

Please complete in typescript,
or in bold black capitals.

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

01711016

Company Name in full

BEAUMONTS HEALTH STORES LIMITED



F288AC10

Date of
appointment

Day Month Year
07 08 97

†Date of birth

Day Month Year
12 01 44

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If
appointment is as a director and secretary
mark both boxes.

Appointment
Form

Notes on completion
appear on reverse.

NAME

*Style/Title

MR

*Honours etc

Forename(s)

HARVEY

Surname

KAMIL

Previous
Forename(s)

Previous

Surname(s)

Usual residential
address

90 ORVILLE DRIVE

Post town

BOHEMIA

Postcode

NY 11716-2510

County/Region

Country

USA

*Voluntary details.

†Directors only.

†Nationality

AMERICAN

†Business

occupation

VICE PRESIDENT

†Other directorships
(additional space overleaf)

NBTY INC.

††Please delete
as appropriate.

I consent to act as ††director/secretary of the above named company.

Consent signature

[Signature]

Date

19.08.97

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

19.08.97

(††a director/secretary/administrator/administrative receiver/receiver manager/receiver)

ALLEN & OVERY, ONE NEW CHANGE, LONDON EC4M 9QQ

Please give the name, address, telephone
number, and if available, a DX number and
Exchange of the person Companies House
should contact if there is any query.

REF: JDT/EJBB

Tel

0171 330 3000

DX number 73

DX exchange

LONDON



A39 *AVM30YGW* 249
COMPANIES HOUSE 22/08/97

When you have completed and signed the form please send it to
the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ

for companies registered in England and Wales DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

†Directors only.

†Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a Corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

Exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.