creditors: amounts falling due within one year	14	(32,651)	•	(39,828)	•
Net current assets			386,774		347,759
Total assets less current liabilities	•		391,004		352,734
1					
Income funds					
Restricted funds	15		20,981		20,125
Unrestricted funds - general					
Designated funds	16	4,140		4,140	
General unrestricted funds		365,883	. •	328,469	•
J			370,023		332,609
			391,004		352,734

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 2 November 2019

Mr C Yi

Trustee

Mr T V Le Trustee

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Charity information

Chinese Association of Tower Hamlets is a private company limited by guarantee incorporated in England and Wales. The registered office is 680 Commercial Road, London, E14 7HA.

1.1 Accounting convention

The accounts have been prepared in accordance with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Chinese Association of Tower Hamlets is a Public Benefit Entity as defined by FRS 102.

The Chinese Association of Tower Hamlets has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Chinese Association of Tower Hamlets. Monetary amounts in these financial statements are rounded to the nearest £

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Chinese Association of Tower Hamlets has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the Chinese Association of Tower Hamlets is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Chinese Association of Tower Hamlets has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Chinese Association of Tower Hamlets has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment

25% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the Chinese Association of Tower Hamlets reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The Chinese Association of Tower Hamlets has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Chinese Association of Tower Hamlets's balance sheet when the Chinese Association of Tower Hamlets becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the Chinese Association of Tower Hamlets transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Chinese Association of Tower Hamlets's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Chinese Association of Tower Hamlets is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfer from general funds is undertaken when restricted funds are in deficit.

1.14 Company Status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 8. In the event of the charity being wound up, the liabilities in respect of the guarantee is limited to £1 per member of the charity.

2 Donations and contract income

	Unrestricted funds general	Total
	2019	2018
	£	£
Donations and gifts	12,555	11,643
Contract income	196,159	247,833
•	208,714	259,476
Grants receivable for core activities		
London Borough of Tower Hamlets	131,775	128,444
London Borough of Hackney	466	8,303
London Borough of Newham	934	12,509
London Borough of Southwark	-	9,576
Direct Payments	59,360	79,361
Lewisham Social Services	3,624	9,640
,	196,159	247,833

FOR THE YEAR ENDED 31 MARCH 2019

3	Charitable activities				
		Grants	School fees income	Total 2019	Total 2018
		2019 £	2019 £	£	£
	Sales within charitable activities	~	94,447	94,447	81,042
	Performance related grants	31,454	-	31,454	27,970
		31,454	94,447	125,901	109,012
	Analysis by fund				
	Unrestricted funds - general Restricted funds	31,454	94,447 -	94,447 31,454	81,042 27,970
		31,454	94,447	125,901	109,012
	For the year ended 31 March 2018				
	Unrestricted funds - general Restricted funds	27,970	81,042 -		81,042 27,970
		27,970	81,042		109,012
4	Investments				
				Unrestricted funds	Total
				general 2019	2018
				£	£
	Interest receivable			384 	99
5	Other income				
			•	Unrestricted funds	Total
				general	2040
				2019 £	2018 £
	Other income			346	<u>.</u>

FOR THE YEAR ENDED 31 MARCH 2019

6	Cha	ritat	10.5	ctivitie	
0	CIId	ırıtat	ne a	ICUVILIE	3

	Unrestricted funds expenditure 2019	Restricted funds expenditure 2019	Total 2019	Total 2018
	£	£	£	£
Staff costs	216,312	25,917	242,229	292,847
Direct costs	10,634	2,111	12,745	16,096
Support and admin costs	35,815	4,397	35,990	35,755
	262,761	30,314	293,075	344,698
Share of governance costs (see note 7)	3,600	400	4,000	4,280
	266,361	30,714	297,075	348,978
Analysis by fund				
Unrestricted funds - general	266,361	_	266,361	321,955
Restricted funds	-	30,714	30,714	27,023
	266,361	30,714	297,075	348,978
			=====	
For the year ended 31 March 2018				
Unrestricted funds - general	321,955	-		321,955
Restricted funds		27,023		27,023
	321,955	27,023		348,978

7 Support costs

	Governance costs	2019	2018	Basis of alloca
	£	£	£	
Professional fees	4,000	4,000	4,280	Governance
	4,000	4,000	4,280	
Analysed between				
Charitable activities	4,000	4,000	4,280	
		====		

Governance costs include fees of £3,300 (2018: £3,300) for an independent examination.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits, or claimed any expenses from the Chinese Association of Tower Hamlets during the year.

FOR THE YEAR ENDED 31 MARCH 2019

9 Employees

Number of employees

The average monthly number employees during the year (including trustees) was:

The area ago monthly manifest completely and year (more and grant	2019 Number	2018 Number
Management and administration & charitable activities	39 ———	49
Employment costs	2019 £	2018 £
Wages and salaries Social security costs Other pension costs	230,655 7,552 4,022	279,751 10,388 2,708
	242,229	292,847

The key management personnel of the charity, comprise the trustees, General Manager, Quality Assurance Manager and Head of Chinese School. The total employee benefit of the key management personnel of the Charity were £66,882 (2018: £74,147).

No employees received benefits of more than £60,000 during the year or preceding year.

10 Taxation

The charitable company is a registered charity and is not subject to corporation tax on its current activities.

11 Tangible fixed assets

•	Fixtures, fittings & equipment £
Cost	
At 1 April 2018	31,581
Additions	665
At 31 March 2019	32,246
Depreciation and impairment	
At 1 April 2018	26,606
Depreciation charged in the year	1,410
At 31 March 2019	28,016
Carrying amount	
At 31 March 2019	4,230
At 31 March 2018	4,975

FOR THE YEAR ENDED 31 MARCH 2019

12	Financial instruments	2019	2018
		£	£
	Carrying amount of financial liabilities		
	Measured at amortised cost	32,651	39,828
	modelina at amortiona obst		
			
13	Debtors		
13	Debtors	2019	2018
	A a		
	Amounts falling due within one year:	£	£
	Durant was the said as an individual in said.	EC 407	90.655
	Prepayments and accrued income	56,407	82,655
			====
14	Creditors: amounts falling due within one year		
		2019	2018
		£	£
		20.05	20.052
	Accruals and deferred income	32,651	39,828
		====	

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 1 April 2018	Incoming resources	Resources expended	Transfers	Balance at 31 March 2019
	£	£	£	£	£
Opportunity Centre Project	1,403	-	-	-	1,403
Youth Club	222	_	-	-	222
After School Homework Club	2,342	4,469	(4,296)	-	2,515
After School sporting	4,938	-	-	-	4,938
I Dare Project	3,497	-	-	-	3,497
Jack Petchey Project	3,239	1,500	(817)	-	3,922
Elderly Luncheon Club	-	10,200	(10,206)	6	-
Chinese School	-	13,285	(13,285)	-	-
Core	4,484	2,000	(2,111)	111	4,484
	20,125	31,454	(30,715)	117	20,981
				====	

FOR THE YEAR ENDED 31 MARCH 2019

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds		
	Balance at 1 April 2018	Incoming resources	Balance at 31 March 2019
	£	£	£
Equipment replacement fund	4,140	<u>-</u>	4,140
	4,140	-	4,140

The trustees have designated funds of £4,140 to cover the future cost of IT & communication system of the Charity.

17 Analysis of net assets between funds

Analysis of het assets between lands				
	Unrestricted funds	Restricted funds	Total	Total
	2019	2019	2019	2018
	£	£	£	£
Fund balances at 31 March 2019 are represented by:				
Tangible assets	4,230	-	4,230	4,975
Current assets/(liabilities)	361,769	20,865	386,774	347,759
	365,999	20,865	391,004	352,734
				

18 Operating lease commitments

At the reporting end date the Chinese Association of Tower Hamlets had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2019	2018
	£	£
Within one year	15,881	17,900
Between two and five years	79,818	6,300
	95,699	24,200